

**TN/AL/KY NATIONAL QUALIFIER (AREA 6)  
TRACK AND FIELD/MULTI EVENTS CHAMPIONSHIPS**

**Hardin Valley Academy  
11345 Hardin Valley Rd  
Knoxville, TN 37932**

**Wednesday, June 29- Saturday, July 2, 2016**

**Eligibility**

Competition is open to all boys and girls who have a valid/current AAU registration card. All athletes who have Finished TOP 16 in a district meet are eligible in the event that was entered at the district level. Relay teams must have competed at the district level. Athletes competing in the Multi-Events, Steeplechase, and Pole Vault are exempt from competing at the district level. Athletes and clubs can compete in only one AAU National Qualifier Meet.

**AAU Membership**

All participants must have a current AAU membership. AAU membership must be obtained before the competition begins. Participants are encouraged to visit [www.aausports.org](http://www.aausports.org) for their membership.

**Event Limits**

There is a three (3) event maximum for the 8&U, 9, 10, 11 and 12 divisions. There is a four (4) event maximum for 13, 14, 15-16, and 17-18 divisions. EVENT MAXIMUM includes RELAYS AND FIELDS EVENTS.

**Entry Fee**

An entry fee of \$25.00 per contestant MUST BE SUBMITTED ONLINE. There will not be any entries done by mail. All declarations and scratches will be done at [www.coacho.com](http://www.coacho.com). All relays and multi events will be entered online as well.



**The entry deadline is midnight EST on Monday, June 27th.** Online entry is provided by [www.coacho.com](http://www.coacho.com)

**Challenge Period**

Any persons wanting to challenge the final results must do so via e-mail to the meet coordinator within 24 hours of the conclusion of the meet. This will be for just clerical errors (recording wrong mark) or eligibility issues. Any issues regarding competition rules will follow USATF rules guidelines.

**Qualifying for the Junior Olympic Games**

The top 5 finishers in each field event and the top 4 in all relays and combined events will qualify for the 2016 National AAU Junior Olympic Games in Houston, TX. The top 6 finishers in running events will qualify for the 2016 National AAU Junior Olympic Games in Houston, TX.

**Junior Olympic Declaration and Registration Information**

Qualifiers for the National Junior Olympic Games in Houston, Texas must declare and register for the meet at Coach O. com before July 19, 2016. No entries will be accepted after Midnight EST (9:00pm on the West Coast). Do not jeopardize your athlete's chance of competing by not completing this step before the National JO Games.

**The final AAU Junior Olympic Games schedule will be posted on July 26, 2016 at [www.aauathletics.org](http://www.aauathletics.org).**

**Relay Forms:** Please include all team members and alternates--up to 8 total members for a team

**Awards:** Medals will be given to top 3 places in each event.

**Parking:** All parking lots will be available.

**Packet Pick up:** Packets will be available at the track beside the main entry gate, one hour before competition starts on all four days until the end of competition.

**Event Schedule: Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries.** We will only call each event two times. Age groups of like sex may be combined in distance races/walks which have minimal participation.

**Admission:** The daily ticket price will be \$5 with children under 8 being free.

**Coaches Education**

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaching Alliance (PCA)**. Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

### **Host Hotels**



#### **Holiday Inn West at Cedar Bluff**

304 N. Cedar Bluff Road ~ Knoxville, TN 37923

Ph: (865) 693-1011 Fax: (865) 694-0253

[www.cedarbluff.holidayinn.com](http://www.cedarbluff.holidayinn.com)

