DATE: Friday – Saturday - Sunday, June 28, 29, 30, 2019

LOCATION: Richard Stockton College
G. Larry James Stadium
101 Vera King Farris Drive
Galloway, NJ 08205

HOST: AAU Region 2 and Keystone State Games & Premier Amateur Sports
Phone: 570-760-0352
Email: jcostello@ksgoffice.com

REGISTRATION: Online at www.coacho.com, please note this will be the only means of registering for the competition. You may register online beginning April 2, 2019 8:00AM to June 24, 2019 9:00PM**NO ENTRIES ACCEPTED AFTER DEADLINE JUNE 24, 2019:00PM

FEE: Multi Events $25.00 per athlete (CREDIT CARD ONLY) pay online
Track & Field $25.00 per athlete (CREDIT CARD ONLY) pay online
Open- Master $ 25.00 per athlete (CREDIT CARD ONLY) pay online

ADMISSION: $5.00 - 1 day pass or $12.00 - 3 day pass

AWARDS: Medals 1st 2nd 3rd & Ribbons 4th - 8th

• This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
• All participants must have a current 2019 AAU membership.
• AAU membership may not be included as part of the entry fee to the event.
• AAU Youth Athlete membership must be obtained before registering for AAU Region 2 Qualifier

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for and membership to be processed.
• Participants are encouraged to visit the AAU web site www.aausports.org to obtain membership.

OPEN AND MASTER AGE DIVISION ARE NOW CONTESTED.

CONTACT INFORMATION: EVENT OPERATOR: James Costello,(c#) 570-760-0352 jcostello@ksgoffice.com
-or-
MEET COORDINATOR / DIRECTOR: Jose’ A. Orlena,(h#) 302-698-4687 joserenee@verizon.net
Hy-TEK: JOHN AMERY/ ULTIMATE SPORTS PRODUCTION
MEET AND EVENT INFORMATION WILL BE POSTED & www.aaualthletics.org

ENTRY DEADLINE AAU JUNIOR GAMES JULY 16, 2019 (pay online) 11:59pm EST

AAU NATIONALS JUNIOR OLYMPIC GAMES GREENSBORO, NC 27411
JULY 27- AUGUST 3, 2019
AAU REGION- 2 NATIONAL QUALIFIER JUNE 28-30, 2019
MULTI – EVENT TRACK & FIELD CHAMPIONSHIPS
RICHARD STOCKTON COLLEGE. GALLOWAY, NEW JERSEY 08205

DAY (1) Friday June 28, 2019

ATHLETES FOR MULTI EVENTS MUST CHECK-IN (AT START OF THEIR 1st EVENT)
30 MIN. PRIOR TO THE START OF YOUR EVENT.

<table>
<thead>
<tr>
<th>Start Time</th>
<th>Age</th>
<th>Event</th>
<th>Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:45am</td>
<td>Decathlon</td>
<td>15-16 Boy 100M, LJ, SP, HJ, 400M</td>
<td>1</td>
</tr>
<tr>
<td>7:45am</td>
<td>Decathlon</td>
<td>17-18 Men 100M, LJ, SP, HJ, 400M</td>
<td>1</td>
</tr>
<tr>
<td>8:00am</td>
<td>Heptathlon</td>
<td>15-16 Girl 100MH, HJ, SP, 200M</td>
<td>1</td>
</tr>
<tr>
<td>8:00am</td>
<td>Heptathlon</td>
<td>17-18 Women 100MH, HJ, SP, 200M</td>
<td>1</td>
</tr>
<tr>
<td>8:00am</td>
<td>Triathlon</td>
<td>9 Girl, 10 Girl HJ (open hgt 95cm) SP, 200M</td>
<td>Final</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Triathlon</td>
<td>9 Boy, 10 Boy HJ (open hgt 95cm) SP, 400M</td>
<td>Final</td>
</tr>
</tbody>
</table>

AFTER THE 17-18, 100M Hurdles, WOMEN HEPTATHLON, THE FOLLOWING EVENTS WILL BE CONTESTED: CALL TO REPORT 8:15 am – START 9:00 am ROLLING SCHEDULE ALL EVENTS

***STARTING BLOCKS MAY BE USE BY 10, 11, 12, 13, 14, YR OLD. ATHLETE MUST SET OWN BLOCK.

1500M RUN……8-UNDER, 9, 10, 11, 12, 13, 14, 15-16, 17-18…Open -Master…… AGES MAY BE COMBINED

100M DASH TRIAL… 8-Under, 9, 19, 11, 12, 13, 14, 15-16, 17-18., Open-Master

AT THE CONCLUSION OF MULTI - EVENTS, THE FOLLOWING EVENTS WILL BE CONTESTED: CALL TO REPORT 12:30PM - START 1:15PM…… ROLLING SCHEDULE.

