MEET INFORMATION PACKET 2015 AAU REGIONAL QUALIFIER - REGION 18

DATE: JULY 2ND, 3RD, 4TH, 5TH, 2015

LOCATION: BURLESON HIGH SCHOOL ATHLETIC COMPLEX – ELK STADIUM

ADDRESS: 100 ELK DRIVE BURLESON, TEXAS 76028

CONTACT: NICHOLSON SCOTT JR. OR JO SCOTT

EMAIL: mytrackmeets@gmail.com INFORMATION LINE: 817 894 4190

ONLINE REGISTRATION: www.coacho.com click on "calendar" and scroll down to July and select the meet name. Be certain that you are registering for the meet in BURLESON.

PAYMENT: Must be mailed in prior to the deadline listed on the "Acknowledgement Page" of your online registration. OR attend the "walk-in payment and registration verification" held at Comfort Suites Fort Worth – South on the date and time listed on the "Acknowledgement Page" of the online registration.

REGISTRATION FEE: \$25 TRACK & FIELD EVENTS \$25 MULTI – EVENTS

PAYMENT IS "PER ATHLETE, NOT PER EVENT"

SPECTATOR ADMISSION: \$10 PER PERSON/PER DAY KIDS 5YR/UNDER FREE

NO REFUNDS FOR REGISTRATIONS OR ADMISSION

JUNIOR OLYMPICS: Information is available online at www.aausports.org and an "Information Sheet" will be made available at the Regional Qualifier that includes registration details for athletes that qualify to the Jr. Olympic Games.

Hotels near Burleson Texas

IN ADDITION TO THE LOCATIONS LISTED BELOW, THERE ARE AN ADDITIONAL 20 HOTEL PROPERTIES WITHIN 7 – 20 MILES FROM ELK STADIUM. PLEASE GOOGLE HOTELS NEAR BURLESON FOR ADDITIONAL LOCATIONS.

COMFORT SUITES - FORT WORTH SOUTH

6450 South Freeway Fort Worth, TX 76134

817 568 8000

COMFORT SUITES – BURLESON 323 East Louetta Road, Spring, TX

- (844) 800-5293 Pet-Friendly Hotels Packages Military Discount Hotel Deals

Best Western Plus Burleson Inn & Suites

Address: 516 Memorial Plaza, Burleson, TX 76028

Phone: (800) 780-7234

La Quinta Inn & Suites Burleson

Address: 225 East Alsbury Boulevard, Burleson, TX 76028

Phone: (817) 447-6565

Holiday Inn Express & Suites Burleson/Ft. Worth **Address:** 13250 Jake Court, Burleson, TX 76028

Phone: (817) 426-0396

Hampton Inn & Suites Ft. Worth-Burleson

Address: 13251 Jake Court, Burleson, TX 76028

Phone: (817) 295-2727

DRIVING DIRECTIONS TO:

Elk Stadium

a/k/a Burleson Stadium

a/k/a Burleson HS Stadium

300 Elk Drive (South Crowley Road)

Burleson, TX 76028

Please use your favorite online or in-car gps driving source to assist in mapping your travel directions which will depend on your starting point.

FROM INTERSTATE 35 in Burleson, Texas

Exit at TX-174 EXIT (WILSHIRE BOULEVARD)

Proceed on WILSHIRE BOULEVARD (TX-174) about 3 miles to SOUTH CROWLEY ROAD

Turn Right onto ELK DRIVE (SOUTH CROWLEY ROAD)

Proceed on ELK DRIVE to the stadium.

AAU REGIONAL QUALIFIER – REGION 18 – JULY 2ND, 3RD, 4TH, 5TH, 2015

BURLESON HIGH SCHOOL ATHLETIC COMPLEX - ELK STADIUM 100 ELK DRIVE BURLESON, TEXAS 76028

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

The meet is on a rolling schedule. Athletes must check-in when events are called or risk disqualification. Gates will open at 6:00am on each day. We do not allow early tent set-up or athlete practice at the stadium on the day before the meet starts. During competition days, everyone entering the stadium must have on appropriate credentials. Credentials can be picked up at the ticket booth during each day of competition.

THIS SCHEDULE MAY CHANGE AT THE DISCRETION OF THE MEET ORGANIZER. TF=TIME FINAL F=FINAL C=COMBINED GROUPS MULTI EVENTS \$25 TRACK & FIELD \$25 SPECTATOR \$10/DAY 5 & UNDER FREE

8 & under (2007 & after) 9 yrs. old (2006) 10 yrs. old (2005) 11 yrs. old (2004) 12yrs. old (2003) 13 yrs. old (2002) 14 yrs. old (2001) 15 & 16 (1999-2000) 17 & 18 (1997-1998) Registration is online at **www.coacho.com** click on "Calendar"

