

2013 Ohio AAU National Qualifier Winton Woods High School 1231 W. Kemper Rd. Cincinnati, OH 45240





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MEDALS FOR THE TOP 3 FINISHER

RATIONALE: The 2013 AAU National Qualifier has been designed to place an emphasis on promoting

the sport of track and field in Ohio and the surrounding area.

QUALIFYING: TRACK & FIELD / MULTI-EVENTS: The top five (5) finishers in each individual event, top 4 relays

and multi-event athletes at each 2013 AAU Track & Field National Qualifier Meet will qualify to

compete at the AAU Junior Olympic Games.

CLUB CHAMPIONSHIPS: The AAU National Club Championships will be held at ESPN Wide World of Sports in Orlando, FL. Visit www.aauathletics.org for information. The top eight (8) finishers will

qualify for the AAU Junior Olympic Games in that event only.

PRIMARY CHAMPIONSHIPS: The AAU National Primary Championships will be held at ESPN Wide World of Sports in Orlando, FL. Visit www.aauathletics.org for information. The top eight (8) finishers from the combined results of each age group will qualify for the AAU Junior Olympic Games in that

WEST COAST AAU JUNIOR OLYMPIC GAMES: The West Coast AAU Junior Olympic Games will be held in Reno, NV. Visit www.wcaauirogames.org for information. The top eight (8) finishers will

qualify for the AAU Junior Olympic Games in that event only.

All athletes must declare their entry by registering online at www.aaujrogames.org no later than

Thursday, July 20, 2013. These are the only methods of qualification for competition in this event.

Top three (3) place finishers in each event will receive medals. Awards can be picked up **AWARDS:**

> at the awards tent approximately 30 minutes after the conclusion of the event. Medals will **not be mailed home**, it is the responsibility of the competitor, coach or parent to pick up

awards before leaving meet.

Thursday – Sunday at the track "ONLY" **PACKET**

Daily through the end of competition each day at the Registration table. PICKUP:

 $Thursday - June 27^{th} 2:00p.m.$ Multi-Events- Winton Woods H.S. DATES:

Friday – June 28th 8:00a.m. Multi-Events- Winton Woods H.S.

> Track and Field Competition Track and Field Competition

Saturday – June 29th Sunday – June 30th Track and Field Competition

AGE DIVISIONS: Individual and Multi-Event Age Determination

> Athletes must have a copy of their birth certificate available for age verification when requested. The athlete's year of birth shall determine the age division in which he/she will compete for individual events:

AGE GROUPS	YEAR OF BIRTH
8-Under	2005 & After*
9 years	2004
10 years	2003
11 years	2002
12 years	2001
13 years	2000
14 years	1999
Intermediate/15-16 years	1997 - 1998
Young/17-18 years	1994 - 1996

^{*} No Multi-Event competition for 5-8 Age Groups

^{**}Athletes who are still eighteen (18) years of age through the final day of the AAU Junior Olympic Game (August 3, 2013) will be eligible to compete.

ENTRY DEADLINE:



The online entry deadline is Sunday, June 23, 2013 @ 11:59pm Eastern Standard Time. Online entry can "ONLY" be done at – www.coacho.com

Online registration will NOT be reopened after closing time. Therefore, you must make all final changes and pay before closing time on Sunday night at 11:59pm. Revisions to the roster and events can be made online before the registration deadline. You cannot swap one athlete for another. There will be "NO" exceptions to this rule. The person who registers the athlete online assumes all responsibility for what is entered online. Once the performance list is posted any questions, must be directed to Meet Director, DeCarlo Blackwell before 10:00 PM EDT, June 24, 2013. NO CHANGES WILL BE MADE.

ENTRY FEE:

Multi-Events - \$25.00

Track & Field Events - \$25.00

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Entry fees are per athlete, no substitutions allowed after submission. All athlete entries must be made online. VISA & MasterCard accepted.

RELAY TEAMS

There is no additional entry fee for relay events as long as the following criteria have been met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2013 AAU registered club.
- 3) All competitors must have current AAU membership

ELIGIBILITY:

All athletes who have "COMPETED" in a District Meet and obtained a legal mark in that particular event will be eligible to compete at the Cincinnati AAU National Qualifier Track & Field Meet (only in the event(s) they qualified in). Relay teams entered must have competed at the District Level. All relay member guidelines will be enforced as stated in the 2013 AAU Athletics Handbook. Athletes competing in the Multi-Events, Steeplechase and Pole Vault are "EXEMPT" from previously competing in a District Meet competition to be eligible to compete at this National Qualifier. AAU Track & Field athletes and clubs are only eligible to compete in their assigned /area National Qualifier.

