

2017 AAU Niagara District Track & Field Championship June 17, 2017



Nottingham High School - Syracuse, New York

Adirondack Track & Field Athletics
are welcome to register for this meet
to receive verified marks and times
for the Region 1 qualifier in Plainfield,
NJ on June 30 - July 2, 2017.



Registration deadline is June 10th

Register online: www.coacho.com



Athletes must have a current AAU Membership

Hosted by Felder Athletics and Magistics Track Clubs

For more information, please contact:

Jim Peterson (315) 725-5962 AAU Niagara District Track & Field Sports Chair

Junior Olympics on July 29 - Aug 5 in Ypsilanti, Michigan

AAU Niagara District Qualifier Championship - June 17, 2017

Nottingham High School - Nicholas Dibello Complex

Legend: g - girls & b - boys

Time	Activity / Event
7:30 AM	Gates Open
8 - 9 AM	Athlete Sign-in & Implement Certification
8:15 AM	Pole Vault 13 - 18 g /b age groups will be combined
9:15 AM	Meet Starts
	3000 Meter 11-18 b/g age groups will be combined
	800 Meter Run g/b
	High Jump g/b
	Long Jump g/b
	Shot Put g/b
	Discus g/b
	100 Meter Dash (Time Final)
	80 Meter Hurdles 11 - 12 b /g (30")
	100 Meter Hurdles 13 - 14 g (30')
	100 Meter Hurdles 15-16 g, 17-18 g & 13-14 b (33")
	110 Meter Hurdles 15 - 18 b (39")
11:15 AM	1500 Meter 11-18 b/g age groups will be combined
	Triple Jump g/b
	200 Meter Dash g/b (Time Final)
	400 Meter Dash g/b (Timed Final)
	200 Meter Hurdles 13 - 14 g (30")
	400 Meter Hurdles g 15 - 16, 17 - 18 (30")
	400 Meter Hurdles b 15 - 16, 17 - 18 (36")
	4X800 Meter Relay g/b 13 - 18
	4X400 Meter Relay g/b
	4X100 Meter Relay g/b
	1500 Meter Race-Walk all age groups combined 9 - 12
	3000 Meter Race-Walk all age groups combined 13 - 18

Note:

- 1 Rolling schedule - youngest age group runs first - girls before boys - as one event ends, the next event starts. Listen to announcer for your event.
- 2 Report when event is called and officials may assign flights as necessary.
- 3 Any athlete that does not check-in before their schedule heat is run will be scratched from the event.
- 4 Running events take precedence over field events; get excused from the Field Event Official, run your race and return within 10 minutes to the Field Official and report back.
- 5 Athletes are not allowed to exceed their number of registered events. Athletes 12 years and younger can register for (3) events - all other age groups can register for (4) events.
- 6 The javelin, heptathlon, steeplechase and decathlon events are not offered at the District meet, but athletes receive an automatic bid to the Region 4 Qualifier.