200M DASH TRIAL……8-under, 9, 10, 11, 12, 13, 14, 15-16, 17-18…. Open-Master

4x800M Relay………………………….. 11-12, 13-14, 15-16, 17-18.

4x100M Relay………………………….. 8-under relay, 9-10, 11-12, 13-14, 15-16, 17-18.

400M Dash……ALL AGE DIVISION, Open-Master …….. TIMED FINAL

FIELD EVENTS: CALL TO REPORT 12:30PM - START 1:00PM……ROLLING SCHEDULE.


Shot Put: (6lb) Girl, Boy 12, 11, 10, 9, (4lb) 8-Under. (3) Attempts.

Long Jump (1 board ) Girls, Boy 12, 11, 10, 9, 8-Under. (3) Attempts

1 pit may be use to contest long jump for all age division, if not enough official to staff 2 pits

Athlete who fail to report prior to the completion of first attempt of their designated flight, will forfeit their ability to compete in that event. Once event has started, NO run throughs or run back allowed.
MULTI – EVENT- TRACK & FIELD CHAMPIONSHIPS
RICHARD STOCKTON COLLEGE GALLOWAY, NEW JERSEY 08205
DAY (2) Saturday June 29, 2019

ATHLETES FOR MULTI EVENTS MUST CHECK-IN (AT START OF 1st EVENT)
30 MIN. PRIOR TO THE START OF YOUR EVENT.

7:45  Decathlon  15-16 Boy  110MH, DIS, PV, JAV, 1500M Final
7:45  Decathlon  17-18 Men  110MH, DIS, PV, JAV, 1500M Final
8:00  Heptathlon  17-18 Women  LJ, JAV, 800M Final.
8:00  Heptathlon  15-16 Girl  LJ, JAV, 800M Final.
8:15  Pentathlon  13 ,14 Girl  100MH, LJ, SP, HJ, 800M Final
8:15  Pentathlon  13, 14 Boy  100MH, LJ, SP, HJ, 1500M Final
8:30  Pentathlon  11, 12 Girl  80MH, HJ(open hgt 95cm), SP, LJ 800M Final.
9:00  Pentathlon  11, 12 Boy  80MH, HJ(open hgt 95cm) SP, LJ 1500M Final.

AFTER 11, 12 BOY, 80 METER HURDLES PENTATHLON, THE FOLLOWING EVENTS WILL BE CONTESTED:

1. If there are any changes, there will be a revised schedule POSTED DAY OF EVENT.
2. All events (MULTI’s) will be contested approximately thirty (30) minutes after the preceding event is completed. The thirty (30) minute rest period will include food, measuring of steps, and warm-up. Be ready to compete.
3. Each final event will be contested according to the point totals of all the preceding events.

AT THE CONCLUSION OF MULTI EVENTS, THE FOLLOWING EVENTS WILL BE CONTESTED:

CALL TO REPORT 12:30PM - START 1:15PM  ROLLING SCHEDULE ALL EVENTS
80MH 30” …………….11 Girl, Boy, 12 Girl, Boy
100MH 30” ……………..13, 14 Girl
100MH 33” ……………….13, 14 Boy
100MH 33” ……………….15-16 Girl, 17-18 Women
110MH 39” ………………15-16 Boy, 17-18 Men
100M DASH …………. ALL FINALIST
400MH……………………15-16 Boys, 17-18 Men…………………36”
400MH……………………15-16 Girls, 17-18 Women…………………30”
200MH……………………13 Girl, Boy 14 Girl, Boy………………….30”

FIELD EVENT:  CHALK ONLY ON LJ/TJ HIGH JUMP
1pit may be used to contest all long jump/triple jump, if not enough officials to staff event.