AAU

MEMBERSHIP:

All athletes and coaches must present their 2013 AAU membership cards

at time of check-in. All relay teams and clubs/teams must present current 2013 Club Membership at check-in.

EVENT

LIMITATIONS:

All competitors in the 8&under through 12 year old

age divisions will be limited to a maximum of (3) three events per competitor, including relays but excluding multi-events (No multi-events in the 8 & under Age Division). All competitors in the age 13-18 divisions will be limited to a total of (4) four events per

competitor, including relays but excluding multi-events.

RESULTS:

Results will be posted on line at www.aauathletics.org

CHALLENGE PERIOD:

Any persons wanting to challenge the final results must do so via e-mail to the meet coordinator within 24 hours of the conclusion of the meet. This will be for just clerical errors (recording wrong mark) or eligibility issues. Any issues regarding competition rules will follow USATF rules guidelines. NO CHANGES TO THE RESULTS WILL BE MADE FOLLOWING THE 24 HOUR CHALLENGE PERIOD.

JUNIOR

OLYMPIC GAMES DECLARATION

Qualifiers for the 2013 National Junior Olympic Games in Detroit, MI

(July 26th – August 3rd) must declare and <u>register for the meet online through CoachO.com</u> Those athletes that qualify for the AAU Junior Olympic Games in Detroit, MI must declare

and register for the meet at www.aauathletics.org before July 16, 2013. No entries will be accepted after midnight EST (9:00 PM Pacific) on July 16, 2013. Do not jeopardize your athlete's chance of competing in the AAU JO Games by not completing this step in

the registration process.

REGISTRATION INFORMATION:

REGISTRATION WILL BE AVAILABLE AFTER THE 24 HOUR CHALLENGE

PERIOD IS COMPLETED. Registration for the 2013 National Junior Olympic Games will

begin on July 1, 2013

FINAL NATIONAL

JO GAMES SCHEDULE OF EVENTS: PLEASE NOTE THIS: The FINAL AAU Junior Olympic Games Schedule will

be posted at - www.aauathletics.org

SPECTATOR Admission is \$7/day – children 6 & under free. 2013 AAU Membership Card must be

presented at the gate for free admission for Athletes and Coaches.

TICKETS: AAU Memberships will "NOT" be sold at the meet.

MEDICAL: Medical Personnel will be provided. You must bring your own athletic tape and wraps.

Ice and water will be provided for injury situations.

FLUIDS: Meet management will provide water in certain competition and clerking areas. It is

recommended that athletes, teams, coaches, and parents hydrate properly.

TRACK & FIELD VENUE INFORMATION

TENTS: Tents will only be allowed on the top rows. Meet management reserves the right to change

this policy. The tents cannot be staked down, and tent tops must be removed at night or

during inclement weather. NO TENTS IN FRONT OF THE PRESS BOX.

SHOWER &

There are no shower or locker room facilities available at the track & field venue;

LOCKER ROOMS: competitors must come to the track dressed and ready to compete.

RESTROOM FACILITIES:

Restroom facilities will be available at the track & field venue.

COMPETITOR BIB NUMBERS:

Competitor bib numbers will be issued at athlete check-in. All athletes will be required

to wear their Bib numbers on the front of your competition singlet at all times of competition. There is a ten dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration/Awards Tent.

IMPLEMENTS: Meet management will be supplying implements for use at this event. Athletes may bring

their own implements to use during competition. However, personal implements will be required to be weighed-in prior to reporting to the event site. Implement weigh-in will occur in a tent near the finish line. Implements will be impounded and delivered to the event area. Implements will be returned to the athletes after competition. The weigh station will be open 7:30 a.m. -8:30 a.m. and 10:30 a.m. -12:00 p.m. daily. Failure to

weigh in will disqualify the implement.

PROTESTS:

Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests MUST be filed on official protest forms and presented to the Protest Table. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals, accompanied by a cash deposit of \$75.00. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

ATHLETE The athlete warr

The athlete warm up area will be designated upon arriving at Winton Woods H.S.

