

**2017**  
**Iowa AAU**  
**District Qualifier**  
**Track & Field Meet**  
**June 10, 2017**

BILL BUXTON STADIUM  
SIMPSON COLLEGE  
701 NORTH C STREET  
INDIANOLA, IA 50125



Marvin (Marv) Allen  
Iowa District Sports Director  
AAU Track & Field  
(515) 252-0856  
[aaustarter@copper.net](mailto:aaustarter@copper.net)

Visit [www.aauiaowa.org](http://www.aauiaowa.org) for latest information

## VENUE

**DATE & TIMES:** Track and Field Events: Saturday, June 10, 2017  
**STADIUM** opens at 6:00 a.m.  
**EVENT CHECK-IN** begins at 7:30 a.m.  
**COMPETITION** begins at 8:00 a.m.  
**ALL EVENTS WILL RUN ON A ROLLING SCHEDULE.**  
**TRACK EVENTS WILL RUN WITH TIMED FINALS.**

**LOCATION** BILL BUXTON STADIUM  
SIMPSON COLLEGE  
701 NORTH C STREET  
INDIANOLA, IA 50125

**GOVERNANCE** The 2017 Iowa AAU District Qualifier will be conducted under the AAU code guidelines and follow competitive rules of the NGB as modified and outlined in the AAU Youth Athletics Handbook (available at [www.aauathletics.org](http://www.aauathletics.org))

## REGISTRATION

**AAU MEMBERSHIP REQUIREMENTS & ATHLETE ELIGIBILITY** A current 2017 AAU membership number is necessary to register for this meet. AAU memberships can be obtained on-line at [www.aausports.org](http://www.aausports.org). If you already have a 2017 AAU membership card from another AAU sport, you do not need to purchase another card. Membership corrections must be made through Jackie Markham (407) 828-4074.

**NOTE:** Athletes and coaches must be registered members of their state's AAU District, which entails a \$14.00 annual fee for athletes and \$16.00 for coaches.

**HOW TO REGISTER** All registrations will be conducted on-line. Additions and corrections can be made up to the entry deadline June 7, 2017 11:59 p.m. **NO CHANGES** can be accepted after the deadline. Please use the on-line location below to register.

- **Go to:** [www.coacho.com](http://www.coacho.com)
- **Click on:** Online Registration
- **Click on:** Enter a meet > Meets are listed by date > Find the **Iowa District Qualifier June 10, 2017**
- **Log in or Register**, if you have not already registered. **Search** for your team. If it has not already been created, the site walks you through how to create your team after the search.
- **If you are unattached (no team)** you must select UNATTACHED as YOUR TEAM NAME. Create your team rosters (girls and boys) including birthdates. Revisions to team rosters and events can be made online before the Registration deadline. Once registration closes all questions should be directed to Marv Allen – Meet Director at (515) 252-0856.

Registration opens APRIL 15, 2017

[http://coachoregistration.com/meet/enter/ia\\_aaudqia/](http://coachoregistration.com/meet/enter/ia_aaudqia/)

**ENTRY FEE** The entry fee is **\$20.00** per athlete. There is only one option for payment this year. Entry fees **MUST** be paid on-line with a credit card to complete the registration process.

**ENTRY DEADLINE** All athletes must register on-line **NO LATER** than **MIDNIGHT, Wednesday, June 7, 2017. ON-SITE REGISTRATIONS WILL NOT BE AVAILABLE AT THIS MEET. There will be a \$10.00 surcharge for each registration received after June 7, 2017. Lost bib numbers will cost \$10.00.**

## UNCONTESTED EVENTS

The following events will **NOT** be contested at the Iowa AAU Meet: Multi-Events, Steeplechase, and Pole Vault. Athletes wishing to enter these events at the Regional Meet, will be allowed to do so at [www.coacho.com](http://www.coacho.com).

## AGE DIVISIONS

Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls.

**YEAR OF BIRTH** determines the division in which the athletes must compete. Competing in the wrong division is grounds for disqualification.

DIVISION	YEAR OF BIRTH	AGE ON 2017 BIRTHDAY
8 & under	2009 and after	8 or younger
9 year old	2008	9
10 year old	2007	10
11 year old	2006	11
12 year old	2005	12
13 year old	2004	13
14 year old	2003	14
15 & 16 year old	2001 & 2002	15 & 16
17 & 18 year old	1999 & 2000	17 & 18

**NOTE:** Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the Young Men's or Young Women's age division.

## PROOF OF AGE

Proof of age may be required at District, Regional Qualifier and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority
3. A U.S. Military Government Identification Card
4. A valid (not expired) passport
5. A valid U.S. driver's license

**NOTE:** Other forms of documentation, including, but not limited to, letters from public or private schools and/or city and state Parks & Rec Department are not acceptable.

