

2013
Area 15
AAU Junior Olympic National Games Qualifying Meet
Multi-Events / June 8 & 9
Track & Field / June 21-23

Muhl-Schummer Stadium
University City High School
St. Louis, MO



Visit <http://aauathletics.org/Event/OutdoorTrackField/NationalQualifierMeets.aspx>
for latest information

General Information

DATES **Multi-Events only:** Saturday, June 8 – Sunday, June 9, 2013
Steeplechase, Race Walks, Triple Jump (all ages); Primary Long Jump: Friday, June 21, 2013.
All other Track and Field Events: Saturday, June 22, 2013 – Sunday, June 23, 2013

ALL EVENTS WILL RUN ON A ROLLING SCHEDULE.

GOVERNANCE	The Area 15 2013 AAU Junior Olympic National Track & Field Qualifier will be conducted under the AAU code guidelines and follow competitive rules of the NGB as modified and outlined in the AAU Youth Athletics Handbook (available at www.aauathletics.org). This event is sanctioned by the Amateur Athletic Union of the US, Inc.
AAU MEMBERSHIP REQUIREMENTS	A current 2013 AAU membership number is necessary to register for this meet. AAU membership fee is not included in the entry fee for this Meet. AAU membership can be obtained on-line at www.aausports.org . AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website. If you already have a 2013 AAU membership card from another AAU sport, you do not need to purchase another card. All entrants must be prepared to show their AAU cards and Birth Certificate.
ATHLETE ELIGIBILITY	All Ozark athletes will advance directly to the Area 15 National Qualifier. Ozark will not hold a District Qualifier Meet.
HOW TO ENTER	All registrations will be conducted on-line at www.coacho.com . Registration will close at 11:59PM CST on Wednesday, June 5, 2013 for Multi Events. 11:59 PM CST on Wednesday, June 19, 2013 for all Track & Field events. Additions and corrections can be made until the entry deadline. NO CHANGES can be accepted after the deadline.
ENTRY FEE	The registration fee is \$25.00 per athlete for the Multi-Events. Entry fee for the Track & Field Meet is a separate \$25.00. All Entry fees MUST be paid on-line with a credit card to complete the registration process.
ENTRY DEADLINE	All athletes must register on-line NO LATER than 11:59PM CST, Wednesday, June 5, 2013 (Multi) and 11:59 PM CST, Wednesday, June 19, 2013 (Track&Field) ON-SITE & LATE REGISTRATIONS ARE <u>NOT</u> AVAILABLE AT THIS MEET.
AGE DIVISIONS	Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification. NOTE: Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the 17-18 age division.
ROOF OF AGE	Proof of age may be required at District, National Qualifier, and National Championship events and whenever required and/or challenged. Acceptable forms of age verification include: <ol style="list-style-type: none">1. Original birth certificate2. A notarized original birth certificate from the appropriate issuing authority3. A US Military Government Identification Card4. A valid (not expired) passport5. A valid US driver's license

EVENT LIMITS	8 & Under, 9 years, 10 years, 11 years, and 12 years: Maximum of 3 events 13 years, 14 years, 15-16 years, 17-18 years: Maximum of 4 events NOTE: Any athlete who participates in more than his/ her age division's prescribed maximum number of events will be disqualified from this meet and WILL NOT be allowed to advance to the National meet in ANY event.
RELAY LIMITS	Participation of relay teams will be limited to those clubs which hold a current (2013) valid club membership in the AAU. Relay teams consist of four (4) members and may list up to four (4) alternates. All Relay Team members must be registered participants in the Meet. Relays are conducted in the 8 & Under, 10 Years, 12 Years, 14 Years, 15-16 Years, and 17-18 Years Old divisions ONLY. The 9 years divisions may run in the 10 years divisions, the 11 years divisions may run in the 12 years divisions, and the 13 years divisions may run in the 14 years divisions only in the relays. NOTE: Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.
TENTS & CANOPIES	Tents and canopies will be permitted in designated areas in the bleachers and inside the stadium.
FOOD AND DRINK	There will be concessions available. Medium-sized coolers may be brought into the Stadium. No glass containers are permitted. No personal bar-b-que pits.
MEET PROGRAM	A Meet Program (if available) will be sold at the meet.
GATE ADMISSIONS	There is no admission fee on June 8 or 9 and June 21. June 22 & June 23: Athletes: Wristbands & Bib Numbers provided with entry must be worn at all times for FREE entry into the Meet. Coaches: 1 for every 10 athletes on team without rounding up, e.g. A club with 57 athletes will get 5 coaches Wristbands. Ages 13 - Adults: \$5.00 per day or \$8.00 for both days. Age 6 - 12: \$3.00 per day or \$5.00 for both days. 5 & Under: FREE Wristbands must be worn at all times and for entry into the stadium.
PARKING	Parking in designated areas for Officials & Handicapped.
RESTROOMS	Stadium restroom facilities are located inside the stadium. Additional portable facilities may be available at other locations.
INCLEMENT WEATHER	The safety of our athletes and guests is our primary concern. The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather (including extreme heat) and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee. In the event of a meet stoppage or a delay in the start, the Meet Information line (314.669.4029) will be updated with information as necessary.
T-SHIRTS	2013 AAU National Qualifying Meet T-Shirts will be on sale.
CHECK-IN/PACKET PICK UP	Multi-Events Check-In will be at Muhl-Schummer Track Stadium, beginning one hour before competition. Packet Pick-up for the Track & Field Meet will be at the North stadium entrance on Shaftesbury Friday, June 21, 2013 1:00PM – 7:00PM, Saturday, June 22, 6:30 AM – 10:30 AM and Sunday, June 23, 2013 6:30 AM – 8:30 AM

