



AAU 2016 REGIONAL QUALIFIER - REGION 18 - JUNE 29TH THRU JULY 2ND
 BURLESON HIGH SCHOOL ATHLETIC COMPLEX - ELK STADIUM - 100 ELK DRIVE - BURLESON, TX 76208

REGISTRATION WEBSITE: www.coacho.com

AWARDS: 1ST PLACE 2ND PLACE 3RD PLACE for each event and gender

REGISTRATION DEADLINE: JUNE 18, 2017 REGISTRATION WEBSITE: www.coacho.com

REGISTRATION ENTRY FEE: \$25 PER TRACK & FIELD COMPETITOR \$25 PER MULTI-EVENT COMPETITOR

MEET DIRECTOR: NICHOLSON SCOTT AND JO SCOTT

CONTACT: EMAIL mytrackmeets@gmail.com

PHONE TEXT: 214 729.4305 or 817 889.5175

IMPLEMENTS: Competitors should bring their own implements to be used at Meet. All implements must be checked prior to competition.

RESULTS: Streamed live www.adkinstrak.com

PROTEST: Protest relating to meet matters must be made in writing to the meet referee, stating the rule. All protest must be made within 30 minutes after results are posted to be considered. Protest in writing must be accompanied with a \$75.00 cash protest fee. The Referee shall consider all available official evidence. If protest is denied, cash IS FORFEITED. NO PROTEST WILL BE CONSIDERED AFTER THE MEET.

ADVANCEMENT: To Junior Olympic Games - top 6 running events, top 6 relays, top 5 field events, top 4 multi's

AGE GROUP: 8 & Under 2009 & After 9 Yr. Olds 2008 10 Yr. Olds 2007 11Yr. Olds 2006
 12 Yr. Olds 2005 13 Yr. Olds 2004 14 Yr. Olds 2003 15-16 - 2001-2002 17-18 1999-2000

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership. ☒

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. ☒

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership

The meet is on a rolling schedule. Athletes must check-in when events are called or risk disqualification. Gates will open at 6:00am on each day. We do not allow early tent set-up or athlete practice at the stadium on the day before the meet starts. During competition days, everyone entering the stadium must have on appropriate credentials. Credentials can be picked up at the ticket booth during each day of competition.

THIS SCHEDULE MAY CHANGE AT THE DISCRETION OF THE MEET ORGANIZER. TF=TIME FINAL F=FINAL C=COMBINED GROUPS MULTI EVENTS \$25 TRACK & FIELD \$25 SPECTATOR \$10/DAY 5 & UNDER FREE

DAY 1 THURSDAY JUNE 29TH RUNNING EVENTS

7AM 1500M RACEWALK COMBINED AGE GROUPS GIRLS & BOYS 9-12 F
 7:20AM 3000M RACE WALK COMBINED AGE GROUPS GIRLS & BOYS 13 THRU 17/18 F
 7:30AM 2000M STEPPLECHASE 15/16 GIRLS & 17/18 GIRLS___ 15/16 BOYS & 17/18 BOYS F

DAY 1 THURSDAY JUNE 29TH FIELD EVENTS

8AM POLE VAULT 13G 14G 15/16G 17/18G (BOYS DIVISIONS FOLLOW GIRLS) 13B 14B 15/16B 17/18B
 8AM TURBO JAVELIN ALL ELIGIBLE AGE DIVISIONS
 8AM JAVELIN ALL ELIGIBLE AGE DIVISIONS

THIS SCHEDULE MAY CHANGE AS DETERMINED BY THE MEET ORGANIZER

MULTI-EVENTS DECATHLON, HEPTAHLON, PENTATHLON, TRIATHLON

COMBINED EVENT SCHEDULE - Multi-events may start up to 30 minutes earlier or later than the designated time based on the final number of entries for the event. It is recommended that athletes check-in with the designated event official at least 45 minutes before the time listed for the event. Athletes not checked in at their venue when the event starts will be scratched from competition even if the event begins earlier or later than the time listed.

DAY 1 MULTI-EVENTS JUNE 29TH

8:30AM	100MH	15/16G	17/18G	30"	
	100MH	13/14G		30"	
	100MH	13/14B		33"	
	80MH	11/12G		30"	
	80MH	11/12B		30"	
8:45AM	100M	15/16B	17/18B		
9:00AM	SP	9/10G	9/10/B	6LBS	
	SP	11/12G	11/12B	6LBS	
	SP	13/14G	13/14B	6LBS FOR GIRLS	4KG FOR BOYS
	HJ	15/16G	17/18G		
	LJ	15/16B	17/18B		
9:30	HJ	9/10G	9/10B		
	HJ	11/12G	11/12B		
	HJ	13/14G	13/14B		
	SP	15/16G	17/18G	4 KG	
	SP	15/16B	17/18B	12 LBS	
10AM	200M	9/10G			
	400M	9/10B			
	LJ	11/12G	11/12B		
10:30AM	LJ	13/14G	13/14B		
	200M	15/16G	17/18G		
	HJ	15/16B	17/18B		
10:30AM	800M	11/12G			
	800M	13/14G			
	400M	15/16B	17/18B		
	1500M	11/12B	13/14B		