## EVENT LIMITS

8 & under, 9, 10, 11 and 12 year olds: Maximum of **3** events.  
13, 14, 15 & 16, and 17 & 18 year olds: Maximum of **4** events.

**NOTE:** Any athlete who participates in more than his/her age division's prescribed maximum number of events will be disqualified from this meet and **WILL NOT** be allowed to advance to the National meet in **ANY** event.

## RELAY LIMITS

Participation of relay teams will be limited to those clubs which hold a current 2017 valid club membership in AAU.

Relay teams consist of four (4) members and can list up to four (4) alternates.

Relays are conducted in the 8 & under, 9 & 10, 11 & 12, 13 & 14, 15 & 16, 17 & 18 divisions **ONLY**. **The 9 & 10 year olds, 11 & 12 year olds, and 13 & 14 year olds may run in the same divisions ONLY IN THE RELAYS.**

**NOTE:** Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.

## ATHLETES AND COACHES

### REPORTING FOR EVENTS

Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a **ROLLING** schedule. It is not the fault of the Meet Management if any athlete misses his/her event.

**NO EXCUSES WILL BE ACCEPTED.**

### UNIFORMS

There is no specific uniform required except as follows:

1. All athletes must wear clothing that is clean and in the opinion of the officials, in good taste. A jersey (top) must be worn by all competitors.
2. Shoes or foot coverings must be worn by all competitors.
3. All members of a relay team must wear jerseys & shorts of the same color.
4. Speed suits & one piece uniforms are acceptable as long as the chest area is covered.

### SPIKES

Any shoes containing spikes must have 1/8" or 1/4" pyramid spikes. Needle type spikes are prohibited. Athletes will not be allowed to compete with spikes that do not comply.

### WAIVERS

Athletes scheduled to take a college entrance exam (ACT/SAT) will be waived to National Qualifier upon receipt of proper documentation by **Thursday, June 1, 2017**. Email proper documentation to: [aaawaivers@ausports.org](mailto:aaawaivers@ausports.org)  
Please do not send waiver request to any other e-mail address.

### AWARDS

First through third place finishers in each division and event will be awarded AAU medals. Fourth through sixth place finishers will be awarded ribbons.

### ADVANCEMENT TO AAU REGIONAL QUALIFIER

The top sixteen (16) Individual, Field, Relay Teams will advance to the AAU Regional Qualifier.

Athletes **CANNOT** be advanced at any level of competition without having successfully qualified through the required qualifying rounds in the proper event and division.

**June 29 - 30 Multi Events**

**July 1 – 2 Track & Field Events**

Regional 14 AAU Track & Field Regional Qualifier

Park Center High School; 7300 Brooklyn Blvd.; Brooklyn Park, MN 55443

Melvin Anderson

Phone: 763-227-0783

[melvinanderso@gmail.com](mailto:melvinanderso@gmail.com)

Jack Mayeron

Phone: 612-486-6730 ext. 12

[jmayeron@youthdetermined.org](mailto:jmayeron@youthdetermined.org)

<b>TRAINER</b>	A certified trainer will be on site all day Saturday, June 10, 2017.
<b>ACCESS TO TRACK AND INFIELD</b>	Only the Meet Director, meet workers and competing athletes will be allowed on the field. Any unauthorized individuals on the Track, or in the field, will result in a disqualification of their athlete or team. <b>THIS RULE WILL BE STRICTLY ENFORCED.</b>
<b>COACHES MEETING</b>	A coaches' meeting will be held Saturday at <b>7:30 a.m.</b> on the 50 yard line.
<b>PROTEST</b>	Protest relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but in any case, not more than 30 minutes after the results have been announced. A <b>\$50.00</b> cash deposit must accompany the protest. The Referee shall follow the 2017 AAU Athletics Handbook and the 2017 USATF Rulebook in rendering his decision. When the Referee renders his decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.  <b>IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.</b>
<b>SPECTATORS</b>	
<b>FOOD AND DRINK</b>	There will be concessions available. Medium-sized ice chests may be brought in fruit, water, and sports drinks. No glass containers are permitted. Fast food meals are not allowed in the stadium.
<b>MEET PROGRAM</b>	A Meet Program (if available) will be sold at the meet.
<b>TENTS &amp; CANOPIES</b>	Tents and canopies will be permitted <b>ONLY</b> in designated areas.
<b>GATE ADMISSIONS</b>	Athletes & Coaches: <b>FREE</b> with proof of valid 2017 AAU Membership. Adults: <b>\$5.00</b> Students & Senior Citizens: <b>\$2.00</b> 5 & Under: <b>FREE</b>
<b>PARKING</b>	Ample parking is located adjacent to the track.
<b>RESTROOMS</b>	Stadium restroom facilities are located adjacent to the track. Additional portable facilities will be available at other locations.
<b>INCLEMENT WEATHER</b>	The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet

Director and the Games Committee. We will have indoor access to Simpson College, in case of lightning, storm or any other adverse weather.

