

AMATEUR ATHLETIC UNION

Area 3 National Qualifier

TRACK AND FIELD
JUNE 23-24, 2012 (revised 6/14/12)



Dr. Henry A. Wise Jr. High School
12650 Brooke Lane
Upper Marlboro, Maryland 20772

Hosted by

Marlboro Boys' & Girls' Track Team

www.marborotrack.com

MEET DIRECTOR:

Mitch Mitchell (301) 372-6773

mitchjamitchell@aol.com

REGISTRATION WILL BE CONDUCTED BY COACHO www.coacho.com

DEADLINE FOR ENTRIES AND FEES:

1. The fees per athlete is \$20.00
2. All entries and fees must be entered and received by Thursday, June 15, 2012.
3. All entry fees can be paid online via CoachO www.coacho.com

AAU MEMBERSHIP: All athletes and coaches must be members of the AAU in order to participate in the national qualifier and must be able to present their AAU card at the time of check-in. Register on-line at www.aausports.org

PROOF OF AGE: Proof of age is required and must be available for review during the competition. Acceptable documents include: birth certificate, U.S. Passport, U.S. Government documents, certified baptismal record, Indian tribal enrollment certificate, Bureau of Indian Affairs, or state driver's license. Athletes competing in an incorrect age group will be disqualified from that event. Intentional or repeated participation in an incorrect age group may result in disqualification from the entire competition. It is the coaches' ultimate responsibility to ensure participation in the correct age group.

ELIGIBLE ATHLETES: May only compete in ONE National Qualifier Meet. For 2012 Potomac Valley AAU has received a waiver of the District Qualifier participation requirement. Additionally, athletes registering for participation in the Decathlon, Heptathlon, Steeplechase and Pole Vault, will be advanced to the AAU Junior Olympics without the requirement of participation at the National Qualifier. Relays teams must be declared on the National Qualifier level.

AWARDS: Awards will be available for pick-up when event results are announced and posted. AAU Championship medals will be awarded to 1st – 3rd place finishers and ribbons for 4th – 6th place finishers in each event. All qualifying athletes are required to register on-line if they wish to participate in the Junior Olympics.

ADVANCEMENT: The National Qualifier is an advancement meet. Top six (6) athletes and relay teams at the National Qualifier Meet will advance to the AAU Junior Olympic Games.

PACKET PICK-UP: Packets will be available for pick-up at the Dr. Henry A. Wise High School ticket office on the following dates/times:

Friday	June 22	5:00pm – 7:00pm
Saturday	June 23	7:00am – 10:00am
Sunday	June 24	7:00am – 10:00am

ADMISSION: Daily admission for spectators will be charged: Adults \$4 and Children ages (5–18) \$2.00; under 5 or over 65 (w/ID) – free. For each team registration, one (1) coaches' pass will be given for every ten (10) athletes registered.

VOLUNTEERS: Are welcome.

PROTEST PROCEDURES: The meet director must be notified in writing within 30 minutes of the perceived infraction. A seventy-five (\$75.00) dollar **non-refundable** fee is required at the time of the protest. The decision of the jury of appeals is final.

FACILITIES: Eight lane track, runways, and aprons require ¼ " spikes or less.

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CLEAN-UP: Trash bags will be provided. Please keep your area clean. Coaches who fail to ensure that their respective team areas are appropriately maintained and cleaned may be precluded for further participation in the meet.

EQUIPMENT: Each team/athlete must supply their own field event implements, starting blocks, and batons. However, it may be necessary to select a field implement as the Official Implement to be used by all of the competitors. Blocks are only permitted in the finals of the 100m.

ADDITIONAL NOTES (General): Sections, heats, flights may be combined at the discretion of the meet director or field event judges.

ONLY MEET OFFICIALS ARE ALLOWED ON THE FIELD, TRACK OR IN THE CLERKING AREA. ONLY ATHLETES WHOSE EVENT HAS BEEN CALLED ARE ALLOWED ON THE TRACK, FIELD OR IN THE CLERKING AREA. ATHLETES MUST REPORT TO THE CLERKING AREA DRESSED FOR COMPETITION.

- This event is sanctioned by the Amateur Athletic Union.
- All participants must have a current AAU membership.
- AAU membership may not be included as a part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

BIB NUMBERS: There will be a \$10.00 charge for replacement bib numbers.