#### **Host Hotel for AAU Area 5 Track & Field Qualifier**

Cedar Bluff exit #378 off Interstates 40/75

5 miles from Hardin Valley Academy Track

#### **AAU group discounted room rate **\$99.00****

- Holidome Recreation Center with indoor/outdoor saline pool, whirlpool, fitness room, and game room with arcade games, pool table, air hockey, and racquetball courts, basketball goal
- Café Restaurant serving breakfast, lunch, dinner and room service
- Swizzle's Lounge with entertainment Tuesday – Sunday nights
- All rooms feature refrigerator and microwave, coffeemaker, iron and board, hairdryer, and cable TV with free HBO and 70 channels
- Complimentary high speed wireless internet
- 24 hour business center
- Gift shop stocked with memorabilia & personal items
- Coin operated guest laundry
- Within walking distance of other restaurants, shops, and banks
- Small pets accepted with a pet fee

**For further meet information please contact Chad Culver: [c2sports@aol.com](mailto:c2sports@aol.com).**

**2016 AAU TN/AL/KY NATIONAL QUALIFIER  
MULTI-EVENTS/TRACK & FIELD MEET SCHEDULE**

**WEDNESDAY, JUNE 29, 2016**

<b>TIME</b>	<b>EVENT/AGE GROUP</b>	<b>RACE</b>
3:00 PM	DECATHLON TRIATHLON	15-16B (DAY 1) 9B, 10B (FINALS)
3:30 PM	DECATHLON TRIATHLON	17-18B (DAY 1) 9G, 10G (FINALS)
4:00 PM	HEPTATHLON	15-16G (DAY 1)
4:30 PM	HEPTATHLON	17-18G (DAY 1)

**THURSDAY, JUNE 30, 2016**

<b>TIME</b>	<b>EVENT/AGE GROUP</b>	<b>RACE</b>
3:00 PM	DECATHLON HEPTATHLON	15-16B (DAY 2) 15-16G (DAY 2)
3:30 PM	DECATHLON HEPTATHLON	17-18B (DAY 2) 17-18G (DAY 2)
4:00 PM	PENTATHLON	13G, 14G (FINALS)
4:15 PM	PENTATHLON	13B, 14B(FINALS)
4:30 PM	PENTATHLON	11G/12G (FINALS)
4:45 PM	PENTATHLON	11B, 12B (FINALS)

- *ALL EVENTS WILL BE CONTESTED APPROXIMATELY 30 MINUTE AFTER THE PRECEDING EVENT IS COMPLETED. THE 30 MINUTE REST PERIOD WILL INCLUDE REST, FOOD, MEASURING STEPS, AND WARM-UP.*
- *ATHLETES COMPETING IN BOTH MULTI-EVENT COMPETITION AND TRACK AND FIELD COMPETITION WILL BE ISSUED ONLY ONE RACE NUMBER FOR BOTH COMPETITIONS.*

5:00 PM	1500M RACEWALK (9G,9B,10G,10B,11G,11B,12G,12B)	FINALS
	3000M RACEWALK (13G,13B,14G,14B,15-16G,15-16B,17-18G,17-18B)	FINALS
6:00 PM	2000M STEEPLECHASE (15-16G,15-16B,17-18G,17-18B)	FINALS

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**2016 AAU TN/AL/KY NATIONAL QUALIFIER  
MULTI-EVENTS/TRACK & FIELD MEET SCHEDULE**

**FINAL MEET SCHEDULE WILL BE POSTED AFTER ENTRIES CLOSE ON JUNE 28.**

**FRIDAY, JULY 1, 2016**

<b><i>TIME</i></b>	<b><i>EVENT/AGE GROUP</i></b>	<b><i>RACE</i></b>
1:00 PM	3000M RUN (11G,11B,12G,12B,13G,13B,14G,14B,15-16G,15-16B,17-18G,17-18B)	Finals
2:30 PM	200M DASH (ALL DIVISIONS)	Trials
3:45 PM	800M RUN (ALL DIVISIONS)	Finals
4:30 PM	100M DASH (ALL DIVISIONS)	Trials
5:45 PM	200M HURDLES (13G,13B,14G,14B)	Finals
	400M HURDLES (15-16G,15-16B,17-18G,17-18B)	Finals
6:15 PM	400M DASH (ALL DIVISIONS)	Trials

