



MEET SCHEDULE

(Tentative as of August 14, 2019)

12:00 pm Packet Pick-up Opens and Course Open for Warm-ups

12:45 pm Course Closes for Warm-ups

1:15 pm 15 - 18 Young Women/Young Men 5K (5000 meters)

1:50 pm 13 -14 Girls/Boys 4K (4000 meters)

2:20 pm 11 - 12 Girls/Boys 3K (3000 meters)

2:50 pm 9 – 10 Girls/ Boys 3K (3000 meters)

3:20 pm 7 - 8 Girls/Boys 2K (2000 meters)

3:50 p.m. 6 & Under Boys & Girls 1K (1000meters)

5:00 pm Awards Ceremony

**Course Marshalls/Volunteers will be available throughout the course.

**Check in will be available throughout the meet for check-in prior to start race.

**Race will start on schedule time, but also could run up to 15 minutes earlier based on meet pace.

**Spectator fee \$5.00

**Any question or concerns notify meet director