CONCESSIONS: Available daily on-site with varying menu.

FIRST-AID: Available on-site.

DIVISIONS/EVENT LIMITS (“Max”)

Primary	(P)	2004 & After	Max of 3 events
Sub Bantam	(SB)	2003	Max of 3 events
Bantam	(B)	2002	Max of 3 events
Sub Midget	(SM)	2001	Max of 3 events
Midget	(M)	2000	Max of 3 events
Sub Youth	(SY)	1999	Max of 4 events
Youth	(Y)	1998	Max of 4 events
Intermediate	(I)	1997 – 1996	Max of 4 events
Young	(Y)	1995 – 1993*	Max of 4 events

- *Athletes born between 8/7/1993 and 12/31/1993 are eligible to compete in the “Young” Division.
- Event Maximums include relays and field events. Alternate relay team members must be declared with team members.

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ENTRY FEE: There is a \$20.00 fee per participant for track and field competition.

All entries (relay, multi-event, and track and field), declarations and scratches **must be completed** through www.coacho.com.

Payment must be made on the CoachO website via credit card.

MEET INFORMATION:

For further meet information please contact J. A. "Mitch" Mitchell at mitchjamitchell@aol.com 301-372-6773 or

Reginald or Tracey Wilkinson (301) 599-1033
Armease or Gertie Starks (301) 574-0459

**2012 AAU
TRACK & FIELD TENTATIVE MEET SCHEDULE**

Athletes must be available to check in thirty (30) minutes prior to the scheduled start of the event. Athletes should proceed to check-in on the first call. Once the final call is made for an event, the athlete will have five (5) remaining minutes to check-in. Late check-ins will not be permitted. The meet will proceed on a rolling schedule.

Saturday, June 23, 2012

Track Events

8:00 a.m.

1500M Run	SMG – YM
100M (Semi-Final)*	PB-YM
1500M Racewalk	SMG-MB
400M (Final)	All Age Divisions
80H (Semi-Final)*	SMG, MG, SMB, MB
100H (Semi-Final)*	SYG, YG, SYB, YB, IG, YW
110HH (Semi-Final)*	IB, YM
200 Meter (Semi-Final)*	All Age Divisions
4 x 800 Relay (Final)	MG, MB, YG, YB, IG, IB, YW, YM
200 H (Final)	SYG, YG, SYB, YB
400 H (Final)	IG, YW, IB, YM
4 x 100 Relay (Final)	All Age Divisions

- Note – if less than 8 competitors, event will be contested as a final.

Field Events

8:00 a.m.

Shot Put	YM – PG
High Jump	SBB – YG
Long Jump	PB – YW
Javelin	SYG - YM

Sunday, June 24, 2012

Track Events

8:00 a.m.

3000M Run	SMG-YM
100 Meter (Finals)	All Age Divisions
3000M Racewalk	YG-YM
80 Meter Hurdles (Finals)*	SMG, MG SMB, MB
100 Meter Hurdles (Finals)*	SYG, YG, IG, YW, SYB, YB
110 Meter Hurdles (Finals)*	IB, YM
800 Meter (Finals)	All Age Divisions
200 Meter (Finals)*	All Age Divisions
4 x 400 Relay (Finals)	BG - YM

Event to be contested ONLY if not contested on Saturday (i.e., more than 8 competitors at semi-final)

Field Events

8:00 a.m.

High Jump	IB-YW
Discus	YW-SMB
Triple Jump	SYG - YM

Hotel Accommodations

Note: Individual rates w/ AAA, government; military, etc. discounts are better than room block rates.

Best places to stay for convenience and amenities (i.e., food, movies, malls, etc.) are Bowie, MD; Largo, MD; Waldorf, MD; Greenbelt, MD – all approximately 20 minutes from the track. Annapolis, MD is about 35 minutes from the track but has a really nice mall, sights, food and hotels. Other locations are closer (i.e., Andrews, AFB/Camp Springs) but not preferred.

Sleep Inn

9400 Marlboro Pike
Upper Marlboro, MD
(301) 599-9400
10 minutes to track (6 miles)

TownePlace Suites Clinton at Joint Base Andrews
7800 Ferry Avenue
Clinton, MD 20735
(301) 856-2266
20 minutes (14 miles)

Comfort Inn and Conference Center

4500 Crain Hwy
Bowie, MD
(301) 464-0089
20 minutes (14 miles)