



AAU WRESTLING

PROGRAM OVERVIEW

www.aauwrestling.net



#WeAreAAU

The AAU Wrestling program offers opportunities for athletes of all ages, in all skill levels to compete in Folkstyle, Freestyle, and Greco Roman. Events are held throughout the country, including District Championships, Regional Events, and National Championships.

BENEFITS OF COMPETING IN AAU EVENTS

- 1. Insurance.** AAU members receive coverage from a multi-million dollar insurance program.
- 2. National Championships.** AAU members have an opportunity to compete in national championship events at world-class facilities across the country.
- 3. Safety.** All non-athletes (coaches) must pass a background screening before competing in AAU events.
- 4. Freedom.** Freedom and flexibility in conducting programs and hosting events.

AGE DIVISIONS

Tot: 6-Under

Bantam: 7-8

Midget: 9-10

Novice: 11-12

Schoolboy: 13-14

Cadet: 15-16

Elite: 17-19 Still in High School/must provide proof

Senior: 19-29

Master: 30 & up

2017-18 EVENTS



Winter Youth Nationals

January 6th-7th, 2018 | Omaha, NE



Spring Youth Nationals

March 16th-17th, 2018 | Kingsport, TN



Folkstyle World Championship

March 16th-17th, 2018 | Spearfish, SD



Middle School Duals

March 29th-30th, 2018 | Des Moines, IA



Frosh/Soph National Duals

March 29th-30th, 2018 | Des Moines, IA



Elementary School Duals

April 6th-7th, 2018 | Kingsport, TN



Western Grand Nationals

June 15th-17th, 2018 | Draper, UT



Scholastic Duals

June 23rd-28th, 2018 | Orlando, FL



Eastern Grand Nationals

July 13th-14th, 2018 | Kalamazoo, MI



AAU Junior Olympic Games

July 30th-August 3rd, 2018 | Des Moines, IA

SPORT CONTACTS

Bob Johnson National Chair (605) 691-4636 boj@aaumail.com

Chris Fox Wrestling Coordinator (407) 828-3262 cfox@aausports.org