High Jump: (Boys/Men). 9 10 11 12 13 14 15-16 17-18. (Male Athlete high jump Sat.)

Turbo Jav: Three (3) attempts(300g) 8-Under Girl, Boy, (400g) Girls, Boys 9, 10, 11, 12.

AAU REGION 2 MULTI – EVENT and TRACK & FIELD CHAMPIONSHIPS
RICHARD STOCKTON COLLEGE GALLOWAY, NEW JERSEY 08205

DAY (3) Sunday June 30 2019
CALL TO REPORT: 8:15am START TIME: 9:00am ROLLING SCHEDULE:
3000M RUN 11, 12, 13, 14, 15-16, 17-18 Open- Master AGES WILL BE COMBINED
200M DASH FINALS ALL FINALIST.
800M RUN 8-Under, 9, 10, 11, 12, 13, 14, 15-16, 17-18, Open- Master
4X400M RELAY 9-10, 11-12, 13-14, 15-16, 17-18.

FIELD EVENTS
CALL TO REPORT: 8:30am START TIME: 9:00am ROLLING SCHEDULE ALL EVENTS
NO TRAINING OR RUBBER DISCUS TO BE USED:
DISCUS: (1.0 kg) Girls-Boys 11, 12 Three (3) Throws
DISCUS: Trial/Final (1.0 kg) 13 Girl, Boy, 14 Girl, Boy, 15-16 Girl, 17-18 Women.
(1.6 kg) 15-16 Boy, 17-18 Men
TRIPLE JUMP: Trial-Final 13, Girl, Boy 14 Girl, Boy 15-16 Girl, Boy, 17-18 Women, Men
ONLY 1 PIT MAY BE AVAILABLE FOR LONG AND/OR TRIPLE JUMP.
High Jump: 17-18, 15-16 14, 13, 12, 11, 10, 9 (Female athlete jump on Sunday)

POLE VAULT WILL START 12:00 NOON:
ALL VAULTER MUST HAVE SIGNED VAULT FORM, SIGNED BY COACH/OR PARENT AND GIVEN TO OFFICIAL BEFORE ANY WARMUPS.
POLE VAULT ……13, Girl, Boy 14 Girl, Boy 15-16 Girl, Boy, 17-18 Women, Men
ATHLETE MUST SUPPLY HIS/HER OWN JAVELIN, DISCUS OR VAULTING POLE.
1/4" PYRAMID SPIKE ONLY ALL TRACK&FIELD SURFACES.
ATHLETE WHO FAIL TO REPORT FOR HIS/HER EVENT WHEN CALLED WILL FORFEIT THE RIGHT TO COMPETE.
MEET MANAGEMENT RESERVE THE RIGHT TO COMBINE, EVENT, AGE AND OR GENDER.
RELAY RULE CHANGE: USATF Competition Rule #170 Relay Races /Pg. 80/ Par 3. In the 4x100m, and the 4x200m, the first and second exchanges in the ‘Swedish’ Medley and the outdoor Sprint Medley relays, each (takeover) exchange zone shall be **30m long**, of which the scratch line is 20m from the start of zone.

THE EXCHANGE ZONE IS NOW 30M LONG.

Advancement to the AAU Junior Olympic Games:

**District Qualifier:** The top sixteen (16) finishers in each individual event, relays, or multi-event shall advance from the District Qualifier to the National Qualifier. Competitors shall only advance from the District Qualifier into the Regional Qualifier in the events that they actually **competed and qualified** at the District level.

**Regional Qualifier:**
To advance to the 2019 AAU Junior Olympic Games from an AAU Track & Field Regional Qualifier, an athlete need to finish in the top six (6) in a Running Event, top six (6) Field Event, top (6) in a Relay Event and top four (4) Multi-Event.
2019 AAU REGION 2 NATIONAL QUALIFIER
MULTI-EVENTS AND TRACK & FIELD CHAMPIONSHIP
RICHARD STOCKTON COLLEGE GALLOWAY, NJ 08205
JUNE 28-29-30, 2019

