



SCHEDULE OF EVENTS for JUNE 11-12 at St. Scholastica Academy
Track and Field Complex in Covington, Louisiana

TUESDAY, JUNE 11, 2013 Pole Vault Competition (at St Scholastica Academy Complex) Address to SSA TF Facility(16181 Hwy. 190 Covington, LA 70433)

11:00 A.M. Pole Vault 13-14 (G/B) thru 17-18 (G/B) Finals

TUESDAY, JUNE 11, 2013 Multi-Events (at St Scholastica Academy Complex)

9:00 A.M. Triathlon - 9 and 10's Girls & Boys
High jump, shot-put (6 lbs.) and 200 meters (G) 400 meters (B)

11:00 A.M. Decathlon – 17-18 and 15-16 Boys
100 meters, long jump, shot-put (12 lbs.), high jump, 400 meters

1:00 P.M. Heptathlon – 17-18 and 15-16 Girls
100m hurdles, high jump, shot-put (4k), and 200 meters

3:00 P.M. Pentathlon - 11 and 12 Girls & Boys
80m hurdles, high jump, shot-put (6 lbs.), long jump, 800 m (G) 1500 m (B).

Address to SSA TF Facility(16181 Hwy. 190 Covington, LA 70433)



WEDNESDAY JUNE 12, 2013 Multi-Events (at St. Scholastica Academy Complex)

- 9:00 A.M. Pentathlon - 13 Girls, 13 Boys, 14 Girls and 14 Boys**
100m hurdles, long jump, shot put (4k and 6lbs.), high jump, 800m (G) and 1500m (B).
- 12:00 P.M. Heptathlon – 17-18 and 15-16 Girls**
Long jump, javelin (600 gms.), 800 meters
- 1:00 P.M. Decathlon – 17-18 and 15-16 Boys**
110m hurdles, discus (1.6 kg.), pole vault, javelin (800gms.), 1500 meters.

Address to SSA TF Facility(16181 Hwy. 190 Covington, LA 70433)



SCHEDULE OF EVENTS FOR FRI. JUNE 14 AT TAD GORMLEY STADIUM IN NEW ORLEANS, LA

FRIDAY, JUNE 14, 2013

FIELD EVENTS:

12:00 P.M. High Jump 9 (G/B) thru 17-18 (G/B) Finals
12:00 P.M. Discus 11(G/B) thru 17-18 (G/B) Finals

RUNNING EVENTS:

1:00 P.M. 400 Meter Hurdles 17-18/15-16 Boys (33") thru 17-18/15-16 Girls (30") Finals
1:30 P.M. 200 Meter Hurdles 13 thru 14 G/B (30") Finals
2:00 P.M. 100 Meters 8-under thru 17-18 G/B Prelims
4:00 P.M. 3200 Meter Relay 11-12 G/B thru 17-18 G/B Finals
4:45 P.M. 15-16 Boys/17-18 Boys 2000 Meter Steeple Chase (36" Barriers) Finals
5:00 P.M. 15-16 Girls/17-18 Girls 2000 Meter Steeple Chase (30" Barriers) Finals
5:30 P.M. 1500 Meter Racewalk (9 thru 12 G/B) Finals
5:45 P.M. 3000 Meter Racewalk (13 thru 17-18 G/B) Finals



SCHEDULE OF EVENTS FOR SAT. JUNE 15 AT TAD GORMLEY STADIUM IN NEW ORLEANS, LA

SATURDAY JUNE 15, 2013

FIELD EVENTS:

9:00 A.M.	LONG JUMP	8-U (G/B) THRU 17-18 (G/B)	Finals
9:00 A.M	SHOT PUT	17-18 (G/B) THRU 8-U (G/B)	Finals
12:00 Noon	TURBO JAVELIN	8-U(G/B) THRU 11-12(G/B)	Finals

RUNNING EVENTS - STARTING TIME 9:30 A.M.

<u>EVENT</u>		<u>DIVISION/SEX</u>
3000 Meter Run	Final	11-12 thru 17-18 (G/B)
400 Meter Relay	Final	10-u thru 17-18 (G/B)
110 Meter Hurdles (39")	Prelim	15-16 thru 17-18 (Boys)
100 Meter Hurdles (33")	Prelim	15-16 thru 17-18 (Girls)
100 Meter Hurdles (33")	Prelim	13-14 (Boys)
100 Meter Hurdles (30")	Prelim	13-14 (Girls)
80 Meter Hurdles (30")	Prelim	11-12 (G/B)
400 Meter Dash	Final	8-u thru 13-14 (G/B)
400 Meter Dash	Prelim	15-16 thru 17-18 (G/B)
200 Meter Dash	Prelim	8-u thru 17-18 (G/B)

** Note the above schedule is subject to change without notice depending on the number of entries received. Be sure to check the schedule upon arriving at the track!



**SCHEDULE OF EVENTS FOR SUN. JUNE 16 AT
TAD GORMLEY STADIUM IN NEW ORLEANS, LA**

SUNDAY, JUNE 16, 2013

FIELD EVENTS:

9:00 A.M.	Triple Jump	13-14 THRU 17-18 (G/B)	Finals
12:00 P.M.	Javelin	13 (G/B) thru 17-18 (G/B)	Finals

RUNNING EVENTS - STARTING TIME 9:30 A.M.

<u>EVENT</u>		<u>DIVISION/SEX</u>
110 Meter Hurdles (39")	Final	15-16 thru 17-18 (Boys)
100 Meter Hurdles (33")	Final	15-16 thru 17-18 (Girls)
100 Meter Hurdles (33")	Final	13-14 (Boys)
100 Meter Hurdles (30")	Final	13-14 (Girls)
80 Meter Hurdles (30")	Final	11-12 (G/B)
800 Meter Run	Final	8-u thru 17-18 (G/B)
100 Meter Dash	Final	8-u thru 17-18 (G/B)
400 Meter Dash	Final	15-16 thru 17-18 (G/B)
200 Meter Dash	Final	8-u thru 17-18 (G/B)
1500 Meter Run	Final	8-u thru 17-18 (G/B)
1600 Meter Relay	Final	10-u thru 17-18 (G/B)