

2016 AAU Diving National Championship Schedule



YCF Competitive Aquatics & YMCA Aquatic Center | Orlando, FL 8422 International Dr, Orlando, FL 32819

Monday, July 18th

• Warm up/Practice: 8am till 7:30 pm

Athlete Check- in: 10:30 amCoaches Meeting: 7:30 pm

Tuesday, July 19th

Girls		Boys	
Age Group	Event	Age Group	Event
9 & Under (Group E)	3 Meter	9 & Under (Group D)	1 Meter
10 (Group D)	1 Meter	10 (Group D)	1 Meter
11 (Group D)	3 Meter	11 (Group D)	3 Meter
12 (Group C)	3 Meter	12 (Group C)	1 Meter
13 (Group C)	3 Meter	13 (Group C)	1 Meter
13 & Under	1 Meter Synchro	13 & Under	3 Meter Synchro

Wednesday, July 20th

Girls		Boys	
Age Group	Event	Age Group	Event
9 & Under (Group E)	1 Meter	9 & Under (Group D)	3 Meter
10 (Group D)	3 Meter	10 (Group D)	3 Meter
11 (Group D)	1 Meter	11 (Group D)	1 Meter
12 (Group C)	1 Meter	12 (Group C)	3 Meter
13 (Group C)	1 Meter	13 (Group C)	3 Meter
13 & Under	3 Meter Synchro	13 & Under	1 Meter Synchro

Thursday, July 21st

Girls		Boys	
Age Group	Event	Age Group	Event
11 & Under (Group D)	Platform	11 & Under (Group D)	Platform
12-13 (Group C)	Platform	12-13 (Group C)	Platform

Coaches Meeting: 7:30 pmCelebration of Athletes

There is plenty of open warm-up time at AAU Nationals, and there will be no assigned warm-ups. Open warm-ups each morning and afternoon between morning sessions and final events. Closed warm-up before each event, Warm-ups for 14 and up age groups begin on the afternoon of July 21 untill 7:30 pm.

Ample housing (hotels) available within walking distance of the pool.



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Friday, July 22nd

Girls		Boys	
Age Group	Event	Age Group	Event
14 (Group B)	3 Meter	14 (Group B)	3 Meter
15 (Group B)	1 Meter	15 (Group B)	1 Meter
14-15 (Group B)	1 Meter Synchro	16 (Group A)	3 Meter
		17 (Group A)	1 Meter
		18 (Group A)	1 Meter
		19+ (Group A+)	1 Meter
		14-15 (Group B)	3 Meter Synchro
		16+	3 Meter Synchro

Saturday, July 23rd

Girls		Boys	
Age Group	Event	Age Group	Event
14 (Group B)	1 Meter	14 (Group B)	1 Meter
15 (Group B)	3 Meter	15 (Group B)	3 Meter
16 (Group A)	1 Meter	14-15 (Group B)	1 Meter Synchro
17 (Group A)	3 Meter		
18 (Group A)	1 Meter		
19+ (Group A+)	1 Meter		
14-15 (Group B)	3 Meter Synchro		
16+	1 Meter Synchro		

Sunday, July 24th

Girls		Boys	
Age Group	Event	Age Group	Event
16 (Group A)	3 Meter	16 (Group A)	1 Meter
17 (Group A)	1 Meter	17 (Group A)	3 Meter
18 (Group A)	3 Meter	18 (Group A)	3 Meter
19+ (Group A+)	3 Meter	19+ (Group A+)	3 Meter
16+	3 Meter Synchro	16+	1 Meter Syncrho

Monday, July 25th

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Girls		Boys	
Age Group	Event	Age Group	Event
14-15 (Group B)	Platform	14-15 (Group B)	Platform
16-18 (Group A)	Platform	16-18 (Group A)	Platform
19+ (Group A+)	Platform	19+ (Group A+)	Platform