



2014 AAU Region 1 Junior Olympic Qualifier University of Massachusetts – Lowell

Meet Coordinator: Charlene Cumberbatch, AAU New Jersey Athletics Director
Meet Manager: Curtis Jackman, AAU New England Athletics Director
Meet Host: Cambridge Jets Track Club, and Head Coach, Curtis Jackman/
With the support of the Greater Lowell Chamber of Commerce

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- This is a pre-entry meet only.

ORDER OF EVENTS

Friday June 27th University of Massachusetts -Lowell - **Start Time 8:30am**

Please check in 30 minutes prior to start of event

Decathlon: Day 1 - 100m, Long Jump, Shot-put (12 lbs.), High Jump and 400m

Heptathlon: Day 1 - 100m Hurdles, High Jump, Shot-Put (4 kg.) and 200m

G-2G, 3G/Triathlon HJ, SP (6#), 200m Dash 9:00AM

B-2B, 3B/Triathlon HJ, SP (6#), 400m Dash 9:00AM

G-4G, 5Gt/Pentathlon 80m H (8-30"), SP (6#), HJ, LJ, 800m

B-4B, 5Bt/Pentathlon 80m H (8-30"), SP (6#), HJ, LJ, 1500m

G-6G, 7G/Pentathlon 100mH (10-30"), SP (6#), HJ, LJ, 800m

B-6B, 7B/Pentathlon 100mH (10-33"), SP (4 kg), HJ, LJ, 1500m

Multi-Event start times and start day may change if entry levels exceed anticipated. Any changes will be posted on www.njaau.org, coacho.com and supersonictrack.com. All events will be run in the time order listed above. All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.

FRIDAY June 27, 2014–Track Events – 9:30AM – Rolling Schedule

3000M Run	(4G, 4B, 5G, 5B, 6G, 6B, 7G, 7B, 8G, 8B, 9G, 9B)	FINAL
3000 M Race-walk	(5G, 5B, 7G, 7B, 8G, 8B, 9W, 9M)	FINAL
1500 M Race-walk	(4G, 4B, 5G, 5B)	FINAL
3200 M Relay	(5G, 5B, 7G, 7B, 8G, 8B, 9W, 9M)	FINAL
400 M Hurdles	(8G, 9W, 8B, 9M)	FINAL
200 M Hurdles	(6G, 7G, 6B, 7B)	FINAL
200 M Dash	(All Divisions)	SEMI
<u>Steeplechase will be contested Friday June 27th – 8am</u>		
2000 M Steeplechase	(8G, 9G, 8B, 9M)	FINAL

Some Long Jump completion may be moved to Friday. Please check back for updates to schedule.

SATURDAY June 28, 2014 – Track Events - 8:00AM - Rolling Schedule

Multi-Events Start Time 8:30am - Rubber Tipped Javelin Only (provided by meet)

Decathlon (8:00am): Day 2 – 110m Hurdles, Discus Throw, Pole Vault, Javelin (800g) and 1500m

Heptathlon (8:00am): Day 2 - Long Jump, Javelin (600g) and 800m

400 M Relay (All Divisions)	FINAL
1500 M Run (All Divisions)	FINAL
100 M Dash (All Divisions)	SEMI
110 M Hurdles (8B, 9M)	SEMI
110 M Hurdles (Multi-Event Only)	
100 M Hurdles (6G, 6B, 7G, 7B, 8G, 9W)	SEMI
80 M Hurdles (4G, 5G, 4B, 5B)	SEMI
400 M Dash (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B)	FINAL
400 M Dash (6G, 6B, 7G, 7B, 8G, 8B, 9W, 9M)	SEMI
1500 M Run (Multi-Event Only)	
800 M Run (Multi Event Only)	

Multi-Events May effect the events order, for they must be ran in accordance with the time requirement of the event.

SATURDAY June 28, 2014- Field Events - 8AM

DISCUS (8G, 8B, 9W, 9M, 4MG, 4MB, 5G, 5B, 6YG, 6YB, 7G, 7B)

Long Jump (4G, 4B, 5G, 5B, 6G, 6B, 7G, 7B, 8G, 8B, 9W, 9M)

**High Jump (SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG,
SYB, YG, YB)**

**Shot-Put (3G, 3B, 4G, 4B, 5G, 5B, 6G, 6B, 7G, 7B,
2G, 2B, 1G, 1B)**

Pole Vault (6B, 7B, 8B, 9M)

*****IN ORDER CALLED. NO OPEN PIT*****

SUNDAY June 29, 2014 Track Events – 8:00AM – Rolling Schedule

110 Meter Hurdles (8M, 9M)	FINAL
100 Meter Hurdles (6G, 6B, 7G, 7B, 8G, 9W)	FINAL
80 Meter Hurdles (4G, 5G, 4B, 5B)	FINAL
400 Meter Dash (6G, 6B, 7G, 7B, 8G, 9W)	FINAL
100 Meter Dash (All Divisions)	FINAL
800 Meter Dash (All Divisions)	FINAL
200 Meter Dash (All Divisions)	FINAL
1600 Meter Dash Relay (All Divisions)	FINAL

