

**19th ANNUAL AAU NATIONAL CLUB CHAMPIONSHIPS (2015)**  
**ESPN WIDE WORLD OF SPORTS COMPLEX**  
**MULTI-EVENT/TRACK & FIELD MEET SCHEDULE OF EVENTS**

**CLASSIFICATION**

|                                 |                                      |
|---------------------------------|--------------------------------------|
| 8&UG - 8 & under (2007 & After) | 12B - 12 years old (2003)            |
| 8&UB - 8 & under (2007 & After) | 13G - 13 years old (2002)            |
| 9G - 9 years old (2006)         | 13B - 13 years old (2002)            |
| 9B - 9 years old (2006)         | 14G - 14 years old (2001)            |
| 10G - 10 years old (2005)       | 14B - 14 years old (2001)            |
| 10B - 10 years old (2005)       | 15-16G - 15-16 years old (1999-2000) |
| 11G - 11 years old (2004)       | 15-16B - 15-16 years old (1999-2000) |
| 11B - 11 years old (2004)       | 17-18W - 17-18 years old (1997-1998) |
| 12G - 12 years old (2003)       | 17-18M - 17-18 years old (1997-1998) |

QF = Quarterfinals      SF = Semifinals      F = Finals      TF = Timed Final

**MULTI-EVENTS & RACEWALK**  
**SUNDAY, JULY 12**

| <i>TIME</i> | <i>EVENT/AGE GROUP</i>  | <i>RACE</i>                      |
|-------------|---|----------------------------------|
| 8:00 AM     | Triathlon      9G, 10G (Finals)                               | SP, HJ, 200M                     |
|             | Triathlon      9B, 10B (Finals)                               | SP, HJ, 400M                     |
|             | Decathlon      15-16B, 17-18B (Day 1)                         | 100M, LJ, SP, HJ, 400M           |
| 8:30 AM     | Heptathlon      15-16G, 17-18G (Day 1)                        | 100M Hurdles, HJ, SP, 200M       |
| 9:00 AM     | Pentathlon      11B, 12B (Finals)                             | 80 M Hurdles, SP, HJ, LJ, 1500 M |
| 9:30 AM     | 1500 Meter Racewalk<br>(9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B) | TF                               |

**MONDAY, JULY 13**

| <i>TIME</i> | <i>EVENT/AGE GROUP</i>  | <i>RACE</i>                     |
|-------------|---|---------------------------------|
| 8:00 AM     | Decathlon      15-16B, 17-18B (Day 2)                                       | 110M Hurdles, D, PV, Jav, 1500M |
|             | Heptathlon      15-16G, 17-18G (Day 2)                                      | LJ, Jav, 800M                   |
| 8:15 AM     | Pentathlon      11B, 12B (Finals)   | 100M Hurdles, SP, HJ, LJ, 1500M |
| 8:30 AM     | Pentathlon      13G, 14G (Finals)   | 100M Hurdles, SP, HJ, LJ, 800M  |
| 9:00 AM     | Pentathlon      11G, 12G (Finals)   | 80 M Hurdles, SP, HJ, LJ, 800 M |
| 10:00 AM    | 3000 Meter Racewalk<br>(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B) | TF                              |

Adjustments may be made based on availability of field event competition areas.

The Intermediate Boys and Young Men Pole Vault starting height will be 7' or 2.13m.

All events will be contested no more than 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.

Each Final Event will be contested according to the point totals of all of the preceding events. All possible medal winners must run together.

# EVENT SCHEDULE - TRACK & FIELD

TUESDAY, JULY 14

## RUNNING EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT/AGE GROUP</i>  | <i>RACE</i> |
|-------------|---|-------------|
| 8:00 AM     | <b>3000 Meter Run</b><br>(11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B) | TF          |
| 11:00 AM    | 100 M Dash<br>(All Divisions)   | QF          |
| 2:00 PM     | <b>Sprint Medley Relay (200m, 200m, 400m, 800m)</b><br>(15-16G, 15-16B, 17-18G, 17-18B)           | TF          |

