2017 REGION 9 AAU JUNIOR OLYMPICS TALLAHASSEE REGIONAL QUALIFIER



INFORMATION PACKET

WHERE: Florida State University's Mike Long Track

1104 Spirit Way

Tallahassee, Florida 32306

PACKET PICKUP: Wednesday, June 21, 2017 (6 p.m. – 8 p.m.) Mike Long Track

Thursday June 22 - Sunday June 25 (7:30 a.m. - 2 p.m.) Mike Long Track

DATES: Thursday- June 22 Multi-Events/ Track and Field

Friday- June 23 Multi-Events/ Track and Field

Saturday- June 24 Track and Field Sunday- June 25 Track & Field

COACHES/OFFICIALS MEETING/PACKET PICK-UP/SCRATCH MEETING (HIGHLY RECOMMENDED):

Thursday June 22, 2017; 7:00 PM - 9:00 PM (TBD)

MEET Alice Sims, 850-322-3929, Ernest Sims, Jr.

DIRECTORS: CCCC Track Club

alicebsims@comcast.net

HOST AGENCY: Visit Tallahassee

Tallahassee Sports Council

Amanda Heidecker, 850-606-2317

Amanda.Heidecker@visittallahassee.com

Visit <u>www.VisitTallahassee.com/AAU</u> for specific event information about hotels, registration and schedule of events!!

TIMING: Gunlap Running Timing & Event Management Services

RULES: In accordance with AAU Youth Athletics Guidelines

SANCTION: This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants

must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Participants are encouraged to visit

the AAU website at www.aausports.org to obtain their membership.

AGE DIVISIONS:

| Division (Girls & Boys) | 2017 | | | | |
|-------------------------|--------------|--|--|--|--|
| 8 - Under | 2009 & After | | | | |
| 9 years | 2008 | | | | |
| 10 years | 2007 | | | | |
| 11 years | 2006 | | | | |
| 12 years | 2005 | | | | |
| 13 years | 2004 | | | | |
| 14 years | 2003 | | | | |
| 15-16 years | 2001-2002 | | | | |
| 17-18 years | 1999-2000 | | | | |

**The AAU Athletics program is comprised of nine (9) age divisions. The athlete's year of birth shall determine the appropriate age division for current year competition for all age division 8-under through 15-16. The DATE of birth shall be used to determine the appropriate age division for the 17-18 age division thus assuring that any athlete that does not turn 19 before the last of the National AAU Junior Olympic Games competition is still eligible to compete. Athletes MUST NOT turn 19 before the final day of the AAU Junior Olympic Games competition. **

ELIGIBILITY/AAU MEMBERSHIP: Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership may be obtained online at www.aausports.org. The AAU membership fee is not included in the AAU Area 9 Regional Qualifier entry fee and must be obtained prior to participation in this meet.

PROOF OF AGE:

Proof of age may be required at District, Regional Qualifier, and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

- 1. Original birth certificate;
- 2. A notarized original birth certificate from the appropriate issuing authority;
- 3. A US Military Government Identification Card;
- 4. A valid (not expired) passport and/or;
- 5. A valid US driver's license

NOTE: OTHER FORMS OF DOCUMENTATION, INCLUDING BUT NOT LIMITED TO: LETTERS FROM PUBLIC OR PRIVATE SCHOOLS AND/OR CITY/STATE PARKS AND RECREATION DEPARTMENTS ARE NOT ACCEPTABLE.

MEET ENTRY:

Each athlete/team competing in this meet must complete the entry process on www.CoachO.com.

ENTRY FEE: Entry fee is \$25 per individual athlete competing in Track & Field and \$25 per Multi-Event athlete. All members of relay teams, including alternates, who have not entered an individual event, must pay a \$25.00 entry fee.

Payments will only be accepted online at www.coacho.com. Entry Fee must be paid online at the time of registration.

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.

Visa and Master Card accepted online. http://coachoregistration.com/meet/entry/ng_aau

ENTRY DEADLINE:

REGISTRATION WILL OPEN ON MARCH 1, 2017 AND CLOSE ON JUNE 20, 2017, 12:00 MIDNIGHT, EASTERN STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.

ADVANCEMENT:

The top (6) six finishers in each Running Events advance, the top (5) five finishers in each Field Events and Relays advance and the top (4) four finishers in Multi events advance to the AAU Junior Olympic Games – July 28 – August 5, 2017 (Eastern Michigan University, Rynearson Stadium, 799 North Hewitt Road, Ypsilanti, MI 48197)

(AAU JUNIOR OLYMPIC GAMES REGISTRATION DEADLINE – JULY 18, 2017)

ADMISSION:

There will be a \$6.00 gate fee charge per person per day. An All Event Pass can be purchased for \$20 for all 4 days of competition. All Children 4 and under will be admitted free.

