ATHLETES FOR MULTI EVENTS MUST CHECK-IN (AT START OF THEIR 1st EVENT) 30 MIN. PRIOR TO THE START OF YOUR EVENT.

<table>
<thead>
<tr>
<th>Start Time</th>
<th>Age</th>
<th>Event</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:45am</td>
<td>Decathlon 15-16 Boy</td>
<td>100M, LJ, SP, HJ, 400M Day 1.</td>
<td></td>
</tr>
<tr>
<td>7:45am</td>
<td>Decathlon 17-18 Men</td>
<td>100M, LJ, SP, HJ, 400M Day 1.</td>
<td></td>
</tr>
<tr>
<td>8:00am</td>
<td>Heptathlon 15-16 Girl</td>
<td>100MH, HJ, SP, 200M Day 1.</td>
<td></td>
</tr>
<tr>
<td>8:00am</td>
<td>Heptathlon 17-18 Women</td>
<td>100MH, HJ, SP, 200M Day 1.</td>
<td></td>
</tr>
<tr>
<td>8:00am</td>
<td>Triathlon 9 Girl, 10 Girl</td>
<td>HJ, SP, 200M Final</td>
<td></td>
</tr>
<tr>
<td>9:00 am</td>
<td>Triathlon 9 Boy, 10 Boy</td>
<td>HJ, SP, 400M Final</td>
<td></td>
</tr>
</tbody>
</table>

AFTER THE 17-18, 100M Hurdles, WOMEN HEPTATHLON, THE FOLLOWING EVENTS WILL BE CONTESTED: FIRST CALL 8:15 am START 8:45 am ROLLING SCHEDULE ALL EVENTS

3000M RUN............ 11, 12, 13, 14, 15-16, 17-18........ AGES WILL BE COMBINED
100M DASH TRIAL.... 8-Under, 9, 19, 11, 12, 13, 14, 15-16, 17-18.
800M RUN.............. 8-Under, 9, 10, 11, 12, 13, 14, 15-16, 17-18.

AT THE CONCLUSION OF MULTI EVENTS, THE FOLLOWING EVENTS WILL BE CONTESTED:

FIRST CALL 12:00 NOON START 12:30 PM ROLLING SCHEDULE

200 METER DASH TRIAL..... 8-under, 9, 10, 11, 12, 13, 14, 15-16, 17-18.
4x800M Relay........................ 11-12, 13-14, 15-16, 17-18.
4x100M Relay......................... 8-under relay, 9-10, 11-12, 13-14, 15-16, 17-18.

FIELD EVENTS: FIRST CALL 12:00 noon START 12:30 pm ROLLING SCHEDULE.

Shot Put: (6lb) Girl, Boy 12, 11, 10, 9, (4lb) 8-Under. (3) Attempts Shot Put/ Long Jump.
Long Jump: Girls, Boy 12, 11, 10, 9, 8-Under . (3) Attempts Shot Put/ Long Jump

Multi-Events take priority over Track & Field Events
NO TAPE, CHALK IS TO BE USED ON LJ/TJ RUNWAY
AAU REGION- 2 NATIONAL QUALIFIER JUNE 24, 2017
MULTI – EVENT- TRACK & FIELD CHAMPIONSHIPS
RICHARD STOCKTON COLLEGE GALLOWAY, NEW
DAY (2) Saturday June 24, 2017

ATHLETES FOR MULTI EVENTS MUST CHECK-IN (AT START OF 1st EVENT)
30 MIN. PRIOR TO THE START OF YOUR EVENT.

7:45 Decathlon  15-16 Boy  110MH, DIS, PV, JAV, 1500M Final.
7:45 Decathlon  17-18 Men  110MH, DIS, PV, JAV, 1500M Final.
8:00 Heptathlon  17-18 Women  LJ, JAV, 800M Final.
8:00 Heptathlon  15-16 Girl  LJ, JAV, 800M Final.
8:15 Pentathlon  13,14 Girl  100MH, LJ, SP, HJ, 800M Final.
8:15 Pentathlon  13, 14 Boy  100MH, LJ, SP, HJ, 1500M Final.
8:30 Pentathlon  11, 12 Girl  80MH, HJ, SP, LJ, 800M Final.
8:30 Pentathlon  11, 12 Boy  80MH, HJ, SP, LJ 1500M Final.

