

Northern California National Qualifier Track and Field Meet

Schedule of Events

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.

CLASSIFICATION

PG-Primary Girls/8 and under SBG-Sub-Bantam Girls/9 years BG-Bantam Girls/10 years SMG-Sub-Midget Girls/11 years MG-Midget Girls/12 years SYG-Sub-Youth Girls/13 years YG-Youth Girls/14 years IG-Intermediate Girls/15-16 years YW-Young Women/17-18 years	PB-Primary Boys/8 and under SBB-Sub-Bantam Boys/9years BB-Bantam Boys/10years SMB-Sub-Midget Boys/11 years MB-Midget Boys/12 years SYB-Sub-Youth Boys/13 years YB-Youth Boys/14 years IB-Intermediate Boys/15-16 years YM-Young Men /17-18 years
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In all running events, EXCEPT RELAYS, where "all divisions" are indicated, the order will be: PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM

TF= TIMED FINALS

F= FINALS

IG, IB, YW, YM divisions MUST use starting blocks in the sprint races!!!

WEDNESDAY, JUNE 15, 2016

8:00am	Heptathlon	IG, YW Combined	100H, HJ, SP, 200M
8:30am	Decathlon	IB, YM Combined	100M, LJ, SP, HJ, 400M
10:00am	Triathlon	SBB, BB Combined	HJ, SP, 400M
11:00am	Triathlon	SBG, BG Combined	HJ, SP, 200M

THURSDAY, JUNE 16, 2016

8:00 am	Decathlon	IB, YM Combined	110H, DT, PV, JT, 1500M
8:00 am	Heptathlon	IG, YW Combined	LJ, JT, 800M
8:30 am	Pentathlon	SMB, MB, SYB, YB Combined	80H or 100H, LJ, SP, HJ, 1500M
10:00am	Pentathlon	SMG, MG, SYG, YG Combined	80H or 100H, LJ, SP, HJ, 800M
10:30am	1500m racewalk	SBG, SBB, BG, BB, SMG, SMB, MG, MB	TF
	3000m racewalk	SYG, SYB, YG, YB, IG, IB, YW, YM	TF

FRIDAY, JUNE 17, 2016

RUNNING EVENTS

* Same distance races might be combined
THIS IS A ROLLING SCHEDULE

3:00pm	2000m Steelpchase	IB, YM, IG, YW	(this is a dry steeple, no water jump)	TF
	400m hurdles	IB, YM, IG, YW		TF
	200m hurdles	SYG, SYB, YG, YB		TF
	3000m	SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM		TF
	400m	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM		TF

FIELD EVENTS

Age divisions might be combined with other divisions (example IB and YM).

It is strongly suggested that athletes be ready to go at the scheduled time.

LJ, TJ, DT, SP, JT WILL RECEIVE 4 ATTEMPTS, NO FINALS

(tentative time schedule will be posted morning of based on entries)

2:30pm	Turbo Javelin	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB	F
2:30pm	Triple Jump	SYG, SYB, YG, YB, IG, IB, YW, YM	F
4:00pm	Javelin	SYG, SYB, YG, YB, IG, IB, YW, YM	F
4:15pm	Shot Put	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F
5:00pm	Pole Vault	SYG, SYB, YG, YB, IG, IB, YW, YM	F
5:00pm	Long Jump	SYG, SYB, YG, YB, IG, IB, YW, YM	F

SATURDAY, JUNE 18, 2016

RUNNING EVENTS

* Some distance races might be combined
THIS IS A ROLLING SCHEDULE

8:00am	3200m relay	MG, MB, YG, YB, IG, IB, YW, YM	TF
8:45am	400m relay	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	110m hurdles (39")	IB, YM	TF
	100m hurdles (33")	IG, YW, SYB, YB,	TF
	100m hurdles (30")	SYG, YG	TF
	80m hurdles (30")	SMG, SMB, MG, MB	TF
	100m	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	800m	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	200m	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	1500m	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	TF
	1600m relay	BG, BB, MG, MB, IG, IB, YW, YM	TF

FIELD EVENTS

Age divisions might be combined with other divisions (example IB and YM).

It is strongly suggested that athletes be ready to go at the scheduled time.

LJ, TJ, DT, SP, JT WILL RECEIVE 4 ATTEMPTS, NO FINALS

THIS IS A ROLLING SCHEDULE

(tentative time schedule will be posted morning of based on entries)

7:45am	Long Jump	PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB	F
	High Jump	IG, YW, IB, YM, SYG, SYB, YG, YB, SMG, SMB, MG, MB, SBG, SBB, BG, BB	F
	Discus	SMG, SMB, MG, MB, SYG, SYB, YG, YB, IG, IB, YW, YM	F