HOTELS

There are several hotels in the St. Louis area that can accommodate you during your stay in St. Louis if you are coming from outside of the metro area. They include:

RAMADA PLAZA – ST. LOUIS located at 811 North 9th Street St. Louis, MO 63101
314.421.4000.

Drury Inn Union Station

Drury Inn & Suites near Forest Park

Drury Inn Airport

Pear Tree Inn Union Station

St. Louis Union Station Marriott

St. Louis Airport Marriott Hotel

Courtyard Marriott Downtown

Hampton Inn at Forest Park

Red Roof Inn St. Louis Forest Park

Sheraton Clayton Plaza

Crowne Plaza St. Louis Airport

Holiday Inn St. Louis – Forest Park

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ATHLETES AND COACHES

REPORTING FOR EVENTS	Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a rolling schedule. It is not the fault of the Meet Management if any athlete misses his/her event. Personal electronics (iPod's, cell phones, etc. are NOT permitted in the competition areas.) NO EXCUSES WILL BE ACCEPTED.
UNIFORMS	There is no specific uniform required except as follows: <ul style="list-style-type: none">• In all events, competitors must wear clothing that is clean, designed and worn so as not to be objectionable.• The clothing must be made of a material that is not transparent even if wet.• Bare midriffs are not allowed. If the uniform is of a two-piece design (top and bottom), the top must either be tucked into the waistband or cover the waistband when the athlete is standing erect. A one piece uniform must not allow for a bare midriff.• Athlete's tops must be of the same color front and back.• All participating relay team members must wear jersey's/tops of the same color, front and back. At National Qualifier and National Championships, all team participants shall wear shorts of the color, or, in the case of one piece uniforms, the bottoms of relay team uniforms should be of the same color.• A competitor must wear footwear on both feet.• The competitors must not wear clothing that could impede the view of the judges, except in cross country, when the weather is cold.
BIBS	Each athlete will be provided a Bib Number and wristband which are required for competition and admission. The replacement fee for lost/damaged bibs or wristbands is \$10.00 each.
SPIKES	Only 1/4" spikes are allowed. Needle type spikes are prohibited. Athletes will not be allowed to compete with spikes that do not comply.
AWARDS	First through Third place finishers in each division and event will be awarded AAU Medals. Fourth through Sixth place finishers will be awarded ribbons. Medals may be picked up 30 minutes after the results have been posted at the Awards Table. Coaches or parents are required to pick up all medals/ribbons. Relay medals must be picked up as a team, individual relay medals will not be distributed.
ADVANCEMENT TO AAU NATIONALS	The top five (5) in each individual event and division at the Track & Field Meet qualify to advance directly to the AAU Junior Olympic Games National Championship. The top four (4) Relays in each age division and the Multi-Events qualify to advance directly to the AAU Junior Olympic Games National Championship to be held at:
Eastern Michigan University Detroit, Michigan	
Qualifiers for the 2013 AAU Junior Olympic Games in Detroit, MI (July 27 – August 3, 2013) must declare and register for the meet online through www.coacho.com . Registration deadline is 11:59PM EST on July 16, 2013. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games.	
MEDICAL	Logan Chiropractic will be on site all days for treatment of injuries and First Aid.