LOCATION: RICHARD STOCKTON STATE COLLEGE GALLOWAY, NEW JERSEY 08205
HOST: AAU REGION 2, KEYSTONE STATE GAMES & PREMIER AMATURE SPORTS.
EMAIL: www.keystonegames.com
SANCTIONED BY: AMATURE ATHLETIC UNION
REGISTRATION: ON LINE AT www.CoachQ.com
ENTRY FEE: MULTI-EVENTS $25:00 PER. ATHLETE (NO REFUND)
: TRACK & FIELD $25:00 PER. ATHLETE (NO REFUND)
PAYMENT: PAY ONLINE BY CREDIT CARD ONLY
2019 AAU MEMBERSHIP: ATHLETES AND CLUBS MUST BE REGISTERED WITH,
AMATUER ATHLETIC UNION 2019 REGISTRATION ONLINE www.aauathletics.org
CONTACT INFORMATION FOR AAU REGION 2 NATIONAL QUALIFIER;
EVENT OPERATOR: JIM COSTELLO KEYSTONE STATE GAMES C# 570-760-0352
Email:jcostello@ksoffice.com
MEET COORDINATOR/DIRECTOR: JOSE' A. ORLENA H# 302-698-4687 joserenee@verizon.net
MEET REFEREE: ROLAND WILLIAMS
CLERK OF COURSE: JAMES PARKER
TIMING STAFF: JOHN AMERY, ULTIMATE SPORTS PRODUCTION.
EVENT INFORMATION WILL BE POSTED: www.aauathletics.org and www.keystonegames.com
GENERAL INFORMATION:
GENERAL ADMISSION $5:00 (1) One day pass or $12.00 pass (3) Three days
GATE OPEN: 6:30AM
TRACK CLOSE: 15 Min. BEFORE MEET START.
ROLLING SCHEDULE FOR TRACK & FIELD EVENTS.
METRIC MESURMENTS FOR MULTI-EVENTS ONLY.
TOP 16 ATHLETE FROM THEIR DISTRICT QUALIFIER WHO RECEIVE A VERIFIED MARK IN EACH
EVENT(S) HE/SHE PLAN TO COMPETE, ADVANCE FROM THEIR REGION 2 AAU NATIONAL
QUALIFIER.

AWARDS: MEDALS 1st 2nd 3rd RIBBONS 4th - 8th
• ALL FIELD EVENTS: 12 & UNDER THREE (3) ATTEMPTS ONLY, EXCEPT HIGH JUMP
• 1/4 PYRAMID ONLY ON ALL TRACK SURFACES. NO CHRISTMAS TREE OR NEEDLES.
• TRAINER(S) WILL BE ON SITE DURING COMPETITION.
• MEMBERS OF RELAY TEAMS MUST WEAR THE SAME TEAM COLOR JERSEY AND SHORTS.
• ALL RUNNING EVENTS REPORT TO THE ‘CLERK OF COURSE’
• FIELD EVENTS REPORT DIRECTLY TO THAT EVENT, CHECK IN WITH THAT “OFFICIAL”
• POLE WEIGHT AND ATHLETE WEIGHT MUST BE VERIFIED BY COACH AND GIVEN TO POLE
VAULT OFFICIAL.
• ONLY COMPETITION UNIFORM WILL BE ALLOWED IN THE CLERKING AREA.
• NO “BARE MIDRIFF” RULE IN EFFECT.
• NO ONE ALLOWED ON THE INFIELD FOR ANY REASON.
• 3-TURN STAGGER FOR ALL 4X400M RELAYS
• **ADDITIONAL INFORMATION:**

• NO CELL PHONES, ELECTRONIC DEVICES ALLOWED BY ATHLETES IN COMPETITION AREA
  NO GLASS CONTAINERS, WATER GUNS, ALCOHOL, OR SMOKING PERMITTED ON SCHOOL PROPERTY. NO GRILLING, NO OPEN FIRES.

• NO SPITTING OF SUNFLOWERS SEED ON SCHOOLS TRACK, STADIUM, AND BLEACHERS

• NO ATHLETE, COACH, OR PERSONS, ALLOWED IN ANY BUILDING, ROOMS, COURTYARDS OR
  ON ANY EQUIPMENT MAINTAIN BY EVENT OPERATOR, VENDOR(s) AND/OR UNIVERSITY.

