



2019 AAU REGION 18 REGIONAL EVENT INFORMATION (revised 4/7/19)
ABILENE CHRISTIAN UNIVERSITY - JUNE 27TH, 28TH, 29TH & 30TH

LOCATION: ACU - ELMER GRAY STADIUM
ADDRESS: 2117 CAMPUS CT. ABILENE, TX 79601
REGISTRATION DEADLINE: JUNE 23RD
REGISTRATION SITE: www.coacho.com
REGISTRATION FEE: \$25 TRACK/FIELD PER ATHLETE \$25 MULTI-EVENT PER ATHLETE
THE FEE IS PER ATHLETE, NOT PER EVENT

HOW TO REGISTER: SEE PAGE 2

MEET DIRECTOR CONTACT: NICK OR JO SCOTT via email mytrackmeets@gmail.com Via text: 214 7294305
SPECTATION ADMISSION: \$10 PER DAY/PER PERSON CASH ONLY **NO CHECKS OR CARDS** **NO MULTIPLE DAY PASSES**
ENTRY AND SETUP: GATES AND TICKET BOOTH OPEN AT 6AM DAILY,
NO TENT SET-UP WITHOUT ENTRY CREDENTIALS, PLEASE DO NOT ASK.
CREDENTIAL PICKUP: WED. JUNE 26TH - 7PM - 10PM AT THE HOST HOTEL - HOLIDAY INN - NORTH
THUR. JUNE 27TH - 7PM - 10PM AT THE HOST HOTEL - HOLIDAY INN - NORTH
FRI. JUNE 28TH - 7PM - 10PM AT THE HOST HOTEL - HOLIDAY INN - NORTH

PLEASE MAKE ARRANGEMENTS TO PICKUP YOUR ATHLETE CREDENTIALS BEFORE THE DAY THEY ARE SCHEDULED TO COMPETE, NO EXCEPTIONS.

ATHLETE CREDENTIALS **WILL NOT** BE AVAILABLE FOR PICK-UP AT THE STADIUM,
HOWEVER, LOST CREDENTIALS WILL BE REPLACED AT THE STADIUM ---- \$10 BIBS \$10 BANDS

HOST HOTEL: HOLIDAY INN NORTH - 325.673.1400 3525 WEST LAKE ROAD 5 MIN. FROM STADIUM
ASK FOR THE BLOCK RATE FOR AAU REGION 18 ---- **CREDENTIAL PICK-UP IS AT THIS LOCATION**

LOST CREDENTIALS: LOST ATHLETE CREDENTIALS CAN BE REPLACED AT THE HOST HOTEL, TIMES ABOVE
OR DURING THE MEET, AT THE STADIUM TICKET BOOTH. \$10 BIBS \$10 BANDS
NO CHECKS OR CARDS ACCEPTED. CASH ONLY CASH ONLY CASH ONLY

ADVANCEMENT: TOP 6 INDIVIDUAL RUNNING EVENTS, TOP 6 RELAYS
TOP 6 FIELD EVENTS, TOP 4 MULTI-EVENTS, EACH AGE DIV. & GENDER
WILL QUALIFIER TO THE JUNIOR OLYMPIC GAMES

MEDICAL: CERTIFIED TRAINERS WILL BE ON HAND FOR INJURIES AND FIRST AID ONLY
NO COMPETITION TAPING, RUB DOWNS OR STRETCHING OF ATHLETES

STADIUM: PARENTS, & COACHES ARE NOT ALLOWED ON THE INFIELD, TRACK, OR
HEATING AREA.

RESULTS: www.jwttiming.com
LIVESTREAM: www.flotrack.org

PROTEST: \$75 CASH WITHIN 30 MINUTES AFTER RESULTS ARE POSTED FOR
EACH EVENT. LOST PROTEST WILL FORFIET DEPOSIT.

IMPLEMENTS: ATHLETES MUST BRING THEIR OWN COMPETITION IMPLEMENTS FOR
FIELD EVENTS.

LICENSE AND SANCTION: This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU Membership. *

AAU membership may not be included as part of the entry fee to the event *

AAU Youth Athlete membership must be obtained before the competition begins *

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed *

Participants can visit the AAU website www.ausports.org to purchase AAU Memberships.

