

2018
Region 16
**AAU Junior Olympic Games Qualifying Meet Multi-
Events / Track & Field**

June 21 - June 24, 2018

Missouri Southern University
3950 Newman Road
Joplin, Missouri



Region 16 Committee Members
Region 16 AAU Youth T & F Association

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General Information

DATES Multi-Events: Thursday, June 21 – Friday, June 22. Friday T & F events: *Steeplechase; Racewalks; Triple Jump, Turbo Javelin 9-12 YO Boys/Girls*;
All other Track and Field Events: Saturday, June 23, 2018 – Sunday, June 24, 2018

ALL EVENTS WILL RUN ON A ROLLING SCHEDULE.

GOVERNANCE The Region 16 2018 AAU Junior Olympic Track & Field Qualifier will be conducted under the AAU code guidelines and follow competitive rules of the NGB as modified and outlined in the AAU Youth Athletics Handbook (available at www.aauathletics.org)
This event is sanctioned by the Amateur Athletic Union of the US, Inc.

AAU MEMBERSHIP REQUIREMENTS A current 2018 AAU membership number is necessary to register for this meet. AAU membership fee is not included in the entry fee for this Meet. AAU membership can be obtained on-line at www.aausports.org. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU website. If you already have a 2018 AAU membership card from another AAU sport, you do not need to purchase another card.
All entrants must be prepared to show their AAU cards and Birth Certificate.

ATHLETE ELIGIBILITY The top sixteen (16) finishers in each individual & relay event shall advance from the District Qualifier to the Regional Qualifier. Competitors shall only advance from the District Qualifier into the Regional Qualifier in the events that they actually competed and qualified at the District level. Exceptions: Multi-Events & Steeplechase. Javelin & Pole Vault if not contested @ your District Qualifier Meet.

HOW TO ENTER All registrations will be conducted on-line at www.coacho.com. Registration will close at **11:59PM CST on Monday, June 18 2018**. Additions and corrections can be made until the entry deadline. **NO CHANGES** can be accepted after the deadline.

ENTRY FEE The registration fee is **\$25.00** per athlete for the Multi-Events. Entry fee for the Track & Field Meet is a separate **\$25.00 fee**. All Entry fees **MUST** be paid on-line with a credit card in order to complete the registration process.

ENTRY DEADLINE All athletes must register on-line **NO LATER** than **11:59PM CST, Monday, June 18, 2018**. **ON-SITE & LATE REGISTRATIONS ARE NOT AVAILABLE AT THIS MEET.**

AGE DIVISIONS Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls. **YEAR OF BIRTH** determines the division in which the athlete must compete. Competing in the wrong division is grounds for immediate disqualification.

NOTE: Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the 17 – 18 Years.

AAU ATHLETICS AGE DIVISIONS:

All age divisions are determined by Year of Birth

Effective 2018:

8 and Under	2010 & After (Relay)
9 Years old Born	2009 (Relay only 9&10)
10 Years old Born	2008 (Relay only 9&10)
11 Years old Born	2007 (Relay only 11&12)
12 Years old Born	2006 (Relay only 11&12)
13 Years old Born	2005 (Relay only 13&14)
14 Years old Born	2004 (Relay only 13&14)
15-16 Years olds Born	2002 & 2003 (all events)
17-18 Years olds Born	2000 & 2001 (all events)

Visit www.aauregion16yaa.org for latest information or call
816-990-1111

PROOF OF AGE	<p>Proof of age may be required at District Qualifier, Regional Qualifier, and National Championship events and whenever required and/or challenged.</p> <p>Acceptable forms of age verification include:</p> <ol style="list-style-type: none"> 1. Original birth certificate 2. A notarized original birth certificate from the appropriate issuing authority 3. A US Military Government Identification Card 4. A valid (not expired) passport 5. A valid US driver's license <p>NOTE: Other forms of documentation, including, but not limited to, letters from public or private schools and/or city and state Parks & Rec Departments are not acceptable.</p>
EVENT LIMITS	<p>U8, 9 years, 10 years, 11 years, and 12 years: Maximum of 3 events</p> <p>13 years, 14 years, 15-16 years, 17-18 years: Maximum of 4 events</p> <p>NOTE: Any athlete who participates in more than his/ her age division's prescribed maximum number of events will be disqualified from this meet and WILL NOT be allowed to advance to the National meet in ANY events.</p>
RELAY LIMITS	<p>Participation of relay teams will be limited to those clubs which hold a current (2018) valid club membership in the AAU. Relay teams consist of four (4) members and may list up to four (4) alternates. All Relay Team members must be registered participants in the Meet.</p> <p>Relays are conducted in the U8, 10 years, 12 years, 14 years, 15-16 years and 17-18 years divisions ONLY. The 9 years divisions may run in the 10 years divisions, the 11 years divisions may run in the 12 years divisions, and the 13 years divisions may run in the 14 years divisions only in the relays.</p> <p>NOTE: Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.</p>

