

## 2019 AAU Region 5 National Qualifier Meet - 6/27/2019 to 6/30/2019

## Hampton University

## Results

## Girls 100 Meter Dash 8-under

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Madison Bellerice	11 Richmond, VA	15.37q -1.9
2	Alexis Hall	11 Manassas, VA	15.44q -1.9
3	Lianna Francois	11 Virginia Beach, VA	15.54q 2.2
4	Khloe Smith	11 Gainesville, VA	15.77q -0.3
5	Nyema Harvey	11 Richmond, VA	15.87q -1.0
6	Amiyah Smith	11 Newport News, VA	16.01q -1.9
7	Alexia Romano	11 Ashburn, VA	16.05q 2.2
8	Peyton Boyd	12 Manassas, VA	16.05q -1.0
9	Aaliyah Thornton	11 Portsmouth, VA	16.16 -0.3
10	Jayla Joyner	11 Norfolk, VA	16.45 -1.0
11	Grace Murray	11 Haymarket, VA	16.47 -0.3
12	Kyla Whitehead	11 Chesapeake, VA	16.50 -1.0
13	Skye Brooks	11 Virginia Beach, VA	16.70 2.2
14	Elise Pridgeon	13 Ashburn, VA	16.75 2.2
15	Maximiliana Brandon	11 Chesapeake, VA	17.19 -1.0
16	Sivaâ€™™ Cuffee	12 Norfolk, VA	17.32 -1.9
17	Ashleigh Taborn	11 Norfolk, VA	17.33 -1.9
18	Justice Delk	12 Williamsburg, VA	17.53 -1.9
19	Jelitza Willis	12 Burke, VA	17.56 -1.9
20	Karter Hill	11 Stafford, VA	17.81 -0.3
21	Laila Sanders	11 Haymarket, VA	18.02 -0.3
22	Kaylee Walker	11 Aldie, VA	18.13 2.2
23	Lena Greatheart	12 Newport News, VA	18.15 2.2
24	Trinity Pollard	12 Chesapeake, VA	18.53 -0.3
25	Hope Simmonds	13 Woodbridge, VA	18.63 2.2
26	Iyana Lewis	11 Hardy, VA	18.87 2.2
27	Nyiemah Preston	11 Woodbridge, VA	19.60 -0.3

## Girls 100 Meter Dash 8-under

Name	Yr	Team	Finals
<b>Finals</b>			
1	Alexis Hall	11 Manassas, VA	15.08 -0.9
2	Nyema Harvey	11 Richmond, VA	15.24 -0.9
3	Lianna Francois	11 Virginia Beach, VA	15.38 -0.9
4	Khloe Smith	11 Gainesville, VA	15.58 -0.9
5	Madison Bellerice	11 Richmond, VA	15.66 -0.9
6	Peyton Boyd	12 Manassas, VA	15.68 -0.9
7	Alexia Romano	11 Ashburn, VA	15.71 -0.9
8	Amiyah Smith	11 Newport News, VA	15.83 -0.9

## Girls 200 Meter Dash 8-under

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Alaiyah Choice	11 Chester, VA	30.88q +0.0
2	Nyema Harvey	11 Richmond, VA	31.81q -0.7
3	Alexis Hall	11 Manassas, VA	32.00q -1.4
4	Madison Bellerice	11 Richmond, VA	32.13q -2.0
5	Khloe Smith	11 Gainesville, VA	32.85q +0.0
6	Alexia Romano	11 Ashburn, VA	33.43q -0.7
7	Aaliyah Thornton	11 Portsmouth, VA	33.69q -2.0
8	Jayla Joyner	11 Norfolk, VA	33.85q -1.4
9	Amiyah Smith	11 Newport News, VA	33.86 -1.4

10	Skye Brooks	11 Virginia Beach, VA	34.48 -0.7
11	Peyton Boyd	12 Manassas, VA	34.72 +0.0
12	Grace Murray	11 Haymarket, VA	34.99 -0.7
13	Candace Puryear	11 Hampton, VA	35.19 -1.4
14	Elise Pridgeon	13 Ashburn, VA	35.41 -2.0
15	Courtney Frasier	11 Chesapeake, VA	35.71 -2.0
16	Ashleigh Taborn	11 Norfolk, VA	35.82 -2.0
17	Ta'Liah Judkins	11 Yorktown, VA	36.19 -0.7
18	Karter Hill	11 Stafford, VA	36.83 -2.0
19	Justice Delk	12 Williamsburg, VA	36.92 -2.0
20	Shir'Niya Garrett-Pollard	13 Highland Springs, V.	36.98 +0.0
21	Kaylee Walker	11 Aldie, VA	37.53 -2.0
22	Jelitza Willis	12 Burke, VA	37.99 -0.7
23	Samira Atkins	11 Newport News, VA	38.92 +0.0
24	Hope Simmonds	13 Woodbridge, VA	39.53 -1.4
25	Laila Sanders	11 Haymarket, VA	41.17 +0.0

## Girls 200 Meter Dash 8-under

Name	Yr	Team	Finals
<b>Finals</b>			
1	Alaiyah Choice	11 Chester, VA	30.05 -0.7
2	Nyema Harvey	11 Richmond, VA	31.12 -0.7
3	Alexis Hall	11 Manassas, VA	31.38 -0.7
4	Khloe Smith	11 Gainesville, VA	31.86 -0.7
5	Alexia Romano	11 Ashburn, VA	32.77 -0.7
6	Aaliyah Thornton	11 Portsmouth, VA	32.93 -0.7
7	Madison Bellerice	11 Richmond, VA	33.44 -0.7
8	Jayla Joyner	11 Norfolk, VA	34.67 -0.7

## Girls 400 Meter Dash 8-under

Name	Yr	Team	Finals
<b>Finals</b>			
1	Alaiyah Choice	11 Chester, VA	1:09.83
2	Lianna Francois	11 Virginia Beach, VA	1:13.81
3	Kyla Whitehead	11 Chesapeake, VA	1:15.54
4	Khloe Smith	11 Gainesville, VA	1:16.47
5	Alexia Romano	11 Ashburn, VA	1:16.51
6	Celeste Hardemon	11 Chesapeake, VA	1:17.51
7	Farah Bramlett	11 Fredericksburg, VA	1:18.41
8	Elise Pridgeon	13 Ashburn, VA	1:19.41
9	Ivaia Phelps	11 Hampton, VA	1:19.57
10	Alexis Hall	11 Manassas, VA	1:19.61
11	Aaliyah Reason	11 Newport News, VA	1:20.95
12	London McClendon	11 Stafford, VA	1:22.82
13	Sivaâ€™™ Cuffee	12 Norfolk, VA	1:23.50
14	Candace Puryear	11 Hampton, VA	1:24.15
15	Laila Sanders	11 Haymarket, VA	1:25.20
16	Jelitza Willis	12 Burke, VA	1:25.70
17	Kennedy Sample	13 Hampton, VA	1:26.40
18	Leah Rivera	11 Newport News, VA	1:27.18
19	Isabella Martinez	12 Sterling, VA	1:27.52
20	Samira Atkins	11 Newport News, VA	1:27.76
21	Taniya Richardson	12 Chesapeake, VA	1:28.12
22	Amiya Wells	11 Newport News, VA	1:32.34
23	Kayden Davis	13 Fredericksburg, VA	1:47.33

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**Girls 800 Meter Run 8-under**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Ivaia Phelps	11 Hampton, VA	3:00.78
2	Farrah Bramlett	11 Fredericksburg, VA	3:04.71
3	London Mcclendon	11 Stafford, VA	3:11.06
4	Celeste Hardemon	11 Chesapeake, VA	3:11.21
5	Morgan Washington	11 Aldie, VA	3:14.29
6	Aaliyah Reason	11 Newport News, VA	3:23.00
7	Isabella Martinez	12 Sterling, VA	3:32.00

**Girls 1500 Meter Run 8-under**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Morgan Washington	11 Aldie, VA	6:26.23

**Girls Long Jump 8-under**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Alaiyah Choice	11 Chester, VA	12-10.25 NWI
2	Ashleigh Taborn	11 Norfolk, VA	11-00.00 NWI
3	Madison Bellerice	11 Richmond, VA	10-10.00 NWI
4	Aaliyah Thornton	11 Portsmouth, VA	10-06.00 NWI
5	Nyema Harvey	11 Richmond, VA	9-11.00 NWI
5	Grace Murray	11 Haymarket, VA	9-11.00 NWI
7	Kaylee Walker	11 Aldie, VA	9-08.00 NWI
8	Peyton Boyd	12 Manassas, VA	9-03.50 NWI
9	Jourdan Kearney	13 Portsmouth, VA	8-11.00 NWI
10	Anaya Tincoff-Gibson	12 Virginia Beach, VA	8-10.50 NWI
11	Karter Hill	11 Stafford, VA	8-03.00 NWI
12	Samira Atkins	11 Newport News, VA	7-11.00 NWI
13	Tiana Jones	11 Richmond, VA	7-02.50 NWI
14	Taliyha Vega	12 Richmond, VA	6-02.00 NWI
15	Myla Jackson	12 Virginia Beach, VA	4-09.50 NWI
---	Aaliyah Reason	11 Newport News, VA	FOUL
---	Amiyah Smith	11 Newport News, VA	FOUL
---	Angela Bryant	12 Virginia Beach, VA	FOUL
---	Nyla Jackson	12 Virginia Beach, VA	FOUL
---	Moriah Jackson	13 Virginia Beach, VA	FOUL
---	Candace Puryear	11 Hampton, VA	FOUL

**Girls Shot Put 4 lbs 8-under**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Iyana Lewis	11 Hardy, VA	19-07.50
2	Charlese Veney	11 Richmond, VA	19-02.50
3	Silease James	11 Woodbridge, VA	17-07.00
4	Trinity Pollard	12 Chesapeake, VA	15-04.00
5	Mckenzie Stewart	11 Woodbridge, VA	14-08.50
6	Anaya Tincoff-Gibson	12 Virginia Beach, VA	14-00.50
7	Amilya Boyd	11 Newport News, VA	13-02.25
8	Nyiemah Preston	11 Woodbridge, VA	12-11.00
9	Myla Jackson	12 Virginia Beach, VA	10-04.50
10	Moriah Jackson	13 Virginia Beach, VA	6-06.00
11	Nyla Jackson	12 Virginia Beach, VA	4-10.50

**Girls Javelin Throw Turbo (300 g 8-under)**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Charlese Veney	11 Richmond, VA	43-04
2	Jayd Gladden	11 Virginia Beach, VA	38-05
3	Nyiemah Preston	11 Woodbridge, VA	37-10
4	Silease James	11 Woodbridge, VA	33-08
5	Leah Rivera	11 Newport News, VA	33-03
6	Iyana Lewis	11 Hardy, VA	33-02
7	London Mcclendon	11 Stafford, VA	32-08
8	Mckenzie Stewart	11 Woodbridge, VA	32-02
9	Gabrielle Thombs	12 Richmond, VA	28-05
10	Hope Simmonds	13 Woodbridge, VA	28-04
11	Tiana Jones	11 Richmond, VA	27-07
12	Amiah Brock	13 Norfolk, VA	25-07
13	Anaya Tincoff-Gibson	12 Virginia Beach, VA	24-05
14	Amiya Wells	11 Newport News, VA	23-10
15	Isabella Martinez	12 Sterling, VA	23-09
16	Lyric Powell	14 Norfolk, VA	23-03
17	Nia Mills	12 Chesapeake, VA	22-08
18	Trinity Pollard	12 Chesapeake, VA	21-09
18	Kayden Davis	13 Fredericksburg, VA	21-09
20	Amilya Boyd	11 Newport News, VA	21-03
21	Kali Simon	13 Roanoke, VA	17-05
22	Zuri Gatson	13 Purcellville, VA	17-04
23	Lena Greatheart	12 Newport News, VA	14-10