In the event the meet is delayed due to lightning, the Meet Director will make an updated announcement every 20 minutes until the meet is resumed.

## MEET OFFICIALS

### COORDINATOR & MEET DIRECTOR

**Marvin (Marv) Allen**  
Iowa District Sports Director  
AAU Track & Field  
(515) 252-0856  
[aaustarter@cooper.net](mailto:aaustarter@cooper.net)

### HEAD REFEREE

**Cortez Nichols**  
[Xcaliburs2003@yahoo.com](mailto:Xcaliburs2003@yahoo.com)

### ONLINE ENTRY SUPPORT

**Bill Haynes**  
[support@coachco.com](mailto:support@coachco.com)

### HY-TEK DATA Email Results website

**Kent Allshouse**  
[spotontiming@yahoo.com](mailto:spotontiming@yahoo.com)  
[www.spotontiming.com](http://www.spotontiming.com)

### SIMPSON COLLEGE HEAD TRACK & FIELD COACH

**Dave Cleveland**  
[dave.cleveland@simpson.edu](mailto:dave.cleveland@simpson.edu)

### CHALLENGES:

Any person wishing to challenge the Final Results must do so via email to Kent Allshouse @ [spotontiming@yahoo.com](mailto:spotontiming@yahoo.com) within 24 hours after the competition ends. This process is intended to resolve clerical errors or eligibility issues only. Issues regarding Rules of Competition will follow the AAU Athletics Handbook.



