# 2014

# Region 15 AAU Junior Olympic Games Regional Qualifying Meet Multi-Events / June 14 & 15 Track & Field / June 27-29

Muhl-Schummer Stadium University City High School St. Louis, MO



Visithttp://www.aauathletics.org/Events/OutdoorTrackField/RegionalQualifierMeets.aspx

for latest information 314.669.4029

# **General Information**

DATES

Multi-Events only: Saturday, June 14 – Sunday, June 15, 2014

Steeplechase, Race Walks, Triple Jump (all ages); Friday, June 27, 2014. All other Track and Field Events: Saturday, June 28, 2014 – Sunday, June 29, 2014

ALL EVEN	IS WILL RU	NONAROL	LING SCHEDULE.

#### **GOVERNANCE**

The Region 15 2014 AAU Junior Olympic Track & Field Qualifier will be conducted under the AAU code guidelines and follow competitive rules of the NGB as modified and outlined in the AAU Youth Athletics Handbook (available at www.aauathletics.org).

This event is sanctioned by the Amateur Athletic Union of the US, Inc.

# AAU MEMBERSHIP REQUIREMENTS

A current 2014 AAU membership number is necessary to register for this meet. AAU membership fee is not included in the entry fee for this Meet. AAU membership can be obtained on-line at <a href="www.aausports.org">www.aausports.org</a>. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website. If you already have a 2014 AAU membership card from another AAU sport, you do not need to purchase another card. All entrants must be prepared to show their AAU cards and Birth Certificate.

#### ATHLETE ELIGIBILITY

All Ozark athletes will advance directly to the Region15 Regional Qualifier. Ozark will not hold a District Qualifier Meet.

#### HOW TO ENTER

All registrations will be conducted on-line at <a href="www.coacho.com">www.coacho.com</a>. Registration will close at 11:59PM CST on Tuesday, June 10, 2014 for Multi Events. 11:59 PM CST on Tuesday, June 24, 2014 for all Track & Field events.

Additions and corrections can be made until

the entry deadline. NO CHANGES can be accepted after the deadline.

#### **ENTRY FEE**

The registration fee is \$25.00 per athlete for the Multi-Events. Entry fee for the Track & Field Meet is a separate \$25.00. All Entry fees MUST be paid on-line with a credit card to complete the registration process.

#### **ENTRY DEADLINE**

All athletes must register on-line NO LATER than 11:59PM CST, Tuesday,

June 10, 2014(Multi) and 11:59 PM CST, Tuesday, June 24, 2014 (Track&Field)
ON-SITE & LATE REGISTRATIONS ARE NOT AVAILABLE AT THIS MEET.

#### AGE DIVISIONS

Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification.

NOTE: Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the 17-18 age division.

#### ROOF OF AGE

Proof of age may be required at District, National Qualifier, and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

- 1. Original birth certificate
- 2. A notarized original birth certificate from the appropriate issuing authority
- 3. A US Military Government Identification Card
- 4. A valid (not expired) passport
- 5. A valid US driver's license

EVENT LIMITS	8 & Under, 9 years, 10 years, 11 years, and 12 years: Maximum of 3 events 13 years, 14 years, 15-16 years, 17-18 years: Maximum of 4 events NOTE: Any athlete who participates in more than his/ her age division's prescribed maximum number of events will be disqualified from this meet and WILL NOT be allowed to advance to the National meet in ANYevent.	
RELAY LIMITS	Participation of relay teams will be limited to those clubs which hold a current (2014) valid club membership in the AAU. Relay teams consist of four (4) members and may list up to four (4) alternates. All Relay Team members must be registered participants in the Meet.	
	Relays are conducted in the 8 & Under, 10 Years, 12 Years, 14 Years, 15-16 Years, and 17-18 Years Old divisions ONLY. The 9 years divisions may run in the 10 years divisions, the 11 years divisions may run in the 12 years divisions, and the 13 years divisions may run in the 14 years divisions only in the relays.  NOTE: Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.	
TENTS & CANOPIES	Tents and canopies will be permitted in designated areas in the bleachers and inside the stadium.	
FOOD AND DRINK	There will be concessions available. Medium-sized coolers may be brought into the Stadium. No glass containers are permitted. No personal bar-b-que pits.	
MEET PROGRAM	A Meet Program (if available) will be sold at the meet.	
GATE	There is no admission fee on June 14 or 15 and June 27.	
ADMISSIONS	June 28 & June 29:	
	Athletes: Wristbands & Bib Numbers provided with entry must be worn at all times	
	for FREE entry into the Meet.	
	Coaches: 1 for every 10 athletes on team without rounding up, e.g. A club with	
	57 athletes will get 5 coaches Wristbands.	
	Ages 13 - Adults: \$5.00 per day or \$8.00 for both days.	
	Age 6 - 12: \$3.00 per day or \$5.00 for both days. 5 & Under: FREE	
	Wristbands must be worn at all times and for entry into the stadium.	
PARKING	Parking in designated areas for Officials & Handicapped.	
RESTROOMS	Stadium restroom facilities are located inside the stadium. Additional portable facilities	
	may be available at other locations.	
INCLEMENT WEATHER	The safety of our athletes and guests is our primary concern. The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather (including extreme heat) and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee. In the event of a meet stoppage or a delay in the start, the Meet Information line (314.669.4029) will be updated with information as necessary.	
T-SHIRTS	2014 AAU Regional Qualifying Meet T-Shirts will be on sale.	
CHECK-IN/PACKET PICK UP	Multi-Events Check-In will be at Muhl-Schummer Track Stadium, beginning one hour before competition at the awards pick up area.	
	Packet Pick-up for the Track & Field Meet will be at the North stadium entrance on Shaftesbury Friday, June 27, 2014 3:00PM – 7:00PM, Saturday, June 28, 6:30 AM – 10:30 AM and Sunday, June 29, 2014 6:30 AM – 8:30 AM	