## FIELD EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT</i> | <i>AGE GROUP</i> | <i>PIT/RING #</i> |
|-------------|--------------|------------------|-------------------|
| 8:00 AM     | Long Jump    | 9G               | Pit 1             |
|             | Long Jump    | 9B               | Pit 2             |
|             | High Jump    | 13G              | Pad 1             |
|             | Shot Put     | 14G              | Ring 1            |
|             | Shot Put     | 14B              | Ring 2            |
|             | Discus       | 17-18B           |                   |
|             | Javelin      | 17-18G           |                   |
| 10:00 AM    | Triple Jump  | 14G              | Pit 1             |
|             | Triple Jump  | 14B              | Pit 2             |
|             | High Jump    | 13B              | Pad 1             |
|             | Shot Put     | 15-16G           | Ring 1            |
|             | Shot Put     | 15-16B           | Ring 2            |
|             | Discus       | 13G              |                   |
|             | Javelin      | 14G              |                   |
| 12:00 PM    | Long Jump    | 8&UG             | Pit 1             |
|             | Long Jump    | 8&UB             | Pit 2             |
|             | High Jump    | 12G              | Pad 1             |
|             | High Jump    | 12B              | Pad 2             |
|             | Shot Put     | 8&UG             | Ring 1            |
|             | Shot Put     | 8&UB             | Ring 2            |
|             | Discus       | 14B              |                   |
| Javelin     | 17-18B       |                  |                   |

TENTATIVE SCHEDULE - 06/27/15

# EVENT SCHEDULE - TRACK & FIELD

WEDNESDAY, JULY 15

## RUNNING EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT/AGE GROUP</i>   | <i>RACE</i> |
|-------------|--|-------------|
| 8:00 AM     | <b>800 Meter Run</b><br>(8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B) | TF          |
| 9:45 AM     | 800 Meter Run<br>(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)      | SF          |
| 11:45 AM    | 200 M Dash<br>(All Divisions)  | QF          |
| 2:45 PM     | 4 x 100 Meter Relay<br>(All Divisions)                                     | SF          |

## FIELD EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT</i> | <i>AGE GROUP</i> | <i>PIT/RING #</i> |
|-------------|--------------|------------------|-------------------|
| 8:00 AM     | Long Jump    | 11G              | Pit 1             |
|             | Long Jump    | 11B              | Pit 2             |
|             | High Jump    | 15-16G           | Pad 1             |
|             | Shot Put     | 17-18G           | Ring 1            |
|             | Shot Put     | 17-18B           | Ring 2            |
|             | Discus       | 14G              |                   |
|             | Javelin      | 13B              |                   |
| 10:00 AM    | Triple Jump  | 13G              | Pit 1             |
|             | Triple Jump  | 13B              | Pit 2             |
|             | High Jump    | 15-16B           | Pad 1             |
|             | Shot Put     | 11G              | Ring 1            |
|             | Shot Put     | 11B              | Ring 2            |
|             | Discus       | 15-16G           |                   |
|             | Javelin      | 14B              |                   |
| 12:00 PM    | Long Jump    | 14G              | Pit 1             |
|             | Long Jump    | 14B              | Pit 2             |
|             | High Jump    | 9G               | Pad 1             |
|             | High Jump    | 9B               | Pad 2             |
|             | Shot Put     | 12G              | Ring 1            |
|             | Shot Put     | 12B              | Ring 2            |
|             | Discus       | 15-16B           |                   |
| Javelin     | 13G          |                  |                   |

# EVENT SCHEDULE - TRACK & FIELD

THURSDAY, JULY 16

## RUNNING EVENT SCHEDULE

|          |  |    |
|----------|--|----|
| 8:00 AM  | 1500 Meter Run<br>(8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)   | TF |
| 9:30 AM  | 1500 Meter Run<br>(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B) | TF |
| 11:00 AM | 400 M Dash<br>(All Divisions)  | TF |

## FIELD EVENT SCHEDULE

| TIME     | EVENT         | AGE GROUP     | PIT/RING # |
|----------|---------------|---------------|------------|
| 8:00 AM  | Long Jump     | 12G           | Pit 1      |
|          | Long Jump     | 12B           | Pit 2      |
|          | High Jump     | 14G           | Pad 1      |
|          | Shot Put      | 10G           | Ring 1     |
|          | Shot Put      | 10B           | Ring 2     |
|          | Discus        | 12G           |            |
|          | Javelin       | 15-16G        |            |
| 10:00 AM | Triple Jump   | 17-18G        | Pit 1      |
|          | Triple Jump   | 17-18B        | Pit 2      |
|          | High Jump     | 14B           | Pad 1      |
|          | Shot Put      | 9G            | Ring 1     |
|          | Shot Put      | 9B            | Ring 2     |
|          | Discus        | 17-18G        |            |
|          | Javelin       | 15-16B        |            |
| 12:00 PM | Long Jump     | 15-16G        | Pit 1      |
|          | Long Jump     | 15-16B        | Pit 2      |
|          | Pole Vault    | 15-16B/17-18G | Pad 1      |
|          | Shot Put      | 13G           | Ring 1     |
|          | Shot Put      | 13B           | Ring 2     |
|          | Discus        | 11G           |            |
|          | Turbo Javelin | 9G/10G        |            |
|          | High Jump     | 10G           | Pad 1      |
|          | High Jump     | 10B           | Pad 2      |