**Girls 100 Meter Dash 9 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Royal Hughes	10 Virginia Beach, VA	14.48q 0.8
2	Charly Williams	10 Highland Springs, V.	14.81q 0.8
3	Maya Wooden	10 Haymarket, VA	14.89q -0.6
3	Naomi Mcghee	10 Centreville, VA	14.89q 0.3
5	Pharrah Taylor	10 Newport News, VA	14.90q -0.5
6	Raynaja Rainey	10 Norfolk, VA	15.07q -0.5
7	Kaelyn Willis	10 Williamsburg, VA	15.08q -0.6
8	Mycah Bingham	10 Mechanicsville, VA	15.15q 0.3
9	Camille Ford	10 Gainesville, VA	15.22 0.8
10	Imani Moore	10 Virginia Beach, VA	15.24 0.8
11	Lauryn Vick	10 Gainesville, VA	15.69 0.3
12	Taryn Patrick	10 Glen Allen, VA	15.74 -0.5
13	Faith Simmonds	10 Woodbridge, VA	15.77 0.8
14	Kerra Belton	10 Virginia Beach, VA	15.81 -0.6
15	Ellory Ridenour	10 Ashburn, VA	15.96 -0.5
16	Jessie Jalivay	10 Woodbridge, VA	16.22 -0.6
17	Kourtney Howard-Perez	10 Manassas, VA	16.34 0.3
18	Taylor Garrett	10 Newport News, VA	16.41 0.3
19	Detrice Pitre	10 Centreville, VA	16.61 -0.5
20	Sorrell Alexander	10 Glen Allen, VA	16.61 0.8
21	Kelcia Howard-Perez	10 Manassas, VA	16.82 -0.6
22	Janiyah Cherry	10 Newport News, VA	16.88 -0.6
23	Chanessa Campbell	10 Newport News, VA	16.91 -0.6
24	Jordyn Simmons	10 Fincastle, VA	17.38 0.3
25	Peige Moyer	10 Roanoke, VA	17.69 0.3

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**Preliminaries ... (Girls 100 Meter Dash 9 years old)**

Name	Yr	Team	Prelims
26 Mckennly Davis	10	Newport News, VA	17.75 -0.5
27 Zaara Ali	10	Lorton, VA	18.22 0.8
28 Peyton Pennel	10	Gainesville, VA	18.57 0.8

**Girls 100 Meter Dash 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Royal Hughes	10	Virginia Beach, VA	14.59 0.2
2 Maya Wooden	10	Haymarket, VA	14.65 0.2
3 Pharrh Taylor	10	Newport News, VA	14.81 0.2
4 Kaelyn Willis	10	Williamsburg, VA	15.03 0.2
5 Naomi Mcghee	10	Centreville, VA	15.08 0.2
6 Charly Williams	10	Highland Springs, V.	15.12 0.2
7 Raynaja Rainey	10	Norfolk, VA	15.23 0.2
8 Mycah Bingham	10	Mechanicsville, VA	15.27 0.2

**Girls 200 Meter Dash 9 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1 Royal Hughes	10	Virginia Beach, VA	30.61q -0.8
2 Naomi Mcghee	10	Centreville, VA	30.73q -0.4
3 Charly Williams	10	Highland Springs, V.	30.83q -0.4
4 Maya Wooden	10	Haymarket, VA	30.87q -1.4
5 Taryn Patrick	10	Glen Allen, VA	31.52q -0.8
6 Kaelyn Willis	10	Williamsburg, VA	31.59q -0.8
7 Mycah Bingham	10	Mechanicsville, VA	31.70q -0.4
8 Pharrh Taylor	10	Newport News, VA	32.62q -0.4
9 Ellory Ridenour	10	Ashburn, VA	32.69 -0.8
10 Imani Moore	10	Virginia Beach, VA	32.70 -0.8
11 Lauryn Vick	10	Gainesville, VA	32.90 -1.4
12 Camille Ford	10	Gainesville, VA	33.06 -0.4
13 Lauryn Pete	10	Bristow, VA	33.18 -1.4
14 Jessie Jalivay	10	Woodbridge, VA	33.82 -0.8
15 Detrice Pitre	10	Centreville, VA	34.73 -0.8
16 Kourtney Howard-Perez	10	Manassas, VA	35.23 -0.8
17 Lily Robinson	10	Midlothian, VA	35.97 -0.8
18 Taylor Garrett	10	Newport News, VA	36.05 -0.8
19 Chanessa Campbell	10	Newport News, VA	36.67 -0.8
20 Kelcia Howard-Perez	10	Manassas, VA	36.69 -1.4
21 Janiyah Cherry	10	Newport News, VA	37.29 -0.8
22 Aliana Hass	10	Hampton, VA	37.36 -1.4
23 Zaara Ali	10	Lorton, VA	37.62 -0.8
24 Jordyn Simmons	10	Fincastle, VA	37.68 -0.8
25 Jermaria Grant	10	Virginia Beach, VA	38.20 -1.4
26 Todshira Jones	10	Richmond, VA	40.91 -1.4
27 Syniah James	10	Hampton, VA	43.09 -0.4

**Girls 200 Meter Dash 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Royal Hughes	10	Virginia Beach, VA	29.75 0.7
2 Maya Wooden	10	Haymarket, VA	30.03 0.7
3 Mycah Bingham	10	Mechanicsville, VA	30.84 0.7
4 Charly Williams	10	Highland Springs, V.	30.88 0.7

5 Kaelyn Willis	10	Williamsburg, VA	31.15 0.7
6 Naomi Mcghee	10	Centreville, VA	31.24 0.7
7 Pharrh Taylor	10	Newport News, VA	32.81 0.7
8 Taryn Patrick	10	Glen Allen, VA	34.63 0.7

**Girls 400 Meter Dash 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Maya Wooden	10	Haymarket, VA	1:09.08
2 Royal Hughes	10	Virginia Beach, VA	1:09.40
3 Raynaja Rainey	10	Norfolk, VA	1:11.16
4 Kaelyn Willis	10	Williamsburg, VA	1:12.41
5 Taleah Grier	10	Hampton, VA	1:13.35
6 Christabel Agyeman-Duah	10	Reston, VA	1:14.03
7 Lauryn Vick	10	Gainesville, VA	1:14.54
8 Lauryn Pete	10	Bristow, VA	1:15.19
9 Aaris Moore	10	Richmond, VA	1:16.37
10 Detrice Pitre	10	Centreville, VA	1:17.27
11 Naomi Mcghee	10	Centreville, VA	1:18.03
12 Haley Thomas	10	Ashburn, VA	1:18.22
13 Lily Robinson	10	Midlothian, VA	1:19.59
14 Camille Ford	10	Gainesville, VA	1:19.64
15 Sorrell Alexander	10	Glen Allen, VA	1:23.10
16 Addison Bacon	10	Fredericksburg, VA	1:23.35
17 Kourtney Howard-Perez	10	Manassas, VA	1:24.07
18 Aliana Hass	10	Hampton, VA	1:26.77
19 Tattiana Russell	10	Richmond, VA	1:28.53
20 Syniah James	10	Hampton, VA	1:42.27

**Girls 800 Meter Run 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Emily Gordon	10	Leesburg, VA	2:40.73
2 Imani Bey	10	Chester, VA	2:47.22
3 Raynaja Rainey	10	Norfolk, VA	2:49.63
4 Christabel Agyeman-Duah	10	Reston, VA	2:57.91
5 Aaris Moore	10	Richmond, VA	3:04.75
6 Ceyanna Allen-Owens	10	Highland Springs, V.	3:12.35
7 Aliana Hass	10	Hampton, VA	3:15.64
8 Addison Bacon	10	Fredericksburg, VA	3:17.15
9 Tattiana Russell	10	Richmond, VA	3:26.98
10 Sorrell Alexander	10	Glen Allen, VA	3:44.24

**Girls 1500 Meter Run 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Emily Gordon	10	Leesburg, VA	5:24.13
2 Imani Bey	10	Chester, VA	5:49.97

**Girls High Jump 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Haley Thomas	10	Ashburn, VA	2-10.00

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**Girls Long Jump 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Imani Moore	10 Virginia Beach, VA	11-07.50 NWI
2	Pharrah Taylor	10 Newport News, VA	11-07.00 NWI
3	Tattiana Russell	10 Richmond, VA	9-10.00 NWI
4	Faith Simmonds	10 Woodbridge, VA	9-08.25 NWI
5	Aaris Moore	10 Richmond, VA	9-07.00 NWI
5	Jordyn Simmons	10 Fincastle, VA	9-07.00 NWI
7	Todshira Jones	10 Richmond, VA	6-08.00 NWI
8	Jermaria Grant	10 Virginia Beach, VA	6-04.00 NWI

**Girls Shot Put 6 lbs 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Mckennly Davis	10 Newport News, VA	17-07.50

**Girls Javelin Throw Turbo (400 g 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Faith Simmonds	10 Woodbridge, VA	35-04
2	Todshira Jones	10 Richmond, VA	35-03
3	Mckennly Davis	10 Newport News, VA	33-00
4	Zaara Ali	10 Lorton, VA	31-04
5	Taleah Grier	10 Hampton, VA	30-01
6	Janiyah Cherry	10 Newport News, VA	24-02

**Triathlon: #3 Girls 200 Meter Dash 9 years old Triathlon**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Haley Thomas	10 Ashburn, VA	32.56 318
2	Addison Bacon	10 Fredericksburg, VA	34.47 216
3	Mckennly Davis	10 Newport News, VA	39.82 29

**Triathlon: #1 Girls High Jump 9 years old Triathlon**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Haley Thomas	10 Ashburn, VA	1.04m 172
2	Mckennly Davis	10 Newport News, VA	0.96m 111
---	Addison Bacon	10 Fredericksburg, VA	NH

**Triathlon: #2 Girls Shot Put 9 years old Triathlon**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Mckennly Davis	10 Newport News, VA	5.21m 221
2	Haley Thomas	10 Ashburn, VA	3.98m 145
3	Addison Bacon	10 Fredericksburg, VA	2.98m 84

**Girls Triathlon 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Haley Thomas	10 Ashburn, VA	635
2	Mckennly Davis	10 Newport News, VA	361
3	Addison Bacon	10 Fredericksburg, VA	300

**Girls 1500 Meter Race Walk 9 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Taleah Grier	10 Hampton, VA	11:16.40
2	Chanessa Campbell	10 Newport News, VA	11:53.71
3	Syniah James	10 Hampton, VA	13:23.24

**Girls 100 Meter Dash 10 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Cerenyti Bryant	09 Virginia Beach, VA	13.66q 0.6
2	Alanna Pennant	09 Ashburn, VA	14.35q 0.5
3	Jordan Thomas	09 Triangle, VA	14.35q 1.0
4	Lauren Lucas	09 Ashburn, VA	14.47q -0.4
5	Neveah Hodge	09 Hampton, VA	14.75q 0.5
6	Nhandi Logan	09 Spotsylvania, VA	14.75q -0.4
7	Talyah Cannon	09 Norfolk, VA	14.78q 1.0
8	Sydney Taylor	09 Aldie, VA	14.80q 0.5
9	Harmony White-Owens	09 Highland Springs, V.	14.81 0.6
10	Destini Gatling	09 Portsmouth, VA	14.89 -0.4
11	Anna Svetiev	09 Norfolk, VA	14.90 1.0
12	Mariah Hall	09 Manassas, VA	14.91 0.6
13	Julia Wallace	09 Lorton, VA	14.99 0.5
14	Kyah Smith	09 Gainesville, VA	15.01 1.0
15	Destin Delk	09 Williamsburg, VA	15.12 0.6
16	Trinity Desince	09 Portsmouth, VA	15.17 -0.4
17	Layla Jackson	09 Chesapeake, VA	15.70 0.5
18	Lamonie Burns	09 Chesapeake, VA	15.85 1.0
19	Mikayla Francis	09 Richmond, VA	15.89 0.5
20	Neveah Hawkins	09 Fredericksburg, VA	16.04 0.6
21	Gabriella Hampton	09 Woodbridge, VA	16.43 1.0
22	Jasmine Tinsley	09 Richmond, VA	16.49 -0.4
23	Sophia Pope	09 Toano, VA	16.70 0.6
24	Monea Ketter	09 Chesapeake, VA	16.92 0.6
25	Haley Jackson	09 Glen Allen, VA	16.97 1.0
26	Jayda Lewis	09 Hardy, VA	19.06 -0.4