TENTS & CANOPIES

Tents and canopies will be permitted in designated areas in the bleachers and outside of the track. All clubs will be required to adhere to rules that will be strictly reinforced. Failure to comply will result in the removal of your tent(s)/canopies. You will be required to sign a [Permission, Disclaimer, & Release of Liability agreement form](#) prior to the start of competition of the 2018 RQM.

FOOD AND DRINK There will be concessions available. Medium-sized coolers may be brought into the stadium. No glass containers are permitted.

MEET PROGRAM	A Meet Program (<i>if available</i>) will be sold at the meet.
GATE ADMISSIONS	<p>There is no admission fee on <i>June 21 or 22</i></p> <p>June 23 & June 24:</p> <p>Athletes: Wristbands & Bib Numbers provided with entry must be worn at all times for FREE entry into the Meet. Coaches: FREE with proof of valid 2018 AAU membership card .</p> <p>Ages 13 - Adults: \$5.00 per day or \$8.00 for both days. Age 6 - 12: \$3.00 per day or \$5.00 for both days. Wristbands must be worn at all times.</p>

PARKING Parking in designated areas for Officials & Handicapped. Special Bus Parking available.

RESTROOM Stadium restroom facilities are located throughout the track and near main Entrance. Additional portable facilities may be available at other locations.

INCLEMENT WEATHER The safety of our athletes and guests is our primary concern. The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather (including extreme heat) and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee. In the event of a meet stoppage or a delay in the start, the Meet [Information line \(913.735.7682\)](tel:913.735.7682) will be updated with information as necessary.

T SHIRTS 2018 AAU Qualifying Meet T-Shirts will be on sale.

CHECK-IN/PACKET PICK UP [All Packets for both the Multi & Track & Field Events will be picked up @ the stadium.](#)

[Multi-Events Check-In](#) will be open beginning one hour prior to the competition.

Packet Pick-up for the Track & Field Meet will be open on **Friday, June 22, 2018 1:00PM – 8:00PM**, **Saturday, June 23, 6:30 AM – 10:30 AM** and **Sunday, June 24, 2018 6:30 AM – 8:30 AM**.

Fire Arms **No Firearms are permitted on University Campus Property.**

Clean-Up **Clubs will be requested to place their trash in bags. Trash bags will be provided.**

Hydration **Gatorade & Water on the field will be restricted for the Use of athletes finishing competition & for meet officials. These parties are to use the cups that are provided only.**

ATHLETES AND COACHES

REPORTING FOR EVENTS

Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a rolling schedule. It is not the fault of the Meet Management if any athlete misses his/her event.

Personal electronics (iPod's, cell phones, etc. are NOT permitted in the competition areas.)

NO EXCUSES WILL BE ACCEPTED.

UNIFORMS

There is no specific uniform required except as follows:

- In all events, competitors must wear clothing that is clean, designed and worn so as not to be objectionable.
 - The clothing must be made of a material that is not transparent even if wet.
 - Bare midriffs are not allowed. If the uniform is of a two-piece design (top and bottom), the top must either be tucked into the waistband or cover the waistband when the athlete is standing erect. A one piece uniform must not allow for a bare midriff.
 - Athlete's tops must be of the same color front and back.
 - All participating relay team members must wear jersey's/tops of the same color, front and back. At Regional Qualifier and National Championships, all team participants shall wear shorts of the color, or, in the case of one piece uniforms, the bottoms of relay team uniforms should be of the same color.
 - A competitor must wear footwear on both feet.
 - The competitors must not wear clothing that could impede the view of the judges, except in cross country, when the weather is cold.
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BIBS

Each athlete will be provided a Bib Number and wristband which are required for competition and admission. The replacement fee for lost/damaged bibs or wristbands is **\$10.00 each.**

SPIKES

Only 1/4" spikes are allowed. Needle type spikes are prohibited.

