



2016 AAU Regional Qualifier Meet

Region 15

Multi-Events / June 11 & 12
Track & Field / June 24 - 26

Francis Howell Central High School
5199 Highway N,
Cottleville, MO 63304



For event information: <http://www.aauathletics.org/Events/OutdoorTrackField/RegionalQualifierMeets.aspx>
For questions: Regional Coordinator, Wanda McNeil, 314.662.3618

GENERAL INFORMATION

DATES Multi-Events only: Saturday, June 11 – Sunday, June 12, 2016
 Steeplechase, Race Walks, Triple Jump (all ages); Friday, June 24, 2016
 All other Track & Field Events: Saturday, June 25 & Sunday, June 26, 2016

ALL EVENTS WILL RUN ON A ROLLING SCHEDULE UNLESS OTHERWISE INDICATED ON MEET SCHEDULE.

GOVERNANCE The Region 15 2016 AAU Regional Qualifier Meet will be conducted under the AAU code guidelines and follow competitive rules of the NGB (USA Track & Field) as modified and outlined in the AAU Youth Athletics Handbook (available at www.aauathletics.org).
 This event is sanctioned by the Amateur Athletic Union of the US, Inc.

AAU MEMBERSHIP REQUIREMENTS A current 2016 AAU membership number is necessary to register for this meet. AAU membership fee is not included in the entry fee for this Meet. AAU membership can be obtained on-line at www.aausports.org. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website. If you already have a 2016 AAU membership card from another AAU sport, you do not need to purchase another card. All entrants must be prepared to show their AAU cards and Birth Certificate.

ATHLETE ELIGIBILITY All Ozark athletes will advance directly to the Region15 Regional Qualifier. Ozark will not hold a District Qualifier Meet.

HOW TO ENTER & ENTRY DEADLINES All registrations will be conducted on-line at www.coacho.com. Registration will close at 11:59PM CST on Wednesday, June 8, 2016 for Multi Events & 11:59 PM CST on Tuesday, June 21, 2016 for all Track & Field events.
NO ONSITE REGISTRATION IS AVAILABLE.

ENTRY FEE The registration fee is \$25.00 per athlete for the Multi-Events. Entry fee for the Track & Field Meet is a separate \$25.00. All Entry fees MUST be paid on-line with a credit card to complete the registration process.

CHANGES TO ENTRIES

TO CORRECT MISTAKES BEFORE THE DEADLINE: 1) Log back into Coach O using your account information and make revisions. 2) If this does not work, send changes to ozarkaaathletics@gmail.com with “ATTN: Change Request” in the subject line.

TO CORRECT MISTAKES AFTER THE DEADLINE, BUT BEFORE 1ST DAY OF PACKET PICK-UP: 1) Send the change to ozarkaaathletics@gmail.com with “ATTN: Change Request” in the subject line 2) All clerical type changes, such as spelling of name, team designation, gender, and date of birth will be made at no charge. 3) All changes related to individual’s events and relay teams will be allowed with a \$10 fee per change. 4) Be prepared at packet pick-up to pay \$10 cash for each change made after the deadline.

TO CORRECT MISTAKES AT PACKET PICK-UP: (absolute last opportunity)

1) All clerical type changes, such as spelling of name, team designation, gender, and date of birth will be allowed for a processing and inconvenience fee of \$5 per athlete. 2) All changes related to an athlete’s individual events and/or relay teams will be allowed for a fee of \$20 per change. This must be done the day before the actual competition. 3) All payments must be made in cash.

CHECK-IN/ PACKET PICK-UP

Multi-Events Check-In will be at the Francis Howell Track Stadium, beginning one hour before competition at the awards pick up area. Packet Pick-up for the Track & Field Meet will be at St. Louis University on Friday, June 24, from 4:00 PM - 7:00 PM and at the “Athlete/Officials Only” stadium entrance at the Francis Howell Stadium on Saturday, June 25, 6:30AM – 10:30 AM and Sunday, June 26, 2015 6:30 AM – 8:30 AM.

AGE DIVISIONS

Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification. **NOTE:** Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the 17-18 age division.