WARM-UP: The track will close 20 minutes prior to the start of the 1st running event.

COMPETITOR

Check-in shall be conducted as stated on the 2013 AAU National Qualifier

CHECK-IN: Schedule of Events.

COOLERS: As part of security and safety measures coolers will be allowed as followed at the facility:

(1) five gallon per team, and (1) one gallon per individual. NO GLASS CONTAINERS. Provisions are in place to handle medications, infant products, and special dietary foods. All coolers, bags, backpacks, and duffels will be subject to the existing security inspection

process. Bar-B-Q grills will not be permitted on the Winton Woods H.S. premises.

SCHEDULES: The time specific "Schedule of Events" will be strictly followed as listed.

Final schedule will be posted June 25th at www.black-jacktrack.com

APPAREL: AAU and National Qualifier apparel will be sold at the venue.

EQUIPMENT: Athletes are to bring their own throwing implements.

COACHES EDUCATION The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes.** This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaching Alliance (PCA).** Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

HOTEL INFORMATION: Please check the www.black-jacktrack.com for additional information.

*Springhill Suites (1 mile from track)

12001 Chase Plaza Dr. Cincinnati, OH 45240

Phone: 513.825.9035

Ohio AAU Track Rates: \$92 includes comp breakfast buffet, use of indoor pool and fitness center. Cut Off Date: June 18, 2013.

*Holiday Inn Cincinnati North I-275 (7m from track)

3855 Hauck Rd (Rt. 42 at I-275)

Cincinnati, Ohio 45241 Phone (513)830-8330

Ohio AAU rates: \$99 includes complimentary continental breakfast. Cut off date June 18th.

Crowne Plaza Cincinnati North (6m from the track)

11320 Chester Rd. Cincinnati, Oh 45246

(513)552-6233

Ohio AAU rate: \$109. Complimentary shuttle

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- AAU membership may not be included as part of the entry fee to the event
 Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



2013 AAU National Qualifier Multi-Event Schedule



Multi-Events will start at the designated time listed. It is recommended that you check in with your designated Multi-Event official at least 30 minutes before the time listed. Athletes not checked-in at their designated venue and start time will be scratched from the event.

All Multi field events are measured in meters!

Cancelled! No athletes entered in the Heptathlon or Decathlon.

Thursday – Ju	ine 27 th	Winton Woods High School
2:00 PM	15-18/Girls	Heptathlon – 100M H, High Jump, Shot Put #2, 200M
	15-18 Boys	Decathlon – 100m, Long Jump #1, Shot Put #1, High Jump#1, 400M
Friday – Jun Group #1	e 28 th	
9:00 AM	13/14Boys	Pentathlon – 100M H, High Jump #1, Shot Put #1, Long Jump #1, 1500M
9:00 AM	13/14Girls	Pentathlon – 100M H, High Jump #2, Shot Put #2, Long Jump #2, 800M
9:15 AM	9/10Boys	Triathlon – High Jump #1, Shot Put #1, 400M
9:15 AM	9/10Girls	Triathlon – High Jump #2, Shot Put #2, 200M
Group #2		
9:15 AM	11/12Boys	Pentathlon – 80M H, Long Jump #2, Shot Put #1, High Jump #1, 1500M
9:15 AM	11/12Girls	Pentathlon – 80M H, Long Jump #1, Shot Put #2, High Jump #2, 800M



2013 AAU National Qualifier Multi-Event Schedule



After the initial event all events will be on a ROLLING SCHEDULE. Listen to announcements and check-in to the designated check-in area. Any athlete that does not check-in before their schedule heat is run will be scratched from the event.

Friday Morning – June 28th

11:00 AM	1500 Meter Racewalk – All Age Groups Combined 9-12
	3000 Meter Racewalk – All Age Groups Combined 13-18
11:00 AM	Pole Vault- 13-18 Boys Combined. Followed by 13-18 Girls combined age groups.
	*2000 Meter Steeplechase – (Must register but will pass directly to Nationals)
12:00 PM	Long Jump 15-16/ 17-18- Boys
12:30 PM	3000 Meter Run – Starting with 11-18 Boys/Girls Age Groups will be combined.
1:00 PM	Long Jump- 15-16/ 17-18 Girls
2:00 PM	Triple Jump- All Boys age groups followed by the all girls age groups.