TRACK AND FIELD

DAY 1-THUR. JULY 2ND - TRACK & FIELD EVENTS

7AM 1500M RACEWALK COMBINED AGE GROUPS GIRLS AND BOYS 9-12 F **7:20AM** 3000 RACEWALK COMBINED AGE GROUPS GIRLS AND BOYS 13- 17/18 F **7:30AM** 2000M STEPPLECHASE 15/16 – 17/18 G 15/16 – 17/18 B F

8AM POLE VAULT 13G, 14G, 15/16G, 17/18G

POLE VAULT 13B, 14B, 15/16B, 17/18B *BOYS DIVISIONS WILL FOLLOW GIRLS*

8AM TURBO JAVELIN ALL ELIGIBLE DIVISIONS

8AM JAVELIN ALL ELIGIBLE DIVISIONS

MULTI-EVENTS

MULTI - EVENT DAY 1-THUR. JULY 2ND - DECATHLON & HEPTAHLON

COMBINED EVENT SCHEDULE – Multi-Events may start up to 30 minutes earlier or later than the designated time based on the final number of entries for the events. It is recommended that athletes check-in with the designated event official at least 45 minutes before the time listed for the event. Athletes not checked-in at their venue when the event starts will be scratched from competition even if the event begins earlier or later than the time listed.

8:30AM 100M HURDLES 15/16G 17/18G

8:45AM 100M DASH 15/16B 17/18B

9:00AM LONG JUMP 15/16B 17/18B

9:15AM HIGH JUMP 15/16G 17/18G

30 MINUTES AFTER HIGH JUMP WILL BE THE SHOT PUT 15/16B 17/18B

30 MINUTES AFTER LONG JUMP WILL BE THE SHOT PUT 15/16G 17/18G

30 MINUTES AFTER SHOT PUT WILL BE THE HIGH JUMP 15/16B 17/18B

30 MINUTES AFTER THE SHOT PUT WILL BE THE 200M DASH 15/16G 17/18G

30 MINUTES AFTER THE HIGH JUMP WILL BE THE 400M DASH 15/16B 17/18B

THIS SCHEDULE MAY CHANGE AT THE DISCRETION OF THE MEET ORGANIZER TRACK AND FIELD

DAY 2 – FRI JULY 3RD TRACK AND FIELD — FIELD EVENTS All field events will follow the projected time listed below. Each age group may start up to 30 minutes earlier or later than the times listed on the schedule. This is a rolling meet. Athletes must listen to the announcements for calls to their field event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field event athletes who have a conflict with a running event (running events take precedence) must check-in at the field event when called to receive permission from the event official to be excused to go run and return. They will be released by the field official ONLY at the appropriate time and the athlete will have 10 minutes after they finish their running event to check back in at their field event. Long Jump, Triple Jump, Shot Put, Discus, and Javelin will be contested with three jumps or throws and the top 8 will qualify to the finals with three additional jumps or throws. If a throw or jump is not longer than the previous one recorded, if may not be measured.

8AM LONG JUMP PIT 1 - 13B PIT 2 – 13G HIGH JUMP – 17/18G, 17/18B SHOT PUT – 13G, 14G

DISCUS 15/16G, 17/18G

10AM LONG JUMP PIT 1 – 14B PIT 2 – 14G HIGH JUMP – 15/16G, 15/16B SHOT PUT – 13B, 14B

DISCUS - 15/16B, 17/18B

12PM LONG JUMP PIT 1 – 15/16B PIT 2 – 15/16G HIGH JUMP – 14G, 14B SHOT PUT – 15/16B – 17/18B

DISCUS - 13/14B

2PM LONG JUMP PIT 1 – 17/18B PIT 2 – 17/18G HIGH JUMP 13G, 13B SHOT PUT – 15/16G, 17/18G

DISCUS - 13G, 14G

MULTI-EVENTS

MULTI-EVENTS DAY 2 FRIDAY JULY 3RD

DECATHLON/HEPTATHLON/PENTATHLON/TRIATHLON

7:30AM 110MH HURDLES 15/16B 17/18B
7:45AM LONG JUMP 15/16G 17/18G
8:00AM 100M DASH 15/16G 17/18G
8:15AM DISCUS 15/16B 17/18B
8:30AM 80MH 11G,12G 11B,12B
8:45AM 200M DASH 9G, 10G
SHOT PUT 13G, 14G, 13B, 14B
SHOT PUT 11B,12B, 11G, 12G

