

Lake Erie AAU Track and Field District Championship

Date: June 17 and 18, 2017

Where: Ellet High School , 309 Woolf Avenue, Akron, Ohio 44312

Host: West Akron Track Club

Meet Director: David Townsend 330-559-1992 email: dtown23253@aol.com

Denise Brandon 330-608-1311 email: osudst@prodigy.net

Registration: Kevin Towns 614-208-0334 email: kevin.towns@nokia.com

DEADLINE: Wednesday, June 14, 2017 at 11:59 pm. ALL ENTRIES WILL BE DONE
ONLINE AT COACHO.COM.

ENTRY FEE: 20.00 per athlete with current AAU card. All fees are non refundable

AGE: 7yrs old to 18 yrs old(Aug 5, 2017 is cutoff date for 18yrs old)

TIME: 9:00 am Running and Field Events

Order of running events on Saturday June 17th 9:00am 13yr old to 18 yr old:
4x800 relay, 100/110 hurdles, 100 m dash prelims, 1500 m run, 4x100m
relay,3000m racewalk, 400, 200m Hurdles, 400m Hurdles, 100m finals, 800m run,
200m, 3000m run 4x400 relay

Order of running events on Sunday June 18th 9:00am: 7yrs old to 12yrs old: 80m
H, 100m dash prelims, 1500m run, 4x100 relay, 400, 1500m racewalk, 100 m
finals, 800m, 200m, 4x400

Field events: Saturday June 17th 9:00am 7yr to 12 yr old athletes.

Field events: Sunday, June 18th 9:00am 13yr to 18 yr old athletes

In compliance of this entry being accepted. I hereby for myself, my heirs, executors ,administrators, waive and release any and all claims for damages I may have against AAU and Lake Erie AAU Track and Field, the Akron City Public School District and the city of Akron, Ohio and the West AkronTrack and Field Club, its members, meet officials for any and all injuries suffered by my child or myself at this meet. I certify that myself or child is an amateur athlete. I further certify that I or child has trained sufficiently to participate in this meet.

Signed _____ Athlete _____ Parent or Guardian

LAKE ERIE AAU DISTRICT MEET ORDER OF EVENTS

RUNNING: Top 16 advance: PV & Steeplechase advance to National Qualifier

Saturday :9:00am 13 to 18yrs old: 4x800 relay, 100H, 110H, 100M prelims,1500M, 4x100 relay, 3000m racewalk, 400, 200H, 400H, 100M finals, 800M, 200M, 3000M, 4x400

Sunday: 9:00am: 7 to 12yrs old: 4x800,80H, 100M prelims, 1500M, 4x100 relay, 400, 1500M racewalk, 100M finals, 800M, 200M, 3000M, 4x400

FIELD EVENTS: Saturday START AT 9:00am: B-Boys G-Girls/ Top 16 advance

	Shot put	Discus	L J	HJ	TURBO
9am	9 BG	11 BG	7-8G	12BG	10BG
10am	10BG	12BG	9BG	11BG	7-8BG
11am	11BG		10BG		9BG
12pm	12BG		11BG	9BG	12BG
1 pm	7-8BG		12BG	10BG	11BG
2:00			7-8 B		

FIELD EVENTS: SUNDAY

	SHOT PUT	DISC	L J	HJ	JAV	TJ
9AM	17-18BG	14BG	13BG	15-16BG		
10AM	15-16BG	13BG	14BG	17-18BG		
11AM	14BG	17-18BG	15-16BG	13BG		
12PM	13BG	15-16BG	17-18BG	14BG		
1:00PM					ALL	ALL