#### **HOTELS**

There are several hotels in the St. Louis area that can accommodate you during your stay in St. Louis if you are coming from outside of the metro area. They include:

**RAMADA PLAZA – ST. LOUIS** located at 811 North 9<sup>th</sup> Street St. Louis, MO 63101 314.421.4000.

Drury Inn Union Station
Drury Inn & Suites near Forest Park
Drury Inn Airport
Pear Tree Inn Union Station
St. Louis Union Station Marriott
St. Louis Airport Marriott Hotel
Courtyard Marriott Downtown
Hampton Inn at Forest Park
Red Roof Inn St. Louis Forest Park
Sheraton Clayton Plaza
Crowne Plaza St. Louis Airport
Holiday Inn St. Louis – Forest Park

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ADVANCEMENT TO AAU NATIONALS  The top eight (8) in each individual track event and division & the top five (5) in each field event and division at the Track & Field Meet qualify to advance directly to the AAU Jun Olympic Games National Championship. The top four (4) Relays in each age division the Multi-Events qualify to advance directly to the AAU Junior Olympic Games National Championship to be held at:  Drake University Des Moines, Iowa  Qualifiers for the 2014 AAU Junior Olympic Games in Des Moines, Iowa (July 26 – Augustation deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Olympic Olympic Games in Des Moines, Iowa (July 26 – Augustation deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Olympic Olympic Games in Des Moines, Iowa (July 26 – Augustation deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Olympic Games in Des Moines, Iowa (July 26 – Augustation deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games in Des Moines, Iowa (July 26 – Augustation deadline is 11:59PM EST on July 15, 2014.		Coaches or parents are required to pick up all medals/ribbons. Relay medals must be picked up as a team, individual relay medals will not be distributed.
Des Moines, Iowa  Qualifiers for the 2014 AAU Junior Olympic Games in Des Moines, Iowa (July 26 – Au 2014) must declare and register for the meet online through <a href="www.coacho.com">www.coacho.com</a> .  Registration deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olym	TO AAU	The top eight (8) in each individual track event and division & the top five (5) in each field event and division at the Track & Field Meet qualify to advance directly to the AAU Junior Olympic Games National Championship. The top four (4) Relays in each age division and the Multi-Events qualify to advance directly to the AAU Junior Olympic Games National
2014) must declare and register for the meet online through <a href="https://www.coacho.com">www.coacho.com</a> .  Registration deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olym		
		Registration deadline is 11:59PM EST on July 15, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic
MEDICAL Logan Chiropractic will be on site all days for treatment of injuries and First Aid.	MEDICAL	Logan Chiropractic will be on site all days for treatment of injuries and First Aid.

ACCESS TO TRACK AND INFIELD	Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the Meet.  THIS RULE WILL BE STRICTLY ENFORCED.
WARM-UP AREA	Athletes may warm-up outside of the Stadium or in the grassy area to the south of the track. No warm-ups will be allowed on the track.
COACHES MEETING	A Coaches' meeting will be held after the 3000M Run on Saturday at the finish line.
PROTESTS	Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A \$75.00 cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.  IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.
IMPLEMENTS	All Shot Put and Discus implements to be used in competition will be provided by Meet Management.
WEIGH-IN	Multi-Events: Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will provided by Meet Management.  Track & Field: Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will provided by Meet Management.