SEE PAGE 2 FOR "HOW TO REGISTER INFORMATION" AND HOTEL ACCOMADATIONS IN ABILENE

HOW TO REGISTER FOR THE 2019 REGION 18 REGIONAL MEET

1. ALL COMPETITORS MUST HAVE A 2019 AAU MEMBERSHIP.
GO TO WWW.AAUSPORTS.ORG TO PURCHASE YOUR ATHLETE MEMBERSHIP
COACHES MAY PURCHASE A NON-ATHLETE MEMBERSHIP
CLUBS CAN PURCHASE A CLUB MEMBERSHIP
IF YOU COMPETED IN THE DISTRICT MEET, YOU SHOULD ALREADY HAVE THIS.
2. EVENTS THAT DO NOT REQUIRE DISTRICT QUALIFICATION ARE; STEEPLECHASE, JAVELIN, POLE VAULT, MULTI - EVENTS
3. GO TO WWW.COACHO.COM SELECT "ONLINE REGISTRATION & CALENDAR" SCROLL DOWN TO JUNE 27TH THRU JUNE 30TH AND SELECT AAU REGION 18 QUALIFIER AT ABILENE
4. **YOU CAN NOT PAY FOR THIS MEET ONLINE.** PRINT A COPY OF YOUR REGISTRATION PAGES. IT WILL BE LISTED AS THE "ACKNOWLEDGMENT PAGES" SHOWING ALL ATHLETES NAMES, EVENTS REGISTERED INTO, AND BALANCE DUE.
5. **MAIL IN PAYMENTS** - SEND A COPY OF THE ACKNOWLEDGEMENT PAGE(S) TO:
UYAA P.O.B. 482 CRESSON, TX 76035 MAKE PAYMENT PAYABLE TO: UYAA
NO CHECKS CERTIFIED FUNDS ONLY MONEY ORDER OR CASHIER'S CHECKS
REGISTRATION AND PAYMENT DEADLINE IS JUNE 23RD
****IF YOUR ATHLETE *DID NOT* COMPETE IN A DISTRICT MEET, YOU MUST INCLUDE A COPY OF THE ATHLETE'S BIRTH CERTIFICATE FOR AGE VERIFICATION****
6. **WALK-IN PAYMENTS** - MAKE A COPY OF YOUR REGISTRATION ACKNOWLEDGEMENT PAGES LISTED ABOVE. BRING THE DOCUMENTS AND YOUR "CASH" PAYMENT TO:
COMFORT SUITES HOTEL 411 WEST ROAD TO SIX FLAGS ARLINGTON, TX 76011
JUNE 23RD 5PM - 8PM ONLY BRING CASH IF YOU COME IN PERSON, NO CHECKS

REGISTRATION DEADLINE: JUNE 23RD - IF YOU MAIL YOUR REGISTRATION, IT MUST BE RECEIVED BY THIS DATE ALONG WITH YOUR PAYMENT..MAIL MONEY ORDER OR CASHIER CHECK MADE PAYABLE TO: UYAA P.O.B. 482 CRESSON, TX 76035

7. **HOTELS PROVIDING DISCOUNTS FOR THE EVENT:** ASK FOR THE BLOCK RATE FOR AAU REGION 18 ---- RESERVE YOUR ROOMS EARLY. DON'T DELAY

TOWNSHIP SUITES NORTHEAST & COURTYARD BY MARRIOTT (THESE 2 PROPERTIES SHARE A LOBBY)
325.673.0400 5 MINUTES FROM STADIUM ASK FOR THE BLOCK RATE FOR AAU REGION 18

COURTYARD BY MARRIOTT 325.695.9600 4350 RIDGEMONT DRIVE ASK FOR AAU REGION 18 BLOCK RATE

MCM ELEGANTE' SUITES 325.698.1234 4250 RIDGEMONT DRIVE 79606 THIS HOTEL WAS FORMALLY AN EMBASSY SUITES AND IS ACROSS THE STREET FROM THE MALL - AND 10 MINUTES FROM THE STADIUM.
ASK FOR THE ROOM BLOCK FOR AAU REGION 18

HOST HOTEL: HOLIDAY INN NORTH - 325.673.1400 3525 WEST LAKE ROAD 5 MIN. FROM STADIUM
ASK FOR THE BLOCK RATE FOR AAU REGION 18 ----- **CREDENTIAL PICK-UP IS AT THIS LOCATION**

ADVANCEMENT: To Junior Olympic Games - top 6 running events, top 6 relays, top 6 field events, top 4 multi's