*"Sports for All, Forever"*

## LOCAL AREA RESTAURANTS

A & W  
109 E 2<sup>nd</sup> Avenue  
961-3553

Uncommon Grounds  
101 E. Salem  
961-9681

Burger King  
N. Jefferson (Hwy 65-69)  
962-2055

Taco John's  
1103 N. Jefferson (Hwy 65-69)  
961-3335

The Brickhouse Tavern  
107 N. Buxton

Crouse Café  
115 E. Salem  
961-3362

Dairy Queen  
300 N. Jefferson  
961-4725

Cal's Restaurant  
1501 N. 1<sup>st</sup> Street  
961-0206

Subway  
606 N. Jefferson  
961-2315

Funaro's  
201 N. Buxton  
961-7627

Godfather's Pizza  
200 S. Jefferson  
961-8801

LaCasa Mexican Restaurant  
508 N. Jefferson  
961-5417

Arby's  
408 N. Jefferson  
961-6379

HyVee Deli  
910 N. Jefferson  
961-5329

McDonalds  
1207 N. Jefferson  
961-8507

Garden Buffet  
312 N. Jefferson Way  
961-7338

Winn's  
122 W. Ashland  
961-5757

Pete's Pizza  
118 N. Howard  
961-7797

Pizza Hut  
404 N. Jefferson  
961-8401

Sport's Page Grill  
1802 W. 2<sup>nd</sup> Ave  
961-5771

## ACCOMODATIONS

### Indianola:

**Apple Tree Inn**

Hwy 65/69 North  
Indianola, IA 50125  
515-961-0551

**Super 8**

1701 N. Jefferson  
Hwy 65/69 North  
Indianola, IA 50125  
515-961-0058

### Des Moines: (hotels listed with an asterisk (\*) are 15 to 20 minutes from Indianola)

**Radisson\***

6800 Fleur Drive  
Des Moines, IA 50321  
515-285-777

**Hampton Inn\***

5001 Fleur Drive  
Des Moines, IA 50321  
515-287-7300

**Airport Baymont Inn & Suites\***

6221 Army Post Road  
Des Moines, IA 50321  
515-285-0654

**Motel 6\***

4817 Fleur Drive  
Des Moines, IA 50321  
515-287-6364

**Comfort Inn\***

5231 Fleur Drive  
Des Moines, IA 50321  
515-287-3434

**Holiday Inn Airport\***

6111 Fleur Drive  
Des Moines, IA 50315  
515-287-2400

**Days Inn – Airport\***

1901 Hackley Avenue  
Des Moines, IA 50315  
515-256-0603

**Best Western Airport\***

1810 Army Post Road  
Des Moines, IA 50315  
515-287-6464

**Fairfield Inn & Suites\***

6800 Fleur Drive  
(Next to Radisson)  
515-285-777

**Sleep Inn (Des Moines East side)**

5850 Morning Star Court  
Pleasant Hill, IA 50327  
515-299-9922

**Embassy Suites (Downtown)**

101 E. Locust Street  
Des Moines, IA  
515-244-1700

**Holiday Inn (West of I-35)**

6075 Mills Civic Parkway  
West Des Moines, IA 50266  
515-309-3900

**Residence Inn (West of I-35)**

160 S. Jordan Creek Parkway  
West Des Moines, IA 50266  
515-267-0338

**Hilton Garden Inn**

8600 Northpark Drive  
Johnston, IA 50131  
515-223-0571

**Marriott West Des Moines**

1250 Jordan Creek Parkway  
West Des Moines, IA 50265  
515-267-1500

**Comfort Suites**

11167 Hickman Road  
Urbandale, IA 50322  
515-276-1126

**Sleep Inn**

Hickman Road  
Urbandale, IA 50322  
515-276-2424

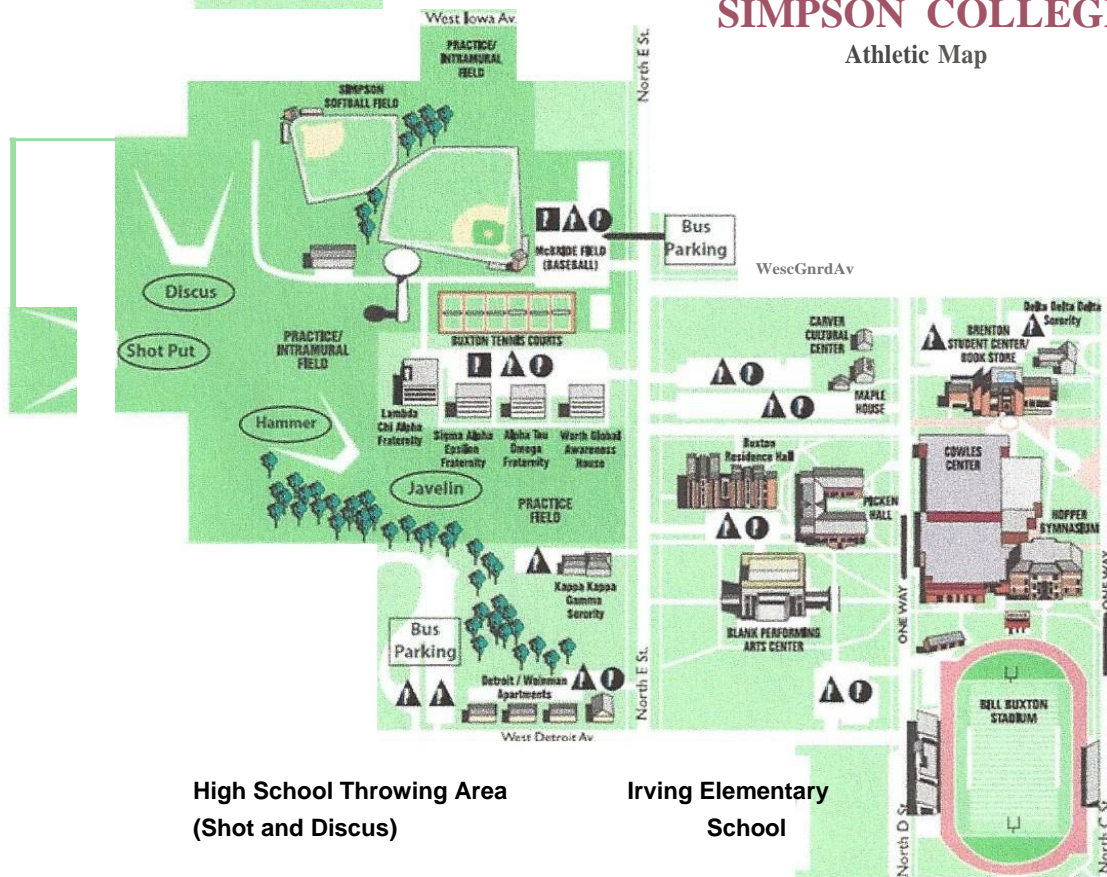
**Drury Inn & Suites**

5505 Mills Civic Parkway  
West Des Moines, IA 50266  
515-457-9500



# SIMPSON COLLEGE

## Athletic Map



**High School Throwing Area  
(Shot and Discus)**

**Irving Elementary  
School**



From Stadium if Walking  
 Go North on D Street.  
 Turn left on Girard Avenue.  
 Walk past Tennis Courts and Water Tower to reach the Discus and Shot Put.

From Stadium if Driving  
 Drive West on Detroit Avenue turn right on North E. Street  
 Park in Baseball Parking Lot.  
 Walk past Tennis Courts and Water Tower to reach Discus and Shot Put Area.