



# Welcome to AAU Target Shooting

AAU Target Shooting is set up to be challenging, exciting and spectator friendly.

**Safety** will be the main focus and will take center stage at all shooting events.

AAU Target Shooting competitions are for ALL – including youth and adults, males and females and physically challenged.

The goal of all AAU shooters is to train in the fundamentals of proper aiming, trigger control, breathing and stances. They can then apply those skills during an AAU Target Shooting competition.

The scope of competition will primarily be to knock down targets of different sizes at various distances. Targets may be stationary, moving or even include obstacles. Most of the events will have a time limit and some of the events may be timed as part of the score.

At this time the two (2) types of guns allowed will be air rifle/pistol, shooting a .177 steel BB and a .22 LR rim fire rifle/pistol firearm.

# Mission Statement:

To make target shooting competitions available and affordable to ALL, through professionalism, safety and fun.

## Competition:

Athletes 10 years and older will be able to compete at an AAU local, state, regional and national events. All competitors must purchase a current AAU membership.

Competitors may be divided by age, gender and special needs.

There will be a RED RYDER event where shooters can use only a Daisey Red Ryder or a Crossman Cowboy BB gun.

*Note: The rear sight may be modified for windage. An aftermarket rear sight approved by AAU can also be used.*

There will be an "OPEN" division using any air rifle/pistol with open sights or iron sights. No full auto.

There will also be an "OPEN OPTIC" division using any air rifle/pistol with scopes or red dots, but no lasers.

In the .22 LR rimfire rifle/pistol divisions there will be a Ruger 10/22 event, plus an "OPEN" and "OPEN OPTIC" event - same as air rifle/pistol events.

Competitors will be mostly competing against themselves for individual scores.

### There will be three classification of awards:

- Marksmen Ribbon
- Sharp Shooter Medal
- Expert Trophy

## Rules:

1. The following three safety rules **MUST** be followed at all times:
  - A. Keep barrel/muzzle pointed in a safe direction at ALL times.
  - B. Keep the air rifle/pistol/firearm unloaded until the Range Safety Officer (RSO) gives permission to load and make ready.
  - C. Keep your finger off the trigger until you are on target and ready to shoot.
2. Follow all commands given by the Range Safety Officer (RSO).
3. All competitors must be respectful and exhibit good sportsmanship.
4. All competitors 12 years and younger must have a coach.
5. All competitors, coaches, volunteers and Range Safety Officer (RSO) must have a current AAU membership.

6. All competitors, coaches and volunteers must attend a safety meeting prior to competition and be signed off by the Range Safety Officer (RSO).
7. All competitors, coaches and volunteers must sign a waiver of liability.
8. Proper attire/clothing must be worn by competitors and coaches at all times.
  - A. The foot must be totally covered, no open toe or heel footwear.
  - B. Shirts must have sleeves - no cut off or sleeveless shirts.
  - C. Coaches must purchase an official AAU coaches shirt.
9. All air rifle/pistols and firearms must be in proper working order or competitor may be disqualified.
10. Dropping your air rifle/pistol or firearm will result in a disqualification for that event. Dropping your air rifle/pistol or firearm twice will disqualify you from the competition.
11. Proper safety equipment must be worn by competitor, coach and volunteer at all times.
  - A. Ear and eye protection.
12. NO alcohol or drugs allowed at any competition.
13. All competitors must use the proper factory ammo for events.
14. All air rifle/pistols or firearms must remain in a case until shooting event.
15. Air rifle/pistol or firearms may be removed from their cases to be inspected or worked on in the designated "Safe Gun Zone" area only.
16. All ammo must remain in a case/box until shooting event.
17. All competitors must use the required air rifle/pistol or firearm that is designated for that event.
18. When approved by the Range Safety Officer (RSO), a coach may assist with the loading/making ready/clearing of the air rifle/pistol or firearm for, but not limited to, a physically challenged competitor.
19. Any violation of the rules may result in a disqualification, dismissal, removal or banning from future AAU Target Shooting events.
20. Rules for each shooting event will be posted and explained by the RSO prior to the event.
21. Have fun and be safe!

# Coaches Requirements:

1. Make sure their shooter follows all safety rules.
2. Be respectful to all shooters, other coaches, volunteers and Range Safety Officer (RSO).
3. Encourage, guide, instruct and help their athlete and NOT to yell at or criticize them.
4. Must show good sportsmanship.
5. May be removed from competition by the Range Safety Officer (RSO) for any violation.
6. May assist their athlete with loading, making ready, charging, and clearing their air rifle/pistol or firearm with the permission of the Range Safety Officer (RSO).
7. May help other youth athletes with the approval from parent or guardian.
8. Must sign a coach's statement that they understand and will read and abide by all the rules.
9. Must purchase a current non-athlete AAU membership. [Click Here](#)
10. Must purchase an official AAU coaches shirt.
11. May need to pay a coach's fee charged at local, state, regional and national events.

## Range Safety Officer:

Anyone who would like to become an AAU certified Range Safety Officer (RSO) must contact the Chief Range Safety Officer (RSO) for info. AAU will accepted certification from other organizations.