

DATE: JUNE 10 - 11, 2017

HOST: KEYSTONE STATE GAMES

SANCTIONED BY: AMATURE ATHLETIC UNION

REGISTRATION:

ON LINE AT <u>WWW.COACHO.COM</u>, PLEASE NOTE THIS WILL BE THE ONLY MEANS OF REGISTERING FOR THE COMPETITION: YOU MAY REGISTER ON LINE BEGINNING MAY 1, 2017 8:00AM TO JUNE 7, 2017 9:00:AM ** NO ENTRIES ACCEPTED AFTER DEADLINE JUNE 7, 2017 9:00AM.

: ENTRY FEE \$20.00 PER. ATHLETE (NO REFUND)

: PAYMENTS: BY CREDIT CARD ONLY

AAU MEMBERSHIP: ATHLETES AND CLUBS MUST BE REGISTERED WITH

AMATUER ATHLETIC UNION 2017 register online www.aausports.org

CONTACT INFORMATION:

EVENT OPERATOR: JIM COSTELLO, KEYSTONE STATE GAMES C# 570-760-0352 jcostello@ksoffice.com

Or james@premiersportingevents.com

MEET COORDINATOR/DIRECTOR: JOSE' A. ORLENA H# 302-698-4687 joserenee@verizon.net

TECHNICAL ADVISOR: BRIAN COSTELLO results@ksgoffice.com

MEET REFEREE: ROLAND WILLIAMS CLERK OF COURSE: JAMES PARKER HY-TEK: (FAT) JOHN AMERY LLC.

EVENT INFORMATION WILL BE POSTED www.aauathletics.org and www.keystonegames.com

GENERAL INFORMATION:

GATE ADMISSION \$5.00 1 DAY PASS or \$8.00 for 2 DAY PASS

GATE OPEN: 7:00 AM BOTH DAYS. MEET BEGIN 9:00AM JUNE 10-11 2017

TRACK CLOSE: 15 Min BEFORE MEET START. ROLLING SCHEDULE FOR ALL EVENTS.

100M HURDLES 13,14 GIRLS 30" SAME SPACING AS 100M HURDLES 13, 14 BOY

AGE GROUP DIVISION 2017:

8-UNDER 2009 And After

9YR 2005 10YR 2004 **11YR** 2003 **12YR** 2002 **13YR** 2001 **14YR** 2000 15-16YR 1999-1998 17-18YR 1997-1996

8 -U GIRL, BOY 400M DASH, MAY BE WATERFALL START.



All wavier requests forms must be submitted in writing PRIOR to June 1st, 2017 aauwavier@aausports.org Only inquiries submitted in writing will be considered.

ATHLETES WHO <u>DID NOT</u> COMPETE IN MID ATLANTIC DISTRICT QUALIFIER WILL ONLY BE ELIGIBLE TO COMPETE IN EVENTS THAT WERE NOT CONTESTED DURING AAU MID ATLANTIC DISTRCIT QUALIFIER, <u>MULTI-EVENTS</u>, 2000 M STEEPLECHASE.

ATHLETES MUST SUPPLY OWN JAVELIN OR DISCUS.

SHOT PUT AND TURBO JAVELIN WITH BE SUPPLY.

ALL RUNNING EVENTS ARE TIMED FINALS.

<u>UNSPORTMAN LIKE CONDUCT APPLIES TO ATHLETES, COACHES, AND ANYONE ASSOCIATED WITH ATHLETE AND/OR TEAM.</u>

PLEASE NOTE THAT WHILE AN ATHLETE CAN DECLARE ALL EVENTS WITH MARK ACHIEVED AT THE DISTRICT QUALIFIER, THEY <u>WILL NOT</u> BE ALLOWED TO ENTER EVENTS THAT WERE NOT COMPETED AT A DISTRICT QUALIFIER WITH A <u>NO MARK</u> AT THE NATIONAL QUALIFIER.

RELAYS TEAMS MUST BE DECLARE ON THE REGION NATIONAL QUALIFIER LEVEL.

SOME DISTRICT QUALIFIER WILL BE HELD AFTER DECLARATIONS ARE OPEN FOR NATIONAL QUALIFIERS. COACHES, ATHLETES AND PARENTS SHOULD NOT START THE DECLARATION PROCESS FOR THE NATIONAL QUALIFIER UNTIL THE TEAM OR ATHLETES HAVE FINISH COMPETING IN ALL OF THE DISTRICT QUALIFIER THAT THEY HAVE CHOSEN TO COMPETE.