ACCESS TO TRACK AND INFIELD	<p>Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the Meet.</p> <p>THIS RULE WILL BE STRICTLY ENFORCED.</p>
WARM-UP AREA	<p>Athletes may warm-up outside of the Stadium or in the grassy area to the south of the track. No warm-ups will be allowed on the track.</p>
COACHES MEETING	<p>A Coaches' meeting will be held after the 3000M Run on Saturday at the finish line.</p>
PROTESTS	<p>Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A \$75.00 cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.</p> <p>IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.</p>
IMPLEMENTS	<p>All Shot Put and Discus implements to be used in competition will be provided by Meet Management.</p>
WEIGH-IN	<p>Multi-Events: Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will provided by Meet Management.</p> <p>Track & Field: Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will provided by Meet Management.</p>

MULTI-EVENT
ELIGIBILITY &
EVENTS

Decathlon: 17-18 Years Old Men & 15-16 Years Old Boys
100M Dash, Long Jump, Shot Put, High Jump, 400M Dash, 110M Hurdles, Discus,
Pole Vault, Javelin, 1500M Run
Heptathlon: 17-18 Years Old Women & 15-16 Years Old Girls
100M Hurdles, High Jump, Shot Put, 200M Dash, Long Jump, Javelin, 800M Dash
Pentathlon: 11 Years Old Girls , 12 Years Old Girls
80M Hurdles, High Jump, Shot Put, Long Jump, 800M Run
Pentathlon: 11 Years Old Boys, 12 Years Old Boys
80M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run
Pentathlon: 13 Years Old Girls, 14 Years Old Girls
100M Hurdles, High Jump, Shot Put, Long Jump, 800M Run
Pentathlon: 13 Years Old Boys, 14 Years Old Boys
100M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run
Triathlon: 9 Years Old Boys, 10 Years Old Boys
Shot Put, High Jump, 400M Dash
Triathlon: 9 Years Old Girls, 10 Years Old Girls
Shot Put, High Jump, 200M Dash

COACHES
EDUCATION

The AAU National Office is happy to announce to its members, FREE Coaches Education for all **AAU Non-Athletes**. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on "Join Now" to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete the course prior to competition.

FALSE STARTS

Except in combined events, any competitor(s) responsible for the false start shall be disqualified. For **8 & Under, 9 Years, 10 Years, 11 Years, 12 Years, 13 Years and 14 Years Old** age divisions, no penalty shall be imposed for the first false start but the starter shall disqualify the offender for the second false start. False starts are called on individuals, not the field. In the **15-16 Years, 17-18 Years Old** age divisions, the athlete shall be disqualified upon the first false start.

MEET OFFICIALS

Meet Directors – Reggie McNeil/Wanda McNeil
Asst. Meet Director – Dwayne Venerable
Officials Coordinator – Wanda McNeil

SCHEDULE OF EVENTS: MULTI – EVENTS

Saturday, June 8, 2013 TENTATIVE

All events will be contested approximately 30 minutes after the preceding event is completed.

ORDER OF EVENTS

<u>Time</u>	<u>Event</u>	
8:00 a.m.	Triathlon - Boys 9 years, 10 years	HJ, SP, 400m Dash
8:30 a.m.	Triathlon - Girls 9 years, 10 years	SP, HJ, 200m Dash
10:00 a.m.	Pentathlon - Girls 13 years, 14 years	100m Hurdles, HJ, SP, LJ, 800m Run
11:00 a.m.	Heptathlon 15-16, 17-18 years	100m Hurdles, HJ, SP, 200m Dash
11:30 a.m.	Decathlon 15-16, 17-18 years	100m Dash, LJ, SP, HJ, 400m Dash

SCHEDULE OF EVENTS: MULTI – EVENTS

Sunday, June 9, 2013 TENTATIVE

All events will be contested approximately 30 minutes after the preceding event is completed.

ORDER OF EVENTS

<u>Time</u>	<u>Event</u>	
8:00 a.m.	Decathlon 15-16, 17-18	100m Hurdles, Discus, PV, Javelin, 1500m
8:00 a.m.	Heptathlon 15-16, 17-18	LJ, Javelin, 800m Run
8:30 a.m.	Pentathlon - Girls 11 years, 12 years	80m Hurdles, HJ, SP, LJ, 800m Run
9:30 a.m.	Pentathlon - Boys 11 years, 12 years	80m Hurdles, HJ, SP, LJ, 1500m Run
10:30 a.m.	Pentathlon - Boys 13 years, 14 years	100m Hurdles, HJ, SP, LJ, 1500m Run