All relays are ran as Double Divisions (i.e. 2 and 3, except Division 1)

SUNDAY June 29, 2014 - FIELD EVENTS – 8:00AM

POLE VAULT (9W, 8G, 7G, 6YG)

TRIPLE JUMP (6G, 6B, 7G, 7B, 8G, 8B, 9W, 9M)

HIGH JUMP (8G, 8B, 9W, 9M)

SHOT PUT (8G, 8B, 9W, 9M)

JAVELIN (6G, 6B, 7G, 7B, 8G, 8B, 9W, 9M) - Rubber Tipped Javelin Only (Provided)

TURBO-JAV (1G, 1B, 2G, 2B, 3G, 3B, 4G, 4B, 5G, 5B)

LONG JUMP 1G, 1B, 2G, 2B, 3G, 3B

***** IN ORDER CALLED NO OPEN PIT*****

Long Jump, Triple Jump, Shot Put, Discus and Javelin will contest three throws or jumps with top 8 returning for three additional throws or jumps to determine final places.

COACHES MEETING FRI, SAT and SUN 8:30 AM

A track and field meet can start one hour early or late. The Games Committee has no obligation to schedule meet events to the pleasure of those attempting multiple event entry.

Packet Pick up: University of Massachusetts – Lowell, at the track 8am

Events will not be delayed for athletes picking up packets late.

Awards: Top 3 finishers in each individual event and top 3 relays will receive medals

- **Qualification:** Running events top 8 finishers advance, field events advance top 5, relays and multi-event will qualify top 4 for the National Junior Olympic Games to be contested at Drake University, Des Moines, Iowa. Registration will be online only at www.coacho.com. Coaches must register their entire team. Unattached athletes must register themselves.
- All challenges to meet results must be initiated and resolved same day of meet. **If you leave meet without a resolution; results will stand as posted.** Only the Meet Coordinator has the authority to authorize changes to meet results. (This does not pre-empt the protest rule, which is \$100 to file). This pertains only to errors in posted time, place and mark. Protest applications may be picked up at the Press box. **Judgment calls will not be considered for protest.**
- No changes to results will be made after National Qualifier weekend. Per AAU guidelines there is no additional Challenge period.
- The District Qualifier meet directors must resolve all issues at the District Qualifier. The National Qualifier will not review nor resolve any District issues.

COACHES - All competitors must wear footwear on both feet.

- NO WARMUP FOR ANY EVENT OR COOL DOWN ALLOWED ON INFIELD
- INTERMEDIATE GIRLS/BOYS AND YOUNG WOMEN/MEN WILL BE REQUIRED TO USE STARTING BLOCKS IN THE 100 - 400 METER DASH, 100 - 400 METER HURDLES AND 400 METER RELAY
- ATHLETES WHO DID NOT COMPETE IN A DISTRICT QUALIFYING MEET WILL ONLY BE ELIGIBLE TO COMPETE IN THE REGION QUALIFIER MEET IN THE POLE VAULT, STEEPLECHASE, JAVELIN, MULTI-EVENTS, OR ON A RELAY TEAM
- ALL RELAY TEAM ATHLETES INCLUDING ALTERNATES MUST BE DECLARED AT THIS TIME
- UNSPORTSMEN LIKE CONDUCT BY ATHLETE(S) OR COACHE(S) WILL NOT BE TOLERATED AND WILL RESULT IN DISMISSAL FROM COMPETITION.
- PARK ONLY IN AREAS PERMITTED BY THE UNIVERSITY OF MASSACHUSETTS.
- TEAMS/UNATTACHED ATHLETE PACKET, PICK-UP AT PICK-UP TABLE AT LISTED VENUE.
- COACHES AND ATHLETES WILL BE ISSUED A COLOR CODE WRIST BAND FOR ADMISSION. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited. There are absolutely NO Replacements for Lost or Stolen Coaches Credentials. All Coaches receiving credentials must be a member of the AAU, USA
- ONE(1) COACH credential PER (6) REGISTERED ATHLETES (MAX 5 COACH'S BANDS PER TEAM)
- UNATTACHED ATHLETE WILL BE ISSUED ONE (1) BAND
- GENERAL ADMISSION FOR SPECTATORS \$5.00 PER DAY (Six and under Free) \$12/3 DAY PASS
- RESTROOMS AVAILABLE / T-SHIRTS SALE / CONCESSION STAND/FINISH LINE PHOTOS AVAILABLE
- **There will be concessions available.** Team/Athlete coolers will be allowed, however, All coolers, Bags, Backpacks, and Duffel bags are subject to inspection by security. **No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.**
- 1/4" SPIKES ONLY ON ALL TRACK SURFACES

TRAINER(S) WILL BE ON SITE DURNING COMPETETION. You must bring your own tape.