TEAMS/UNATTACHED ATHLETE PACKET, PICK-UP AT GATE.
COACHES AND ATHLETES WILL BE ISSUED A COLOR CODE WRIST BAND FOR ADMISSION
(INCLUDE IN TEAM PACKET).
ONE BAND (1) COACHES PER (6) REGISTER ATHLETES (MAX 5 COACH'S BANDS PER TEAM),
UNATTACHED ATHLETE WILL BE ISSUED ONE (1) BAND ATHLETE AND ONE BAND (1) COACH.

PLEASE NOTE THAT WHILE AN ATHLETE CAN DECLARE ALL EVENTS WITH MARK ACHIEVED AT THE
DISTRICT QUALIFIER, THEY WILL NOT BE ALLOWED TO ENTER EVENTS THAT WERE NOT COMPETED AT A
DISTRICT QUALIFIER WITH A NO MARK AT THE NATIONAL QUALIFIER.

ATHLETES WHO DID NOT COMPETE IN A DISTRICT QUALIFYING MEET WILL ONLY BE
ELIGIBLE TO COMPETE IN THE AAU REGION 2 NATIONAL QUALIFIER MEET IN THE,
2000M STEEPLECHASE, MULTI-EVENT and POLE VAULT.

SOME DISTRICT QUALIFIER WILL BE HELD AFTER DECLARATIONS ARE OPEN FOR NATIONAL QUALIFIERS.
COACHES, ATHLETES AND PARENTS SHOULD NOT START THE DECLARATION PROCESS FOR THE NATIONAL
QUALIFIER UNTIL THE TEAM OR ATHLETES HAVE FINISH COMPETING IN ALL OF THE DISTRICT QUALIFIER
THAT THEY HAVE CHOSEN TO COMPETE.

ONCE A TEAM HAS ENTER ANYONE ON THE TEAM IN A NATIONAL QUALIFIER, THE TEAM ENTRY IS CREATED
AND NO CHANGES TO MARKS WILL BE ACCEPTED, SO, IF A TEAM GOES TO A DISTRICT, THEN DECLARE FOR
A NATIONAL QUALIFIER, THEN GOES TO ANOTHER DISTRICT QUALIFIER; THE MARKS FROM THE 2ND DISTRICT WILL NOT BE ADVANCE.

ATHLETES:
**TOP 8 FINISHER 100M DASH AND 200M DASH ADVANCE TO FINAL.**
ATHLETE MAY ONLY USE STARTING BLOCKS SUPPLIED BY MEET MANAGEMENT
AND ATHLETE MUST SET OWN STARTING BLOCK.
STARTING BLOCKS MAY BE USED FOR ATHLETES AGES 10 11 12 13 14.

15-16 GIRLS/BOYS , 17-18 WOMEN/MEN WILL BE REQUIRED TO USE STARTING BLOCKS IN THE
100/200/400/ 100/110/400 METER HURDLES 4x1,4x4 RELAY.

FIELD EVENT:athlete who fail to report prior to the start of first attempt of their designated
flight, will forfeit their ability to compete in that event. Once event has commence no further
run through or runback.

RUNNING EVENTS: athlete must check in ' clerk of course ' for all running events when called
to report or you will forfeit the right to compete in that event.
RELAYS TEAMS MUST BE DECLARE ON THE REGION NATIONAL QUALIFIER LEVEL.
ALL RELAY TEAM ATHLETES MUST BE DECLARING AT THAT TIME WHICH INCLUDES ALTERNATES.

CHALLENGE PERIOD:
ALL CHALLENGES TO MEET RESULT MUST BE INITIATED WITHIN 5 DAYS OF THE DAY OF THE MEET. ALL
CHALLENGES MUST BE E-MAILED TO THE DISTRICT OR NATIONAL QUALIFIER MEET DIRECTOR. AFTER 5
DAYS, RESULT WILL NOT BE CHANGE. THE 5 DAYS BEGIN ON THE DATE THE RESULTS ARE POSTED ON
THE AAU WEBSITE. ALL POSTED RESULTS WILL LIST THE DATE THAT THE CHALLENGE PERIOD ENDS.

AAU NATIONAL JUNIOR OLYMPIC GAMES REGISTRATION WILL OPEN UP
2 DAYS AFTER THE FIRST NATIONAL QUALIFIER MEET'S 5 DAY GRACE PERIOD ENDS.

