

STAAU TRACK & FIELD DISTRICT QUALIFIER

(Southern Region)

*Cabaniss Athletic Complex
Saratoga Blvd at Ranger Ave
Corpus Christi, Texas 78416*

June 12-13, 2015

South Texas AAU Athletics Event Host

**Janis Henderson Meet Director janisrh@flash.net
512-563-2893**

CHECK - IN

June 11, 2015	Early Check-In @ Cabaniss Stadium	4:30pm – 8:00pm
June 12, 2015	Check-In @ Cabaniss Stadium	6:00 am - 1:00 pm
June 13, 2015	Check-In @ Cabaniss Stadium	6:00 am - 1:00 pm

ENTRY FEE: \$20.00

ELIGIBILITY: Must have a valid AAU 2013 membership, and live in the following counties.
Atascosa, Bee, Bexar, Brooks, Calhoun, Cameron, Dewitt, Dimmit, Duval, Frio,
Goliad, Hidalgo, Jackson, Jim Hogg, Jim Wells, Karnes, Kennedy, Kinney, Kleberg,
La Salle, Live Oak, Maverick, McMullen, Medina, Nueces, Refugio, San Patricio,
Starr, Uvalde, Victoria, Webb, Willacy, Wilson, Zapata, and Zavala.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with internet connection. Participants are encouraged to visit the AAU web site at www.aausports.org to obtain their membership.



Online Registration Required

Online entry MUST be done at www.coacho.com

Online registration will not be reopened after closing time. Therefore, you must make all final changes before closing time. NO ATHLETES WILL BE ALLOWED TO ENTER AFTER THE CLOSING TIME. Deadline: June 9, 2015 at 11:59pm CST

PLEASE DOUBLE CHECK YOUR ENTRIES USING THE EMAIL CONFIRMATION YOU RECEIVE.

- AGE PROOF:** Required when registering and whenever challenged. Must be an Original or Notarized copy of Birth Certificate, Driver's License, Military ID, or current Passport; **ABSOLUTELY** required at The National Junior Olympic Games.
- AAU CARD:** Cost is \$14.00 per card and must be purchased online at www.aausports.org before competing at any Sanctioned AAU Meet. Cards must be presented at the District Qualifier Meet.
- RELAYS:** Relays are run in the 8&under, 9-10, 11-12, 13-14, 15-16, and 17-18 age divisions only. Relay teams must have current 2015 Club Membership. All relay teams must wear tops and shorts of the same color.
- ADVANCEMENT** Top 16 athletes in each event qualify for Regional Qualifier
- AWARDS:** Top 3 finishers in each event will receive a medal. It is the responsibility of the competitor, coach, or parent to pick up awards before leaving meet. No medals will be mailed. Relay medals will only be given to the coach of the team.
- RESULTS:** Results will be posted online at www.aauathletics.org
- FOOD & DRINK:** There will be concessions available. Medium size ice chest may be brought in with fruit, water & sports drinks. No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.
- STADIUM:** Parents and Coaches are not allowed on the track or infield. Only Officials with Credentials will be allowed on the track.
- MEDICAL:** Certified Trainers will be available for injuries and first aid only. No taping of athletes by trainers.



AGE DIVISIONS:

2007 & After

2006

2005

2004

2003

2002

2001

1999/2000

1997/1998

8 and Under Girls & Boys

9 Year Old Girls & Boys

10 Year Old Girls & Boys

11 Year Old Girls & Boys

12 Year Old Girls & Boys

13 Year Old Girls & Boys

14 Year Old Girls & Boys

15-16 Year Old Girls & Boys

17-18 Year Old Girls & Boys

ROLLING SCHEDULE – Track & Field Start time is 7:00 am. Events will be run one after the other. Athletes are responsible for their events and should be present awaiting for the start of their event. You must pay attention and listen for all PA announcements.

EXEMPT EVENTS – Multi-Events, Steeplechase, Pole Vault, and Javelin are exempt from competing at the District Qualifier.

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.
A SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.



ALL RUNNING EVENTS ARE TIMED FINALS

FRIDAY, JUNE 12th

7:00AM

3000 Meter Run (11G/B, 12G/B)
1500 Meter Racewalk (9G/B, 10G/B, 11G/B, 12G/B,) 
4 x 100 Meter Relay (8UG/B, 10G/B, 12G/B)
80 Meter Hurdles (8-30") (11G/B, 12G/B)
800 Meter Run (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
100 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
400 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
4 x 800 Meter Relay (11-12G/B)
200 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
1500 Meter Run (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
4 x 400 Meter Relay (9-10G/B, 11-12GB)

SATURDAY, JUNE 13th

7:00AM

3000 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)
3000 Meter Racewalk (13G/B, 14G/B, 15-16G/B, 17-18W/M)
4 x 100 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)
110 Meter Hurdles (10-39") (15-16B, 18-18M)
100 Meter Hurdles (10-33") (13B, 14B, 15-16G, 17-18W)
100 Meter Hurdles (10-30") 13G, 14G)
800 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)
100 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)
400 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)
4 x 800 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)
400 Meter Hurdles (10-36") (15-16B, 17-18M)
400 Meter Hurdles (10-30") (15-16G, 17-18W)
200 Meter Hurdles (8-30") (13G/B, 14G/B)
200 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)
1500 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)
4 x 400 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)



FIELD EVENTS

FRIDAY JUNE 12th

SHOT PUT	RING 1	8:00 13G	RING 2	8:00 13B		
		9:30 15-16G		9:30 15-16B		
		11:00 14G		11:00 14B		
		1:30 17-18W		1:30 17-18M		
DISCUS	RING 1	8:00 17-18W	RING 2	8:00 17-18M		
		9:30 14G		9:30 14B		
		11:00 15-16G		11:00 15-16B		
		1:30 13G		1:30 13B		
LONG JUMP	PIT 1	8:00 13G	PIT 2	8:00 13B		
		9:30 15-16G		9:30 15-16B		
		11:00 14G		11:00 14B		
		12:30 17-18W		12:30 17-18M		
TRIPLE JUMP	PIT 1	2:00 13G	PIT 2	2:00 13B		
Run as Rolling		15-16G		15-16B		
Schedule		14G		14B		
		17-18W		17-18M		
HIGH JUMP	PAD 1	8:00 17-18W	PAD 2	8:00 17-18M		
		9:30 14G		9:30 14B		
		11:00 15-16G		11:00 15-16B		
		1:30 13G		1:30 13B		

“Sports For All, Forever”



FIELD EVENTS

SATURDAY JUNE 13th

HIGH JUMP	PAD 1	8:00	10G	PAD 2	8:00	10B		
		9:30	9G		9:30	9B		
		11:00	12G		11:00	12B		
		1:30	11G		1:30	11B		
LONG JUMP	PIT 1	8:00	12G	PIT 2	8:00	12B		
		9:30	11G		9:30	11B		
		11:00	8UG		11:00	8UB		
		1:30	9G		1:30	9B		
		3:00	10G		3:00	10B		
DISCUS	RING 1	8:00	11G		8:00	11B		
		9:30	12G		9:30	12B		
SHOT PUT	RING 1	8:00	8UG	RING 2	8:00	8UB		
		9:30	9G		9:30	9B		
		11:00	10G		11:00	10B		
		1:30	11G		1:30	11B		
		3:00	12G		3:00	12B		
TURBO JAV		8:00	8UG		8:00	8UB		
Run as Rolling			9G			9B		
Schedule			10G			10B		
			11G			11B		
			12G			12B		

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