

# 2016 REGION 9 AAU JUNIOR OLYMPICS TALLAHASSEE REGIONAL QUALIFIER



## INFORMATION PACKET

**WHERE:**

Florida State University's Mike Long Track  
1104 Spirit Way  
Tallahassee, Florida 32306

**PACKET PICKUP:** Wednesday, June 22, 2016 (6 p.m. – 8 p.m.) *Mike Long Track*  
Thursday June 23 – Sunday June 26 (7 a.m. – 2 p.m.) *Mike Long Track*

**DATES:**

Thursday- June 23	Multi-Events/ Track and Field
Friday- June 24	Multi-Events/ Track and Field
Saturday- June 25	Track and Field
Sunday- June 26	Track & Field

**COACHES MEETING/PACKET PICK-UP (HIGH RECOMMENDED):**  
**Thursday June 23, 7:00 PM – 9:00 PM TBA**

**MEET  
DIRECTOR:**

Alice Sims, 850-322-3929  
CCCC Track Club  
alicebsims@comcast.net

**HOST CLUBS:**

TEAM Tallahassee  
Capital City Christian Cruisers TC  
Tallahassee Trailblazers TC  
Tallahassee Zoom TC  
Tallahassee Striders TC  
Big Bend Striders TC

**HOST AGENCY:** Visit Tallahassee  
Tallahassee Sports Council  
Amanda Heidecker, 850-606-2317  
Amanda.Heidecker@visittallahassee.com

**Visit [www.VisitTallahassee.com/AAU](http://www.VisitTallahassee.com/AAU) for specific event information about hotels, registration and schedule of events!!**

**TIMING:** Gunlap Running Timing & Event Management Services

**RULES:** In accordance with AAU Youth Athletics Guidelines

**SANCTION:** This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU website at [www.aausports.org](http://www.aausports.org) to obtain their membership.

**AGE DIVISIONS:**

<b>Division (Girls &amp; Boys)</b>	<b>2016</b>
<b>8 - Under</b>	<b>2008 &amp; After</b>
<b>9 years</b>	<b>2007</b>
<b>10 years</b>	<b>2006</b>
<b>11 years</b>	<b>2005</b>
<b>12 years</b>	<b>2004</b>
<b>13 years</b>	<b>2003</b>
<b>14 years</b>	<b>2002</b>
<b>15-16 years</b>	<b>2000-2001</b>
<b>17-18 years</b>	<b>1998-1999</b>

***\*\*The AAU Athletics program is comprised of nine (9) age divisions. The athlete's year of birth shall determine the appropriate age division for current year competition for all age division 8-under through 15-16. The DATE of birth shall be used to determine the appropriate age division for the 17-18 age division thus assuring that any athlete that does not turn 19 before the last of the National AAU Junior Olympic Games competition is still eligible to compete. Athletes MUST NOT turn 19 before the final day of the AAU Junior Olympic Games competition. \*\****

**ELIGIBILITY/AAU MEMBERSHIP:** Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership may be obtained online at [www.aausports.org](http://www.aausports.org). The AAU membership fee is not included in the AAU Area 9 National Qualifier entry fee and must be obtained prior to participation in this meet.

**PROOF OF AGE:**

Proof of age may be required at District, National Qualifier, and National Championship events and whenever required and/or challenged.

**Acceptable forms of age verification include:**

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority
3. A US Military Government Identification Card
4. A valid (not expired) passport
5. A valid US driver's license

**MEET ENTRY:**

Each athlete/team competing in this meet must complete the entry process on [www.CoachO.com](http://www.CoachO.com).

**ENTRY FEE:** Entry fee is \$25 per individual athlete competing in Track & Field and \$25 per Multi-Event athlete. All members of relay teams, including alternates, who have not entered an individual event, must pay a \$25.00 entry fee.

Payments will only be accepted online at [www.coacho.com](http://www.coacho.com). Entry Fee must be paid online at the time of registration.

**ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.**

Visa and Master Card accepted online. [http://coachoregistration.com/meet/entry/nq\\_aau](http://coachoregistration.com/meet/entry/nq_aau)

**ENTRY DEADLINE:**

**REGISTRATION WILL OPEN ON MARCH 1, 2016 AND CLOSE ON JUNE 21, 2016, 12:00 MIDNIGHT, EASTERN STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.**

**ADVANCEMENT:**

The top (6) six finishers in each Running Events advance, the top (5) five finishers in each Field Events advance and the top (4) four Relays & Multi events advance to the AAU Junior Olympic Games – Houston, Texas – July 27 – August 6, 2016

**(AAU JUNIOR OLYMPIC GAMES REGISTRATION DEADLINE – JULY 19, 2016)**

**QUALIFYING:**

Athletes must advance from a District Qualifier in order to compete in an AAU Regional Qualifier.

**CHALLENGE:**

All challenges to meet results must be initiated within 5 days after the last day of the meet. All challenges must be emailed to the Meet Directors and all challenges will be resolved within 5 days of the last day of the meet. **AFTER THE 5 DAYS, RESULTS WILL NOT BE CHANGED.** Any issues regarding competition rules will follow USATF rules guidelines.