**Girls 100 Meter Dash 10 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Cerenyti Bryant	09 Virginia Beach, VA	14.18 0.3
2	Jordan Thomas	09 Triangle, VA	14.29 0.3
3	Alanna Pennant	09 Ashburn, VA	14.60 0.3
4	Nhandi Logan	09 Spotsylvania, VA	14.72 0.3
5	Lauren Lucas	09 Ashburn, VA	14.79 0.3
6	Talyah Cannon	09 Norfolk, VA	15.03 0.3
7	Neveah Hodge	09 Hampton, VA	15.07 0.3
8	Sydney Taylor	09 Aldie, VA	15.12 0.3

**Girls 200 Meter Dash 10 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Iyani Crosby -dozier	09 Virginia Beach, VA	28.70q -0.7
2	Cerenyti Bryant	09 Virginia Beach, VA	29.37q -1.2
3	Jordan Thomas	09 Triangle, VA	30.14q -0.8

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## Preliminaries ... (Girls 200 Meter Dash 10 years old)

Name	Yr	Team	Prelims
4 Neveah Hodge	09	Hampton, VA	30.54q -1.2
5 Lauren Lucas	09	Ashburn, VA	30.71q -0.8
6 Sydney Taylor	09	Aldie, VA	30.98q -0.7
7 Alanna Pennant	09	Ashburn, VA	31.29q -0.8
8 Talyah Cannon	09	Norfolk, VA	31.33q -0.7
9 Nhandi Logan	09	Spotsylvania, VA	31.68 -1.2
10 Destin Delk	09	Williamsburg, VA	32.02 -1.2
11 Kyah Smith	09	Gainesville, VA	32.18 -0.7
12 Julia Wallace	09	Lorton, VA	32.23 -1.2
13 Mariah Hall	09	Manassas, VA	32.49 -1.2
14 Layla Jackson	09	Chesapeake, VA	32.76 -0.8
15 Lamonie Burns	09	Chesapeake, VA	33.12 -0.8
16 Ahmari Warren	09	Virginia Beach, VA	33.32 -1.2
17 Nyla Folsom	09	Hampton, VA	34.36 -1.2
18 Jordyn Gebre	09	Hampton, VA	34.49 -0.7
19 Morgan Evans	09	Woodbridge, VA	34.56 -1.2
20 Lyah Phillips	09	Suffolk, VA	34.93 -1.2
21 Mikayla Francis	09	Richmond, VA	35.13 -1.2
22 Devyn Garrett-Bey	09	Fredericksburg, VA	35.64 -1.2
23 Monea Ketter	09	Chesapeake, VA	36.22 -1.2
24 Haley Jackson	09	Glen Allen, VA	36.23 -0.8
25 Sophia Pope	09	Toano, VA	36.24 -0.8
26 Marley Cuffee	09	Chesapeake, VA	36.66 -0.8
27 Gabriella Hampton	09	Woodbridge, VA	39.09 -1.2

## Girls 200 Meter Dash 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Iyani Crosby -dozier	09	Virginia Beach, VA	28.00 2.2
2 Cerenyti Bryant	09	Virginia Beach, VA	28.46 2.2
3 Jordan Thomas	09	Triangle, VA	29.68 2.2
4 Lauren Lucas	09	Ashburn, VA	29.76 2.2
5 Neveah Hodge	09	Hampton, VA	30.03 2.2
6 Alanna Pennant	09	Ashburn, VA	30.35 2.2
7 Talyah Cannon	09	Norfolk, VA	30.80 2.2
8 Sydney Taylor	09	Aldie, VA	31.43 2.2

## Girls 400 Meter Dash 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Cerenyti Bryant	09	Virginia Beach, VA	1:08.46
2 Marcela Burns	09	Virginia Beach, VA	1:10.27
3 Neveah Hodge	09	Hampton, VA	1:11.87
4 Kyah Smith	09	Gainesville, VA	1:12.55
5 Jocelyn Enis	09	Glen Allen, VA	1:13.39
6 Skyler Hope	09	Glen Allen, VA	1:13.44
7 Olivia Blakey	09	Charlottesville, VA	1:15.64
8 Imonee Hickmon	09	Hampton, VA	1:18.13
9 Ahmari Warren	09	Virginia Beach, VA	1:20.63
10 Devyn Garrett-Bey	09	Fredericksburg, VA	1:21.56
11 Sophia Pope	09	Toano, VA	1:21.82
12 Rylee Huse	09	Virginia Beach, VA	1:23.85
13 Iyana Keys	09	Virginia Beach, VA	1:28.34
14 Haley Jackson	09	Glen Allen, VA	1:37.06

## Girls 800 Meter Run 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Iyani Crosby -dozier	09	Virginia Beach, VA	2:34.43
2 Ta'Nylah Pope	09	Virginia Beach, VA	2:52.42
3 Addie Ford	09	Midlothian, VA	2:53.60
4 Merselle Brown	09	Chesapeake, VA	2:55.35
5 Janiyah Marshall	09	Woodbridge, VA	2:59.03
6 Kyndall Johnson	09	Richmond, VA	3:01.84
7 Olivia Blakey	09	Charlottesville, VA	3:05.34
8 Imonee Hickmon	09	Hampton, VA	3:14.27

## Girls 1500 Meter Run 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Addie Ford	09	Midlothian, VA	5:53.65
2 Janiyah Marshall	09	Woodbridge, VA	6:07.23
3 Kyndall Johnson	09	Richmond, VA	6:18.69
4 Rylee Huse	09	Virginia Beach, VA	6:33.35

## Girls 4x100 Meter Relay 10 years old

Team	Relay	Finals
<b>Finals</b>		
1 Ashburn Elit	A	59.68
2 Virginia Eli	A	1:00.58
3 Eight o Four Relays	A	1:01.68
4 Dale City Li	A	1:02.34
5 Eight o Four Relays	B	1:04.60
6 Virginia Eli	B	1:09.65

## Girls 4x400 Meter Relay 10 years old

Team	Relay	Finals
<b>Finals</b>		
1 Virginia Eli	A	5:01.63
1) Kerra Belton 10	2) Marcela Burns 09	
3) Merselle Brown 09	4) Ta'Nylah Pope 09	
2 Eight o Four Relays	B	5:12.02
1) Cabria Brown 09	2) Ceyanna Allen-Owens 10	
3) Jalia Johnson 10	4) Keviya Snead 10	
3 Eight o Four Relays	A	5:34.78
1) Harmony White-Owens 09	2) Imani Bey 10	
3) Jocelyn Enis 09	4) Skyler Hope 09	

## Girls High Jump 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Harmony White-Owens	09	Highland Springs, V.	3-10.00
2 Morgan Evans	09	Woodbridge, VA	3-08.00
2 Destini Gatling	09	Portsmouth, VA	3-08.00
2 Anna Svetiev	09	Norfolk, VA	3-08.00
5 Simone Ellis	09	Chesapeake, VA	3-06.00
6 Rylee Huse	09	Virginia Beach, VA	3-04.00

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## Girls Long Jump 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Anna Svetiev	09	Norfolk, VA	13-06.75 NWI
2 Destini Gatling	09	Portsmouth, VA	12-11.75 NWI
3 Iyani Crosby -dozier	09	Virginia Beach, VA	12-10.50 NWI
4 Nhandi Logan	09	Spotsylvania, VA	12-02.50 NWI
5 Jordan Thomas	09	Triangle, VA	12-01.50 NWI
6 Sydney Taylor	09	Aldie, VA	12-00.00 NWI
7 Triniti Desince	09	Portsmouth, VA	11-10.50 NWI
8 Simone Ellis	09	Chesapeake, VA	11-04.50 NWI
9 Olivia Blakey	09	Charlottesville, VA	10-10.50 NWI
10 Morgan Evans	09	Woodbridge, VA	10-05.00 NWI
11 Skyler Hope	09	Glen Allen, VA	10-04.75 NWI
12 Nyla Folson	09	Hampton, VA	9-02.50 NWI
13 Layla Pearson	09	Woodbridge, VA	8-09.00 NWI

## Girls Shot Put 6 lbs 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jasmine Tinsley	09	Richmond, VA	18-10.00
2 Courtney Spruill	09	Virginia Beach, VA	16-00.00
3 Samantha Linder	09	Leesburg, VA	15-06.00
4 Gabriella Hampton	09	Woodbridge, VA	15-01.00
5 Jayda Lewis	09	Hardy, VA	15-00.25
6 Ailea Peterson	09	Richmond, VA	14-08.25
7 Layla Pearson	09	Woodbridge, VA	13-00.00
8 Joelle Griffin	09	Haymarket, VA	11-11.75

## Girls Javelin Throw Turbo (400 g 10 years old)

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jasmine Tinsley	09	Richmond, VA	53-01
2 Samantha Linder	09	Leesburg, VA	50-02
3 Talyah Cannon	09	Norfolk, VA	49-10
4 Courtney Spruill	09	Virginia Beach, VA	45-03
5 Simone Ellis	09	Chesapeake, VA	42-11
6 Lyah Phillips	09	Suffolk, VA	39-08
7 Joelle Griffin	09	Haymarket, VA	38-10
8 Devyn Garrett-Bey	09	Fredericksburg, VA	37-04
9 Monea Ketter	09	Chesapeake, VA	32-07
10 Jayda Lewis	09	Hardy, VA	32-05
11 Lamonie Burns	09	Chesapeake, VA	29-04
12 Cabria Brown	09	Richmond, VA	27-03
13 Ahmari Warren	09	Virginia Beach, VA	25-03

## Triathlon: #3 Girls 200 Meter Dash 10 years old Triathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jordan Thomas	09	Triangle, VA	29.53 515
2 Anna Svetiev	09	Norfolk, VA	30.20 468
3 Marcela Burns	09	Virginia Beach, VA	30.79 428
4 Ta'Nylah Pope	09	Virginia Beach, VA	30.82 426
5 Simone Ellis	09	Chesapeake, VA	30.83 426
6 Merselle Brown	09	Chesapeake, VA	32.54 319

7 Janiyah Marshall	09	Woodbridge, VA	32.98 294
8 Morgan Evans	09	Woodbridge, VA	33.71 255
9 Layla Pearson	09	Woodbridge, VA	38.24 68

## Triathlon: #1 Girls High Jump 10 years old Triathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jordan Thomas	09	Triangle, VA	1.21m 321
2 Morgan Evans	09	Woodbridge, VA	1.16m 275
2 Merselle Brown	09	Chesapeake, VA	1.16m 275
2 Anna Svetiev	09	Norfolk, VA	1.16m 275
5 Ta'Nylah Pope	09	Virginia Beach, VA	1.06m 188
5 Marcela Burns	09	Virginia Beach, VA	1.06m 188
5 Simone Ellis	09	Chesapeake, VA	1.06m 188
8 Janiyah Marshall	09	Woodbridge, VA	0.96m 111
--- Layla Pearson	09	Woodbridge, VA	NH

## Triathlon: #2 Girls Shot Put 10 years old Triathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jordan Thomas	09	Triangle, VA	5.17m 219
2 Simone Ellis	09	Chesapeake, VA	4.62m 185
3 Ta'Nylah Pope	09	Virginia Beach, VA	4.50m 177
4 Marcela Burns	09	Virginia Beach, VA	4.44m 173
5 Morgan Evans	09	Woodbridge, VA	3.95m 143
6 Anna Svetiev	09	Norfolk, VA	3.79m 133
7 Merselle Brown	09	Chesapeake, VA	3.61m 122
8 Janiyah Marshall	09	Woodbridge, VA	3.51m 116
9 Layla Pearson	09	Woodbridge, VA	3.29m 103

