



2009 AAU Minnesota State TKD Championships

Information

- Entry Deadline:** All applications must be postmarked by Tuesday March 31<sup>st</sup> 2009. Funds must arrive as certified checks or money orders.
- Late Registration:** Registrations **postmarked after March 31<sup>st</sup> 2009** are recommended to be brought to the event. There will be a \$10.00 late fee at the door. If registration has not been received by tournament day, you will be required to fill out a new registration and pay event fees via cash or certified fund. When your other check has been received we will return it to you. .
- Athlete Arrival:** Adult Black-belts and 14-17 Yr. Black-belts should plan to arrive no later than 9:30 am. Registration will begin at 8:30 am, with opening ceremonies commencing at 10:00 am. **Note Competition Schedule!**
- Entry Fees:** 2 Events \$50.00 if AAU member. 2 Events for Non AAU members will be \$65.00. Add \$10.00 for additional event.  
**There will be a \$10.00 late fee for those who register at the door.**
- Uniform:** All athletes must wear a clean white dobok. School uniforms with patches and logos will be allowed as long as the uniform (top *and* pants) is white.
- Officials/Coaches:** **Coaches Attire:** Blue AAU coaches shirt, Shirts will be available on site) White Dobak Pants or Warm-up suit pants and sneakers. All Coaches and officials will be required to complete the Online coaches certification prior to the tournament. Officials Attire: Black slacks, Black Jackets, White shirt, black socks and soft sole shoes are required. Officials will be required to take the Two hour hands on clinic Friday night. There will be no charge for this clinic as long as you have completed and passed the on-line course.
- Equipment:** **Point Sparring:** All competitors **must wear** a mouth guard, full hand and Foot protectors and full headgear with padded top. Males must wear a Groin cup and support inside the uniform. *Optional:* Forearm and shin/instep protectors, a rib guard worn under the uniform.  
**Olympic Sparring:** All competitors **must wear** a mouth guard, Olympic Style chest protector, full headgear with padded top, shin/instep protectors, and forearm protectors. Males must wear a groin protector.

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**AAU Membership:** All athletes, coaches and officials must be individual members of the AAU and be prepared to show your registration card. Fees are \$12 thru age 17 and \$22 ages 18 & up. Registration is available on-line at [www.aautaekwondo.org](http://www.aautaekwondo.org) Be sure to print out your registration and bring it with you to the tournament in case they have not updated you to the files. We look forward to seeing you there

**Tournament Site:** Century Junior High  
21395 Goodview Ave N  
Forest Lake, MN 55025

**Forms** All participants must perform “current rank” form. Participants must perform only the current rank or lower rank form during the competition, higher rank forms will not be considered by the referees.

The referees in this competition will consider only ITF, WTF or MDK/TSD. The tournament organizing committee, depending on the number of participants, will determine the divisions.

**Sparring** All competitors may be asked by tournament organizers to verify their weight during the competition, make sure to have your accurate weight on the application. Be aware that incorrect weight may result in disqualification without refunds.

AAU TaeKwonDo rules shall apply. Participants are strongly encouraged to download current rules from the web site at [www.aautaekwondo.org](http://www.aautaekwondo.org)

**Rounds:**

- All colored belt matches shall consist of two (2) 90 second round with a thirty (30) second rest between rounds.
- All Black belt matches shall consist of two (2) two-minute rounds with a thirty (30) second rest between rounds.
- When Red/Brown belts are combined with Black belts all matches shall consist of two (2) 90 second rounds with thirty (30) second rest between rounds.
- Competitors shall be allowed a full two-minute rest between semi-final and final matches

**Divisions:**

**Organizing committee, depending on size and number of participants, may modify the weight and age divisions and reserves the right to combine junior boy/girl divisions based on size, age and rank.**

**General Info** All participants will be required to have credentials to access the staging/holding areas and competition areas. The tournament organizers may modify the divisions if necessary. The admission fee for spectators is free for children under 5 years old, \$3 for kids 6-12 years old, and \$5 for all others.

**Registration Checklist:**

- Athlete Registration form signed and dated with AAU number
- Money order or certified check: Payable to Sun Yi's Academy of TaeKwonDo, Team Form Registration form with appropriate fees



**PLEASE NOTE: WEIGH-INS WILL BE HELD FRIDAY April 3<sup>rd</sup> at Sun Yi's Academy and SATURDAY at Century Junior High School.**

**Hotel Information**

**Country Inn Suites  
1954 Broadway Ave  
Forest Lake, MN 55025  
(651) 982-9799**

**Country Inn suites  
3505 Vadnais Center Drive  
Vadnais Heights, MN  
651 483-1625**