Saturday June 29th

9:15 A.M	80 / 100 / 110 Meter Hurdles – TIMED FINALS - In the following order:
	80mh – 11G / 11B / 12G / 12B (30")
	100mh - 13/14G (30"): 100mh - 13B/14B (33");15-16G/17-18G (33"); 110B - 15-19
	800 Meter Run- Starting with youngest 5-8 girls
	100 Meter Dash Prelims – Starting with 5-8 girls. Top 8 times advance to Finals
	400 Meter Dash – Starting with 5-8 girls – TIMED FINALS
	200 / 400 Meter Hurdles – TIMED FINALS - In the following order:
	200H – 13G/ 13B/ 14G/ 14B (30") 400H – 15-16/17-18G (30"): 15-16B/17-18 (36")
	200 Meter Dash Prelims – Starting with 5-8 girls – Top 8 times advance to Finals

Sunday – June 30th

9:30 A.M

4 x 800 Meter Relay – Starting with 11-12 –Age Groups will be combined by gender 100 Meter Dash Finals – Starting with PG
1500 Meter Run – Starting with 5-8G – Age Groups may be combined by gender 4 x 100 Meter Relay – Starting with 5-8G
Scholarship Presentation
200 Meter Dash Finals - Starting with 5-8G
4 x 400 Meter Relay – Starting with 9-10G

Revised 6/25/13



2013 AAU National Qualifier Field Events Schedule



All Field Events will be on a rolling schedule. Each Age Group may start up to 10-15 minutes to warm up. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete. Failure to report back will result in a forfeiture of the remaining attempts.

Saturday June	Long	High	Shot		
29th	Jump	Jump	Put	Discus	Javelin
			В	_	
8:00 a.m.	B5-8	B 15-18	17-18	G 15-18	
	G11-12	B 9-12	B 15-16	G13-14	
	G11-12	D 9-12	13-10	913-14	
			В		
	B 11-12	B 13-14	13-14	G 11-12	
				B 11-14	
			В		
	G 13-14	G 9-12	11-12	B 15-18	Following
					the discus
	B 13-14	G 13-14	B 5-8		G 13-18
			B 9-10		B 13-18
					Turbo
		G 15-18			Javelin
					G 6-12
			G 5-8		B 6-12
			0.0		
Sunday	LJ		SP		
8:00 a.m.			G9-10 G		
	G 5-8		11-12		
	-				
			G		
	B 9		13-14		
	B 10				
			G 45.46		
	G 9		15-16 G 17-		
	G10		18		
Revised 6/25/13					



2013 Ohio AAU National Qualifier Athlete Waiver Form

** Waiver of Liability **

PLEASE PRINT						
First Name		La	st Name			
Address						
City		Sta	ate	Phone		_
Date of Birth	/ month day	_/ year				
Circle: Male	Female					
Age Group:	4-8	9, 10	11, 12	13, 14	15, 16	17, 18
Athlete's Participa I do, hereby, for my any and all rights a Track and Field, Ol City of Cincinnati o and all damages w OHIO AAU Nationa said meet.	rself, my heirs, eind claims for dar hio AAU T & F, B r their respective hich may be sust al Qualifier, or wh	mage which Black-Jack T officers, ag tained by ma nich may aris	may have or n rack, BJT Timi ents, represen e in connection se out of traveli	nay hereafter a ng & Services, tatives, succes as with my asso ing to or partici	ccrue to me ag Winton Woods sors and/or as ciation with or	gainst AAU s High School, signs for any entry in the
Athlete's Signature	:					
Parent's Signature						
Track Club						



2013 Ohio AAU National Qualifier Team Waiver/Roster Form

** Waiver of Liability **

I agree to assume full responsibility for myself, and those in my charge while participating in the "AAU National Qualifier meet.

To the best of my knowledge, I or those in my charge do not have any physical illness or conditions that would prevent participation in the activities that are associated with this event.

I do, hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damage which may have or may hereafter accrue to me against AAU T & F, Ohio Association of AAU T & F, Black-Jack Track, BJT Timing & Services, Winton Woods High School, City of Cincinnati or their respective officers, agents, representatives, successors and/or assigns for any and all damages which may be sustained by me in connections with my association with or entry in the OHIO AAU National Qualifier, or which may arise out of traveling to or participating in, and returning from said meet.

Track Club or athlete :_____

Signature of Club Representative:

Name of Participant	Name of Participant
	+
	+