- Ice and water will be provided for injury situations.
- MEMBERS OF RELAY TEAMS MUST WEAR THE SAME TEAM COLOR JERSEY, SHORTS AND LEGGONS OR T=SHIRTS WORN UNDER UNIFORM SHIRTS
- ALL RUNNING EVENTS REPORT TO THE "CLERKING TENT"
- FIELD EVENTS REPORT DIRECTLY TO THAT EVENT, CHECK IN WITH THAT 'OFFICIAL'.
- POLE WEIGHT AND ATHLETE WEIGHT MUST BE VERIFIED BY COACH AND GIVEN TO POLE VAULT OFFICIAL.
- ONLY COMPETING ATHLETES AND OFFICIALS WILL BE ALLOWED ON THE INFIELD.
- ONLY COMPETITION UNIFORM WILL BE ALLOWED IN THE CLERKING AREA
- TENTS WILL BE ALLOWED IN BLEACHERS, HAVE CONSIDERATION FOR OTHERS
- NO UMBRELLAS OR TENTS ALLOWED IN LOWER FOUR ROWS OF BLEACHERS
- 3-TURN STAGGER FOR ALL 4X400M RELAYS
- NO LISTENING DEVICES ALLOWED BY ATHLETES IN COMPETETION AREA
- NO RADIO, WATER GUNS, ALCOHOL, OR SMOKING BE PERMITTED STADIUM PREMISES.
- NO ATHLETE, COACH, OR PERSON(S), ALLOWED IN ANY BUILDING, ROOMS, LOCKER ROOMS, EVENT OPERATOR OR VENDORS AREAS.
- **If there are not enough runners in the Semi-Final, the event will be run at the Final time. All ATHLETES (NOT COACHES OR PARENTS) MUST CHECK-IN FOR ALL SEMI-FINALS. THEY WILL NOT BE ABLE TO RUN IN FINAL, IF IT IS MOVED ON, IF ATHLETE DID NOT CHECK-IN FOR THE SEMI-FINAL.**
- Some distance races may be combined due to the number of participants.
- MEDALS MUST BE PICKED UP AT MEET OR THEY WILL BE FORFEITED. NO MEDALS WILL BE MAILED OR DELIVERED TO ANOTHER LOCATION.
- **All athletes will be required to wear their Bib numbers on the front of their**
- **Competition singlet at all times of competition. There is a ten dollar (\$10.00)**
- **Replacement fee for lost bib numbers. Replacement bib numbers can be**
- **Purchased at the Registration/Awards Table(s)**
- Meet management will provide water in certain competition areas for competing athletes. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.
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- The Corrections/Change deadline is June 21, 2011 at 11:59 PM.
- Changes and corrections completed during this period via e-mail only to greenstreakers@hotmail.com.
- Incomplete entries, changes or corrections made after 11:59on June 19th will be assessed a Change Fee of \$5.00 per change.
- No changes or corrections will be accepted after 11:59 PM on June 21st.
- The \$5.00 Change Fee will automatically be assessed and must be paid at packet pickup in cash.

INCLEMENT WEATHER:

- The Meet Coordinator has the option of delaying or temporarily halting the meet in the event of bad
- Weather, and resuming when weather permits. The format of the meet may be adjusted after weather Delay, if deemed appropriate by the Meet Coordinator and the Games Committee.

The AAU National Office will post the results of all National Qualifiers on the AAU website (www.aauathletics.org).

- Junior Olympic Games registration will open after the posting of your Qualifier results.

● **UNIFORMS:** (excerpts from Rule 5D)

In all events competitors must wear clothing that is clean, designed and worn so as not transparent even if wet. Bare midriffs are not allowed. If the uniform is of a two-piece design (top and bottom), the top must either touch the waistband of the bottom or be tucked into the waistband when the athlete is standing erect. A one piece uniform must not allow for a bare midriff. Athlete's top must be of the same color front and back. The shirt must be tucked in on all male two piece uniforms.

Coaches Education

The AAU National Office is happy to announce to its members, FREE Coaches' Education, for all AAU Non-Athletes. This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaches Alliance (PCA)**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course before competition.

National Qualifier entry requirements:

For an athlete to advance to a Region Qualifier, he/she must compete at a District qualifier and finish in top 16 in each event he/she plans to compete in at a National Qualifier. Athletes may compete in more than one District qualifier; but will not be permitted to exceed the age-division entry limit at a Region Qualifier. Unattached athletes and Teams may only enter 1 Region Qualifier. Unattached athletes and Teams may compete in more than 1 District qualifier. Per 2012 rule change: all athletes must register for the National Qualifier in their respective Area.

Teams must compete and receive a fair mark in all relay events that the team plans to compete in at a Region Qualifier.

All entries must be submitted on-line, any athletes that are entered manually on site will not Advance to the next level.

AAU JUNIOR OLYMPIC GAMES DECLARATION & REGISTRATION INFORMATION: Qualifiers for the National Junior Olympic Games in Des Moines, Iowa must declare and register for the meet at www.aajuniorolympics.org. No entries will be accepted after closing deadline. Do not jeopardize your athlete's chance of competing by not completing this step before the National JO Games.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.

Hotels: Courtyard by Marriott Billerica, Radisson Hotel and Suites, Holiday Inn Tewksbury Andover