MULTI-EVENT	Decathlon: 17-18 Years Old Men & 15-16 Years Old Boys		
ELIGIBILITY & EVENTS	100M Dash, Long Jump, Shot Put, High Jump, 400M Dash, 110M Hurdles, Discus, Pole Vault, Javelin, 1500M Run		
LVLINIS	Heptathlon: 17-18 Years Old Women & 15-16 Years Old Girls		
	100M Hurdles, High Jump, Shot Put, 200M Dash, Long Jump, Javelin, 800M Dash		
	Pentathlon: 11 Years Old Girls , 12 Years Old Girls		
	80M Hurdles, High Jump, Shot Put, Long Jump, 800M Run		
	Pentathlon: 11 Years Old Boys, 12 Years Old Boys		
	80M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run		
	Pentathlon: 13 Years Old Girls, 14 Years Old Girls		
	100M Hurdles, High Jump, Shot Put, Long Jump, 800M Run		
	Pentathlon: 13 Years Old Boys, 14 Years Old Boys		
	100M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run		
	Triathlon: 9 Years Old Boys, 10 Years Old Boys		
	Shot Put, High Jump, 400M Dash		
	Triathlon: 9 Years Old Girls, 10 Years Old Girls		
COACHES	Shot Put, High Jump, 200M Dash		
EDUCATION	The AAU National Office is happy to announce to its members, FREE Coaches Education for all <b>AAU Non-Athletes</b> . This exciting program is MANDATORY for all		
	AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA).		
	Please visit www.aausports.org and click on "Join Now" to enter and take the		
	MANDATORY AAU/PCA coaches educational course. Membership may be revoked		
FALSE STARTS	from non-athletes who do not complete the course prior to competition.		
TALOL OTARTO	Except in combined events, any competitor(s) responsible for the false start shall be disqualified. For 8 & Under, 9 Years, 10 Years, 11 Years, 12 Years, 13 Years and		
	<b>14 Years Old</b> age divisions, no penalty shall be imposed for the first false start but		
	the starter shall disqualify the offender for the second false start. False starts are		
	called on individuals, not the field. In the <b>15-16 Years, 17-18 Years Old</b> age divisions, the athlete shall be disqualified upon the first false start.		
MEET OFFICIALS	Meet Directors – Reggie McNeil/Wanda McNeil		
WILLT OFFICIALS	Asst. Meet Director – Dwayne Venerable		
	Officials Coordinator – Wanda McNeil		
	Track Referee – TBA		
	Field Event Referee – Yessenia Whitley		
	·		
	Head Marshall – Martise Scott, Carlos Ross		
	Head Clerk – Carolyn Spencer		
	Volunteer Coordinators- Chanti Battle, Latreece Norwood		
	Hospitality Coordinators – Kimberly Cunningham, Jennifer Farrell		
	Packet Pick Up – Sukari Brooks		

### SCHEDULE OF EVENTS: MULTI - EVENTS

# Saturday, June 14, 2014

All events will be contested approximately 30 minutes after the preceding event is completed.

		ORDER OF EVENIS
<u>Time</u> 8:00 a.m.	Event Heptathlon 15-16, 17-18 years	100m Hurdles, HJ, SP, 200m Dash
8:30 a.m.	Decathlon 15-16, 17-18 years	100m Dash, LJ, SP, HJ, 400m Dash
10:00 a.m.	Pentathlon - Girls 13 years, 14 years	100m Hurdles, HJ, SP, LJ, 800m Run
12:00 p.m.	Triathlon - Boys 9 years, 10 years	HJ, SP, 400m Dash
12:30 p.m.	Triathlon - Girls 9 years, 10 years	SP, HJ, 200m Dash

## SCHEDULE OF EVENTS: MULTI - EVENTS

## Sunday, June 15, 2014

All events will be contested approximately 30 minutes after the preceding event is completed.

### **ORDER OF EVENTS**

ODDED OF EVENTS

Time 8:00 a.m.	Event Decathlon 15-16, 17-18	100m Hurdles, Discus, PV, Javelin, 1500m
8:00 a.m.	Heptathlon 15-16, 17-18	LJ, Javelin, 800m Run
8:30 a.m.	Pentathlon - Girls 11 years,12 years	80m Hurdles, HJ, SP, LJ, 800m Run
9:30 a.m.	Pentathlon - Boys 11 years,12 years	80m Hurdles, HJ, SP, LJ, 1500m Run
10:30 a.m.	Pentathlon - Boys 13 years, 14 years	100m Hurdles, HJ, SP, LJ, 1500m Run

Area 15 NQM Event Information

#### SCHEDULE OF EVENTS: TRACK & FIELD EVENTS

## Friday, June 27, 2014 TENTATIVE

Steeple Chase and Race Walks contested at St. Louis University

### **ORDER OF EVENTS**

<u>Time</u> 5:30 p.m.	Event Triple Jump 2 pits, B/No. G/South	Age Groups 15-16G, 15-16B, 17-18W, 17-18M, 13G, 13B, 14G, 14B
5:30 p.m.	Steeple Chase (Timed Final)	15-16G, 17-18W (30") 15-16B, 17-18M (36")
6:00 p.m.*	1500m Race Walk (Timed Final)	9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B (All Age Groups Combined)
6:30 p.m.*	3000m Race Walk	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	(Timed Final)	(All Age Groups Combined)

- Start time approximate for 1500m Race Walk and 3000m Race Walk.
- RW will begin immediately after the Steeple Chase.