## Girls Triathlon 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jordan Thomas	09	Triangle, VA	1055
2 Anna Svetiev	09	Norfolk, VA	876
3 Simone Ellis	09	Chesapeake, VA	799
4 Ta'Nylah Pope	09	Virginia Beach, VA	791
5 Marcela Burns	09	Virginia Beach, VA	789
6 Merselle Brown	09	Chesapeake, VA	716
7 Morgan Evans	09	Woodbridge, VA	673
8 Janiyah Marshall	09	Woodbridge, VA	521
9 Layla Pearson	09	Woodbridge, VA	171

## Girls 1500 Meter Race Walk 10 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Layla Pearson	09	Woodbridge, VA	12:02.07
2 Cabria Brown	09	Richmond, VA	13:09.51
3 Ailea Peterson	09	Richmond, VA	13:20.97
4 Cheyanne Williams	09	Richmond, VA	13:45.64

## Girls 100 Meter Dash 11 years old

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1 I'Yahni Rheubottom	08	Chesapeake, VA	13.12q 2.2
2 Audrina Chew	08	Chesapeake, VA	13.13q -0.2
3 Takyla Brower	08	Suffolk, VA	13.62q 2.2

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**Preliminaries ... (Girls 100 Meter Dash 11 years old)**

Name	Yr	Team	Prelims
4	Maleeha Davis	08 Dumfries, VA	13.69q -0.1
5	Zoe Fyne-Okorie	08 Ashburn, VA	13.97q -0.2
6	Donea Lancaster	08 Aldie, VA	14.05q -0.1
7	Kendall Cherry	08 Chester, VA	14.18q -0.2
8	Amaiya Newton	08 Leesburg, VA	14.45q 2.2
9	Isabella Stephenson	08 Hampton, VA	14.65 2.2
10	Asima Crawley-Howell	08 Woodbridge, VA	14.76 -0.1
11	Lauryn Robertson	08 Woodbridge, VA	14.80 -0.1
12	Taylah Rickenbacker	08 Chesapeake, VA	14.95 2.2
13	Serena Greatheart	08 Newport News, VA	15.16 -0.2
14	Bria Reese	08 Chesapeake, VA	15.20 -0.2
15	Makaiya Johnson	08 Chester, VA	15.71 -0.1
16	Mya Gordon	08 North Dinwiddie, VA	15.79 -0.2
17	Nicole Jenkins	08 Chesapeake, VA	16.84 -0.2
18	Tamia Vega	08 Richmond, VA	17.59 -0.1

**Girls 100 Meter Dash 11 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	I'Yahni Rheubottom	08 Chesapeake, VA	13.03 +0.0
2	Audrina Chew	08 Chesapeake, VA	13.09 +0.0
3	Maleeha Davis	08 Dumfries, VA	13.74 +0.0
4	Takyla Brower	08 Suffolk, VA	13.99 +0.0
5	Zoe Fyne-Okorie	08 Ashburn, VA	14.02 +0.0
6	Kendall Cherry	08 Chester, VA	14.35 +0.0
7	Donea Lancaster	08 Aldie, VA	14.39 +0.0
8	Amaiya Newton	08 Leesburg, VA	14.65 +0.0

**Girls 200 Meter Dash 11 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Audrina Chew	08 Chesapeake, VA	27.15q -1.8
2	Elise Ernest	08 Sterling, VA	27.76q -2.5
3	Arianna Thomas	08 Triangle, VA	27.77q -1.7
4	Imani Wood	08 Leesburg, VA	28.16q -1.8
5	Maleeha Davis	08 Dumfries, VA	28.37q -2.5
6	Zoe Fyne-Okorie	08 Ashburn, VA	28.92q -2.2
7	Jayla Canady	08 Virginia Beach, VA	28.93q -2.5
8	Alanah Chrispin	08 Norfolk, VA	29.10q -1.8
9	Takyla Brower	08 Suffolk, VA	29.11 -2.2
10	Morgan Greene	08 Purcellville, VA	29.20 -1.7
11	Marley Green	08 Virginia Beach, VA	29.32 -1.8
12	Kendall Cherry	08 Chester, VA	29.60 -1.7
13	Riley Collier	08 Petersburg, VA	29.72 -1.7
14	Donea Lancaster	08 Aldie, VA	29.80 -1.7
15	Amaiya Newton	08 Leesburg, VA	30.07 -2.5
16	Asima Crawley-Howell	08 Woodbridge, VA	31.23 -2.2
17	Lauryn Robertson	08 Woodbridge, VA	31.43 -1.8
18	Kyra Brooks	08 Hampton, VA	32.21 -1.8
19	Janelle Roomes	08 Stafford, VA	32.48 -2.5
20	Natalia Boudreau	08 Centreville, VA	32.58 -2.2
21	Makaiya Johnson	08 Chester, VA	32.73 -2.2
22	Bria Reese	08 Chesapeake, VA	32.79 -1.7
23	Taylah Rickenbacker	08 Chesapeake, VA	32.90 -2.5

24	Naveiah Hill	08 Chesapeake, VA	33.10 -1.8
25	Serena Greatheart	08 Newport News, VA	33.31 -2.2

**Girls 200 Meter Dash 11 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Audrina Chew	08 Chesapeake, VA	26.58 2.6
2	Arianna Thomas	08 Triangle, VA	26.62 2.6
3	Elise Ernest	08 Sterling, VA	27.25 2.6
4	Imani Wood	08 Leesburg, VA	27.33 2.6
5	Maleeha Davis	08 Dumfries, VA	28.07 2.6
6	Zoe Fyne-Okorie	08 Ashburn, VA	28.21 2.6
7	Jayla Canady	08 Virginia Beach, VA	28.28 2.6
8	Alanah Chrispin	08 Norfolk, VA	28.42 2.6

**Girls 400 Meter Dash 11 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Arianna Thomas	08 Triangle, VA	1:02.30
2	Elise Ernest	08 Sterling, VA	1:03.57
3	Jayla Canady	08 Virginia Beach, VA	1:05.01
4	Morgan Greene	08 Purcellville, VA	1:05.38
5	Kendall Cherry	08 Chester, VA	1:05.89
6	Zoe Fyne-Okorie	08 Ashburn, VA	1:06.02
7	Imani Wood	08 Leesburg, VA	1:06.29
8	Alanah Chrispin	08 Norfolk, VA	1:07.75
9	Nyriah Wiggins	08 Chesapeake, VA	1:08.04
10	Donea Lancaster	08 Aldie, VA	1:08.05
11	Marley Green	08 Virginia Beach, VA	1:08.20
12	Riley Collier	08 Petersburg, VA	1:10.04
13	Jane-Renee Bolling	08 Virginia Beach, VA	1:10.37
14	Lauryn Robertson	08 Woodbridge, VA	1:10.60
15	Johannah Joseph	08 Smithfield, VA	1:10.83
16	Kyra Brooks	08 Hampton, VA	1:12.42
17	Harmony Redd	08 Petersburg, VA	1:13.12
18	Makaiya Johnson	08 Chester, VA	1:13.39
19	Tierra Braxton	08 Woodbridge, VA	1:13.96
20	Isabella Stephenson	08 Hampton, VA	1:14.05
21	Nadiya Galloway	08 Virginia Beach, VA	1:14.77
22	Natalia Boudreau	08 Centreville, VA	1:15.03
23	Naveiah Hill	08 Chesapeake, VA	1:15.78
24	Jaida Stukes-lancaster	08 Aldie, VA	1:19.07
25	Mak'Henzi Jackson	08 Chesapeake, VA	1:19.84
26	Bre'Niya Mccray	08 Stafford, VA	1:19.92

**Girls 800 Meter Run 11 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Iyndia Bey	08 Chester, VA	2:36.74
2	Michailyn Rose	08 Suffolk, VA	2:38.06
3	Gabrielle Davis	08 Virginia Beach, VA	2:41.05
4	Nyriah Wiggins	08 Chesapeake, VA	2:49.19
5	Kyra Brooks	08 Hampton, VA	2:52.92
6	Lauren Curry	08 Providence Forge, VA	2:54.65
7	Jane-Renee Bolling	08 Virginia Beach, VA	2:58.34
8	Jordan Frasier	08 Chesapeake, VA	3:08.37

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**Finals ... (Girls 800 Meter Run 11 years old)**

Name	Yr	Team	Finals
9 Brooklyn George	08	Woodbridge, VA	3:13.88
10 Bre'Niya Mccray	08	Stafford, VA	3:21.52

**Girls 1500 Meter Run 11 years old**

Name	Yr	Team	Finals
1 Iyndia Bey	08	Chester, VA	5:10.06
2 Brooklyn George	08	Woodbridge, VA	7:01.99

**Girls 80 Meter Hurdles 11 years old**

Name	Yr	Team	Finals
1 Gabrielle Davis	08	Virginia Beach, VA	14.41 -0.1
2 Morgan Greene	08	Purcellville, VA	14.44 -0.1
3 Jordan Frasier	08	Chesapeake, VA	17.91 -0.1
4 Janelle Roomes	08	Stafford, VA	18.04 -0.1
5 Amaiya Newton	08	Leesburg, VA	18.13 -0.1

**Girls High Jump 11 years old**

Name	Yr	Team	Finals
1 Lauren Curry	08	Providence Forge, V.	4-00.00

**Girls Long Jump 11 years old**

Name	Yr	Team	Finals
1 I'Yahni Rheubottom	08	Chesapeake, VA	14-08.00 NWI
2 Arianna Thomas	08	Triangle, VA	14-02.00 NWI
3 Alanah Chrispin	08	Norfolk, VA	14-00.00 NWI
4 Janelle Roomes	08	Stafford, VA	13-08.00 NWI
5 Riley Collier	08	Petersburg, VA	13-06.00 NWI
6 Harmony Redd	08	Petersburg, VA	12-10.50 NWI
7 Johannah Joseph	08	Smithfield, VA	12-09.00 NWI
8 Tierra Braxton	08	Woodbridge, VA	11-00.00 NWI
9 Serena Greatheart	08	Newport News, VA	8-11.50 NWI
--- Tamia Vega	08	Richmond, VA	FOUL

**Girls Shot Put 6 lbs 11 years old**

Name	Yr	Team	Finals
1 Asima Crawley-Howell	08	Woodbridge, VA	25-03.00
2 Nadiya Galloway	08	Virginia Beach, VA	15-04.25
3 Jaida Stukes-lancaster	08	Aldie, VA	10-03.00

**Girls Discus Throw 1.0 Kg 11 years old**

Name	Yr	Team	Finals
1 Hannah Minor	08	Richmond, VA	27-11

**Girls Javelin Throw Turbo (400 g 11 years old)**

Name	Yr	Team	Finals
1 Victoria Clark	08	Stafford, VA	81-02
2 Hannah Minor	08	Richmond, VA	50-05
3 Naveiah Hill	08	Chesapeake, VA	37-03

4 Cherish Lilly	08	Newport News, VA	32-08
5 Jaida Stukes-lancaster	08	Aldie, VA	27-03

**Outdoor Pentathlon: #5 Girls 800 Meter Run 11 years old Outdoor Pentat**

Name	Yr	Team	Finals
1 Arianna Thomas	08	Triangle, VA	2:40.12 571
2 Michailyn Rose	08	Suffolk, VA	2:43.54 533
3 Gabrielle Davis	08	Virginia Beach, VA	2:52.14 442

**Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 11 years old Outdoor Pen**

Name	Yr	Team	Finals
1 Arianna Thomas	08	Triangle, VA	14.05 838
2 Gabrielle Davis	08	Virginia Beach, VA	14.51 774
3 Michailyn Rose	08	Suffolk, VA	15.30 670

**Outdoor Pentathlon: #4 Girls High Jump 11 years old Outdoor Pentathlon**

Name	Yr	Team	Finals
1 Gabrielle Davis	08	Virginia Beach, VA	1.34m 449
2 Arianna Thomas	08	Triangle, VA	1.32m 429
3 Michailyn Rose	08	Suffolk, VA	1.27m 379