THIS SCHEDULE MAY CHANGE AT THE DISCRETION OF THE MEET ORGANIZER MULTI-EVENTS

MULTI-EVENTS DAY 2 FRIDAY JULY 3RD

DECATHLON/HEPTATHLON/PENTATHLON/TRIATHLON

9:15AM JAVELIN 15/16G, 17/18G **9:15AM** 400M 9B, 10B **9:30AM** SHOT PUT 9G, 10G **10:00AM** SHOT PUT 9B, 10B

MULTI-EVENTS DAY 2 FRIDAY JULY 3RD

DECATHLON/HEPTATHLON/PENTATHLON/TRIATHLON

- 30 MINUTES AFTER DISCUS WILL BE POLE VAULT 15,16B, 17/18B
- 30 MINUTES AFTER SHOT PUT WILL BE HIGH JUMP 13G, 14G, 13B, 14B
- 30 MINUTES AFTER SHOT PUT WILL BE HIGH JUMP 11G, 12G, 11B, 12B
- 30 MINUTES AFTER JAVELIN WILL BE 800M RUM 15/16G, 17/18G
- 30 MINUTES AFTER SHOT PUT WILL BE HIGH JUMP 9G, 10G
- 30 MINUTES AFTER HIGH JUMP WILL BE LONG JUMP 13G/14G, 13B/14 B
- 30 MINUTES AFTER SHOT PUT WILL BE HIGH JUMP 9B, 10B
- 30 MINUTES AFTER POLE VAULT WILL BE JAVELIN 15/16B, 17/18 B
- 30 MINUTES AFTER HIGH JUMP WILL BE LONG JUMP 11G/12G, 11B/12B
- 30 MINUTES AFTER LONG JUMP WILL BE 800M RUN 13G/14G
- 30 MINUTES AFTER LONG JUMP WILL BE THE 1500M RUN 13B,14B
- 30 MINUTES AFTER LONG JUMP WILL BE THE 800M RUN 11G, 12G
- 30 MINUTES AFER LONG JUMP WILL BE THE 1500 M RUN 11B, 12B
- 30 MINUTES AFTER JAVELIN WILL BE THE 1500 M RUN 15/16B, 17/18 B

THIS SCHEDULE MAY CHANGE AT THE DISCRETION OF THE MEET ORGANIZER TRACK AND FIELD

DAY 3 - SAT JULY 4TH TRACK AND FIELD EVENTS

8:00AM TRIPLE JUMP 13G, 14G, 15/16G, 17/18G **9:00 AM** TRIPLE JUMP 13B, 14B, 15/16B, 17/18B

TRACK AND FIELD – ROLLING SCHEDULE

DAY 3 - SAT JULY 4TH TRACK AND FIELD - RUNNING EVENTS

STARTING AT 7:00AM

1500M RUN ALL DIVISIONS STARTING WITH 8 & UNDER GIRLS & BOYS TF 80MH 11G, 11B, 12G, 12B TF 100MH 13G, 14G, 13B, 14B, 15/16G, 15/16B, 17/18G, 17/18B TF 110MH 15/16B, 17/18B TF 100M DASH PRELIMS STARTING WITH 8 & UNDER G&B. TOP 8 ADVANCE TO FINALS PRELIMS 400M DASH ALL DIVISIONS STARTING WITH 8 & UNDER GIRLS AND BOYS TF 200MH 13G, 13B, 14G, 14B TF

4 X 800M RELAY 11/12G & B, 13/14G & B, 15/16 G & B, 17/18 G & B TF 200M DASH PRELIMS STARTING WITH 8 & UNDER G & B. TOP 8 ADVANCE TO FINALS PRELIMS

FIELD EVENTS - ROLLING SCHEDULE

DAY 4 - SUN JULY 5TH TRACK AND FIELD - FIELD EVENTS

STARTING AT 8AM

LONG JUMP PIT 1 ALL DIVISIONS - STARTING WITH 8 & UNDER GIRLS
LONG JUMP PIT 2 ALL DIVISIONS - STARTING WITH 8 & UNDER BOYS
SHOT PUT ALL DIVISIONS - STARTING WITH 8 & UNDER GIRLS
SHOT PUT ALL DIVISIONS - STARTING WITH 8 & UNDER BOYS
HIGH JUMP ALL DIVISIONS - STARTING WITH 9 YR. OLD GIRLS

STARTING AT 10AM

DISCUS ALL DIVISIONS – STARTING WITH 11 YR. OLD GIRLS

DAY 4 – SUN JULY 5TH TRACK AND FIELD – RUNNING EVENTS — ROLLING SCHEDULE STARTING AT 7:00 AM

3000M RUN ALL DIVISIONS STARTING WITH 9 YR OLD G&B THRU 17/18 G&B TF 4 X 100M RELAY ALL DIVISIONS STARTING WITH 8 & UNDER G&B THRU 17/18 G&B 800M RUN ALL DIVISIONS STARTING WITH 8 & UNDER G&B THRU 17/18 B&B TF FINALS/ ALL DIVISIONS STARTING WITH 8 & UNDER G&B 100M DASH F 400MH 15/16G, 17/18G 15/16B, 17/18B TF 200M DASH FINALS/ ALL DIVISIONS STARTING WITH 8 & UNDER G&B F 4 X 400M RELAY ALL DIVISIONS STARTING WITH 9/10 GIRLS & BOYS TF