Area 15 NQM Event Information

### SCHEDULE OF EVENTS: TRACK EVENTS

# Saturday, June 28, 2014 TENTATIVE

All events are on a ROLLING SCHEDULE.

#### **ORDER OF EVENTS**

<b>Time</b> 8:00 a.m.	Event 3000m Timed Final	<b>Age Groups</b> 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M (Age groups may be combined)
	80m H Timed Final	11G, 11B, 12G, 12B (30")
	100m H Prelims	13G, 14YG (30") 13B, 14B, 15-16G, 17-18W (33")
	110m H Prelims	15-16B, 17-18M (39")
	100m Dash Prelims	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	400m Dash Timed Final	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	200m Hurdles Timed Final	13G, 13B, 14G, 14B (30")
	400m Hurdles Timed Final	15-16G, 17-18W (30") 15 - 16 B, 17-18M (36")
	200m Dash Prelims Top 8 Advance to Final	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	800m Run Timed Final	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M

## All Prelim races - Top 8 Times Advance to Final

Last Updated May 27, 2014

#### SCHEDULE OF EVENTS: FIELD EVENTS

## Saturday, June 28, 2014 TENTATIVE

All Field Events begin at 8 a.m. with the exception of Discus which begins at 11:00 a.m. and Javelin which begins at 1:00 p.m.

All events are on a ROLLING SCHEDULE.

### **ORDER OF EVENTS**

<b>Time</b> 8:00 a.m.	<b>Event</b> Long Jump	<b>Age Groups</b> 8&UG, 9G, 10G, 11G, 12G (Pit #1)
	Long Jump	8&UB, 9B, 10B, 11B, 12B (Pit #2)
	High Jump	17-18M, 17-18W, 15-16B, 15-16G, 14B, 14G, 13B, 13G
	Shot Put	12G, 11G, 10G, 9G, 8&UG (Ring #1) 12B, 11B, 10B, 9B, 8&UB (Ring #2)
	Pole Vault	13G, 14G, 15-16G,17-18W,13B, 14B, 15-16B, 17-18M (Age groups may be combined)
11:00 a.m.	Discus	11G, 11B, 12G, 12B
1:00 p.m.	Javelin	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M

## SCHEDULE OF EVENTS: TRACK EVENTS

## Sunday, June 29, 2014 TENTATIVE

All events are on a ROLLING SCHEDULE.

### **ORDER OF EVENTS**

<b>Time</b> 8:00 a.m.	Event 100m H Finals	<b>Age Groups</b> 13G, 14G (30") 13B, 14B, 15-16G, 17-18W (33")
	110m H Finals	15-16B, 17-18M (39")
	1500m Run Timed Final	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 14G, 14B, 15-16G,15-16B, 17-18W, 17-18M (Age groups may be combined)
	100m Dash Finals	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	4x800m Relay Timed Final	12G, 12B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M (Age groups may be combined)
	4x100m Relay Timed Final	8&UG, 8&UB, 10G, 10B, 12G, 12B, 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	200m Dash Finals	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B 14G, 14B, 15-16G, 15-16B, 17-18W, 17-18M
	4x400m Relay Timed Final	10G, 10B, 12G, 12B, 14G, 14B, 15-16G,15-16B, 17-18W, 17-18M

## SCHEDULE OF EVENTS: FIELD EVENTS

## Sunday, June 29, 2014 TENTATIVE

All Field Events begin at 8 a.m. with the exception of Discus which begins at 11:00 a.m. and Turbo Javelin which begins at 2:00 p.m.

All events are on a ROLLING SCHEDULE.

### **ORDER OF EVENTS**

<b>Time</b> 8:00 a.m.	<b>Event</b> Long Jump	<b>Age Groups</b> 13G, 14G, 15-16G, 17-18W (Pit #1)
	Long Jump	13B, 14B, 15-16B, 17-18YM (Pit #2)
	High Jump	12G, 12B, 11G, 11B, 10G, 10B, 9G, 9B
	Shot Put	17-18W, 15-16G, 14G, 13G (Ring #1) 17-18M, 15-16B, 14B, 13B (Ring #2)
11:00 a.m.	Discus	17-18W, 17-18M, 15-16G, 15-16B, 14G, 14B, 13G, 13B
2:00 p.m.	Turbo Javelin	8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B.