PROOF OF AGE

Proof of age may be required at District, National Qualifier, and National Championship events and whenever required and/or challenged. Acceptable forms of age verification include:

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority

3. A US Military Government Identification Card
4. A valid (not expired) passport
5. A valid US driver's license

EVENT LIMITS 8 & Under, 9 years, 10 years, 11 years, and 12 years: Maximum of 3 events.
13 years, 14 years, 15-16 years, 17-18 years: Maximum of 4 events. NOTE: Any athlete who participates in more than his/ her age division's prescribed maximum number of events will be disqualified from this meet and WILL NOT be allowed to advance to the National meet in ANY event.

RELAY LIMITS Participation of relay teams will be limited to those clubs which hold a current (2016) valid club membership in the AAU. Relay teams consist of four (4) members and may list up to four (4) alternates. All Relay Team members must be registered participants in the Meet. Relays are conducted in the 8 & Under, 10 Years, 12 Years, 14 Years, 15-16 Years, and 17-18 Years Old divisions ONLY. The 9 years divisions may run in the 10 years divisions, the 11 years divisions may run in the 12 years divisions, and the 13 years divisions may run in the 14 years divisions only in the relays. NOTE: Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.

TENTS & CANOPIES Tents and canopies will be permitted in designated areas in the bleachers and outside the stadium.

FOOD & DRINK There will be concessions available. Medium-sized coolers may be brought into the Stadium. No glass containers are permitted. No personal bar-b-que pits.

MEET PROGRAM The Meet Schedule and Heat Sheets will be available on coacho.com.

GATE ADMISSIONS There is no admission fee on June 11 or 12 and June 24.
For June 25 & June 26:
Athletes: Wristbands & Bib Numbers provided with entry must be worn at all times for FREE entry into the Meet.
Coaches: 1 band for every 10 athletes on team with rounding up, e.g. A club with 57 athletes will get 6 coaches Wristbands.
Ages 13 - Adults: \$5.00 per day or \$8.00 for both days.
Age 6 - 12: \$3.00 per day or \$5.00 for both days. 5 & Under: FREE
Wristbands must be worn at all times and for entry into the stadium.

PARKING	Parking is available in designated areas for Officials & Handicapped.
RESTROOMS	Stadium restroom facilities are located inside the stadium.
INCLEMENT WEATHER	The safety of our athletes and guests is our primary concern. The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather (including extreme heat) and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee. In the event of a meet stoppage or a delay in the start, the Meet Information line (314.662.3618) will be updated with information as necessary.
T-SHIRTS	2016 AAU Regional Qualifier Meet T-Shirts will be on sale.
HOTELS	There are several hotels in the St. Louis area that can accommodate you during your stay in St. Louis if you are coming from outside of the metro area. They include: The Cheshire St. Louis 6300 Clayton Avenue, St. Louis MO 63117, www.CheshireSTL.com , Phone: (314)647.7300 Clayton Plaza Hotel 7750 Carondelet Avenue, Clayton, MO 63105, www.cpclayton.com , Phone: (314) 726.5400 Crowne Plaza St. Louis Downtown 200 North Fourth Street, St. Louis, MO 63102, www.ihg.com/crowneplaza/ , Phone: (314) 621-8200 Drury Inn & Suites St. Louis Convention Center 711 North Broadway, St. Louis, MO 63102, www.druryhotels.com , Phone: (314) 231-8100 Drury Inn St. Louis at Union Station 201 South 20th Street, St. Louis, MO 63103, www.druryhotels.com , Phone: (314) 231-3900 Drury Plaza Hotel St. Louis at the Arch 2 South 4th Street, St. Louis, MO, 63102, www.druryhotels.com , Phone: (314) 231-3003 Four Seasons Hotel St Louis 999 North 2nd Street, St Louis, MO 63102, www.fourseasons.com/stlouis , Phone: (314) 881-5800