2019 AAU REGION 18 SCHEDULE OF EVENTS
(please note: This schedule of subject to change without prior notification)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.
All participants must have a current AAU membership.
AAU membership may not be included as part of the entry fee to the event.
AAU Youth Athlete membership must be obtained before the competition begins.
BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
Please allow at least 10 days for membership to be processed.
Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership

2019 AGE CLASSIFICATIONS

AGE GROUP: 8 & Under 2011 & After 9 Yr. Olds 2010 10 Yr. Olds 2009 11Yr. Olds 2008
 12 Yr. Olds 2007 13 Yr. Olds 2006 14 Yr. Olds 2005 15-16 - 2003-2004 17-18 2001-2002
Women and Men Open and Master's 2000 & before (NO JR. OLYMPIC ADVANCEMENT FOR THIS AGE GROUP)

The meet is on a rolling schedule. Athletes must check-in when events are called or risk disqualification. Gates will open at 6:00am on each day. We do not allow early tent set-up or athlete practice at the stadium on the day before the meet starts. During competition days, everyone entering the stadium must have on appropriate credentials.

THIS SCHEDULE MAY CHANGE AT THE DISCRETION OF THE MEET ORGANIZER. TF=TIME FINAL F=FINAL C=COMBINED GROUPS MULTI EVENTS \$25 TRACK & FIELD \$25 SPECTATOR \$10/DAY 5 & UNDER FREE

DAY 1 THURSDAY JUNE 27TH RUNNING EVENTS

7AM 1500M RACEWALK COMBINED AGE GROUPS GIRLS & BOYS 9-12	F
7:20AM 3000M RACE WALK COMBINED AGE GROUPS GIRLS & BOYS 13 THRU 17/18	F
7:30AM 2000M STEPPLECHASE 15/16 GIRLS & 17/18 GIRLS___ 15/16 BOYS & 17/18 BOYS	F

DAY 1 THURSDAY JUNE 27TH FIELD EVENTS

8AM POLE VAULT	13B 14B 15/16B 17/18B
8AM TURBO JAVELIN	ALL ELIGIBLE AGE DIVISIONS
8AM JAVELIN	ALL ELIGIBLE AGE DIVISIONS

THIS SCHEDULE MAY CHANGE AS DETERMINED BY THE MEET ORGANIZER

MULTI-EVENTS DECATHLON, HEPTAHLON, PENTATHLON, TRIATHLON

COMBINED EVENT SCHEDULE - Multi-events may start up to 30 minutes earlier or later than the designated time based on the final number of entries for the event. It is recommended that athletes check-in with the designated event official at least 45 minutes before the time listed for the event. Athletes not checked in at their venue when the event starts will be scratched from competition even if the event begins earlier or later than the time listed.

DAY 1 MULTI-EVENTS JUNE 27TH DECATHLON, HEPTAHLON, PENTATHLON, TRIATHLON

8:30AM	100MH	15/16G	17/18G	30"
	100MH	13/14G		30"
	100MH	13/14B		33"
	80MH	11/12G		30"
	80MH	11/12B		30"
8:45AM	100M	15/16B	17/18B	
9:00AM	SP	9/10G	9/10/B	6LBS
	SP	11/12G	11/12B	6LBS
	SP	13/14G	13/14B	6LBS FOR GIRLS 4KG FOR BOYS
	HJ	15/16G	17/18G	
	LJ	15/16B	17/18B	

DAY 1 MULTI-EVENTS(cont.) JUNE 27TH DECATHLON, HEPTAHLON, PENTATHLON, TRIATHLON

9:30AM	HJ	9/10G	9/10B	
	HJ	11/12G	11/12B	
	HJ	13/14G	13/14B	
	SP	15/16G	17/18G	4 KG
	SP	15/16B	17/18B	12 LBS
	200M	9/10G		
	400M	9/10B		
10AM	LJ	11/12G	11/12B	
	LJ	13/14G	13/14B	
	200M	15/16G	17/18G	
	HJ	15/16B	17/18B	
10:30AM	800M	11/12G		
	800M	13/14G		
	400M	15/16B	17/18B	
	1500M	11/12B	13/14B	

DAY 2 MULTI-EVENTS JUNE 28TH DECATHLON, HEPTAHLON, PENTATHLON, TRIATHLON

7:30AM	110MH	15/16B	17/18B	39"
	LJ	15/16G	17/18G	
8:00AM	JV	15/16G	17/18G	600G
	DISCUS	15/16B	17/18B	1.6 KG
8:30AM	800M	15/15G	17/18G	
	PV	15/16B	17/18B	
9AM	JV	15/16B	17/18B	800G
9:30AM	1500M RUN	15/16B	17/18B	