DAY 2 MULTI-EVENTS JUNE 30TH

7:30AM	110MH	15/16B	17/18B	39"	
	LJ	15/16G	17/18G		
8:00AM	JV	15/16G	17/18G	600G	
	DISCUS	15/16B	17/18B	1.6 KG	
8:30AM	800M	15/15G	17/18G		
	PV	15/16B	17/18B		
9AM	JV	15/16B	17/18B	800G	
9:30AM	1500M RUN	15/16B	17/18B		

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DAY 2 FRIDAY JUNE 30TH FIELD EVENTS

All field will follow the projected time listed below. Each age group may start up to 30 minutes earlier or later than the times listed on the schedule. This is a rolling meet. Athletes must listen to the announcements for calls to their field event. Any athlete who does not check in before their designated flight starts will be scratched from the event. Field event athletes who have a conflict with a running event (running events take precedence) must check-in at the field event when called to receive permission from the event official to be excused to go run and return. They will be released by the official ONLY at the appropriate time, and the athlete will have 10 minutes after they finished their running event, to check back into their field event. If a throw or jump is not longer than the previous one recorded, it may not be measured.

8AM	LJ HJ SHOT PUT DISCUS	PIT1 17/18G 13G 15/16G	13B 17/18B 14G 17/18G	PIT2	13G
10AM	LJ HJ SP DISCUS	PIT1 15/16G 13B 15/16B	14B 15/16B 14B 17/18B	PIT2	14G
12PM	LJ HJ SP DISCUS	PIT1 14G 15/16B 13B	15/16B 14B 17/18B 14B	PIT2	15/16G
2PM	LJ HJ SP DISCUS	PIT1 13G 15/16G 13G	17/18B 13B 17/18G 14G	PIT2	17/18G

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DAY 3 SATURDAY JULY 1ST FIELD EVENTS

8AM TJ 13G, 14G, 15/16G, 17/18G
9AM TJ 13B, 14B, 15/16B, 17/18B

DAY 3 SATURDAY JULY 1ST RUNNING EVENTS

7AM 1500M ALL ELIGIBLE DIVISIONS STARTING WITH 8 & UNDER G & B TF
80MH 11G, 11B, 12G, 12B TF
100MH 13G, 14G, 13B, 14B, 15/16G, 15/16B, 17/18G, 17/18B TF
110MH 15/16B, 17/18B TF
100M PRELIMS STARTING WITH 8&UNDER G&B, TOP 8 ADV. TO FINALS
400M ALL DIVISIONS STARTING WITH 8 & UNDER G&B TF
200MH 13G, 13B, 14G, 14B TF
4X800M RELAY 11/12 G&B, 13/14 G&B, 15/16 G&B, 17/18 G&B TF
200M PRELIMS STARTING WITH 8&UNDER G&B, TOP 8 ADV. TO FINALS

DAY 4 SUNDAY JULY 2ND FIELD EVENTS

8AM LJ PIT1 STARTING WITH 8&UNDER G, 9G, 10G, 11G, 12G
LJ PIT2 STARTING WITH 8&UNDER B, 9B, 10B, 11B, 12B
SP STARTING WITH 8&UNDER G, 9G, 10G, 11G, 12G
SP STARTING WITH 8&UNDER B, 9B, 10B, 11B, 12B
HJ STARTING WITH 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B

10AM DISCUS STARTING WITH 11G, 11B, 12G, 12B

DAY 4 SUNDAY JULY 2ND RUNNING EVENTS

7AM 3000M RUN ALL DIVISIONS STARTING WITH 9 G&B THRU 17/18 G&B TF
4 X 100M RELAY ALL DIVISIONS STARTING WITH 8 & UNDER G&B THRU 17/18 G&B TF
800M RUN ALL DIVISIONS STARTING WITH 8&UNDER G&B THRU 17/18 G&B TF
100M DASH FINALS, ALL DIVISIONS STARTING WITH 8&UNDER G&B THRU 17/18 G&B F
400MH 15/16G, 17/18G, 15/16B, 17/18B TF
200M DASH FINALS ALL DIVISIONS STARTING WITH 8&UNDER G&B THRU 17/18 G&B F
4X400M RELAYS ALL DIVISIONS STARTING WITH 9/10 G & B THRU 17/18 G&B TF

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