**ADMISSION:**

There will be a **\$6.00 gate fee charge per person per day**. An All Event Pass can be purchased for **\$18 for all 4 days of competition**. All Children 4 and under will be admitted free.

**PARKING/DIRECTIONS:**

There is no charge for parking. Team buses will be directed to a designated area to park. Directions to the facility and parking can be located at [www.VisitTallahassee.com/AAU](http://www.VisitTallahassee.com/AAU).

**COACHES PASS:**

4-10 Athletes One (1) complimentary Coaches Credential issued  
11-20 Athletes Two (2) complimentary Coaches Credential per club  
21-30 Athletes Three (3) complimentary Coaches Credentials per club  
Over 30 Athletes\* Four (4) complimentary Coaches Credentials per club

All Registered athletes with a 2015 AAU Card and Competition Number will also be admitted free.

**\*A Maximum of four (4) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited. There are absolutely NO Replacements for Lost or Stolen Credentials.\***

**AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!!**

**RESULTS:**

Results will be posted on line at [www.aauathletics.org](http://www.aauathletics.org) and [www.coacho.com](http://www.coacho.com)

**AAU JUNIOR OLYMPIC GAMES DECLARATION & REGISTRATION INFORMATION:**

The top (6) six finishers in each Running Events advance, the top (5) five finishers in each Field Events advance and the top (4) four Relays & Multi events advance to the AAU Junior Olympic Games – Houston, Texas – July 27 – August 6, 2016. Those athletes that qualify must declare and register for the meet at [www.coacho.com](http://www.coacho.com) before July 19, 2016. No entries will be accepted after Midnight EST (9:00 p.m. on the West Coast) July 19, 2016. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games.

**FINAL AAU JUNIOR OLYMPIC GAMES SCHEDULE OF EVENTS:**

The FINAL AAU Junior Olympic Games Schedule will be posted on July 30, 2016 at [www.aauathletics.org](http://www.aauathletics.org)

**PROTESTS:**

Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests MUST be filed on official protest forms and presented to the Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited.

**THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS**

# ATHLETES, COACHES AND VENUE INFORMATION

## **TENTS:**

Tents will be allowed only in designated areas. Meet management reserves the right to change this policy if it presents a problem. Tents will be allowed in areas that do not interfere with meet management and only in designated areas. Tent tops must be removed at night or during inclement weather.

## **SHOWER & LOCKER ROOMS:**

There are no shower or locker room facilities available at the track & field venue. All competitors must arrive at the track dressed and ready to compete.

## **RESTROOM FACILITIES:**

Restroom facilities will be available at the track & field venue.

## **BIB NUMBERS:**

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

## **HIP NUMBERS:**

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

## **IMPLEMENTS:**

Athletes may bring their own implements to use during competition. However, personal implements must be checked in prior to competition. Implement check-in will occur near the field event area.

## **ATHLETE WARM-UP:**

There will be a designated area for athlete warm up. The track will open one hour prior to the 1st running event of each day.

## **ATHLETE CHECK-IN:**

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. It is recommended that athletes check in for their event at least 30 minutes before their scheduled event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

## **RELAY EVENTS:**

There is no additional entry fee for relay events as long as the following criteria are met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2016 AAU registered club.
- 3) All competitors must have current AAU membership

Athletes listed as relay alternates (up to 4) will have that relay event count towards their event limitation.

## **RUNNING EVENT RULES:**

**100m, 200m, 400m, 80m hurdle, 100m hurdle, 110m hurdle and 4 x 100 relay** events each have two rounds, Semi-Final and Final. The top eight (8) fastest times from the semi-final will advance to the final. If there are eight (8) or fewer entries in the semi-final, then that event will be ran as a final at the semi-final time. The 4x400m relays will run a three turn stagger with up to eight (8) teams per heat. The 4x800

relays will run a two-turn stagger with up to 16 teams per heat. Combining heats/divisions is at the discretion of the meet director.

### **FIELD EVENT RULES:**

Each competitor will have four (4) attempts for throws and horizontal jumps. Athletes who must leave for another event must check out with the event official. These athletes may also request to take attempts in succession.

In the vertical jumps, within a division, once the bar moves up, it will not move down for any reason. If excused during a round the athlete must return prior to the conclusion of that round or forfeit remaining attempts.

### **AWARDS:**

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. **Medals will not be mailed to the athlete's home.** It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

### **FOOD/DRINK/COOLERS:**

There will be concessions available. Team/Athlete coolers will be allowed, however, **NO GLASS CONTAINERS** are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

### **EVENT SCHEDULES:**

The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

**T-SHIRTS:** 2016 AAU National Qualifying Meet T-Shirts will be on sale and available by Fine Design.

### **INCLEMENT WEATHER:**

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

### **MEDICAL:**

Emergency Medical personnel are on call. Ice and water will be provided for injuries only. Athletic trainers will not treat or tape any athletes prior to competition and are not on duty to prevent or give advice as related to injuries occurring before the meet. ***Athletic Trainers are on duty in case of injury.***

### **FLUIDS:**

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

### **WEATHER:**

The average high temperature in Tallahassee during the month of June is in the mid to high 90's so be prepared because it will be very hot.