# EVENT SCHEDULE - TRACK & FIELD

FRIDAY, JULY 17

## RUNNING EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT/AGE GROUP</i>  | <i>RACE</i> |
|-------------|---|-------------|
| 8:00 AM     | 4 X 800 Meter Relay<br>(11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)               | TF          |
| 9:15 AM     | 80 Meter Hurdles<br>(11G, 11B, 12G, 12B)  | SF          |
|             | 100 Meter Hurdles<br>(13G, 14G, 13B, 14B, 15-16G, 17-18G)   | SF          |
|             | 110 Meter Hurdles<br>(15-16B, 17-18B)   | SF          |
| 11:00 AM    | 100 Meter Dash<br>(All Divisions)   | SF          |
| 12:00 PM    | 200 Meter Hurdles<br>(13G, 13B, 14G, 14B)   | SF          |
|             | 400 Meter Hurdles<br>(15-16G, 17-18G, 15-16B, 17-18G)   | SF          |
| 1:15 PM     | 200 M Dash<br>(All Divisions)   | SF          |
| 2:00 PM     | 4 x 400 Meter Relay<br>(9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B) | SF          |

## FIELD EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT</i>  | <i>AGE GROUP</i> | <i>PIT/RING/PAD</i> |
|-------------|---------------|------------------|---------------------|
| 8:00 AM     | Long Jump     | 10G              | Pit 1               |
|             | Long Jump     | 10B              | Pit 2               |
|             | High Jump     | 11-18G           | Pad 1               |
|             | Pole Vault    | 13G/14G          | Pad 1               |
|             | Discus        | 11B              |                     |
|             | Turbo Javelin | 11G/12G          |                     |
| 10:00 AM    | Triple Jump   | 15-16G           | Pit 1               |
|             | Triple Jump   | 15-16B           | Pit 2               |
|             | High Jump     | 17-18B           | Pad 1               |
|             | Pole Vault    | 13B/14B          | Pad 1               |
|             | Discus        | 13B              |                     |
|             | Turbo Javelin | 11B/12B          |                     |
| 12:00 PM    | Long Jump     | 13G              | Pit 1               |
|             | Long Jump     | 13B              | Pit 2               |
|             | High Jump     | 11G              | Pad 1               |
|             | High Jump     | 11B              | Pad 2               |
|             | Pole Vault    | 15-16B/17-18B    | Pad 1               |
|             | Discus        | 12B              |                     |
|             | Turbo Javelin | 9B/10B           |                     |

# EVENT SCHEDULE - TRACK AND FIELD

SATURDAY, JULY 18

## RUNNING EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT/AGE GROUP</i>  | <i>RACE</i> |
|-------------|---|-------------|
| 8:00 AM     | 2000 Meter Steeplechase<br>(15-16G, 17-18G, 15-16B, 17-18B)   | TF          |
| 8:45 AM     | 60 Meter Hurdles<br>(9G, 9B, 10G, 10B)  | TF          |
|             | 80 Meter Hurdles<br>(11G, 11B, 12G, 12B)  | F           |
|             | 100 Meter Hurdles<br>(13G, 14G, 13B, 14B, 15-16G, 17-18G)   | F           |
|             | 110 Meter Hurdles<br>(15-16B, 17-18B)   | F           |
| 9:30 AM     | 100 Meter Dash<br>(All Divisions)   | F           |
| 10:15 AM    | 400 Meter Dash<br>(All Divisions)   | F           |
| 11:00 AM    | 4 x 100 Meter Relay<br>(All Divisions)  | F           |
| 11:45 AM    | 200 Meter Hurdles<br>(13G, 13B, 14G, 14B)   | F           |
|             | 400 Meter Hurdles<br>(15-16G, 17-18G, 15-16B, 17-18B)   | F           |
| 12:15 PM    | 800 Meter Run<br>(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)                                 | F           |
| 12:45 PM    | 200 Meter Dash<br>(All Divisions)   | F           |
| 1:15 PM     | 4 x 400 Meter Relay<br>(9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B) | F           |

## FIELD EVENT SCHEDULE

| <i>TIME</i> | <i>EVENT</i>  | <i>AGE GROUP</i> | <i>PIT/RING/PAD</i> |
|-------------|---------------|------------------|---------------------|
| 8:00 AM     | Long Jump     | 17-18G           | Pit 1               |
|             | Long Jump     | 17-18B           | Pit 2               |
|             | Turbo Javelin | 8&UG             |                     |
|             | Turbo Javelin | 8&UB             |                     |