ONCE A TEAM HAS ENTER ANYONE ON THE TEAM IN A NATIONAL QUALIFIER, THE TEAM ENTRY IS CREATED, NO CHANGES TO MARKS WILL BE ACCEPTED. SO IF A TEAM GOES TO A DISTRICT QUALIFIER, THEN DECLARE FOR A NATIONAL QUALIFIER, THEN GOES TO ANOTHER DISTRICT QUALIFIER; THE MARKS FROM THE 2ND DISTRICT WILL NOT BE ADVANCE. COACHES:

- > 15-16YR GIRLS/BOYS AND17-18 YR WOMEN/MEN WILL BE REQUIRED TO USE STARTING BLOCKS IN THE 100.200.400 METER DASH. 100.110.400 METER HURDLES.
- > TEAMS/UNATTACHED ATHLETE PACKET, PICK-UP AT GATE OR STADUIM
- > COACHES AND ATHLETES WILL BE ISSUED A COLOR CODE WRIST BAND FOR ADMISSION (INCLUDE IN TEAM PACKET).

ONE (1) COACHES BAND PER (8) REGISTER ATHLETES (MAX 5 COACH'S BANDS PER TEAM) UNATTACHED ATHLETE WILL BE ISSUED ONE (1) BAND ATHLETE AND ONE BAND (1) COACH.



REMINDER COACHES, ATHLETES, & PARENTS

IN EFFORT TO PROCESS THESE ENTRIES ON TIME FOR THE DISTRICT QUALIFIER ABSOLUTLEY NO ENTRIES WILL BE ACCEPTED AFTER THE DEADLINE DATE ENTRY DEADLINE DATE: JUNE 7, 2017 9:00 AM

FIELD EVENT: ATHLETES WHO FAIL TO REPORT PRIOR TO THE COMPLETION OF FIRST ATTEMPT OF THEIR DESIGNATED FLIGHT. WILL FORFEIT THEIR ABILITY TO COMPETE IN THAT EVENT, AND/OR CHECK INTO CLERK OF COURSE FOR RUNNING EVENTS WHEN CALLED.

LONG JUMP: 4' OR 8' BOARD must be declared when checking in for event.

NEW****NEW*****NEW****NEW*****NEW*****NEW
100M Hurdles 13,14 girl 30" same distance to, between, and finish as 13, 14 boys, 15-16 girls, 17-18 women.

RELAY ATHLETES: MUST WEAR SAME COLOR JERSEY (TOP) AND SHORTS (BOTTOMS). RELAYS TEAMS ARE ALLOWED 4 MEMBERS PLUS UP TO 4 ALTERNATE MEMBERS NAMES (TOTAL 8), TO BE DECLARED AT TIME OF ENTRY INTO MEET. RELAY TEAM MUST BE DESIGNATED AS A, B, C, or D.

PROTEST: ALL PROTEST MUST BE IN WRITING WITHIN 30 MIN. OF INFRACTION AND HANDED TO MEET REFEREE, ALONG WITH A CASH DEPOSIT OF \$50.00. CASH DEPOSIT WILL BE REFUNDED IF THE PROTEST IS UPHELD. JURY OF APPEAL WILL HAVE FINAL DESCISION ON ALL APPEALS.

AWARDS ARE TO BE PICK PROMPTLY TO AVOID DELAYS.



AAU MID ATLANTIC DISTRICT QULAIFIER JUNE 10-11, 2017

AWARDS MEDALS 1st 2nd 3rd RIBBONS 4th 5th 6th 7th 8th

THREE (3) JUMPS/THROWS, EXCEPT HIGH JUMP AND POLE VAULT.

3-TURN STAGGER FOR ALL 4X400M RELAYS.

TOP SIXTEEN (16) ATHLETES OR RELAYS FROM AAU MID-ATLANTIC DISTRICT QUALIFIER WILL ADVANCE TO AAU REGION 2 NATIONAL QUALIFIER.