PARKING/DIRECTIONS:

There is no charge for parking. Team buses will be directed to a designated area to park. Directions to the facility and parking can be located at www.VisitTallahassee.com/AAU, wwwCoachO.com.

COACHES PASS:

4-10 Athletes One (1) complimentary Coaches Credential issued 11-20 Athletes Two (2) complimentary Coaches Credential per club

21-30 Athletes Three (3) complimentary Coaches Credentials per club Over 30 Athletes* Four (4) complimentary Coaches Credentials per club

All Registered athletes with a 2017 AAU Card and Competition Number will also be admitted free.

A Maximum of four (4) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited. There are absolutely NO Replacements for Lost or Stolen Credentials.

AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!!

RESULTS:

Results will be posted on line at www.aauathletics.org and www.coacho.com

PROTESTS:

Protests concerning the status or eligibility of any competitor must be made to the AAU Region 9 Games Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests MUST be filed on official protest forms and presented to the Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence per USATF. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited.

THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS

ATHLETES, COACHES AND VENUE INFORMATION

TENTS:

Tents will be allowed only in designated areas. Meet management reserves the right to change this policy if it presents a problem. Tents will be allowed in areas that do not interfere with meet management and only in designated areas. Tent tops must be removed at night or during inclement weather.

SHOWER & LOCKER ROOMS:

There are no shower or locker room facilities available at the track & field venue. All competitors must arrive at the track dressed and ready to compete.

RESTROOM FACILITIES:

Restroom facilities will be available at the track & field venue.

BIB NUMBERS:

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

HIP NUMBERS:

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

IMPLEMENTS:

Athletes may bring their own implements to use during competition.

ATHLETE WARM-UP:

There will be a designated area for athlete warm up. The track will open one hour prior to the 1st running event of each day.

ATHLETE CHECK-IN:

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. It is recommended that athletes check in for their event at least 30 minutes before their scheduled event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

RELAY EVENTS:

There is no additional entry fee for relay events as long as the following criteria are met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2017 AAU registered club.
- 3) All competitors must have current AAU membership

Athletes listed as relay alternates (up to 4) will have that relay event count towards their event limitation.

RUNNING EVENT RULES:

The 100m, 200m and 4 x 100 relay each have two rounds, Semi-Final and Final. The top eight (8) fastest times from the semi-final will advance to the final. If there are eight (8) or fewer entries in the

semi-final, then that event will be ran as a final at the semi-final time. The 4x400m relays will run a three-turn stagger with up to eight (8) teams per heat. The 4x800 relays will run a two-turn stagger with up to 16 teams per heat. Combining heats/divisions is at the discretion of the Meet Director.

FIELD EVENT RULES:

Each competitor will have four (4) attempts for throws and horizontal jumps. Athletes who must leave for another event must check out with the event official. These athletes may also request to take attempts in succession.

In the vertical jumps, within a division, once the bar moves up, it will not move down for any reason. If excused during a round the athlete must return prior to the conclusion of that round or forfeit remaining attempts. Multi-events will be recorded in metric and individual field events will be recorded in English standard measurement.

AWARDS:

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. Field event awards will be provided at the field event venue. **Medals will not be mailed to the athlete's home unless there is a shortage**. It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

FOOD/DRINK/COOLERS:

There will be concessions available. Team/Athlete coolers will be allowed, however, **NO GLASS CONTAINERS** are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

EVENT SCHEDULES:

The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

INCLEMENT WEATHER:

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

MEDICAL:

Emergency Medical personnel are on call. Ice and water will be provided for injuries only. Athletic trainers will not treat or tape any athletes prior to competition and are not on duty to prevent or give advice as related to injuries occurring before the meet. **Athletic Trainers are on duty in case of injury.**

FLUIDS:

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

WEATHER:

The average high temperature in Tallahassee during the month of June is in the mid to high 90's so be prepared because it will be very hot.

