



2016 MARYLAND DISTRICT CROSS COUNTRY CHAMPIONSHIP



Host: Catoctin Track Club **Meet Director:** John Steiner
Date: Sunday, November 20, 2016 **Phone:** (240) 422-7996
Time: 10:00 AM - on site Registration
Site: Catoctin High School
Address: 14745 Sabillasville Rd., Thurmont, Maryland 21788
Entry Fee: On-site registration, \$10 per athlete, AAU number required.

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. **Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- **Note: Any contacts listed within this flyer MUST have a current valid AAU Membership**

AGE QUALIFICATIONS: DISTANCE: (Ages determined by age as of December 31st, 2016)

8 and under - 2008 & after (2000 Meters)
9 and 10 – 2006 & 2007 (3000 Meters)
11 and 12 – 2004 & 2005 (3000 Meters)
13 and 14 – 2002 & 2003 (4000 Meters)
15 and 16 – 2000 & 2001 5K (5000 Meters)
17 and 18 – 1998 & 1999 5K (5000 Meters)

Awards: Medals for 1st, 2nd, and 3rd places, ribbons for 4th, 5th, and 6th places.

2016 Maryland AAU Cross Country Meet

The Maryland AAU Track & Field Committee held the 2016 Cross Country Meet on November 20, 2016 at Catoctin High School, in Thurmont, Maryland. The temperature was 42°F and the wind was 35 mph continuous with 60 mph gust. Congratulations to all the kids who braved these extreme elements.

There were 22 Athletes entered in the Meet, 8 Girls and 14 Boys. All of the Athletes won awards, where Medals were given for 1st, 2nd, and 3rd places and Ribbons were given for 4th, 5th, and 6th places. The Meet Results are listed below.



<u>Event 1 Girls 8 & Under 2000 Meter Run 8&Under</u>			<u>Event 2 Boys 8 & Under 2000 Meter Run 8&Under</u>				
1	1041 Dallyce Harrell	8 Westminister Track Club	12:10.00	1	1021 Luke Brashears	7 Lightning Running	12:03.00
2	1007 Olivia Hoyt	6 Catoctin	12:53.00	2	1024 Chinedu Obi	7 Pikesville Cheetahs	15:36.00
				3	1026 Michael Dye	6 Catoctin	15:47.00
				4	1011 Grady Abruzzese	6 Catoctin	16:31.00
				---	1023 Khalil Cantey	6 Pikesville Cheetahs	DNF
<u>Event 3 Girls 9-10 3000 Meter Run 9-10</u>			<u>Event 4 Boys 9-10 3000 Meter Run 9-10</u>				
1	1022 Nadira Cantey	10 Pikesville Cheetahs	14:00.00	1	1040 Carter Vransy	10 Westminister TC	20:04.00
2	1005 Annalise Abruzzese	9 Catoctin	17.00				
<u>Event 5 Girls 11-12 3000 Meter Run 11-12</u>			<u>Event 6 Boys 11-12 3000 Meter Run 11-12</u>				
1	1006 Alyssa Byers	12 Catoctin	17:56.00	1	1004 Ashton Tolson	11 Baltimore City T&F	10:26.00
2	1009 Hannah Miller	11 Catoctin	19:32.00	2	1215 Kiya Archibald	11 Unattached	10:36.00
3	1039 Lucia Runkles	12 Catoctin	20:54.00	3	1013 Owen Cook	11 Catoctin	14:18.00
				4	1020 Cole Brashears	12 Lightning Running	16:03.00
				---	1025 Corey Palmer	10 Pikesville Cheetahs	DNF
<u>Event 7 Girls 13-14 4000 Meter Run 13-14</u>			<u>Event 8 Boys 13-14 4000 Meter Run 13-14</u>				
1	1008 Quinn Law-Knotts	12 Catoctin	24:34.00	1	1012 Colton Clingerman	13 Catoctin	20:04.00
				2	1028 Matthias Buchheister	14 Catoctin	20:15.00
				3	1027 Thomas Lowe	14 Catoctin	22:05.00
8 Girls			14 Boys				