CHALLENGE PERIOD:

ALL CHALLENGES TO MEET RESULT MUST BE INITIATED WITHIN 5 DAYS OF THE DAY OF THE MEET. ALL CHALLENGES MUST BE E-MAILED TO THE DISTRICT OR NATIONAL QUALIFIER MEET DIRECTOR. AFTER 5 DAYS, RESULT WILL NOT BE CHANGE. THE 5 DAYS BEGIN ON THE DATE THE RESULTS ARE POSTED ON THE AAU WEBSITE. ALL POSTED RESULTS WILL LIST THE DATE THAT THE CHALLENGE PERIOD ENDS.

AAU NATIONAL JUNIOR OLYMPIC GAMES REGISTRSTION WILL OPEN UP 2 DAYS AFTER THE FIRST NATIONAL QUALIFIER MEET'S 5 DAY GRACE PERIOD ENDS.

2017 Junior Olympic Games Declaration & Registration Information:

Those athletes that qualify for the AAU Junior Olympic Games in Detroit Mi. must declare and register for the meet at www.aauathletics.org before July 18, 2017

No entries will be accepted after midnight EST 11:59PM (9:00PM Pacific) on July 18, 2017.

Do not jeopardize your athletes chance of competing in the AAU JO Games by not Completing this step in the registration process.

Advancement to AAU Jr. Olympic Games, from Regional Qualifier:

Top-Six (6) Finisher in individual event, Top-Six (6) Relays, Top-Five (5) Field events, Top-(4) Multi-event, Athletes will advance to JO Games in Detroit. Mich.

All participants must have a current 2017AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins. Participants are encouraged to visit AAU web site www.aauathletics.org to obtain their membership.



AAU MID ATLANTIC DISTRICT QUALIFIER JUNE 10-11, 2017

ABSOLUTLY NO ONE ALLOWED ON INFIELD GRASS AREA, ANY SCHOOL BULIDING, DOORWAY, LOBBIES, BASEBALL FIELDS, AND TENNIS COURT. NO WANDERING AROUND ON CAMPUS UNSUPERVISED BY AN ADULT(s)

PLEASE CLEAN AREA OF ALL DEBRIS AND NO SPITTING OF SUNFLOWERS SEED AND PEANUTS SHELLS IN BLEACHERS OR ON TRACK OR FIELD.

RESTROOMS AVAILABLE / T-SHIRTS SALE / CONCESSION STAND.

Bib replace fee \$5.00. Bib replacement is located at awards.

Please pick up your award promptly. No awards will be mailed.

AAU ATHLETIC IS NOW 'AAU TRACK & FIELD'

NO STARTING BLOCKS FOR 10 AND UNDER.

ALL FIELD EVENTS: THREE (3) ATTEMPTS ONLY, EXCEPT HIGH JUMP&POLE VAULT.

ALL RUNNING EVENTS REPORT TO THE "CLERK OF COURSE"

FIELD EVENTS REPORT DIRECTLY TO THAT EVENT, CHECK IN WITH THAT "OFFICIAL"

1/4" SPIKES PYRAMIDS ONLY ON ALL TRACK SURFACES. NO CHRISTMAS TREE TYPE

TRAINER(S) WILL BE ON SITE DURNING COMPETETION.

MEMBERS OF RELAY TEAMS MUST WEAR THE SAME TEAM COLOR JERSEY AND SHORTS.

POLE WEIGHT AND ATHLETE WEIGHT MUST BE VERIFIED BY COACH AND GIVEN TO POLE VAULT OFFICIAL.

ONLY COMPETITION UNIFORM WILL BE ALLOWED IN THE CLERKING AREA

NO "BARE MIDRIFF" RULE IN EFFECT. NOR WALKING AROUND BARECHESTED

NO ONE ALLOWED ON THE INFIELD FOR ANY REASON.

NO ELECTROINC DEVICES ALLOWED BY ATHLETES IN COMPETITION AREA OR WHILE WARMING UP ON TRACK & FIELD.

NO RADIO, WATER GUNS, ALCOHOL, OR SMOKING PERMITTED ON SCHOOL PROPERTY.

NO ATHLETE, COACH, OR PERSONS, ALLOWED IN ANY BUILDING, ROOMS, OR ON ANY EQUIPMENT MAINTAIN BY EVENT OPERATOR, VENDOR(s) AND /OR UNIVERSITY.

PARK ONLY IN AREAS PERMITTED BY UNIVERSITY. NOT ON GRASS. OR BASEBALL FIELDS .