AFTER 11, 12 BOY, 80 METER HURDLES, PENTATHLON, THE FOLLOWING EVENTS WILL BE
CONTESTED: 1500m/ 3000m Racewalk, age, gender will be combined. After which 2000M Steeplechase.

1. If there are any changes, there will be a revised schedule POSTED DAY OF EVENT
2. All events (MULTI’s) will be contested approximately thirty (30) minutes after the preceding event is
completed. The thirty(30) minute rest period will include food, measuring of steps, and warm-up. Be ready to compete.
3. Each final event will be contested according to the point totals of all the preceding events.
   Potential medal winners will compete together.

AT THE CONCLUSION OF MULTI EVENTS, THE FOLLOWING EVENTS WILL BE CONTESTED:

FIRST CALL 12:30PM  START 1:00PM  ROLLING SCHEDULE ALL EVENTS

80MH 30”………………11Girl, Boy, 12 Girl, Boy
100MH 30”………………13, 14 Girl
100MH 33”………………13, 14 Boy
100MH 33”………………15-16 Girl, 17-18 Women
110MH 39”………………15-16 Boy, 17-18 Men
100M DASH ………………. ALL FINALIST
400MH ……………….15-16 Boys, 17-18 Men……………………36”
400MH ……………….15-16 Girls, 17-18 Women…………………30”
200MH ……………….13 Girl, Boy 14 Girl, Boy…………………30”

FIELD EVENT:
CHALK ONLY ON LJ/TJ RUNWAY NO TAPE

High Jump: (Boys/Men ) 9, 10, 11, 12, 13, 14, 15-16, 17-18

Turbo Jav: Three (3) attempts(300g) 8-Under Girl, Boy, (400g) Girls, Boys 9, 10, 11, 12. Followed by

FIRST CALL: 8:15am START TIME :9:00am ROLLING SCHEDULE:

400m Dash……ALL AGE DIVISION……..TIMED FINAL

1500M RUN……8-UNDER, 9, 10, 11, 12, 13, 14, 15-16, 17-18……….AGES MAY BE COMBINED

200M DASH FINALS………………………………….….ALL FINALIST

4X400M RELAY………9-10, 11-12, 13-14, 15-16, 17-18.

FIELD EVENTS
FIRST CALL: 8:30am START TIME: 9:00am ROLLING SCHEDULE ALL EVENTS


**NO TRAINING OR RUBBER DISCUS TO BE USED:**
DISCUS: (1.0 kg)……………… Girls-Boys 11 , 12……….Three (3) Throws

DISCUS: Trial/Final  (1.0 kg)……………… 13 Girl, Boy 14 Girl, Boy 15-16 Girl, 17-18 Women.

(1.6 kg)………………15-16 Boy, 17-18 Men

TRIPLE JUMP: Trial-Final… 13,Girl, Boy 14 Girl, Boy 15- 16 Girl, Boy, 17-18 Women, Men

**ONLY 1 PIT MAY BE AVAILABLE FOR TRIPLE JUMP.**

**POLE VAULT WILL START 12:00 NOON**

ALL VAULTER MUST HAVE SIGNED VAULT FORM, SIGNED BY COACH/OR PARENT AND GIVEN TO OFFICIAL BEFORE ANY WARMUPS.

POLE VAULT………13, Girl, Boy 14 Girl, Boy 15- 16 Girl, Boy 17-18 Women

**ATHLETE MUST SUPPLY HIS OR HER OWN JAVELIN AND DISCUS.**

**NO TAPE ON RUNWAY CHALK ONLY**
Region 2 Final Schedule