



DISTRICT QUALIFIER TRACK AND FIELD MEET
Brooklyn Center High School 6500 Humboldt Ave Brooklyn Center
JUNE 20 & 21 2015

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.



Host: Track Minnesota Elite www.trackminnesota.org

AAU Advancement Format & Steps: (Register for all meets at coacho.com)

- 1. District Qualifier** June 20 & 21 Top 16 in each event advance to Regional Meet (800 MN Kids)
- 2. Regional Meet** June 25-28 the top 6 finishers in Running events / Top 5 in Field Events / Top 4 in Relay & Multis advance to Nationals (1200 athletes MN, IA, WI, ND, SD) Park Center HS
- 3. National Meet** August 1-8 Top 8 becomes All American (10,000 athletes USA)

Eligibility: Current AAU membership is required to register. Memberships can be obtained and/or renewed online at www.aausports.org (\$14 OR \$16)

Athlete Cost: Meet Registration Cost will be \$20.00 per athlete.

ADMISSION: General Public * \$5.00 (ages 5 and under free)
Coaches * 4 coaches free admission per team (all others must pay)

Awards: AAU Medals will be awarded to the top three performers in each event

How to Register

Online registration will close @
11:59 p.m. on June 18

- Go to www.coacho.com
- **Click on :** Online Registration
- **Click on:** Enter a meet > Meets are listed by date > Find the Minnesota District Qualifier (June 20 & 21).
- **Log-in** or **Register**, if you have not already registered.
Search for your team. If it has not already been created, the site walks you through how to create your team after the search.
- **If you are unattached (no team) you must select UNATTACHED as YOUR TEAM NAME.** Create your team rosters (girls and boys), including birthdates. Revisions to team rosters and events can be made online before the Registration deadline. Once registration closes all questions should be directed to Jack Mayeron, Meet Director (cell: 612-850-1990).

Online Registration Only - No Registration at the Meet



Meet Format:

RUNNING EVENTS: will be on a “rolling schedule”. An approximate time schedule will be provided, however since there is no way to accurately predict the number of participants, the number of heats needed in each event is uncertain. Running events will be contested from youngest age to oldest, girls’ heats first. Age groups will be combined when appropriate.

IMPORTANT NOTE: Preliminary heats with 8 contestants or fewer will be run as a final.

HORIZONTAL JUMPS AND THROWING EVENTS: Competitors will be given 4 attempts, cafeteria style within age groups. At check-in the event official will establish a specific time by which all attempts in that age group must be completed. Athletes competing in other events are responsible to make their attempts within the allotted time.

Age Divisions:

The athlete’s year of birth determines their competitive division

Ages 8 & under	2007 & after
Age 9	2006
Age 10	2005
Age 11	2004
Age 12	2003
Age 13	2002
Age 14	2001
Ages 15 & 16	1999-2000
Ages 17 & 18*	1997-1998

Athletes who are 18 years old through the final day of the National AAU Track and Field Meet will be eligible to compete

Pole Vault, Multi events, Steeplechase:

Pole Vault, Steeplechase and Multi events will not be contested in the District Qualifier. Athletes wishing to enter these events at a Regional Meet will be allowed to do so at www.coacho.com

Event Limits:

Ages 12 and younger: Maximum of 3 events.
Ages 13 and over: Maximum of 4 events.

Relay Limits:

Participation on a relay will count as one of the athlete’s individual entries and counts toward the maximum number of events allowed. Relay teams will consist of 4 members and can list up to 4 alternates.

“ALL WELCOME DEVELOPMENTAL AND ELITE STUDENT-ATHLETES”



2014 National Champions



Meet Director Jack Mayeron 612-486-6730 Ext. 12 Jmayeron@youthdetermined.org
Meet Director Melvin Anderson 612-486-6730 Ext. 10 Manderson@youthdetermined.org

Online Entry, Question & Results Josh Gerber, josh@wayzataresults.com / Wayzata Results.com

Inclement weather: Weather related delays or scheduling changes will be at the sole discretion of the Meet Director.

Vendors Athletic and Health based vendors will be present

Tents, Canopies & camps: Tents and canopies will be permitted only in the top 3 rows of bleachers. No team camps, with or without tents or canopies will be permitted in the infield.

No dogs, except service dogs permitted inside the stadium.

Spikes: Maximum spike size is 1/4" pyramid type. Needle spikes will not be permitted.

Protests: Protests relating to matters that develop during the conduct of the meet must be made to the Meet Director in writing. Protests must be filed not more than 30 minutes after results have been announced. A \$75.00 cash deposit must accompany the protest. The Referee shall follow the 2015 AAU Athletics handbook and the USATF Rulebook in rendering a decision. The Referee's decision may be appealed to the Jury of Appeals, whose decision will be final

DEPOSIT WILL BE FOFETED IF THE PROTEST IS DENIED.



MINNESOTA AAU TRACK AND FIELD DISTRICT QUALIFIER JUNE 20 & 21, 2015

SATURDAY TRACK SCHEDULE

9:30	80/100/110 METER HURDLE PRELIMS (RUN AS FINAL IF 8 OR FEWER)
10:30	100 METER PRELIMS/FINALS - RUN AS FINAL IF 8 OR FEWER REPORT
12:30	200/400 METER HURDLES – TIMED FINAL
1:00	200 METER PRELIMS/FINALS - RUN AS FINAL IF 8 OR FEWER REPORT
3:00	1500 METER FINALS
3:45	4 X 100 METER RELAY FINALS
5:00	4 x 400 METER RELAY FINALS

**MEET ON A ROLLING SCHEDULE
TIMES ARE APPROXIMATE**

SATURDAY FIELD SCHEDULE

	High Jump	Long Jump	Shot Put	Discus
9:30	11G & 12G	13 G & 14 G	15/16 G & 17/18W	13 B & 14 B
10:30	11B & 12B	13 B & 14 B	15/16 B & 17/18 M	13 G & 14 G
11:15	15 & 16 G & 17 & 18 W	8 & UNDER G/B	13 G & 14 G	11 G & 12 G
12:15		11B & 12B	13 B & 14 B	11 B & 12 B
1:15	15 & 16 B & 17 & 18 M	15/16 G & 17/18W	11 G & 12 G	15/16 G & 17/18W
2:00			11 B & 12 B	15/16 B & 17/18 M
2:45	9G & 10G	15/16 B & 17/18 M		
3:30				

SUNDAY TRACK SCHEDULE

9:00	4 x 800 METER RELAY FINALS
9:45	3000 METER RUN
10:45	80/100/110/ METER HURDLE FINALS
11:30	100 METER FINALS
12:30	400 METER FINALS
2:30	RACEWALK (1500 & 3000 CONCURRENT)
3:00	800 METER FINALS
4:00	200 METER FINALS



SUNDAY FIELD SCHEDULE

	LONG JUMP	TRIPLE JUMP	HIGH JUMP	SHOT	JAVELIN
9:15	11 G & 12 G		13G & 14G	9G & 10 G	8 & U 9/10 B & G
10:15	9G & 10 G		13B & 14B	UNDER 8 B/G	11/12 B & G
11:00	9B & 10 B			9B & 10 B	13/14 B & G
11:45		ALL FLIGHTS SET AFTER REGISTRATION	9B & 10B		15/16 17/18 B & G

**THE ROAD TO TRACK
NATIONALS STARTS JUNE 21 IN
BROOKLYN CENTER**



NORFOLK STATE UNIVERSITY

TRACKMINNESOTA.COM