SCHEDULE OF EVENTS: TRACK & FIELD EVENTS

Friday, June 21, 2013 TENTATIVE

Steeple Chase and Race Walks contested at St. Louis University

ORDER OF EVENTS

<u>Time</u>	<u>Event</u>	<u>Age Groups</u>
5:00 p.m.	Triple Jump	15-16G, 15-16B, 17-18W, 17-18M, 13G, 13B, 14G, 14B
5:30 p.m.	Steeple Chase (Timed Final)	15-16G, 17-18W (30") 15-16B, 17-18M (36")
6:00 p.m.*	1500m Race Walk (Timed Final)	9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B (All Age Groups Combined)
6:30 p.m.*	3000m Race Walk (Timed Final)	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M (All Age Groups Combined)

- Start time approximate for 1500m Race Walk and 3000m Race Walk.
- RW will begin immediately after the Steeple Chase.

SCHEDULE OF EVENTS: TRACK EVENTS

Saturday, June 22, 2013 TENTATIVE

All events are on a ROLLING SCHEDULE.

ORDER OF EVENTS

Time	Event	Age Groups
8:00 a.m.	3000m	11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	Timed Final	(Age groups may be combined)
	80m H	11G, 11B, 12G, 12B (30")
	Timed Final	
	100m H	13G, 14YG (30") 13B, 14B, 15-16G, 17-18W (33")
	Prelims	
	110m H	15-16B, 17-18M (39")
	Prelims	
	100m Dash	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	Prelims	
	400m Dash	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	Timed Final	
	200m Hurdles	13G, 13B, 14G, 14B (30")
	Timed Final	
	400m Hurdles	15-16G, 17-18W (30") 15 - 16 B , 17-18M (36")
	Timed Final	
	200m Dash	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	Prelims	
	Top 8 Advance to Final	
	800m Run	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	Timed Final	

All Prelim races - Top 8 Times Advance to Final

SCHEDULE OF EVENTS: FIELD EVENTS

Saturday, June 22, 2013 TENTATIVE

All Field Events begin at 8 a.m. with the exception of Discus which begins at 11:00 a.m. and Javelin which begins at 1:00 p.m.

All events are on a ROLLING SCHEDULE.

ORDER OF EVENTS

Time	Event	Age Groups
8:00 a.m.	Long Jump	8&UG, 9G, 10G, 11G, 12G (Pit #1)
	Long Jump	8&UB, 9B, 10B, 11B, 12B (Pit #2)
	High Jump	17-18M, 17-18W, 15-16B, 15-16G, 14B, 14G, 13B, 13G
	Shot Put	12G, 11G, 10G, 9G, 8&UG (Ring #1) 12B, 11B, 10B, 9B, 8&UB (Ring #2)
	Pole Vault	13G, 14G, 15-16G, 17-18W, 13B, 14B, 15-16B, 17-18M (Age groups may be combined)
11:00 a.m.	Discus	11G, 11B, 12G, 12B
1:00 p.m.	Javelin	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M

SCHEDULE OF EVENTS: TRACK EVENTS

Sunday, June 23, 2013 TENTATIVE

All events are on a ROLLING SCHEDULE.

ORDER OF EVENTS

Time	Event	Age Groups
8:00 a.m.	100m H Finals	13G, 14G (30") 13B, 14B, 15-16G, 17-18W (33")
	110m H Finals	15-16B, 17-18M (39")
	1500m Run Timed Final	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M (Age groups may be combined)
	100m Dash Finals	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	4x800m Relay Timed Final	12G, 12B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M (Age groups may be combined)
	4x100m Relay Timed Final	10G, 10B, 12G, 12B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	200m Dash Finals	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	4x400m Relay Timed Final	10G, 10B, 12G, 12B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M

SCHEDULE OF EVENTS: FIELD EVENTS

Sunday, June 23, 2013 TENTATIVE

All Field Events begin at 8 a.m. with the exception of Discus which begins at 11:00 a.m. and Turbo Javelin which begins at 2:00 p.m.

All events are on a ROLLING SCHEDULE.

ORDER OF EVENTS

Time	Event	Age Groups
8:00 a.m.	Long Jump	13G, 14G, 15-16G, 17-18W (Pit #1)
	Long Jump	13B, 14B, 15-16B, 17-18YM (Pit #2)
	High Jump	12G, 12B, 11G, 11B, 10G, 10B, 9G, 9B
	Shot Put	17-18W, 15-16G, 14G, 13G (Ring #1) 17-18M, 15-16B, 14B, 13B (Ring #2)
11:00 a.m.	Discus	17-18W, 17-18M, 15-16G, 15-16B, 14G, 14B, 13G, 13B
2:00 p.m.	Turbo Javelin	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B.