

REGION 11 NATIONAL QUALIFIER MEET



COACHES AND ATHLETES INFORMATION

HOST: Southeast Louisiana Roadrunners
Covington High School (Multi-Events & Track and Field events)

SANCTION: This event is sanctioned by the Amateur Athletic Union of the U. S., Inc .

DATE: Tues. & Wed June 13 & 14 Multi-Events
Thurs-Sat. June 15 - 17 Track and Field

FACILITIES: Covington High School - 1/8 inch spikes may be worn on all weather track or sneakers only; 8 lanes; Shot-Put and Discus - concrete and javelin- grass.

AGE CLASSIFICATION: Athlete's age on December 31, 2017.

AGE GROUPS: 8-under (2009-later), 9's (2008), 10's (2007), 11's (2006), 12's (2005), 13's (2004), 14's (2003) 15-16 (2002-2001), and 17-18's (2000-1999).

MULTI-EVENTS: Multi-events will be held in all age groups 9 – 17/18 on June 13 and 14 at the Covington High School Track and Field Complex in Covington, Louisiana. The cost is \$24.00 per athlete.

ENTRY FEE: The entry fees are \$24.00 per track and field contestant. **Each athlete must be registered online at: www.coacho.com.** Only **MASTERCARD AND VISA CREDIT CARDS WILL BE ACCEPTED.** Cash, checks and money orders will not be accepted. (NO REFUNDS will be issued.)

ENTRY DEADLINE: All entries must be finalized on www.coacho.com by 2:00 pm central standard time on **Monday, June 12, 2017**. **There will be no exceptions in getting your athletes registered on time, please do not try and register at the last minute!**

AWARDS: Athletes will receive official Regional Championship AAU medals for 1st, 2nd and 3rd place finishers in all events.

ADMISSION : \$8.00 for adults/ \$4.00 for children(12 & under) daily at each facility.
Programs \$2.00

PROOF OF AGE: All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site <http://aausports.org/default.asp?a=pg_membership.htm> www.aausports.org to obtain their membership.

COMPETITIVE RULES: The technical rules of competition shall be those of the National Governing Body.

TEAM PACKETS: Complete Team packets containing competitor's numbers and pre-meet information will be available Thursday, June 15, 2017 at Southeastern from 11:00 am until 4:00 pm. Also, packets can be picked up on Friday, June 16, 2017, at Southeastern at 8:00 am.

PROTEST: There will be a \$50.00 cash protest fee. The protest must be made in writing and submitted within 30 minutes of the incident in question.

ADVANCEMENT: The top (6) finishers in all age groups in each individual running event, field events the top (5) will advance and top (6) in relays and multi-events will advance to the 2017 AAU National Junior Olympic Games to be held in Ypsilanti, Michigan at Eastern Michigan University's Rynearson Stadium from July 28th - August 4th, 2017. ***MULTI-EVENTS(THE TOP(4) FINISHERS IN THE MULTI-EVENTS IN EACH AGE GROUP MALE/FEMALE WILL ADVANCE TO THE NATIONAL GAMES!***

AAU Junior Olympic Games Declaration & Registration
Qualifiers for the 2017 AAU Junior Olympic Games in Ypsilanti, Michigan (by July 18th, 2017) must declare and register for the meet online through www.aauathletics.org. Do not jeopardize your athletes chance to compete by not completing this step before the AAU Junior Olympic Games registration deadline.

RUNNING EVENTS: At the starting line, the clerk of course may reheat as required to reduce required heats. In the preliminary heats the eight best times will advance to the finals. **Hurdles will all be run as timed Finals.** Starting blocks will be provided at the starting line. **No coach will be allowed on the track or field once competition has begun.**

IMPLEMENT WEIGH-IN: Implements will be weighed-in 60-90 minutes prior to start of each of the throwing events on a daily basis, once the first age group starts competing, implements will not be weighed-in, only inspected implements will be allowed in the actual competition and the competition area. House implements will be provided in all of the throwing events.

POLE VAULT INSTRUCTIONS: All competitors in the Pole Vault Competition on Tuesday, June 13, 2017 will be weighed and his/her poles will be certified by the officials at least 30-60 minutes prior to the start of the competition.

COACHES EDUCATION:

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.



MEET DIRECTOR:

Miguel Becerra

985-542-2685 (home)
985-320-4290 (cell)

MULTI-EVENT DIRECTOR:

Miguel Becerra - Southeast Louisiana Roadrunners

FIELD REFEREE:

John Boyer - Crescent City Track Club

MEET REFEREE:

James Simmons – Lafayette, Louisiana

F.A.T. TIMING GROUP:

Crescent City Timing Group
Dennis Penepinto/John Mayer



SCHEDULE OF EVENTS for JUNE 13-14 at Covington High School
Track and Field Complex in Covington, Louisiana

TUESDAY, JUNE 13, 2017 Multi-Events (at the CHS Complex)

- 9:00 A.M. Triathlon - 9 and 10's Girls & Boys**
High jump, shot-put (6 lbs.) and 200 meters (G) 400 meters (B)
- 11:00 A.M. Pentathlon - 11 and 12 Girls & Boys**
80m hurdles, high jump, shot-put (6 lbs.), long jump, 800 m (G) 1500 m (B).
- 1:00 P.M. Decathlon – 17-18 and 15-16 Boys**
100 meters, long jump, shot-put (12 lbs.), high jump, 400 meters
- 2:00 P.M. Heptathlon – 17-18 and 15-16 Girls**
100m hurdles, high jump, shot-put (4k), and 200 meters
- 10:00 A.M. Pole Vault 13-14 (G/B) thru 17-18 (G/B) Finals**
(This is the actual Pole Vault Competition! Not the Multi's!)

