2016 AAU MID-ATLANTIC DISTRICT QUALIFIER TRACK AND FIELD CHAMPIONSHIP BISHOP McDEVITT HS. HARRISBURG, PENNA.

DATE: JUNE 11-12, 2016

LOCATION: BISHOP Mc DEVITT HS. 1 CRUSADER WAY HARRISBURG, PENNA 17111

HOST: KEYSTONE STATE GAMES

SANCTIONED BY: AMATURE ATHLETIC UNION

REGISTRATION:

ON LINE: <u>WWW.COACHO.COM</u> PLEASE NOTE THIS WILL BE THE ONLY MEANS OF REGISTERING FOR THE COMPETITION: YOU MAY REGISTER ON LINE BEGINNING MAY 1, 2016 8:00AM TO JUNE 6, 2016 8:59 PM.

NO ENTRIES ACCEPTED AFTER DEADLINE JUNE 6, 2016 8:59PM

- : ENTRY FEE \$20.00 PER. ATHLETE (NO REFUND)
- : PAYMENTS: BY CREDIT CARD ONLY

AAU MEMBERSHIP: ATHLETES AND CLUBS MUST BE REGISTERED WITH

AMATUER ATHLETIC UNION 2016 register online www.aausports.org

CONTACT INFORMATION:

EVENT OPERATOR: JIM COSTELLO KEYSTONE STATE GAMES C# 570-760-0352 jcostello@ksoffice.com

Or james@premiersportingevents.com

MEET COORDINATOR/DIRECTOR JOSE' A. ORLENA H# 302-698-4687 joserenee@verizon.net

MEET REFEREE: ROLAND WILLIAMS CLERK OF COURSE: JAMES PARKER

EVENT INFORMATION WILL BE POSTED www.aausports.org and www.keystonegames.com

GENERAL INFORMATION:

GATE ADMISSION: \$5.00 1 day pass or \$8.00 for 2 day pass

GATE OPEN: 7:00 AM BOTH DAYS

MEET START: RUNNING 9:00AM - FIELD 9:00AM TRACK CLOSE: 30 Min BEFORE MEET START.

ROLLING SCHEDULE FOR ALL EVENTS. TOP 16 ATHLETES WHO RECEIVE A VERIFIED MARK ADVANCE TO AAU REGION 2 NATIONAL OUALIFIER. JUNE 24-26, 2016

- > AWARDS MEDALS 1st 2nd 3rd RIBBONS 4th 8th
- > NO STARTING BLOCKS FOR 10 AND UNDER
- > ALL FIELD EVENTS: THREE (3) ATTEMPTS ONLY, EXCEPT HIGH JUMP&POLE VAULT.
- > 1/4" PRYAMID SPIKES ONLY ON ALL TRACK SURFACES. NO CHRISTMAS TREE SPIKE
- > TRAINER(S) WILL BE ON SITE DURING COMPETETION.
- > MEMBERS OF RELAY TEAMS MUST WEAR THE SAME TEAM COLOR JERSEY AND SHORTS.
 ALL RUNNING EVENTS REPORT TO THE "CLERK OF COURSE"
- > FIELD EVENTS REPORT DIRECTLY TO THAT EVENT, CHECK IN WITH THAT "OFFICIAL"
- > POLE WEIGHT AND ATHLETE WEIGHT MUST BE VERIFIED BY COACH AND GIVEN TO POLE VAULT OFFICIAL. ONLY COMPETITION UNIFORM WILL BE ALLOWED IN THE CLERKING AREA
- > NO "BARE MIDRIFF" RULE IN EFFECT.
- > NO ONE ALLOWED ON THE INFIELD FOR ANY REASON.
- > 3-TURN STAGGER FOR ALL 4X400M RELAYS
- > NO LISTING DEVICES ALLOWED BY ATHLETES IN COMPETETION AREA
- > NO RADIO, WATER GUNS, ALCOHOL, OR SMOKING PERMITTED ON SCHOOL PROPERTY.
- > NO ATHLETE, COACH, OR PERSONS, ALLOWED IN ANY BUILDING, ROOMS, OR ON ANY EQUIPMENT MAINTAIN BY EVENT OPERATOR, VENDOR(s) AND/OR BISHOP Mc DEVITT HS.

