



2012 AAU Central District Qualifying Track & Field Meet

Hosted by the Heart of Illinois Titans Track Club

Fri-Sat, June 15-16, 2012
Joliet Memorial Stadium
Jefferson St.
Joliet, IL 61701

Sanction: Amateur Athletic Union of the US, Inc. (AAU)

Meet Director: Marchan Adkins, Athletics Chairman, (309) 838-4130,
Email: Marchan@AdkinsTrak.com,

Fees:

Entry fee is \$20.00 for each athlete. No entry fee will be transferred or refunded. **Entry will not be processed unless entry fee is paid by deadline. Bring a legible copy of a birth certificate or proof of age, along with a 2012 AAU membership card for each athlete entered; AAU memberships must be purchased in advance and cannot be processed onsite. You can obtain your AAU membership by visiting www.aauathletics.org. All entry fees must be paid online, no exceptions will be granted.**

Eligibility:

This meet is open to any athlete that falls within the age divisions listed below.. Athletes aged 13 (Sub-Youth) and older may enter in up to a maximum of 4 events including relays. Younger age brackets may only enter in 3 events including relays. **If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.**

Entry Process:

Teams:

All teams and unattached athletes must utilize the Coach O online entry process via www.AAUathletics.org and follow the district qualifying meet links. This will permit a very efficient registration process that is easy to use. Teams will have until 11pm CDT, Wednesday, June 13, to complete registration. Please note that you must pay for your entries with a credit card online or your entries will not be accepted.

Immediately after registering online, teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving at the meet, if at all possible.

Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. The Young Mens/Womens division is open to anyone who was born in or prior to 1995 and will not turn 19 years of age on the final day of the national meet.

Age Divisions	100	200	400	800	1500	3000	10000	30000	200000	800000	1000000	2000000	4000000	L	T	D	S	H	P	4x100	4x200	4x400	
Primary (2004 & Younger)	X	X	X	X										X			X			X			
Sub-Bantam (2003)	X	X	X	X	X		X							X			X	X					
Bantam (2002)	X	X	X	X	X		X							X			X	X		X	X		
Sub-Midget (2001)	X	X	X	X	X	X	X		X					X		X	X	X					
Midget (2000)	X	X	X	X	X	X	X		X					X		X	X	X		X	X	X	
Sub-Youth (1999)	X	X	X	X	X	X	X		X		X		X	X	X	X	X	X	X	X	X		
Youth (1998)	X	X	X	X	X	X	X		X		X		X	X	X	X	X	X	X	X	X	X	X
Intermediate (1996-97)	X	X	X	X	X	X	X	X	X		G	B		X	X	X	X	X	X	X	X	X	X
Young (1993*-95)	X	X	X	X	X	X	X	X	X		W	M		X	X	X	X	X	X	X	X	X	X

Check-In Requirements:

A packet will be provided for each team consisting of competition numbers, team roster, and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility beginning at 10:00am on Friday and 8:00 on Saturday. Be sure to bring birth certificates and AAU cards with when you pick up packets.

Awards:

In individual events, medals will be presented for participants who finish 1st-3rd place and ribbons for each place thereafter through 8th.. Medals will be presented for the top 3 relay teams.

Advancement to National Qualifier:

Any individual or relay finishing in the top 16 will advance to the Area 14 National Qualifier in Normal, Illinois on June 28-July 1.

Facility:

The track is an 8-lane Mondo surface. Only ¼+ or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done by AdkinsTrak Timing using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand will be provided as well as a hospitality area for officials.

Equipment:

Starting blocks and throwing implements will be provided by the meet management. There is no need to bring personal implements with you. Those that desire to utilize personal implements must obtain clearance from the meet official prior to use. If personal implements are used, they will not be released until the end of the competition for that age group.

Admission:

A daily admission charge of \$5.00 will be assessed for everyone not competing in the meet. .

Event Schedule

Friday, June 15 – *Track & Field Events*

Running Events - (*NOTE: First event will start at 2:00 pm sharp*)

- 2:00 4 x 800 Meter Relay –** MG, MG, YG, YB, IG, IB, YW, YM
- 2:45 4 x 100 Meter Relay** PG, PB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
- 3:45 1500 Meter Racewalk Finals**
 í í í í í í í í í í .SBG, SBB, BG, BB, SMG, SMB, MG, MB
- 3000 Meter Racewalk Finals**
 í í í í í í í í í í í í í í í í í SYG, SYB, YG, YB, IG, IB, YW, YM
- 4:15 200 Meter Dash Finals**
 All Age groups starting with PG – (Timed Finals)
- 5:45 3000 Meter Run Starting Finals**
 í í í í í í í í í SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM
- 6:45 200 Meter Hurdles Finals** SYG, SYB, YG, YB
- 400 Meter Hurdles Finals** IB, YM, IG, YW

We will not move ahead of schedule on running events.

Field Events - (*NOTE: First event will start at 12:00 pm sharp*)

- Long Jump (Pit 1)** MB, SMB, BG, SBG, PG, PB
- High Jump (HJ Pit)** SBG, BG, SMG, MG, SBB, BB, SMB, MB
- Discus (Discus Ring)** YW, IG, SYG, YG, SMB, MB, SMG, MG, YM, IB, SYB, YB
- Triple Jump (Pit 2)** SYG, YG, IG, YW, SYB, YB, IB, YM
- Pole Vault (PV Pit)** SYG, YG, IG, YW, SYB, YB, IB, YM

Saturday, June 16 – Track & Field Events

Running Events - (NOTE: First event will start at 10:00 am sharp)

- 10:00 800 Meter Run Timed Finals**
All age groups starting with PG (Timed Finals)
- 11:00 100 Meter Dash Prelims**
All age groups starting with PG (top 8 times to finals)
- 12:30 400 Meter Dash Finals**
All age groups starting with PG – (Timed Finals)
- 2:30 80 Meter Hurdles Finals**
SMG, SMB, MG, MB
- 100 Meter Hurdles Finals**
SYB, YB, IG, YW, SYG, YG
- 110 Meter Hurdles Finals**
IB, YM
- 3:15 100 Meter Dash Finals**
All age groups starting with PG (top 8 times from Prelims)
- 3:45 1500 Meter Run Finals (Age groups may be combined by gender)**
SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM
- 4:45 4 x 400 Meter Relay Finals**
BG, BB, MG, MB, YG, YB, IG, IB, YW, YM

We will move ahead of schedule on running events

Field Events - (NOTE: First event will start at 9:00 am sharp)

- Javelin (Javelin Runway)**
SYG, YG, SYB, YB, IG, YW, IB, YM
- Long Jump (Pit 1)**
SYB, IB, SYG, IG, SBB, SMG
- Long Jump (Pit 2)**
YB, YM, YG, YW, BB, MG
- High Jump (HJ Pit)**
IB, YB, SYB, YM, IG, YG, SYG, YW
- Shot Put (Ring 1)**
SYG, YG, YW, IG, SYB, YB, MG, SMG, BG
- Shot Put (Ring 2)**
YM, IB, MB, SMB, BB, SBB, PB, SBG, PG

- ~ This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
 - ~ All participants must have a current AAU membership.
 - ~ AAU membership may not be included as part of the entry fee to the event.
 - ~ AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.