WEDNESDAY JUNE 14, 2017 Multi-Events (at the CHS Complex)

- 9:00 A.M. Pentathlon - 13 Girls, 13 Boys, 14 Girls and 14 Boys**
100m hurdles, long jump, shot put (4k and 6lbs.), high jump, 800m (G) and 1500m (B).
- 11:00 A.M. Heptathlon – 17-18 and 15-16 Girls**
Long jump, javelin (600 gms.), 800 meters
- 12:00 P.M. Decathlon – 17-18 and 15-16 Boys**
110m hurdles, discus (1.6 kg.), pole vault, javelin (800gms.), 1500 meters.



SCHEDULE OF EVENTS FOR Thursday. JUNE 15 **AT Covington High School in Covington, LA**

THURSDAY, JUNE 15, 2017

FIELD EVENTS:

10:00 A.M.	High Jump	9 (G/B) thru 17-18 (G/B)	Finals
10:00 A.M.	Javelin	13 (G/B) thru 17-18 (G/B)	Finals

RUNNING EVENTS:

12:00 P.M.	400 Meter Hurdles 17-18/15-16 Boys (33") thru 17-18/15-16 Girls (30")	Finals
12:30 P.M.	200 Meter Hurdles 13 thru 14 G/B (30")	Finals
1:00 P.M.	100 Meters 8-under thru 17-18 G/B	Prelims
3:00 P.M.	3200 Meter Relay 11-12 G/B thru 17-18 G/B	Finals
3:45 P.M.	1500 Meter Racewalk (9 thru 12 G/B)	Finals
4:00 P.M.	3000 Meter Racewalk (13 thru 17-18 G/B)	Finals
4:30 P.M.	2000 Meter Steeple Chase (15-16 thru 17-18 G/B) (This will be a dry steeple with no water jump!)	Finals



SCHEDULE OF EVENTS FOR Friday. JUNE 16 AT Covington High School in Covington, LA

FRIDAY JUNE 16, 2017

FIELD EVENTS:

9:00 A.M.	LONG JUMP	8-U (G/B) THRU 17-18 (G/B)	Finals
9:00 A.M	SHOT PUT	17-18 (G/B) THRU 8-U (G/B)	Finals
11:30 A.M.	TURBO JAVELIN	8-U(G/B) THRU 11-12(G/B)	Finals

RUNNING EVENTS - STARTING TIME 9:00 A.M.

<u>EVENT</u>		<u>DIVISION/SEX</u>
3000 Meter Run	Final	11-12 thru 17-18 (G/B)
400 Meter Relay	Final	10-u thru 17-18 (G/B)
110 Meter Hurdles (39")	Final	15-16 thru 17-18 (Boys)
100 Meter Hurdles (33")	Final	15-16 thru 17-18 (Girls)
100 Meter Hurdles (33")	Final	13-14 (Boys)
100 Meter Hurdles (30")	Final	13-14 (Girls)
80 Meter Hurdles (30")	Final	11-12 (G/B)
400 Meter Dash	Final	8-u thru 13-14 (G/B)
400 Meter Dash	Prelim	15-16 thru 17-18 (G/B)
200 Meter Dash	Prelim	8-u thru 17-18 (G/B)

** Note the above schedule is subject to change without notice depending on the number of entries received. Be sure to check the schedule upon arriving at the track!

NOTE: The top (6) individuals/Relays that compete in the Finals will only be advanced to the Junior Olympic Games.



SCHEDULE OF EVENTS FOR Saturday. JUNE 17 AT Covington High School in Covington, LA

SATURDAY, JUNE 17, 2017

FIELD EVENTS:

9:00 A.M. Triple Jump 13-14 THRU 17-18 (G/B) Finals

9:00 A.M. Discus 11(G/B) thru 17-18 (G/B) Finals

RUNNING EVENTS - STARTING TIME 9:00 A.M.

<u>EVENT</u>		<u>DIVISION/SEX</u>
800 Meter Run	Final	8-u thru 17-18 (G/B)
100 Meter Dash	Final	8-u thru 17-18 (G/B)
400 Meter Dash	Final	15-16 thru 17-18 (G/B)
200 Meter Dash	Final	8-u thru 17-18 (G/B)
1500 Meter Run	Final	8-u thru 17-18 (G/B)
1600 Meter Relay	Final	10-u thru 17-18 (G/B)

NOTE: The top (6) individuals/Relays that compete in the running event Finals will only be advanced to the Junior Olympic Games!

***Revised 5/23/17**