

# STAAU TRACK & FIELD DISTRICT QUALIFIER (*Southern Region*)

*D. W. Rutledge Stadium  
Converse, Texas 78109*

**June 24-25, 2016**

**South Texas AAU Athletics Event Host**

**Janis Henderson Meet Director [janisrh@flash.net](mailto:janisrh@flash.net)  
512-563-2893**

## CHECK - IN

<b>June 23, 2016</b>	<b>Early Check-In @ Rutledge Stadium</b>	<b>4:30pm – 8:00pm</b>
<b>June 24, 2016</b>	<b>Check-In @ Rutledge Stadium</b>	<b>6:00 am - 1:00 pm</b>
<b>June 25, 2016</b>	<b>Check-In @ Rutledge Stadium</b>	<b>6:00 am - 1:00 pm</b>

**ENTRY FEE: \$20.00**

**ELIGIBILITY:** Must have a valid AAU 2016 membership, and live in the following counties.  
Atascosa, Bee, Bexar, Brooks, Calhoun, Cameron, Dewitt, Dimmit, Duval, Frio,  
Goliad, Hidalgo, Jackson, Jim Hogg, Jim Wells, Karnes, Kennedy, Kinney, Kleberg,  
La Salle, Live Oak, Maverick, McMullen, Medina, Nueces, Refugio, San Patricio,  
Starr, Uvalde, Victoria, Webb, Willacy, Wilson, Zapata, and Zavala.

- \* This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- \* All participants must have a current AAU Membership.
- \* AAU membership may not be included as part of the entry fee to the event
- \* AAU Youth Athlete membership must be obtained before the competition begins
- \* **BE PREPARED!** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed
- \* Participants can visit the AAU website [www.aausports.org](http://www.aausports.org) to purchase AAU Memberships.



## Online Registration Required

Online entry **MUST** be done at [www.coacho.com](http://www.coacho.com)

Online registration will not be reopened after closing time. Therefore, you must make all final changes before closing time. **NO ATHLETES WILL BE ALLOWED TO ENTER AFTER THE CLOSING TIME.** **Deadline: June 22, 2016 at 11:59pm CST**

**PLEASE DOUBLE CHECK YOUR ENTRIES USING THE EMAIL CONFIRMATION YOU RECEIVE.**

- AGE PROOF:** Required when registering and whenever challenged. Must be an Original or Notarized copy of Birth Certificate, Driver's License, Military ID, or current Passport; **ABSOLUTELY** required at The National Junior Olympic Games.
- AAU CARD:** Cost is \$14.00 per card and must be purchased online at [www.aausports.org](http://www.aausports.org) before competing at any Sanctioned AAU Meet. Cards must be presented at the District Qualifier Meet.
- RELAYS:** Relays are run in the 8&under, 9-10, 11-12, 13-14, 15-16, and 17-18 age divisions only. Relay teams must have current 2015 Club Membership. All relay teams must wear tops and shorts of the same color.
- ADVANCEMENT** Top 16 athletes in each event qualify for Regional Qualifier
- AWARDS:** Top 3 finishers in each event will receive a medal. It is the responsibility of the competitor, coach, or parent to pick up awards before leaving meet. No medals will be mailed. Relay medals will only be given to the coach of the team.
- RESULTS:** Results will be posted online at [www.aauathletics.org](http://www.aauathletics.org)
- FOOD & DRINK:** There will be concessions available. Medium size ice chest may be brought in with fruit, water & sports drinks. No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.
- STADIUM:** Parents and Coaches are not allowed on the track or infield. Only Officials with Credentials will be allowed on the track.
- MEDICAL:** Certified Trainers will be available for injuries and first aid only. No taping of athletes by trainers.
- SPECTATOR ADMISSION:** \$9.00/Daily



**AGE DIVISIONS:**

<b>2008 &amp; After</b>	<b>8 and Under Girls &amp; Boys</b>
<b>2007</b>	<b>9 Year Old Girls &amp; Boys</b>
<b>2006</b>	<b>10 Year Old Girls &amp; Boys</b>
<b>2005</b>	<b>11 Year Old Girls &amp; Boys</b>
<b>2004</b>	<b>12 Year Old Girls &amp; Boys</b>
<b>2003</b>	<b>13 Year Old Girls &amp; Boys</b>
<b>2002</b>	<b>14 Year Old Girls &amp; Boys</b>
<b>2000/2001</b>	<b>15-16 Year Old Girls &amp; Boys</b>
<b>1998/1999</b>	<b>17-18 Year Old Girls &amp; Boys</b>

**ROLLING SCHEDULE – Track & Field Start time is 7:00 am. Events will be run one after the other. Athletes are responsible for their events and should be present awaiting for the start of their event. You must pay attention and listen for all PA announcements.**

**EXEMPT EVENTS – Multi-Events, Steeplechase, Pole Vault, Javelin and Race Walk are exempt from competing at the District Qualifier. Register for these events at Regional**

**YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.**



## **ALL RUNNING EVENTS ARE TIMED FINALS**

**FRIDAY, JUNE 24<sup>th</sup>**

**7:00AM**

**3000 Meter Run (11G/B, 12G/B)**  
**4 x 100 Meter Relay (8UG/B, 10G/B, 12G/B)**  
**80 Meter Hurdles (8-30") (11G/B, 12G/B)**  
**800 Meter Run (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)**  
**100 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)**  
**400 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)**  
**4 x 800 Meter Relay (11-12G/B)**  
**200 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)**  
**1500 Meter Run (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)**  
**4 x 400 Meter Relay (9-10G/B, 11-12GB)**

**SATURDAY, JUNE 25<sup>th</sup>**

**7:00AM**

**3000 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)**  
**4 x 100 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)**  
**110 Meter Hurdles (10-39") (15-16B, 18-18M)**  
**100 Meter Hurdles (10-33") (13B, 14B, 15-16G, 17-18W)**  
**100 Meter Hurdles (10-30") 13G, 14G)**  
**800 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)**  
**100 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)**  
**400 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)**  
**4 x 800 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)**  
**400 Meter Hurdles (10-36") (15-16B, 17-18M)**  
**400 Meter Hurdles (10-30") (15-16G, 17-18W)**  
**200 Meter Hurdles (8-30") (13G/B, 14G/B)**  
**200 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)**  
**1500 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)**  
**4 x 400 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)**



## FIELD EVENTS

### FRIDAY JUNE 24<sup>th</sup>

<b>SHOT PUT</b>	<b>RING 1</b>	8:00	13G	<b>RING 2</b>	8:00	13B	
		9:30	15-16G		9:30	15-16B	
		11:00	14G		11:00	14B	
		1:30	17-18W		1:30	17-18M	
<b>DISCUS</b>	<b>RING 1</b>	8:00	17-18W	<b>RING 2</b>	8:00	17-18M	
		9:30	14G		9:30	14B	
		11:00	15-16G		11:00	15-16B	
		1:30	13G		1:30	13B	
<b>LONG JUMP</b>	<b>PIT 1</b>	8:00	13G	<b>PIT 2</b>	8:00	13B	
		9:30	15-16G		9:30	15-16B	
		11:00	14G		11:00	14B	
		12:30	17-18W		12:30	17-18M	
<b>TRIPLE JUMP</b>	<b>PIT 1</b>	2:00	13G	<b>PIT 2</b>	2:00	13B	
<b>Run as Rolling</b>			15-16G			15-16B	
<b>Schedule</b>			14G			14B	
			17-18W			17-18M	
<b>HIGH JUMP</b>	<b>PAD 1</b>	8:00	17-18W	<b>PAD 2</b>	8:00	17-18M	
		9:30	14G		9:30	14B	
		11:00	15-16G		11:00	15-16B	
		1:30	13G		1:30	13B	

*“Sports For All, Forever”*



## FIELD EVENTS

### SATURDAY JUNE 25<sup>th</sup>

<b>HIGH JUMP</b>	<b>PAD 1</b>	<b>8:00 10G</b>	<b>PAD 2</b>	<b>8:00 10B</b>		
		<b>9:30 9G</b>		<b>9:30 9B</b>		
		<b>11:00 12G</b>		<b>11:00 12B</b>		
		<b>1:30 11G</b>		<b>1:30 11B</b>		
<b>LONG JUMP</b>	<b>PIT 1</b>	<b>8:00 12G</b>	<b>PIT 2</b>	<b>8:00 12B</b>		
		<b>9:30 11G</b>		<b>9:30 11B</b>		
		<b>11:00 8UG</b>		<b>11:00 8UB</b>		
		<b>1:30 9G</b>		<b>1:30 9B</b>		
		<b>3:00 10G</b>		<b>3:00 10B</b>		
<b>DISCUS</b>	<b>RING 1</b>	<b>8:00 11G</b>		<b>8:00 11B</b>		
		<b>9:30 12G</b>		<b>9:30 12B</b>		
<b>SHOT PUT</b>	<b>RING 1</b>	<b>8:00 8UG</b>	<b>RING 2</b>	<b>8:00 8UB</b>		
		<b>9:30 9G</b>		<b>9:30 9B</b>		
		<b>11:00 10G</b>		<b>11:00 10B</b>		
		<b>1:30 11G</b>		<b>1:30 11B</b>		
		<b>3:00 12G</b>		<b>3:00 12B</b>		
<b>TURBO JAV</b>		<b>8:00 8UG</b>		<b>8:00 8UB</b>		
<b>Run as Rolling</b>		<b>9G</b>		<b>9B</b>		
<b>Schedule</b>		<b>10G</b>		<b>10B</b>		
		<b>11G</b>		<b>11B</b>		
		<b>12G</b>		<b>12B</b>		

*“Sports For All, Forever”*