<b><u>FIELD EVENTS</u></b>					
<b>TIME</b>	<b>EVENT</b>	<b>AGE</b>	<b>TIME</b>	<b>EVENT</b>	<b>AGE</b>
10:00AM	HIGH JUMP	11G/12G	2:30 PM	HIGH JUMP	13G/14G
	LONG JUMP	8&UG/8&UB		LONG JUMP	11G/12G
	TRIPLE JUMP	13G/14G		SHOT PUT	11G/12G
	SHOT PUT	15-16G/17-18G		JAVELIN	15-16B/17-18B
	DISCUS	15-16B/17-18B		POLE VAULT	15-16G/17-18G
11:30 AM	HIGH JUMP	15-16G/17-18G	4:00 PM	HIGH JUMP	9G/10G
	LONG JUMP	9G/10G		LONG JUMP	15-16B/17-18B
	SHOT PUT	9B/10B		SHOT PUT	11B/12B
	DISCUS	11B/12B		JAVELIN	13G/14G
	TURBO JAVELIN	9G/10G/11G/12G		POLE VAULT	15-16B/17-18B
1:00 PM	HIGH JUMP	9B/10B	5:30 PM	TRIPLE JUMP	13B/14B
	LONG JUMP	11B/12B		LONG JUMP	9B/10B
	SHOT PUT	9G/10G		JAVELIN	13B/14B
	DISCUS	13B/14B		POLE VAULT	13B/14B
	POLE VAULT	13G/14G			
	TURBO JAVELIN	8&UG/8&UB			

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**2015 AAU TN/AL/KY NATIONAL QUALIFIER  
MULTI-EVENTS/TRACK & FIELD MEET SCHEDULE**

**FINAL MEET SCHEDULE WILL BE POSTED AFTER ENTRIES CLOSE ON JUNE 28.**

**SATURDAY, JULY 2, 2016**

<b>TIME</b>	<b>EVENT/AGE GROUP</b>	<b>RACE</b>
9:00 AM	1500M RUN (ALL DIVISIONS)	Finals
10:00 AM	200M DASH (ALL DIVISIONS)	Finals
10:30 AM	80M HURDLES (11G, ,11B, 12G ,12B)	Finals
	100M HURDLES (13G,13B,14G,14B,15-16G,17-18G)	
	110M HURDLES (15-16B, 17-18B)	
11:00 AM	400M DASH (ALL DIVISIONS)	Finals
11:45 AM	4 x 100M RELAY (ALL DIVISIONS)	Finals
12:30 AM	4 x 800M RELAY (11-12G,11-12B,13-14G,13-14B,15-16G,15-16B,17-18G,17-18B)	Finals
1:15 PM	100M DASH (ALL DIVISIONS)	Finals
1:45 PM	4 x 400M RELAY (9-10G,9-10B,11-12G,11-12B,13-14G,13-14B,15-16G,15-16B,17-18G,17-18B)	Finals

**FIELD EVENTS**

<b>TIME</b>	<b>EVENT</b>	<b>AGE</b>	<b>TIME</b>	<b>EVENT</b>	<b>AGE</b>
9:00 AM	HIGH JUMP	13B/14B	12:00 PM	LONG JUMP	13G/14G
	DISCUS	13G/14G		HIGH JUMP	11B/12B
	TURBO JAVELIN	9B/10B/11B/12B		SHOT PUT	15-16B/17-18B
	LONG JUMP	15-6G/17-18G		DISCUS	11G/12G
	SHOT PUT	13B/14B			
10:30 AM	LONG JUMP	13B/14B	1:30 PM	TRIPLE JUMP	15-16B/17-18B
	HIGH JUMP	15-16B/17-18B		JAVELIN	15-16G/17-18G
	SHOT PUT	8&UG/8&UB		SHOT PUT	13G/14G
	DISCUS	15-6G/17-18G		TRIPLE JUMP	15-16G/17-18G

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