**Outdoor Pentathlon: #2 Girls Long Jump 11 years old Outdoor Pentathlon**

Name	Yr	Team	Finals
1 Arianna Thomas	08	Triangle, VA	4.30m 379
2 Gabrielle Davis	08	Virginia Beach, VA	3.37m 174
3 Michailyn Rose	08	Suffolk, VA	3.04m 114

**Outdoor Pentathlon: #3 Girls Shot Put 11 years old Outdoor Pentathlon**

Name	Yr	Team	Finals
1 Arianna Thomas	08	Triangle, VA	6.56m 307
2 Michailyn Rose	08	Suffolk, VA	5.97m 269
3 Gabrielle Davis	08	Virginia Beach, VA	5.30m 227

**Girls Outdoor Pentathlon 11 years old**

Name	Yr	Team	Finals
1 Arianna Thomas	08	Triangle, VA	2524
2 Gabrielle Davis	08	Virginia Beach, VA	2066
3 Michailyn Rose	08	Suffolk, VA	1965

**Girls 1500 Meter Race Walk 11 years old**

Name	Yr	Team	Finals
1 Isabella Stephenson	08	Hampton, VA	9:47.76
2 Hannah Minor	08	Richmond, VA	11:10.62

**Girls 100 Meter Dash 12 years old**

Name	Yr	Team	Prelims
1 Tyra Price	07	Chesapeake, VA	13.04q -1.2
2 Ruth Mcghee	07	Centreville, VA	13.21q -0.9
3 Madison Wanza	07	Sterling, VA	13.38q 0.8



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## Preliminaries ... (Girls 100 Meter Dash 12 years old)

Name	Yr	Team	Prelims
4	Kamryn Monroe	07 Chesapeake, VA	13.56q 0.8
5	Jizelle Holland	07 Portsmouth, VA	13.81q -1.2
6	Olivia Patterson	07 Woodbridge, VA	14.03q -0.9
7	Nyima Ash	07 Virginia Beach, VA	14.04q -0.9
8	Jordan Mitchell	07 Virginia Beach, VA	14.15q -0.9
9	Winter Cartwright	07 Virginia Beach, VA	14.16 -1.2
10	Camryn Dance	07 Chesapeake, VA	14.18 -1.2
11	Andrea Watkins	07 Suffolk, VA	14.23 -0.9
12	Zariah Klyvert	07 Richmond, VA	14.34 0.8
13	Arianna Simon	07 Roanoke, VA	14.34 0.8
14	Mia Womack	07 Virginia Beach, VA	14.39 0.8
15	Junithia Seay	07 Chester, VA	14.47 -1.2
16	Carrington Pitre	07 Centreville, VA	14.70 0.8
17	Orlexia Gordon	07 Suffolk, VA	14.73 -0.9
18	Sydney White	07 Gainesville, VA	14.97 -1.2
19	Kaci Doxey	07 Suffolk, VA	15.12 -1.2
20	Macari Singleton	07 Dumfries, VA	17.22 -0.9

## Girls 100 Meter Dash 12 years old

Name	Yr	Team	Finals
1	Tyra Price	07 Chesapeake, VA	12.97 -0.7
2	Madison Wanza	07 Sterling, VA	13.43 -0.7
3	Ruth Mcghee	07 Centreville, VA	13.49 -0.7
4	Kamryn Monroe	07 Chesapeake, VA	13.86 -0.7
5	Jizelle Holland	07 Portsmouth, VA	14.05 -0.7
6	Nyima Ash	07 Virginia Beach, VA	14.19 -0.7
7	Olivia Patterson	07 Woodbridge, VA	14.34 -0.7
8	Jordan Mitchell	07 Virginia Beach, VA	14.54 -0.7

## Girls 200 Meter Dash 12 years old

Name	Yr	Team	Prelims
1	Nevaeh Bryant	07 Chesapeake, VA	26.92q -1.5
2	Armani Chance	07 Virginia Beach, VA	27.89q -1.2
3	Destiny Copeland	07 Norfolk, VA	28.32q -0.8
4	Kamryn Monroe	07 Chesapeake, VA	28.49q -1.5
5	Ruth Mcghee	07 Centreville, VA	28.55q -1.2
6	Andrea Watkins	07 Suffolk, VA	28.81q -0.8
7	Nyima Ash	07 Virginia Beach, VA	29.27q -1.5
8	Micah Younger	07 Ashburn, VA	29.28q -1.5
9	Camryn Dance	07 Chesapeake, VA	29.39 -0.8
10	Winter Cartwright	07 Virginia Beach, VA	29.47 -1.2
11	Jordan Mitchell	07 Virginia Beach, VA	29.56 -1.5
12	Olivia Patterson	07 Woodbridge, VA	29.68 -0.8
13	Zariah Klyvert	07 Richmond, VA	29.72 -1.2
14	Nalaya Burns	07 Norfolk, VA	29.78 -1.2
15	Alejandra Crawley-Howell	07 Woodbridge, VA	29.86 -1.2
16	Carrington Pitre	07 Centreville, VA	30.06 -1.5
17	Junithia Seay	07 Chester, VA	30.22 -1.5
18	Gabrielle Butler	07 Williamsburg, VA	31.18 -1.2
19	Mia Womack	07 Virginia Beach, VA	31.57 -0.8
20	Kenya Lee	07 Chesapeake, VA	31.57 -0.8
21	Gabriel Jackson	07 Aldie, VA	32.01 -0.8

22 Sydney White 07 Gainesville, VA 33.76 -0.8

## Girls 200 Meter Dash 12 years old

Name	Yr	Team	Finals
1	Nevaeh Bryant	07 Chesapeake, VA	26.21 2.7
2	Armani Chance	07 Virginia Beach, VA	27.53 2.7
3	Ruth Mcghee	07 Centreville, VA	27.68 2.7
4	Kamryn Monroe	07 Chesapeake, VA	28.07 2.7
5	Andrea Watkins	07 Suffolk, VA	28.19 2.7
6	Destiny Copeland	07 Norfolk, VA	28.27 2.7
7	Nyima Ash	07 Virginia Beach, VA	28.80 2.7
8	Micah Younger	07 Ashburn, VA	28.97 2.7

## Girls 400 Meter Dash 12 years old

Name	Yr	Team	Finals
1	Shakayla Lavender	07 Chesapeake, VA	57.05
2	Ruth Mcghee	07 Centreville, VA	1:02.71
3	Rachael Zimmer	07 Virginia Beach, VA	1:03.62
4	Sydney Jalivay	07 Woodbridge, VA	1:03.72
5	Sydney Worsham	07 Glen Allen, VA	1:04.50
6	Shanel Rawlins	07 Roanoke, VA	1:04.84
7	Alejandra Crawley-Howell	07 Woodbridge, VA	1:05.98
8	Destiny Copeland	07 Norfolk, VA	1:07.10
9	Ariana Reason	07 Newport News, VA	1:07.62
10	Olivia Patterson	07 Woodbridge, VA	1:07.72
11	Hailey Martinez	07 Gainesville, VA	1:07.86
12	Camryn Dance	07 Chesapeake, VA	1:08.52
13	Carrington Pitre	07 Centreville, VA	1:08.62
14	Junithia Seay	07 Chester, VA	1:09.19
15	Nalaya Burns	07 Norfolk, VA	1:09.90
16	Micah Younger	07 Ashburn, VA	1:10.46
17	Zariah Klyvert	07 Richmond, VA	1:10.59
18	Gabrielle Butler	07 Williamsburg, VA	1:10.96
19	Gabriel Jackson	07 Aldie, VA	1:15.04
20	Sydney White	07 Gainesville, VA	1:16.13
21	Ayannia Payne	07 Virginia Beach, VA	1:17.86
22	Jamari Frost	07 Newport News, VA	1:19.40
23	Anaia Birdsong	07 Chester, VA	1:25.50
24	Corinne Marsh	07 Stafford, VA	1:28.92

## Girls 800 Meter Run 12 years old

Name	Yr	Team	Finals
1	Tatiana Burns	07 Virginia Beach, VA	2:34.77
2	Sydney Worsham	07 Glen Allen, VA	2:35.64
3	Makya Phifer	07 Newport News, VA	2:44.55
4	Brianna Comer	07 Chester, VA	2:45.36
5	Lianna Hardiman	07 Aldie, VA	2:51.47
6	Gabrielle Butler	07 Williamsburg, VA	2:55.12
7	Laila Thomas	07 Dumfries, VA	2:59.82
8	Cadaija Madden	07 Highlandspring, VA	3:00.09
9	Olivia Wilcoxon	07 Gainesville, VA	3:10.62
10	Corinne Marsh	07 Stafford, VA	3:43.48

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**Girls 1500 Meter Run 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Tatiana Burns	07 Virginia Beach, VA	5:21.71
2	Caroline Tribett	07 Gainesville, VA	5:27.26
3	Lianna Hardiman	07 Aldie, VA	5:36.06
4	Brianna Comer	07 Chester, VA	5:36.15
5	Makyia Phifer	07 Newport News, VA	5:40.01
6	Rachael Zimmer	07 Virginia Beach, VA	5:44.54
7	Laila Thomas	07 Dumfries, VA	6:08.73
8	Joycelyn Plemmons	07 Portsmouth, VA	7:05.44
9	Olivia Wilcoxon	07 Gainesville, VA	7:20.42

**Girls 3000 Meter Run 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Caroline Tribett	07 Gainesville, VA	11:54.29
2	Rachael Zimmer	07 Virginia Beach, VA	13:17.45
3	Joycelyn Plemmons	07 Portsmouth, VA	17:25.99

**Girls 80 Meter Hurdles 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Shakayla Lavender	07 Chesapeake, VA	12.10 -1.3
2	Nevaeh Bryant	07 Chesapeake, VA	13.20 -1.3
3	Armani Chance	07 Virginia Beach, VA	13.29 -1.3
4	Tyra Price	07 Chesapeake, VA	14.05 -1.3
5	Cadaija Madden	07 Highlandspring, VA	14.49 -1.3
6	Shanel Rawlins	07 Roanoke, VA	14.91 -1.3
7	Sydney Jalivay	07 Woodbridge, VA	15.35 -1.3
8	Arianna Simon	07 Roanoke, VA	15.39 -1.3

**Girls 4x100 Meter Relay 12 years old**

Team	Relay	Finals
<b>Finals</b>		
1	Virginia Eli	A 50.03
2	Legacy Track	A 53.50
3	Dale City Li	A 55.67
4	Phranchize P	A 55.78
5	Pathfinders	A 1:01.18

**Girls 4x400 Meter Relay 12 years old**

Team	Relay	Finals
<b>Finals</b>		
1	Virginia Eli	A 4:26.86
	1) Ariana Reason 07	2) Gabrielle Davis 08
	3) I'Yahni Rheubottom 08	4) Jordan Frasier 08
2	Virginia Golden Army	A 4:33.18
	1) Jayla Canady 08	2) Nyima Ash 07
	3) Nyriah Wiggins 08	4) Winter Cartwright 07
3	Virginia Eli	B 5:35.90

**Girls 4x800 Meter Relay 12 years old**

Team	Relay	Finals
<b>Finals</b>		
1	Eight o Four Relays	A 11:05.85
	1) Brianna Comer 07	2) Harmony Redd 08
	3) Iyndia Bey 08	4) Sydney Worsham 07
2	Virginia Eli	A 11:08.46
	1) Ariana Reason 07	2) Kasmere Booker 07
	3) Makyia Phifer 07	4) Michailyn Rose 08

**Girls High Jump 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Armani Chance	07 Virginia Beach, VA	4-06.00
2	Cadaija Madden	07 Highlandspring, VA	4-05.00
3	Jizelle Holland	07 Portsmouth, VA	4-02.00
4	Nalaya Burns	07 Norfolk, VA	4-00.00