DAY 2 FRIDAY JUNE 28TH FIELD EVENTS

All field will follow the projected time listed below. Each age group may start up to 30 minutes earlier or later than the times listed on the schedule. This is a rolling meet. Athletes must listen to the announcements for calls to their field event. Any athlete who does not check in before their designated flight starts will be scratched from the event. Field event athletes who have a conflict with a running event (running events take precedence) must check-in at the field event when called to receive permission from the event official to be excused to go run and return. They will be released by the official ONLY at the appropriate time, and the athlete will have 10 minutes after they finished their running event, to check back into their field event. If a throw or jump is not longer than the previous one recorded, it may not be measured.

8AM	LJ	PIT 1	13B	PIT 2	13G
		HJ	17/18G	17/18B	
		SHOT PUT	13G	14G	
		DISCUS	15/16G	17/18G	
10AM	LJ	PIT 1	14B	PIT 2	14G
	HJ	15/16G	15/16B		
	SP	13B	14B		
	DISCUS	15/16B	17/18B		
12PM	POLE VAULT	13G	14G	15/16G	17/18G
	LJ	PIT 1	15/16B	PIT 2	15/16G
	HJ	14G	14B		
	SP	15/16B	17/18B		
	DISCUS	13B	14B		
2PM	LJ	PIT 1	17/18B	PIT 2	17/18G
	HJ	13G	13B		
	SP	15/16G	17/18G		
	DISCUS	13G	14G		

THIS SCHEDULE MAY CHANGE AS DETERMINED BY THE MEET ORGANIZER

DAY 3 SATURDAY JUNE 29TH FIELD EVENTS

8AM TJ 13G, 14G, 15/16G, 17/18G
9AM TJ 13B, 14B, 15/16B, 17/18B

DAY 3 SATURDAY JUNE 29TH RUNNING EVENTS

7AM 1500M ALL ELIGIBLE DIVISIONS STARTING WITH 8 & UNDER G & B TF
80MH 11G, 11B, 12G, 12B TF
100MH 13G, 14G, 13B, 14B, 15/16G, 15/16B, 17/18G, 17/18B TF
110MH 15/16B, 17/18B TF
100M PRELIMS STARTING WITH 8&UNDER G&B, TOP 8 ADV. TO FINALS
400M ALL DIVISIONS STARTING WITH 8 & UNDER G&B TF
200MH 13G, 13B, 14G, 14B TF
4X800M RELAY 11/12 G&B, 13/14 G&B, 15/16 G&B, 17/18 G&B TF
200M PRELIMS STARTING WITH 8&UNDER G&B, TOP 8 ADV. TO FINALS

DAY 4 SUNDAY JUNE 30TH FIELD EVENTS

8AM LJ PIT1 STARTING WITH 8&UNDER G, 9G, 10G, 11G, 12G
LJ PIT2 STARTING WITH 8&UNDER B, 9B, 10B, 11B, 12B
SP STARTING WITH 8&UNDER G, 9G, 10G, 11G, 12G
SP STARTING WITH 8&UNDER B, 9B, 10B, 11B, 12B
HJ STARTING WITH 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B

10AM DISCUS STARTING WITH 11G, 11B, 12G, 12B

DAY 4 SUNDAY JUNE 30TH RUNNING EVENTS

7AM 3000M RUN ALL DIVISIONS STARTING WITH 9 G&B THRU 17/18 G&B TF
4 X 100M RELAY ALL DIVISIONS STARTING WITH 8 & UNDER G&B THRU 17/18 G&B TF
800M RUN ALL DIVISIONS STARTING WITH 8&UNDER G&B THRU 17/18 G&B TF
100M DASH FINALS, ALL DIVISIONS STARTING WITH 8&UNDER G&B THRU 17/18 G&B F
400MH 15/16G, 17/18G, 15/16B, 17/18B TF
200M DASH FINALS ALL DIVISIONS STARTING WITH 8 & UNDER G&B THRU 17/18 G&B F
4X400M RELAYS ALL DIVISIONS STARTING WITH 9/10 G & B THRU 17/18 G&B TF

THIS SCHEDULE MAY CHANGE AS DETERMINED BY THE MEET ORGANIZER