Athletes will not be allowed to compete with spikes that do not comply.

AWARDS

First through Third place finishers in each division and event will be awarded AAU Medals. Fourth through Sixth place finishers will be awarded ribbons.

Medals may be picked up 30 minutes after the results have been posted at the Awards Table.

Coaches or parents are required to pick up all medals/ribbons for U8 – 12 years age divisions. 13 years–17-18 years may pick up their own medals.

Relay

medals must be picked up as a team, individual relay medals will not be distributed.

**ADVANCEMENT
TO AAU
NATIONALS**

The top Six (6) in Running Events & Relays, the top Six(6) in Field Events , and the top Four (4) in Multi Events division at the RQM Track & Field & Multi Event Meet qualify to advance directly to the AAU Junior Olympic Games. Junior Olympic Games to be held at:

**Drake University
Drake Stadium
2719 Forrest Avenue
Des Moines, IA 50311**

Qualifiers for the 2018 AAU Junior Olympic Games in Des Moines, IA. You must declare and register for the meet online through www.coacho.com. Multi-Events July 28-29 & T & F Competition July 30-August 4, 2018. **Registration deadline is 11:59PM EST on July 17, 2018.** Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games.

TRAINER

A certified trainer(s) will be on site all day Thursday, Friday, Saturday, and Sunday for treatment of injuries and First Aid.

**ACCESS TO
TRACK
AND
INFIELD**

Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the Meet.

THIS RULE WILL BE STRICTLY ENFORCED.

WARM-UP AREA

Athletes may warm-up outside of the Stadium. No warm-ups will be allowed on the track.

**COACHES
MEETING**

A Coaches' meeting will be held after the 3000M Run on Saturday. The location for the meeting will be announced.

PROTESTS

Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A **\$75.00** cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his/her decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.

IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.

FALSE STARTS

Except in combined events, any competitor(s) responsible for the false start shall be disqualified. For U8, **9 years, 10 years, 11 years, 12 years, 13 years and 14 years** age divisions, no penalty shall be imposed for the first false start but the starter shall disqualify the offender for the second false start. False starts are called on individuals, not the field. In the 15-16 years, **17-18 years** the athlete shall be disqualified upon the first false start.

MULTI EVENT ELIGIBILITY & EVENTS

Decathlon: 17 - 18 Men & 15-16 Boys

100M Dash, Long Jump, Shot Put, High Jump, 400M, 110M Hurdles,
Discus, Pole Vault, Javelin, 1500M Run

Heptathlon: 17 - 18 Women & 15-16 Girls

100M Hurdles, High Jump, Shot Put, 200M, Long Jump, Javelin, 800M

Pentathlon: 11 year Girls, 12 year Girls

80M Hurdles, High Jump, Shot Put, Long Jump, 800M Run

Pentathlon: 11 year Boys, 12 year Boys

80M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run

Pentathlon: 13 year Girls, 14 year Girls

100M Hurdles, High Jump, Shot Put, Long Jump, 800M Run

Pentathlon: 13 year Boys, 14 year Boys

100M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run

Triathlon: 9 year Boys, 10 year Boys

Shot Put, High Jump, 400M

Triathlon: 9 year Girls, 10 year Girls

Shot Put, High Jump, 200M Dash

COACHES EDUCATION

The AAU National Office is happy to announce to its members, FREE Coaches Education for all **AAU Non-Athletes**. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on "Join Now" to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete the course prior to competition.

WEIGH-IN

Multi-Events: Javelins must be tagged for identification and checked in one hour prior to competition. All other implements will be pooled for competition.

Track & Field: All meet implements must be checked in at the Field Event check in area at the track between **7:00AM – 11:00AM** on **Saturday, June 23, 2018** and **7:00AM – 9:00AM** on **Sunday, June 24, 2018**. All implements will be brought to the competition site approximately one hour prior to the event.

All implements will be checked & certified & will be impounded until the competition of that specific event. Any implements checked in after the 1 hour deadline, there will not be a guarantee that the implement will be available for competition.
