

STAAU TRACK & FIELD DISTRICT QUALIFIER

*D. W. Rutledge Stadium
Converse, Texas 78109*

June 21-22, 2019

South Texas AAU Athletics Event Host

**Janis Henderson Meet Director janisrh@flash.net
512-563-2893**

CHECK - IN

June 20, 2019	Early Check-In @ Rutledge Stadium	4:30pm – 7:30pm
June 21, 2019	Check-In @ Rutledge Stadium	6:00 am
June 22, 2019	Check-In @ Rutledge Stadium	6:00 am

ENTRY FEE: \$20.00

ELIGIBILITY: Must have a current AAU 2019 membership. Athletes can compete in whatever District Qualifier fits their schedule and is closer to home.

- * This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- * All participants must have a current AAU Membership.
- * AAU membership may not be included as part of the entry fee to the event
- * AAU Youth Athlete membership must be obtained before the competition begins
- * **BE PREPARED!** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed
- * Participants can visit the AAU website www.aausports.org to purchase AAU Memberships.



Online Registration Required

Online entry **MUST** be done at www.coacho.com

Online registration will not be reopened after closing. Therefore you must make all final changes before closing. **Under no circumstances will athletes be manually entered in the meet.**

Deadline: June 19, 2019 at 11:59pm CST

PLEASE DOUBLE CHECK YOUR ENTRIES USING THE EMAIL CONFIRMATION YOU RECEIVE.

- AGE PROOF:** Required when registering and whenever challenged. Must be an Original or Notarized copy of Birth Certificate, Driver's License, Military ID, or current Passport; ABSOLUTELY required at The National Junior Olympic Games.
- AAU CARD:** Cost is \$14.00 per card and must be purchased online at www.aausports.org before competing at any Sanctioned AAU Meet. Cards must be presented at the District Qualifier Meet.
- RELAYS:** Relays are run in the 8&under, 9-10, 11-12, 13-14, 15-16, and 17-18 age divisions only. Relay teams must have current 2019 Club Membership. All relay teams must wear tops and shorts of the same color.
- ADVANCEMENT** Top 16 athletes in each event qualify for Regional Qualifier
- AWARDS:** Top 3 finishers in each event will receive a medal. It is the responsibility of the competitor, coach, or parent to pick up awards before leaving meet. No medals will be mailed. Relay medals will only be given to the coach of the team.
- RESULTS:** Results will be posted online at www.aauathletics.org after the meet.
- FOOD & DRINK:** There will be concessions available. Medium size ice chest may be brought in with fruit, water & sports drinks. No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.
- STADIUM:** Parents and Coaches are not allowed on the track or infield. Only Officials with Credentials will be allowed on the track.
- MEDICAL:** Certified Trainers will be available for injuries and first aid only. No taping of athletes by trainers.
- SPECTATOR ADMISSION:** \$9.00/Daily



AGE DIVISIONS:

2011 & After	8 and Under Girls/Boys
2010	9 Years Old Girls/Boys
2009	10 Years Old Girls/Boys
2008	11 Years Old Girls/Boys
2007	12 Years Old Girls/Boys
2006	13 Years Old Girls/Boys
2005	14 Years Old Girls/Boys
2003/2004	15-16 Years Old Girls/Boys
2001/2002	17-18 Years Old Women/Men

ROLLING SCHEDULE – Track & Field Start time is 7:00 am. Events will be run one after the other. Athletes are responsible for their events and should be present awaiting for the start of their event. You must pay attention and listen for all PA announcements.

EXEMPT EVENTS – Multi-Events, Steeplechase, Pole Vault, Javelin and Race Walk are exempt from competing at the District Qualifier. Register for these events at Regional

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.



ALL RUNNING EVENTS ARE TIMED FINALS

FRIDAY, JUNE 21st

7:00AM

3000 Meter Run (11G/B, 12G/B)
4 x 100 Meter Relay (8UG/B, 10G/B, 12G/B)
80 Meter Hurdles (8-30") (11G/B, 12G/B)
800 Meter Run (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
100 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
400 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
4 x 800 Meter Relay (11-12G/B)
200 Meter Dash (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
1500 Meter Run (8UG/B, 9G/B, 10G/B, 11G/B, 12G/B)
4 x 400 Meter Relay (9-10G/B, 11-12G/B)

SATURDAY, JUNE 22nd

7:00AM

3000 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)
4 x 100 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)
110 Meter Hurdles (10-39") (15-16B, 17-18M)
100 Meter Hurdles (10-33") (13B, 14B, 15-16G, 17-18W)
100 Meter Hurdles (10-30") (13G, 14G)
800 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)
100 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)
400 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)
4 x 800 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)
400 Meter Hurdles (10-36") (15-16B, 17-18M)
400 Meter Hurdles (10-30") (15-16G, 17-18W)
200 Meter Hurdles (8-30") (13G/B, 14G/B)
200 Meter Dash (13G/B, 14G/B, 15-16G/B, 17-18W/M)
1500 Meter Run (13G/B, 14G/B, 15-16G/B, 17-18W/M)
4 x 400 Meter Relay (13-14G/B, 15-16G/B, 17-18W/M)



FIELD EVENTS

FRIDAY JUNE 21st

SHOT PUT	RING 1	8:00 13G	RING 2	8:00 13B		
		9:30 15-16G		9:30 15-16B		
		11:00 14G		11:00 14B		
		1:30 17-18W		1:30 17-18M		
DISCUS	RING 1	8:00 17-18W	RING 2	8:00 17-18M		
		9:30 14G		9:30 14B		
		11:00 15-16G		11:00 15-16B		
		1:30 13G		1:30 13B		
LONG JUMP	PIT 1	8:00 13G	PIT 2	8:00 13B		
		9:30 15-16G		9:30 15-16B		
		11:00 14G		11:00 14B		
		12:30 17-18W		12:30 17-18M		
TRIPLE JUMP	PIT 1	2:00 13G	PIT 2	2:00 13B	Run	As Rolling Schedule
		15-16G		15-16B		
		14G		14B		
		17-18W		17-18M		
HIGH JUMP	PAD 1	8:00 17-18W	PAD 2	8:00 17-18M		
		9:30 14G		9:30 14B		
		11:00 15-16G		11:00 15-16B		
		1:30 13G		1:30 13B		

“Sports For All, Forever”



FIELD EVENTS

SATURDAY JUNE 22nd

HIGH JUMP	PAD 1	8:00 10G	PAD 2	8:00 10B		
		9:30 9G		9:30 9B		
		11:00 12G		11:00 12B		
		1:30 11G		1:30 11B		
LONG JUMP	PIT 1	8:00 12G	PIT 2	8:00 12B		
		9:30 11G		9:30 11B		
		11:00 8UG		11:00 8UB		
		1:30 9G		1:30 9B		
		3:00 10G		3:00 10B		
DISCUS	RING 1	8:00 11G		8:00 11B		
		9:30 12G		9:30 12B		
SHOT PUT	RING 1	8:00 8UG	RING 2	8:00 8UB		
		9:30 9G		9:30 9B		
		11:00 10G		11:00 10B		
		1:30 11G		1:30 11B		
		3:00 12G		3:00 12B		
TURBO JAV		8:00 12G		8:00 12B	Run	As Rolling
		11G		11B		Schedule
		8G		8B		
		9G		9B		
		10G		10B		

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