**Girls Long Jump 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Madison Wanza	07 Sterling, VA	15-01.50 NWI
2	Destiny Copeland	07 Norfolk, VA	14-02.50 NWI
3	Arianna Simon	07 Roanoke, VA	14-00.00 NWI
3	Shanel Rawlins	07 Roanoke, VA	14-00.00 NWI
5	Jizelle Holland	07 Portsmouth, VA	13-04.00 NWI
6	Jordan Mitchell	07 Virginia Beach, VA	13-02.00 NWI
7	Kylie Phillips	07 Suffolk, VA	12-00.50 NWI
8	Leila Henley	07 Virginia Beach, VA	11-10.00 NWI
9	Corinne Marsh	07 Stafford, VA	9-09.50 NWI

**Girls Shot Put 6 lbs 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Carmen Gaskins	07 Chesapeake, VA	29-09.50
2	Kenya Lee	07 Chesapeake, VA	27-01.25
3	Genese Grant	07 Woodbridge, VA	25-05.50
4	Summer Gee	07 Culpeper, VA	23-11.00
5	Macari Singleton	07 Dumfries, VA	20-05.50
6	Madisyn Boyd	07 Portsmouth, VA	16-05.50

**Girls Discus Throw 1.0 Kg 12 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Carmen Gaskins	07 Chesapeake, VA	54-00
2	Genese Grant	07 Woodbridge, VA	49-09

**Girls Javelin Throw Turbo (400 g 12 years old)**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Carmen Gaskins	07 Chesapeake, VA	67-09
2	Laila Thomas	07 Dumfries, VA	54-03
3	Genese Grant	07 Woodbridge, VA	52-08
4	Kenya Lee	07 Chesapeake, VA	51-05
5	Keziah Bowers	07 Mechanicsville, VA	46-07
6	Rianna Powell	07 Norfolk, VA	45-03

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**Finals ... (Girls Javelin Throw Turbo (400 g 12 years old))**

Name	Yr	Team	Finals
7 Macari Singleton	07	Dumfries, VA	40-02

**Outdoor Pentathlon: #5 Girls 800 Meter Run 12 years old Outdoor Pentat**

Name	Yr	Team	Finals
1 Shakayla Lavender	07	Chesapeake, VA	2:38.17 594
2 Tatiana Burns	07	Virginia Beach, VA	2:42.60 543
3 Cadaija Madden	07	Highlandspring, VA	2:56.71 396
4 Tyra Price	07	Chesapeake, VA	2:56.91 394
5 Nevaeh Bryant	07	Chesapeake, VA	2:57.58 388
6 Jizelle Holland	07	Portsmouth, VA	3:01.39 352
7 Armani Chance	07	Virginia Beach, VA	3:28.34 147
8 Milaina Matveeva	07	Flint Hill, VA	3:29.88 138

**Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 12 years old Outdoor Pen**

Name	Yr	Team	Finals
1 Shakayla Lavender	07	Chesapeake, VA	12.47 1,074
2 Nevaeh Bryant	07	Chesapeake, VA	13.49 918
3 Armani Chance	07	Virginia Beach, VA	13.69 890
4 Tyra Price	07	Chesapeake, VA	13.71 887
5 Jizelle Holland	07	Portsmouth, VA	13.96 851
6 Tatiana Burns	07	Virginia Beach, VA	14.41 788
7 Cadaija Madden	07	Highlandspring, VA	14.95 715
8 Milaina Matveeva	07	Flint Hill, VA	21.95 78

**Outdoor Pentathlon: #4 Girls High Jump 12 years old Outdoor Pentathlo**

Name	Yr	Team	Finals
1 Shakayla Lavender	07	Chesapeake, VA	1.44m 555
2 Nevaeh Bryant	07	Chesapeake, VA	1.39m 502
3 Cadaija Madden	07	Highlandspring, VA	1.37m 481
3 Armani Chance	07	Virginia Beach, VA	1.37m 481
5 Tatiana Burns	07	Virginia Beach, VA	1.32m 429
5 Tyra Price	07	Chesapeake, VA	1.32m 429
7 Jizelle Holland	07	Portsmouth, VA	1.27m 379
8 Milaina Matveeva	07	Flint Hill, VA	1.14m 257

**Outdoor Pentathlon: #2 Girls Long Jump 12 years old Outdoor Pentathlo**

Name	Yr	Team	Finals
1 Shakayla Lavender	07	Chesapeake, VA	4.96m 548
2 Tyra Price	07	Chesapeake, VA	4.72m 485
3 Nevaeh Bryant	07	Chesapeake, VA	4.59m 451
4 Jizelle Holland	07	Portsmouth, VA	4.28m 374
5 Cadaija Madden	07	Highlandspring, VA	4.20m 355
6 Armani Chance	07	Virginia Beach, VA	4.03m 315
7 Tatiana Burns	07	Virginia Beach, VA	4.01m 310
8 Milaina Matveeva	07	Flint Hill, VA	3.23m 148

**Outdoor Pentathlon: #3 Girls Shot Put 12 years old Outdoor Pentathlon**

Name	Yr	Team	Finals
1 Shakayla Lavender	07	Chesapeake, VA	7.97m 397
2 Tyra Price	07	Chesapeake, VA	7.56m 371

3 Cadaija Madden	07	Highlandspring, VA	7.46m 365
4 Jizelle Holland	07	Portsmouth, VA	7.27m 352
5 Tatiana Burns	07	Virginia Beach, VA	7.23m 350
6 Nevaeh Bryant	07	Chesapeake, VA	7.17m 346
7 Armani Chance	07	Virginia Beach, VA	6.00m 271
8 Milaina Matveeva	07	Flint Hill, VA	4.48m 176

**Girls Outdoor Pentathlon 12 years old**

Name	Yr	Team	Finals
1 Shakayla Lavender	07	Chesapeake, VA	3168
2 Nevaeh Bryant	07	Chesapeake, VA	2605
3 Tyra Price	07	Chesapeake, VA	2566
4 Tatiana Burns	07	Virginia Beach, VA	2420
5 Cadaija Madden	07	Highlandspring, VA	2312
6 Jizelle Holland	07	Portsmouth, VA	2308
7 Armani Chance	07	Virginia Beach, VA	2104
8 Milaina Matveeva	07	Flint Hill, VA	797

**Girls 1500 Meter Race Walk 12 years old**

Name	Yr	Team	Finals
1 Kasmere Booker	07	Hampton, VA	9:18.02
2 Rianna Powell	07	Norfolk, VA	10:57.90
3 Jamari Frost	07	Newport News, VA	12:49.91

**Girls 100 Meter Dash 13 years old**

Name	Yr	Team	Prelims
1 Brianna Selby	06	Virginia Beach, VA	12.59q -1.6
2 Cameron Thompson	06	Glen Allen, VA	12.80q -2.6
3 Lois Robertson	06	Ashburn, VA	13.05q -1.5
4 Kennedy Flynn	06	Fredericksburg, VA	13.08q -1.9
5 Ge'Dasia Walker	06	Newport News, VA	13.14q -1.9
6 Kewanda Moore	06	Mechanicsville, VA	13.15q -2.6
7 Christine Fitzgerald	06	Norfolk, VA	13.18q -1.5
8 Mikayla Young	06	Chesapeake, VA	13.54q -2.6
9 Amoroa Lucas	06	Ashburn, VA	13.60 -2.6
10 Syn-Nirah Young	06	Chesapeake, VA	13.71 -1.9
11 Jmiaya Muse	06	Richmond, VA	13.76 -1.5
12 Jada Chambliss	06	Woodbridge, VA	13.78 -1.6
13 Alyssa Upshaw	06	Stafford, VA	13.83 -1.5
14 Trinity Lucas	06	Chesapeake, VA	13.89 -1.5
15 Makayla Stokes	06	Stafford, VA	13.92 -1.6
16 Jenesis Bannarbie	06	Suffolk, VA	14.02 -1.9
17 Ke'Shae Wright	06	Woodbridge, VA	14.03 -1.9
18 Lauryn Pearson	06	Woodbridge, VA	14.04 -1.6
19 Ruqayyah Byrd	06	Woodbridge, VA	14.13 -2.6
20 Lauryn Sanders	06	Haymarket, VA	14.23 -2.6
21 Ayauna Williams	06	Dumfries, VA	14.24 -1.9
22 Jada Randolph	06	Newport News, VA	14.56 -1.9
23 Mikayla Robinson	06	Virginia Beach, VA	14.69 -2.6
24 Alexis Mcduffie	06	Woodbridge, VA	14.75 -1.5
25 Nyla Lopez	06	Suffolk, VA	14.77 -1.5
26 Amari Moore	06	Woodbridge, VA	15.73 -1.5

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## Girls 100 Meter Dash 13 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Brianna Selby	06 Virginia Beach, VA	12.37 -0.7
2	Cameron Thompson	06 Glen Allen, VA	12.73 -0.7
3	Lois Robertson	06 Ashburn, VA	13.01 -0.7
4	Kennedy Flynn	06 Fredericksburg, VA	13.05 -0.7
5	Ge'Dasia Walker	06 Newport News, VA	13.17 -0.7
6	Christine Fitzgerald	06 Norfolk, VA	13.22 -0.7
7	Kewanda Moore	06 Mechanicsville, VA	13.23 -0.7
8	Mikayla Young	06 Chesapeake, VA	13.62 -0.7

## Girls 200 Meter Dash 13 years old

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Brianna Selby	06 Virginia Beach, VA	25.60q -1.8
2	Cameron Thompson	06 Glen Allen, VA	26.05q -2.0
3	Kewanda Moore	06 Mechanicsville, VA	26.25q -1.5
4	Kennedy Flynn	06 Fredericksburg, VA	26.44q -1.8
5	Lois Robertson	06 Ashburn, VA	26.80q -1.5
6	Christine Fitzgerald	06 Norfolk, VA	26.83q -2.1
7	Ge'Dasia Walker	06 Newport News, VA	26.84q -2.6
8	Daniya Walton	06 North Chesterfield, VA	27.45q -1.5
9	Jada Chambliss	06 Woodbridge, VA	28.00 -1.8
10	Amoroa Lucas	06 Ashburn, VA	28.04 -1.8
11	Alyssa Upshaw	06 Stafford, VA	28.06 -2.0
12	Ke'Shae Wright	06 Woodbridge, VA	28.14 -2.6
13	Jmiaya Muse	06 Richmond, VA	28.24 -2.1
14	Mikayla Young	06 Chesapeake, VA	28.29 -2.0
15	Makayla Stokes	06 Stafford, VA	28.46 -2.0
16	Syn-Nirah Young	06 Chesapeake, VA	28.65 -2.6
17	Jenesis Bannarbie	06 Suffolk, VA	29.05 -2.0
18	Sydney Yang	06 Aldie, VA	29.44 -2.6
19	Lauryn Pearson	06 Woodbridge, VA	29.53 -2.0
20	Valerie Gruen	06 Ashburn, VA	29.59 -2.1
21	Ayauna Williams	06 Dumfries, VA	29.63 -1.5
22	Tilea Bacon	06 Fredericksburg, VA	29.90 -1.5
23	Alexis McDuffie	06 Woodbridge, VA	30.08 -2.1
24	Alyss Velerio	06 Fredericksburg, VA	30.10 -2.1
25	Nyla Lopez	06 Suffolk, VA	30.45 -1.8
26	Amari Moore	06 Woodbridge, VA	30.46 -1.5
27	Nina Simpson	06 Ashburn, VA	31.19 -2.1
28	Inaaya Mcnair	06 Richmond, VA	31.39 -2.1

## Girls 200 Meter Dash 13 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Brianna Selby	06 Virginia Beach, VA	24.99 3.6
2	Cameron Thompson	06 Glen Allen, VA	25.40 3.6
3	Christine Fitzgerald	06 Norfolk, VA	26.08 3.6
4	Kennedy Flynn	06 Fredericksburg, VA	26.16 3.6
5	Kewanda Moore	06 Mechanicsville, VA	26.19 3.6
6	Lois Robertson	06 Ashburn, VA	26.30 3.6
7	Ge'Dasia Walker	06 Newport News, VA	27.07 3.6
8	Daniya Walton	06 North Chesterfield, VA	27.54 3.6