PARKING ONLY IN AREAS PERMITTED BY BISHOP Mc DEVITT HS.
TEAMS/UNATTACHED ATHLETE PACKET, PICK-UP AT STADUIM GATE
COACHES AND ATHLETES WILL BE ISSUED A COLOR CODE WRIST BAND FOR ADMISSION
(INCLUDE IN TEAM PACKET).

ONE (1) COACHES PER (8) REGISTER ATHLETES (MAX 5 COACH'S BANDS PER TEAM) UNATTACHED ATHLETE WILL BE ISSUED ONE (1) BAND ATHLETE AND ONE BAND (1) COACH. RESTROOMS AVAILABLE / T-SHIRTS SALE / CONCESSION STAND.

ATTENTION

ABSOLUTLY NO ONE ALLOWED ON INFIELD GRASS AREA ADDITIONAL INFORMATION:

ALL RUNNING EVENTS ARE TIMED FINALS.

PLEASE NOTE THAT WHILE AN ATHLETE CAN DECLARE ALL EVENTS WITH MARK ACHIEVED AT THE DISTRICT QUALIFIER, ATHLETES $\underline{\text{WILL NOT}}$ BE ALLOWED TO ENTER EVENTS THAT WERE NOT COMPETED AT A DISTRICT QUALIFIER .

ATHLETES WHO <u>DID NOT</u> COMPETE IN A DISTRICT QUALIFIER WILL ONLY BE ELIGIBLE TO COMPETE IN THE <u>POLE VAULT, JAVELIN, STEEPLECHASE, MULTI-EVENTS AND ON A RELAY TEAM AT THEIR DESIGNATED</u> NATIONAL QUALIFIER.

RELAYS TEAMS MUST BE DECLARE ON THE REGIONAL NATIONAL QUALIFIER LEVEL.

SOME DISTRICT QUALIFIER WILL BE HELD AFTER DECLARATIONS ARE OPEN FOR NATIONAL QUALIFIERS. COACHES, ATHLETES AND PARENTS SHOULD NOT START THE DECLARATION PROCESS FOR THE NATIONAL QUALIFIER UNTIL THE TEAM OR ATHLETES HAVE FINISH COMPETING IN ALL OF THE DISTRICT QUALIFIER THAT THEY HAVE CHOSEN TO COMPETE.

ONCE A TEAM HAS ENTER ANYONE ON THE TEAM IN A NATIONAL QUALIFIER, THE TEAM ENTRY IS CREATED, NO CHANGES TO MARKS WILL BE ACCEPTED. SO IF A TEAM GOES TO A DISTRICT QUALIFIER, THEN DECLARE FOR A NATIONAL QUALIFIER, THEN GOES TO ANOTHER DISTRICT QUALIFIER; THE MARKS FROM THE 2ND DISTRICT WILL NOT BE ADVANCED.

15-16YR GIRLS/BOYS AND17-18 YR WOMEN/MEN WILL BE REQUIRED TO USE STARTING BLOCKS IN THE 100/200/400 METER DASH, 100/110/400 HURDLES, 4 X 1 , 4 X 4 RELAY.

- > ALL RELAY TEAM ATHLETES MUST BE DECLARE AT THAT TIME
- > CHALLENGE PERIOD:
- ALL CHALLENGES TO MEET RESULT MUST BE INITIATED WITHIN 5 DAYS OF THE DAY OF THE MEET, ALL CHALLENGES MUST BE E-MAILED TO THE DISTRICT OR NATIONAL QUALIFIER MEET DIRECTOR. AFTER 5 DAYS, RESULT WILL NOT BE CHANGE. THE 5 DAYS BEGIN ON THE DATE THE RESULTS ARE POSTED ON THE AAU WEBSITE. ALL POSTED RESULTS WILL LIST THE DATE THAT THE CHALLENGE PERIOD ENDS.