THURSDAY - JUNE 22, 2017

RUNNING EVENTS

8:30 AM 3000M (F) 11G, 12G, 13G, 14G, 15-16G, 17-18G 11B, 12B, 13B, 14B, 15-16B, 17-18B

1500RW (F) 9G, 10G, 11G, 12G 9B, 10B, 11B, 12B

3000RW (F) 13G, 14G, 15-16G, 17-18G 13B, 14B, 15-16B, 17-18B

FIELD EVENTS

8:30 AM High Jump 17-18B, 17-18G, 15-16G, and 15-16B

MULTI-EVENTS

9:30 AM Decathlon 15-16B, 17-18B 100M, LJ, SP, HJ, 400M

Heptathlon 15-16G, 17-18G 100H, HJ, SP, 200M

10:30 AM Pentathlon 13B, 14B 100H, SP, HJ, LJ, 1500M

Pentathlon 13G, 14G 100H, SP, HJ, LJ, 800M

FIELD EVENTS

| 9:30 AM | | | | | | | | | | |
|---------------|--------|--------|-----|-----|-----|-----|-----|-----|-----|-----|
| Shot Put | 11B | 12B | 11G | 12G | | | | | | |
| Turbo Javelin | 8 & UG | 8 & UB | 9G | 9B | 10G | 10B | 11G | 11B | 12G | 12B |

FRIDAY-JUNE 23, 2017

MULTI-EVENTS

8:30 AM Decathlon 15-16B, 17-18B 110H, DT, PV, JT, 1500M

Heptathlon 15-16G, 17-18G LJ, JT, 800M

 Pentathlon
 11G, 12G
 80H, SP, HJ, LJ, 800M

 Pentathlon
 11B, 12B
 80H, SP, HJ, LJ, 1500M

 Triathlon
 9B, 10B
 HJ, SP, 400M

 Triathlon
 9G, 10G
 HJ, SP, 200M

FIELD EVENTS

| 10:30 AM | | | | | | | |
|----------|--------|--------|--------|--------|--|--|--|
| Shot Put | 17-18G | 15-16G | 17-18B | 15-16B | | | |

RUNNING EVENTS - 9:00 AM

100 Meters (S) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B

4 X 800R (F) 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

4 X 100R (S) 8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

SATURDAY - JUNE 24, 2017

RUNNING EVENTS - 8:30 AM

200H (F) 13G, 14G, 13B, 14B 400H (F) 15G, 16G, 17B, 18B

400M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 1500M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 200M (S) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B

4 X 100R (F) 8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

FIELD EVENTS

| 8:30 AM | | | | | | | | | |
|---------|-----|-----|----|-------------|--------|--------|-------|--------|--------|
| Discus | 13G | 14G | 13 | 14 I | 15-16I | 15-16G | 17-18 | 15-16B | 17-18B |

FIELD EVENTS

| 8:00 AM | | | | |
|-------------------------|-------------|-----------------|-------------------|------|
| Long Jump Pit 1 | 17-18B | 15-16B | 14B | 13B |
| Long Jump Pit 2 | 17-18G | 15-16G | 14G | 13G |
| High Jump | 14G | 13G | 14B | 13B |
| Shot Put | 13B | 14B | 13G | 14G |
| Triple Jump Pit 1 | 17-18B | 15-16B | 14B | 13B |
| Triple Jump Pit 2 | 17-18G | 15-16G | 14G | 13G |
| *Triple Jump will be co | ntested imn | nediately follo | owing the Long Ju | ump. |

SUNDAY - JUNE 25, 2017

RUNNING EVENTS - 8:30 AM

110H (F) 15-16B, 17-18B

100H (F) 13B, 14B, 13G, 14G, 15-16G, 17-18G

80H (F) 11G, 12G, 11B, 12B

100M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B

Steeplechase (F) 15-16G, 17-18G, 15-16B, 17-18B

800M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 200M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B

4 X 400R (F) 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

FIELD EVENTS

| 8:30 AM | | | | | | | | |
|---------|-----|-----|-----|-----|--------|--------|--------|--------|
| Javelin | 13G | 14G | 13B | 14B | 15-16G | 15-16B | 17-18G | 17-18B |

| 8:30 AM | | | | | | | | |
|-----------------|--------|--------|--------|--------|--------|--------|-----|-----|
| Long Jump Pit 1 | 12B | 11B | 10B | 9B | 8 & UB | | | |
| Long Jump Pit 2 | 12G | 11G | 10G | 9G | 8 & UG | | | |
| High Jump | 9G | 9B | 10G | 10B | 11G | 12G | 11B | 12B |
| Shot Put | 9G | 10G | 9B | 10B | 8&UG | 8&UB | | |
| Pole Vault | 13-14G | 15-16G | 17-180 | 13-14B | 15-16B | 17-18B | | |

| 10:00 | | | | |
|--------|-----|-----|-----|-----|
| Discus | 11B | 12B | 11G | 12G |
| | | | | |