## Girls 400 Meter Dash 13 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Christine Fitzgerald	06 Norfolk, VA	59.82
2	Jaelynn Joiner	06 Mechanicsville, VA	1:00.97
3	Lois Robertson	06 Ashburn, VA	1:01.02
4	Valerie Gruen	06 Ashburn, VA	1:02.38
5	Alyssa Upshaw	06 Stafford, VA	1:02.46
6	Kara Ashley	06 Newport News, VA	1:02.77
7	Makayla Stokes	06 Stafford, VA	1:02.95
8	Ke'Shae Wright	06 Woodbridge, VA	1:03.02
9	Trinity Lucas	06 Chesapeake, VA	1:04.93
10	Jada Chambliss	06 Woodbridge, VA	1:05.23
11	Ananda Hamlin	06 Henrico, VA	1:05.90
12	Mikayla Young	06 Chesapeake, VA	1:06.47
13	Ayauna Williams	06 Dumfries, VA	1:06.77
14	Alyss Velerio	06 Fredericksburg, VA	1:06.90
15	Tanishka Enugu	06 Ashburn, VA	1:07.28
16	Tilea Bacon	06 Fredericksburg, VA	1:08.44
17	Mikayla Robinson	06 Virginia Beach, VA	1:08.61
18	Jenesis Bannarbie	06 Suffolk, VA	1:08.83
19	Josie Saffold	06 Virginia Beach, VA	1:09.31
20	Amari Moore	06 Woodbridge, VA	1:09.46
21	Nyla Lopez	06 Suffolk, VA	1:10.67
22	Jada Randolph	06 Newport News, VA	1:11.08
23	E'Yana Watson	06 Virginia Beach, VA	1:11.82
24	Brianne Williston	06 Hampton, VA	1:13.06
25	Jada Hatcher	06 Dumfries, VA	1:13.81
26	Jmiaya Muse	06 Richmond, VA	1:17.71
27	Inaaya Mcnair	06 Richmond, VA	1:18.92
28	Elsie Lewis	06 Suffolk, VA	1:22.90

## Girls 800 Meter Run 13 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Kaia Woolfe	06 Ashburn, VA	2:30.64
2	Ruqayyah Byrd	06 Woodbridge, VA	2:32.10
3	Ananda Hamlin	06 Henrico, VA	2:34.50
4	Jaelynn Joiner	06 Mechanicsville, VA	2:34.55
5	Tanishka Enugu	06 Ashburn, VA	2:38.14
6	Trenaye Collier	06 Sandston, VA	2:39.80
7	Alyss Velerio	06 Fredericksburg, VA	2:48.39
8	Emma Johnston	06 Woodbridge, VA	2:48.87
9	Jane Macik	06 Sterling, VA	2:49.64
10	Chevelle Joyner	06 Windsor, VA	2:52.32
11	Lauren Crain	06 Leesburg, VA	2:59.37
12	Amiya Valentine	06 Newport News, VA	3:00.12
13	Janiesia Stokes	06 Stafford, VA	3:02.65
14	Tilea Bacon	06 Fredericksburg, VA	3:03.30
15	Elsie Lewis	06 Suffolk, VA	3:22.14

## Girls 1500 Meter Run 13 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Kaia Woolfe	06 Ashburn, VA	5:18.25

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**Finals ... (Girls 1500 Meter Run 13 years old)**

Name	Yr	Team	Finals
2 Emma Johnston	06	Woodbridge, VA	5:47.82
3 Jane Macik	06	Sterling, VA	5:56.64
4 Amiya Valentine	06	Newport News, VA	6:37.04
5 Lauren Crain	06	Leesburg, VA	6:50.42
6 Sophia Watson	06	Newport News, VA	7:01.74
7 Elsie Lewis	06	Suffolk, VA	7:12.33

**Girls 3000 Meter Run 13 years old**

Name	Yr	Team	Finals
1 Kaia Woolfe	06	Ashburn, VA	12:13.52
2 Emma Johnston	06	Woodbridge, VA	13:29.83
3 Lauren Crain	06	Leesburg, VA	15:22.19
4 Amiya Valentine	06	Newport News, VA	15:56.25

**Girls 100 Meter Hurdles 13 years old**

Name	Yr	Team	Prelims
1 Jada Hatcher	06	Dumfries, VA	15.34q 0.5
2 Prynness Jackson	06	Richmond, VA	15.47q 0.5
3 Kennedy Flynn	06	Fredericksburg, VA	15.89q 0.8
4 Bailey Walker	06	Aldie, VA	16.76q 0.8
5 Shinyce Haskins	06	Chesapeake, VA	16.76q 0.8
6 Deja Scott	06	Aldie, VA	17.87q 0.5
7 Candence Opoku-Mensah	06	Fredericksburg, VA	18.07q 0.5
8 Lauren Thomas	06	Ashburn, VA	18.08q 0.5
9 Breanna Adams	06	Salem, VA	18.52 0.8
10 Layanna Hayes	06	Ruther Glen, VA	21.70 0.8

**Girls 100 Meter Hurdles 13 years old**

Name	Yr	Team	Finals
1 Prynness Jackson	06	Richmond, VA	15.04 -2.0
2 Jada Hatcher	06	Dumfries, VA	15.83 -2.0
3 Lauren Thomas	06	Ashburn, VA	15.96 -2.0
4 Bailey Walker	06	Aldie, VA	16.73 -2.0
5 Deja Scott	06	Aldie, VA	16.84 -2.0
6 Kennedy Flynn	06	Fredericksburg, VA	18.26 -2.0
7 Shinyce Haskins	06	Chesapeake, VA	20.90 -2.0

**Girls 200 Meter Hurdles 13 years old**

Name	Yr	Team	Finals
1 Kennedy Flynn	06	Fredericksburg, VA	29.36 1.3
2 Jada Hatcher	06	Dumfries, VA	29.40 1.3
3 Lauren Thomas	06	Ashburn, VA	29.41 -1.6
4 Prynness Jackson	06	Richmond, VA	29.56 -1.2
5 Shinyce Haskins	06	Chesapeake, VA	30.20 1.3
6 Lyric Evans	06	Chesapeake, VA	30.62 -1.2
7 Kara Ashley	06	Newport News, VA	30.92 -1.2
8 Deja Scott	06	Aldie, VA	31.04 -1.6
9 Trenaye Collier	06	Sandston, VA	31.89 -1.2
10 Sydney Murray	06	Hampton City	32.61 -1.2
11 Trinity Lucas	06	Chesapeake, VA	32.76 -1.2

12 E'Yana Watson	06	Virginia Beach, VA	34.02 1.3
13 Brianne Williston	06	Hampton, VA	35.25 -1.2

**Girls High Jump 13 years old**

Name	Yr	Team	Finals
1 Prynness Jackson	06	Richmond, VA	5-03.00
2 Johanna Stuard	06	Herndon, VA	4-08.00
3 Lyric Evans	06	Chesapeake, VA	4-06.00
4 Lauryn Pearson	06	Woodbridge, VA	J4-06.00
5 Nina Simpson	06	Ashburn, VA	J4-06.00
6 Mikayla Robinson	06	Virginia Beach, VA	4-02.00
7 E'Yana Watson	06	Virginia Beach, VA	3-10.00

**Girls Long Jump 13 years old**

Name	Yr	Team	Finals
1 Shinyce Haskins	06	Chesapeake, VA	16-03.00 NWI
2 Bailey Walker	06	Aldie, VA	15-10.75 NWI
3 Kewanda Moore	06	Mechanicsville, VA	15-09.50 NWI
4 Brianna Selby	06	Virginia Beach, VA	15-07.00 NWI
5 Anijah Corbin	06	Newport News, VA	15-00.75 NWI
6 Lyric Evans	06	Chesapeake, VA	14-07.25 NWI
7 Breanna Adams	06	Salem, VA	J14-07.25 NWI
8 Johanna Stuard	06	Herndon, VA	14-04.75 NWI
9 Deja Scott	06	Aldie, VA	14-03.00 NWI
10 Mikayla Young	06	Chesapeake, VA	13-11.00 NWI
11 Layanna Hayes	06	Ruther Glen, VA	13-09.50 NWI
12 Lauryn Pearson	06	Woodbridge, VA	13-07.25 NWI
13 Jmiaya Muse	06	Richmond, VA	12-10.75 NWI
14 Daniya Walton	06	North Chesterfield, VA	11-01.50 NWI

**Girls Triple Jump 13 years old**

Name	Yr	Team	Finals
1 Shinyce Haskins	06	Chesapeake, VA	34-00.00 NWI
2 Trenaye Collier	06	Sandston, VA	29-03.00 NWI
3 Layanna Hayes	06	Ruther Glen, VA	25-07.25 NWI

**Girls Shot Put 6 lbs 13 years old**

Name	Yr	Team	Finals
1 Ashley Fuller	06	Virginia Beach, VA	30-11.50
2 Janiesia Stokes	06	Stafford, VA	28-01.00
3 Destiny Burrell	06	Hampton, VA	25-01.50
4 Lauryn McGlone	06	Suffolk, VA	24-09.25
5 Shaniyah Gary	06	Newport News, VA	24-02.25

**Girls Discus Throw 1.0 Kg 13 years old**

Name	Yr	Team	Finals
1 Destiny Burrell	06	Hampton, VA	80-01.75
2 Samaya Brown	06	Highland Springs, VA	78-10.50
3 Ashley Fuller	06	Virginia Beach, VA	66-01.75
4 Lauryn McGlone	06	Suffolk, VA	63-00.50
5 Shaniyah Gary	06	Newport News, VA	53-10.75
6 Janiesia Stokes	06	Stafford, VA	40-07.50

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**Girls Javelin Throw 600 g 13 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Lauryn McGlone	06 Suffolk, VA	53-02
2	Ashley Fuller	06 Virginia Beach, VA	52-06
3	Makayla Stokes	06 Stafford, VA	50-03
4	Dajah Garrison	06 Roanoke, VA	48-11
5	Shaniyah Gary	06 Newport News, VA	33-01

**Outdoor Pentathlon: #5 Girls 800 Meter Run 13 years old Outdoor Pentat**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Tanishka Enugu	06 Ashburn, VA	2:37.21 605
2	Johanna Stuard	06 Herndon, VA	2:48.02 484
3	Kennedy Flynn	06 Fredericksburg, VA	2:48.89 475
4	Jada Hatcher	06 Dumfries, VA	2:52.85 434
5	Lauryn Pearson	06 Woodbridge, VA	3:17.54 219

**Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 13 years old Outdoor Pe**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jada Hatcher	06 Dumfries, VA	15.65 758
2	Kennedy Flynn	06 Fredericksburg, VA	16.39 667
3	Johanna Stuard	06 Herndon, VA	17.77 512
4	Tanishka Enugu	06 Ashburn, VA	21.03 222
5	Lauryn Pearson	06 Woodbridge, VA	21.54 187

**Outdoor Pentathlon: #4 Girls High Jump 13 years old Outdoor Pentathlo**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Johanna Stuard	06 Herndon, VA	1.52m 644
2	Kennedy Flynn	06 Fredericksburg, VA	1.42m 534
2	Jada Hatcher	06 Dumfries, VA	1.42m 534
4	Lauryn Pearson	06 Woodbridge, VA	1.34m 449
5	Tanishka Enugu	06 Ashburn, VA	1.21m 321

**Outdoor Pentathlon: #2 Girls Long Jump 13 years old Outdoor Pentathlo**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jada Hatcher	06 Dumfries, VA	4.52m 433
2	Lauryn Pearson	06 Woodbridge, VA	4.31m 381
3	Johanna Stuard	06 Herndon, VA	4.29m 376
3	Kennedy Flynn	06 Fredericksburg, VA	4.29m 376
5	Tanishka Enugu	06 Ashburn, VA	3.93m 292

**Outdoor Pentathlon: #3 Girls Shot Put 13 years old Outdoor Pentathlon**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Johanna Stuard	06 Herndon, VA	8.15m 409
2	Kennedy Flynn	06 Fredericksburg, VA	6.78m 321
3	Jada Hatcher	06 Dumfries, VA	6.52m 304
4	Tanishka Enugu	06 Ashburn, VA	5.95m 268
5	Lauryn Pearson	06 Woodbridge, VA	5.70m 252