Holiday Inn St. Louis Downtown – Convention Center

811 N 9th St, St. Louis, MO 63101, www.holidayinn.com/stlouisdwn, Phone: (314) 421-4000

Hyatt Regency St. Louis at the Arch

315 Chestnut Street, St. Louis, MO 63102, www.stlouisarch.hyatt.com, Phone: (314) 655-1234

Magnolia Hotel St. Louis

421 North 8th Street, St. Louis, MO 63101, www.magnoliahotels.com, Phone: (314) 436-9000

St. Louis Marriott Grand

800 Washington Avenue, St. Louis, MO 63101, www.marriott.com, Phone: (314) 621-9600

Pear Tree Inn St. Louis near Union Station

2211 Market St, St. Louis, MO 63103, www.druryhotels.com, Phone: (314) 241-3200

The Ritz-Carlton, St. Louis

100 Carondelet Plaza, St. Louis, MO 63105, www.ritzcarlton.com/stlouis, Phone: (314) 863-6300

The Westin St. Louis

811 Spruce Street, St. Louis, MO 63102, www.starwoodhotels.com/westin, Phone: (314) 621-2000

ATHLETES AND COACHES

REPORTING FOR EVENTS

Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a rolling schedule. It is not the fault of the Meet Management if any athlete misses his/her event. Personal electronics (iPod's, cell phones, etc.) are NOT permitted in the competition areas.

NO EXCUSES WILL BE ACCEPTED

UNIFORMS

There is no specific uniform required except as follows:

- In all events, competitors must wear clothing that is clean, designed and worn so as not to be objectionable.
- The clothing must be made of a material that is not transparent even if wet.
 - Bare midriffs are not allowed. If the uniform is of a two-piece design (top and bottom), the top must either be tucked into the waistband or cover the waistband when the athlete is standing erect. A one piece uniform must not allow for a bare midriff.
- Athlete's tops must be of the same color front and back.
- All participating relay team members must wear jersey's/tops of the same color, front and back. At Regional Qualifier and National Championships, all team participants shall wear shorts of the color, or, in the case of one piece uniforms, the bottoms of relay team uniforms should be of the same color.
- A competitor must wear footwear on both feet.
- The competitors must not wear clothing that could impede the view of the judges, except in cross country, when the weather is cold.

BIBS

Each athlete will be provided a Bib Number and wristband which are required for competition and admission. The replacement fee for lost/damaged bibs or wristbands is \$10.00 each.

SPIKES

Only 1/4" spikes are allowed. Needle type spikes are prohibited. Athletes will not be allowed to compete with spikes that do not comply.

AWARDS

First through Third place finishers in each division and event will be awarded AAU Medals. Fourth through Sixth place finishers will be awarded ribbons. Medals may be picked up 30 minutes after the results have been posted at the Awards Table. Coaches or parents are required to pick up all medals/ribbons for athletes under the age of 13. Relay medals must be picked up as a team, individual relay medals will not be distributed.

ADVANCEMENT TO AAU NATIONALS

The top six (6) individual finishers in running events, top five (5) individual finishers in field events and the top four (4) relay and multi-event finishers in each event will advance to the AAU Junior Olympic Games National Championship to be held at:

Humble High School

Houston, Texas

Qualifiers for the 20165 AAU Junior Olympic Games in Houston, TX (July 30 – August 6, 2016) must declare and register for the meet online thru www.coacho.com. The deadline for entry to the AAU Junior Olympic Games is July 19, 2016. (Must pay online by 11:59 pm EST).

MEDICAL

Medical services will be on site all days for treatment of injuries and First Aid.

ACCESS TO TRACK & INFIELD

Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the Meet.

THIS RULE WILL BE STRICTLY ENFORCED.

WARM UP AREA

Athletes may warm-up outside of the Stadium or in the designated warm up area. No warm-ups will be allowed on the track during competition.

COACHES MEETING

A Coaches' meeting will be held after the 3000M Run on Saturday at the finish line.

IMPLEMENTS

All Shot Put and Discus implements to be used in competition will be provided by Meet Management.

WEIGH-IN & INSPECTION

Multi-Events: Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will provided by Meet Management. **Track & Field:** Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will provided by Meet Management.

FALSE STARTS

Except in combined events, any competitor(s) responsible for the false start shall be disqualified. For 8 & Under, 9 Years, 10 Years, 11 Years, 12 Years, 13 Years

and 14 Years Old age divisions, no penalty shall be imposed for the first false start but the starter shall disqualify the offender for the second false start. False starts are called on individuals, not the field. In the 15-16 Years, 17-18 Years Old age divisions, the athlete shall be disqualified upon the first false start.

PROTESTS

Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A \$75.00 cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.

IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.

COACHES EDUCATION

The AAU National Office is happy to announce to its members, FREE Coaches Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on "Join Now" to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete the course prior to competition.