



2019 AAU Diving National Championship

Daily Event Schedule – NOT AN EVENT TIMELINE



(AAU recommends you make your return travel plans for the day after your last competition.)

Monday, July 15, 2019

Open warm-up and Athletes check-in

Tuesday, July 16, 2019 – Day 1

Girls E 9 & Under 3m

Girls D 10 years old 1m

Girls D 11 years old 3m

Girls C 12 years old 3m

Girls C 13 years old 3m

Synchro Girls 13 & Under 1m

Boys E 9 & Under 1m

Boys D 10 years old 1m

Boys D 11 years old 3m

Boys C 12 years old 1m

Boys C 13 years old 1m

Boys Synchro 13 & Under 3m

Wednesday, July 17, 2019 – Day 2

Girls E 9 & Under 1m

Girls D 10 years old 3m

Girls D 11 years old 1m

Girls C 12 years old 1m

Girls C 13 years old 1m

Synchro Girls 13 & Under 3m

Boys E 9 & Under 3m

Boys D 10 years old 3m

Boys D 11 years old 1m

Boys C 12 years old 3m

Boys C 13 years old 3m

Synchro Boys 13 & Under 1m

Thursday, July 18, 2019 – Day 3

Girls D 11 & Under Tower

Girls C 12-13 Tower

Girls B 14-15 Tower

Open Warm-up & Athletes check-in

Coaches meeting

Celebration of Athletes

Boys D 11 & Under Tower

Boys C 12-13 Tower

Boys B 14-15 Tower

Friday, July 19, 2019 – Day 4

Girls B 14 years old 3m

Girls B 15 years old 1m

Girls Synchro B 14-15 1m

Boys B 14 years old 3m

Boys B 15 years old 1m

Boys A 16 years old 3m

Boys A 17 years old 1m

Boys A 18 years old 1m

Boys A+ 19+ years old 1m

Boys Synchro B 14-15 3m

Boys Synchro 16+ 3m

Saturday, July 20, 2019 – Day 5

Girls B 14 years old 1m

Girls B 15 years old 3m

Girls A 16 years old 1m

Girls A 17 years old 3m

Girls A 18 years old 1m

Girls A+ 19+ years old 1m

Synchro Girls B 14-15 3m

Synchro Girls 16+ 1m

Boys B 14 years old 1m

Boys B 15 years old 3m

Synchro Boys 14-15 1m

Sunday, July 21, 2019 – Day 6

Girls A 16 years old 3m

Girls A 17 years old 1m

Girls A 18 years old 3m

Girls A+ 19+ years old 3m

Girls Synchro 16+ 3m

Boys A 16 years old 1m

Boys A 17 years old 3m

Boys A 18 years old 3m

Boys A+ 19+ years 3m

Boys Synchro 16+ 1m

Monday, July 22, 2019 – Day 7

Girls A 16-18 Tower

Girls A+ 19+ Tower

Boys A 16-18 Tower

Boys A+ 19+ Tower