AAU REGION 2 NATIONAL QUALIFIER JUNE 28-30, 2019
STOCKTON UNIVERSITY GALLOWAY, NEW JERSEY

IN EFFORT TO PROCESS THESE ENTRIES ON TIME FOR THE AAU REGION 2 NATIONAL QUALIFIERS.

ABSOLUTLEY
NO ENTRIES WILL BE ACCEPTED AND NO CHANGE OF EVENT(s) REQUEST HONORED,
AFTER DEADLINE DATE/TIME. ENTRY DEADLINE DATE: JUNE 24, 2019 9:00PM

ALL ENTRIES MUST BE COMPLETED AND SUBMITTED BEFORE DEADLINE DATE/TIME
EXPRIE, IF NOT, YOU "WILL BE LOCKOUT" FROM PROCESSING ATHLETE REGISTRATION.

PLEASE NOTE EVENT SCHEDULE FOR EACH DAY OF COMPETITION
• PLEASE NOTE CALL TO REPORT EACH DAY
• PLEASE NOTE START TIME EACH DAY
• PLEASE BE AT YOUR JUMPING AND/OR THROWING EVENT,
• EARLY SO THAT THE OFFICIAL CAN START THAT EVENT WITHOUT DELAY.
• NO COACHES OR ATHLETES ALLOWED ON INFIELD AREA FOR ANY REASON.
• NO WARM UP ON TRACK WHILE EVENTS ARE BEING CONTESTED.

ATHLETES MUST SUPPLY THEIR OWN JAVELIN (600-800 gr) and DISCUS.

SHOT PUTS and TURBO JAV WILL BE PROVIDE.

RELAYS: YOU MAY HAVE UP TO EIGHT (8) REGISTERED ATHLETES NAME ON RELAYS ROSTER.
YOU MUST DECLARE RELAY AS, A, B, C.

PROTEST: ALL PROTEST MUST BE SUBMITTED IN WRITING BY HEAD COACH OR IN CASE OF UNATTACH
ATHLETE BY PARENT WITHIN 30min OF INFRACTION AND HANDED TO MEET REFEREE W/ $75.00 CASH
DEPOSIT. PROTEST MAY BE APPEAL (JURY OF APPEAL DECISION IS FINAL). IF PROTEST IS UPHELD, CASH
DEPOSIT WILL BE RETURN. JURY OF APPEAL: TBD
RELAY RULE CHANGE: USATF Competition Rule #170 Relay Races /Pg. 80/ Par 3.
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THE EXCHANGE ZONE IS NOW 30M LONG.

Bib replace fee $5.00. Bib replacement is located at awards. Please pick up your award promptly. No awards will be mailed Coach or Coach designee to pick-up awards. NO athlete.

SAFETY OF YOUR ATHLETES: DO NOT WEAR HEAD/EAR PHONES WHILE WARM UP ON TRACK OR FIELD.

AT THE CONCLUSION OF AAU REGION 2 TRACK & FIELD, TEAM AWARD WILL BE AWARDED, COMBINED SCORE (GIRLS/BOYS ) 1ST PLACE AND RUNNER UP.

NO TENTS, TENT FRAME/LEG, SHADEING DEVICES BELOW TOP SIX(6) ROWS OR IN FRONT OF PRESS BOX. OUR REGION 2 NATIONAL QUALIFIER WILL BE LIVE STREAM. FLO TRACK. REQUIRES AN UNOBSTRUCTED VIEW OF TRACK .

NO EQUIPMENT IS TO BE REMOVE FROM TRACK OR FIELD. ALL HURDLES ARE TO BE RETURN TO PROPER PLACE.

MEET MANAGEMENT RESERVE THE RIGHT TO ADJUST SCHEDULE.

PARK ONLY IN AREAS PERMITTED BY THE UNIVERSITY.

RESTROOMS AVAILABLE / T-SHIRTS SALE / CONCESSION STAND.
AAU REGION 2 NATIONAL QUALIFIER
JUNE 28-29- 30, 2019

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2019 AAU NATIONAL JUNIOR OLYMPIC GAMES
JULY 27-AUGUST 3, 2019
NORTH CAROLINA A&T UNIVERSITY GREENSBORO, NC 27411