

Connecticut AAU Track & Field Championships

**June 10, 2018
New Haven, CT 06513**



DATE: June 10, 2018

LOCATION: Bowen Field
Hillhouse High School
480 Sherman Parkway
New Haven, CT 06513

HOST: Gary Moore, 203-494-3537 phone, cthawkstrack@gmail.com

ENTRY DEADLINE: June 9, 2018

FEE: \$20 per athlete *There are no separate fees for relays. All relay participants must be a registered athlete, in this meet.

AGE: 6- 18 (age as of 12/31/0)

TIME: 10am - 4pm

PACKET PICK UP: **8:30am / Additions of changes until 9:30 am**

We will allow changes or additions the day of the meet but it will cost \$30 per addition and \$15 additional for any moving of athletes.

Meet Management has no responsibility in scheduling to allow an athlete to do multiple events. That is clearly a Coach, Parent and Athlete decision

ORDER OF EVENTS GENERAL COMPETITION FIELD EVENTS – 10:30am

LONG JUMP -13(B), 14(B) 15-16(B) 17-18(M), 8-under (B) 9(B), 10(B, 11(B), 12(B) (Two Runways)

LONG JUMP -13(G), 14(G) 15-16(G) 17-18(W), 8-under (G) 9(G) 10(G), 11(G), 12(G) (Two Runways)

TRIPLE JUMP -13(B), 14(B) 15-16(B) 17-18(B) Contested following the long jump

TRIPLE JUMP -13(G), 14(G) 15-16(G) 17-18(G) Contested following the long jump

HIGH JUMP - 9(B) 9(Ag) 10(B) 10(G) 11(B), 11(G) 12(B) 12(G) 13(B) 13(G) 14(B) 14(B) 15-16(B,G) 17-18(B,G)

SHOT PUT - 8-under (B) 9(B) 9(G) 10(B) 11(B) 12(B) 13(B) 13(G) 14(B) 14(G) 15-16(B) 17-18(B) (Two throwing areas)

SHOT PUT - 8-under (G) 9(G) 10(G) 11(G) 12(G) 13(G) 13(G) 14(G) 14(G) 15-16(G) 17-18(G) (Two throwing areas)

TURBO JAV (8 – 12 year old)) (two throwing areas (Boys on runway)

TURBO JAV (8 – 12 year old) two throwing areas (Girls on Turf)

JAVELIN (13- 18) Boys Girls and Boys on Runway

DISCUS 11(B) 11(G), 12(B) 12 (G) 13(B) 13(G) 14(B) 14(G) 15-16(B,G) 17-18(B,G)

11:00 AM (F.A.T.)

4 X 800 RELAY – 10(B) 10(G) 12(B) 12 (G)14 (B) 14 (G) 15-16(B,G) 17-18(B,G) FINAL

3000M WALK - 13(B) 13(G) 14(B) 14(G) 15-16(B,G) 17-18 (B,G) FINAL

1500M WALK - 9(B) 9(G) 10(B) 10(G) 11(B) 11(G) 12(B) 12(G) FINAL

4 X 100M RELAY - 10(B) 10 (G) 12 (B) 12(G) 14(B) 14 (G) 15-16(B,G) 17-18 (B,G)FINAL

3000M RUN – 11(B) 11(G) 13(B) 13(G) 14(B) 14(G) 15-16(B,G) 17-18 (B,G)FINAL

200M HURDLES – 13(B) 13(G) 14(B) 14(G) 5x30 FINAL

400M HURDLES - 15-16 (B,G) 17-18(B,G)

1500M - 9(B) 9(G) 10(B) 10(G) 11(B) 11 (G) 12(B) 12(G) 13(B) 13(G) 14(B) 14 (G) 15-16 (B,G) 17-18(B,G) FINAL -

400M - 8-under (B,G) 9(B) 9(G) 10(B) 10 (G) 11(B) 12(B) 12 (G) 13(B) 13(G) 14(B) 14(G) 15-16(B,G) 17-18(B,G) FINAL

80M HURDLES 11(B) 11(G) 12(B) 12(G) 8 X 30 FINAL

100M HURDLES 13(B) 13(G) 14(B) 14(G) 15-16 (G) 17-18(G) FINAL

110M HURDLES 15-16 (B) 17-18(B) FINAL

100M DASH - 8-under (B,) 9(B), 10(B), 11(B), 12(B), 13(B) 14(B) 15-16(B,) 17-18(B,) FINAL (Ran on East Side of track, Main side)

100M DASH - 8-under (G), 9(G) 10(G) 11(G) 12(G) 13(G) 14(G) 15-16(G) 17-18(G) FINAL (Ran on West Side of track, Opposite side)

800M 8-under (B,G) 9(B), 9(G), 10(B) 10(G) 11(B) 11(G) 12(B) 12(G) 13(B) 13(G) 14(B) 14(G) 15-16 (B,G) 17-18(B,G) FINAL

200M 8-under 9(B) 9 (G), 10(B) 10(G) 11(B) 11(G) 12(B) 12 (G) 13(B) 13(G) 14(B) 14 (G) 15-16 (B) 17-18 (G)FINAL

4 X 400M RELAY 10(B) 10(G) 12(B) 12 (G)14 (B) 14 (G) 15-16(B,G) 17-18(B,G) FINAL

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

Gary Moore

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