AAU NATIONAL JUNIOR OLYMPIC GAMES REGISTRSTION WILL OPEN UP 2 DAYS AFTER THE FIRST NATIONAL QUALIFIER MEET'S 5 DAY GRACE PERIOD ENDS.

ADVANCEMENT TO 2016 AAU NATIONAL JUNIOR OLYMPIC GAMES HUMBLE, TX.

TOP SIX (6) RUNNING EVENTS.

TOP FIVE (5) FIELD EVENTS

TOP FOUR (4) RELAY TEAMS

TOP FOUR (4) MULTI EVENT

ATHLETES AT EACH NATIONAL QUALIFIER MEET WILL ADVANCE 2016 AAU NATIONAL JUNIOR OLYMPIC GAMES.

www.aauathletics.org

REMINDER

COACHES, ATHLETES, & PARENTS

IN EFFORT TO PROCESS THESE ENTRIES ON TIME FOR THE AAU MID - ATLANTIC DISTRICT QUALIFIER

ABSOLUTLEY

NO ENTRIES WILL BE ACCEPTED AFTER THE DEADLINE DATE

ENTRY DEADLINE DATE: JUNE 6, 2016 8:59PM

**2016 AGE/YEAR BORN

**8 &Under	2008 & After
**9yr	2007
**10yr	2006
**11yr	2005
**12yr	2004
**13yr	2003
**14yr	2002
**15-16	2001-2000
**17-18	1999-1998

AGE DIVISION FOR RELAYS

**8 & Under	(4X100)
**9-10	(4x100m* 4x400m)
**11-12	(4x100m *4x400m 4x800m)
**13-14	(4x100m *4x400m 4x800m)
**15-16	(4x100m *4x400m 4x800m)
**17-18	(4x100m *4x400m 4x800m)

**ALL ALTERNATES MUST HAVE 2016 AAU MEMBERSHIP AND LISTED ON TEAM ROSTER AND REGISTERED FOR COMPETITION. RELAYS ARE ALLOWED UP TO 8 NAMES LISTED ON RELAY ROSTER. RELAYS MUST BE DELCARED as \underline{A} and/or \underline{B} .

ATHLETE(s) ARE NOT ALLOWED TO EXCEDE THEIR NUMBER OF EVENTS ENTERED.

*AWARDS TO BE GIVEN TO WINNING 4X400 RELAY AGE DIVISION/GENDER.

REMINDER

PLEASE NOTE FIRST CALL EACH DAY.
PLEASE NOTE START TIME EACH DAY.
PLEASE BE AT YOUR JUMPING AND/OR THROWING EVENT
EARLY SO THAT THE OFFICAL CAN START THAT EVENT WITHOUT DELAY.
NO ATHLETES, COACHES ALLOWED ON INFIELD GRASS AREA FOR ANY REASON.

TURBO JAV 300G/400G: HAS BEEN ADDED TO THE AAU NATIONAL JUNIOR OLYMPIC GAMES.

12, 11, 10, 9.......400g. 8 & Under.....300g.

ALL RUNNING EVENT ARE TIMED FINALS, AND THREE (3) JUMPS/THROWS, EXCEPT HIGH JUMP AND POLE VAULT.

TOP SIXTEEN (16) ATHLETE WHO RECEIVE A VERIFIED MARK WILL ADVANCE TO AAU REGION 2 NATIONAL QUALIFIER JUNE 24-26 2016.

Bib replace fee \$5.00. Bib replacement is located at awards. Please pick up your award promptly. No awards will be mailed. AWARDS CAN ONLY BE PICK UP BY COACH OR PARENT