**Girls Outdoor Pentathlon 13 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jada Hatcher	06 Dumfries, VA	2463
2	Johanna Stuard	06 Herndon, VA	2425
3	Kennedy Flynn	06 Fredericksburg, VA	2373
4	Tanishka Enugu	06 Ashburn, VA	1708
5	Lauryn Pearson	06 Woodbridge, VA	1488

**Girls 3000 Meter Race Walk 13 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Shaniyah Gary	06 Newport News, VA	21:56.68
2	Amiya Valentine	06 Newport News, VA	23:08.63

**Girls 100 Meter Dash 14 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Venecia Draper	05 Nokesville, VA	12.74q -1.6
2	Iyana Orneval	05 Stafford, VA	12.78q -2.5
3	Myzhane' Solomon	05 Newport News, VA	12.87q -1.8
4	Tanaye Carter	05 Richmond, VA	12.87q -2.5
5	Nirel Blake	05 Richmond, VA	12.94q -1.1
6	Nadia Jacobs	05 Chesapeake, VA	12.96q -1.1
7	Deja Ward	05 Suffolk, VA	13.07q -1.8
8	Nyah Harrison	05 Chesapeake, VA	13.11q -2.5
9	Laila Simpson	05 Fairfax, VA	13.15 -1.1
10	Heaven Roberts	05 Chesapeake, VA	13.16 -1.8
11	Pagie Taylor	05 Newport News, VA	13.21 -1.1
12	Amaya Wiggins	05 Chesapeake, VA	13.22 -1.6
13	Marquette Fitzgerald	05 Newport News, VA	13.45 -1.1
14	Ella Curling	05 Lansdowne, VA	13.52 -1.6
15	Emily Stewart	05 Ashburn, VA	13.52 -1.8
16	Asia Thomas	05 Leesburg, VA	13.54 -1.6
17	Ayeshia Watson	05 Roanoke, VA	13.66 -2.5
18	Paris Jordan	05 Chesapeake, VA	13.67 -1.6
19	Naomi Rhodes	05 Newport News, VA	13.76 -1.6
20	Morgan Giles	05 Ashburn, VA	13.80 -2.5
21	De'Ryah Artis	05 Suffolk, VA	13.91 -1.1
22	Jai'Asia Lawrence	05 Suffolk, VA	13.98 -1.8
23	Amaya Greatheart	05 Newport News, VA	14.01 -1.8
24	Aja Thornton	05 Portsmouth, VA	14.10 -1.1
25	Jalayah Dural	05 Virginia Beach, VA	14.11 -2.5
26	Zaniya Edwards	05 Chesapeake, VA	14.36 -1.8
27	Paige Woolfolk	05 Manassas, VA	14.40 -2.5
28	Amaya Upshaw	05 Stafford, VA	14.48 -1.8
29	Rishika Sharma	05 Leesburg, VA	14.58 -1.6
30	Camryn Rouse	05 Aldie, VA	15.79 -1.1

**Girls 100 Meter Dash 14 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Venecia Draper	05 Nokesville, VA	12.70 -0.9
2	Iyana Orneval	05 Stafford, VA	12.90 -0.9
3	Myzhane' Solomon	05 Newport News, VA	12.99 -0.9

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## Finals ... (Girls 100 Meter Dash 14 years old)

Name	Yr	Team	Finals
4 Tanaye Carter	05	Richmond, VA	13.00 -0.9
5 Nirel Blake	05	Richmond, VA	13.02 -0.9
6 Nadia Jacobs	05	Chesapeake, VA	13.04 -0.9
7 Deja Ward	05	Suffolk, VA	13.19 -0.9
8 Nyah Harrison	05	Chesapeake, VA	13.37 -0.9

## Girls 200 Meter Dash 14 years old

Name	Yr	Team	Prelims
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## Preliminaries

1 Sanaa Wooden	05	Newport News, VA	25.56q -1.3
2 Iyana Orneval	05	Stafford, VA	26.13q -1.1
3 Myzhane' Solomon	05	Newport News, VA	26.57q -0.7
4 Tanaye Carter	05	Richmond, VA	26.76q -1.1
5 Deja Ward	05	Suffolk, VA	26.78q -1.1
6 Nirel Blake	05	Richmond, VA	26.78q -1.1
7 Venecia Draper	05	Nokesville, VA	26.82q -0.7
8 Heaven Roberts	05	Chesapeake, VA	26.82q -1.1
9 Nyah Harrison	05	Chesapeake, VA	27.02 -0.7
10 Pagie Taylor	05	Newport News, VA	27.08 -0.7
11 Emily Stewart	05	Ashburn, VA	27.66 -1.1
12 Laila Simpson	05	Fairfax, VA	27.91 -1.3
13 Lorelei Bangit	05	Ranson, WV	28.02 -1.3
14 Ella Curling	05	Lansdowne, VA	28.16 -1.3
15 Marquette Fitzgerald	05	Newport News, VA	28.27 -1.3
16 Ayeshia Watson	05	Roanoke, VA	28.41 -1.1
17 De'Ryah Artis	05	Suffolk, VA	28.45 -1.3
18 Jalayah Dural	05	Virginia Beach, VA	28.58 -0.7
19 Damaya Gilbert	05	Hampton, VA	28.61 -1.1
20 Olivia Warren	05	Yorktown, VA	28.64 -1.1
21 Jai'Asia Lawrence	05	Suffolk, VA	29.22 -1.1
22 Amaya Greathart	05	Newport News, VA	29.33 -1.1
23 Zaniya Edwards	05	Chesapeake, VA	29.77 -0.7
24 Paige Woolfolk	05	Manassas, VA	30.32 -1.1
25 Rishika Sharma	05	Leesburg, VA	30.80 -1.3
26 Amaya Upshaw	05	Stafford, VA	31.13 -1.1
27 Camryn Rouse	05	Aldie, VA	33.32 -1.1

## Girls 200 Meter Dash 14 years old

Name	Yr	Team	Finals
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## Finals

1 Sanaa Wooden	05	Newport News, VA	25.61 -0.3
2 Iyana Orneval	05	Stafford, VA	26.22 -0.3
3 Heaven Roberts	05	Chesapeake, VA	26.59 -0.3
4 Myzhane' Solomon	05	Newport News, VA	26.64 -0.3
5 Nirel Blake	05	Richmond, VA	26.78 -0.3
6 Deja Ward	05	Suffolk, VA	26.81 -0.3
7 Venecia Draper	05	Nokesville, VA	26.82 -0.3
8 Tanaye Carter	05	Richmond, VA	26.91 -0.3

## Girls 400 Meter Dash 14 years old

Name	Yr	Team	Finals
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## Finals

1 Nyah Harrison	05	Chesapeake, VA	58.21
2 Iyana Orneval	05	Stafford, VA	58.32

3 Lorelei Bangit	05	Ranson, WV	59.21
4 Nirel Blake	05	Richmond, VA	59.56
5 Heaven Roberts	05	Chesapeake, VA	1:02.12
6 Asia Thomas	05	Leesburg, VA	1:02.13
7 Venecia Draper	05	Nokesville, VA	1:02.57
8 Latasia Hairston	05	Chesapeake, VA	1:02.79
9 Jaida White-Diaz	05	Richmond, VA	1:02.82
10 Olivia Warren	05	Yorktown, VA	1:03.76
11 Janai Coleman	05	Henrico, VA	1:03.85
12 Alecia Kissoon	05	Williamsburg, VA	1:05.47
13 Maya Dabney	05	Manassas, VA	1:05.79
14 Jalayah Dural	05	Virginia Beach, VA	1:06.00
15 Tiyjah Mosley	05	Norfolk, VA	1:06.05
16 Niya Williams	05	Chesapeake, VA	1:06.39
17 Zaniya Edwards	05	Chesapeake, VA	1:07.92
18 Olivia Manning	05	Roanoke, VA	1:08.50
19 Rishika Sharma	05	Leesburg, VA	1:08.72
20 Brianna Brown	05	Chesapeake, VA	1:09.35
21 Bailey Fleming	05	Purcellville, VA	1:09.90
22 Amaya Upshaw	05	Stafford, VA	1:10.64
23 Naveah Robinson	05	Newport News, VA	1:11.76
24 Amaya Greatheart	05	Newport News, VA	1:12.01
25 Paris Jordan	05	Chesapeake, VA	1:14.79
26 Rena Johnson	05	Bristow, VA	1:15.08

## Girls 800 Meter Run 14 years old

Name	Yr	Team	Finals
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## Finals

1 Sabria Wooden	05	Newport News, VA	2:27.14
2 Mahina Hagans	05	Woodbridge, VA	2:32.97
3 Alecia Kissoon	05	Williamsburg, VA	2:34.64
4 Jaida White-Diaz	05	Richmond, VA	2:37.33
5 Sidney Nolan	05	Gainesville, VA	2:37.80
6 Maya Dabney	05	Manassas, VA	2:38.73
7 Tiyjah Mosley	05	Norfolk, VA	2:42.19
8 Rena Johnson	05	Bristow, VA	2:51.40
9 Makenzie Zimmerman	05	Ashburn, VA	2:53.73
10 Alaya Knotts	05	Suffolk, VA	2:58.88
11 Janai Coleman	05	Henrico, VA	2:59.49
12 Naveah Robinson	05	Newport News, VA	3:05.55
13 Brianna Brown	05	Chesapeake, VA	3:17.23

## Girls 1500 Meter Run 14 years old

Name	Yr	Team	Finals
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## Finals

1 Mahina Hagans	05	Woodbridge, VA	5:19.30
2 Sidney Nolan	05	Gainesville, VA	5:24.12
3 Makenzie Zimmerman	05	Ashburn, VA	6:06.34

## Girls 3000 Meter Run 14 years old

Name	Yr	Team	Finals
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## Finals

1 Makenzie Zimmerman	05	Ashburn, VA	14:28.42
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## Girls 100 Meter Hurdles 14 years old

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Sheyenne Nichols	05 Chesapeake, VA	15.21q +0.0
2	Nadia Jacobs	05 Chesapeake, VA	17.27q +0.0
3	Naomi Rhodes	05 Newport News, VA	17.28q +0.0
4	Sydney Loder	05 Salem, VA	17.50q +0.0
5	Kimora Jones	05 Roanoke, VA	17.59q +0.0
6	Latasia Hairston	05 Chesapeake, VA	17.67q +0.0

## Girls 100 Meter Hurdles 14 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Sheyenne Nichols	05 Chesapeake, VA	15.44 -0.4
2	Nadia Jacobs	05 Chesapeake, VA	16.15 -0.4
3	Latasia Hairston	05 Chesapeake, VA	17.20 -0.4
4	Kimora Jones	05 Roanoke, VA	17.36 -0.4
5	Sydney Loder	05 Salem, VA	17.41 -0.4
6	Naomi Rhodes	05 Newport News, VA	18.47 -0.4

## Girls 200 Meter Hurdles 14 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Nadia Jacobs	05 Chesapeake, VA	30.19 -0.9
2	Naomi Rhodes	05 Newport News, VA	30.36 -0.9
3	Latasia Hairston	05 Chesapeake, VA	31.33 -0.9
4	Damaya Gilbert	05 Hampton, VA	31.81 -0.9
5	Sydney Loder	05 Salem, VA	31.88 0.2
6	Sheyenne Nichols	05 Chesapeake, VA	32.63 -0.9
7	Aja Thornton	05 Portsmouth, VA	33.29 -0.9
8	Iriana Johnson	05 Hampton, VA	33.33 -0.9
9	Tiyjah Mosley	05 Norfolk, VA	33.37 0.2

## Girls 4x100 Meter Relay 14 years old

Team	Relay	Finals
<b>Finals</b>		
1	East End Track Club	A 49.95
2	Eight o Four Relays	A 50.66
3	Ashburn Elit	A 50.70
4	Virginia Eli	A 51.11
5	Phranchize P	A 51.64
6	Ashburn Elit	B 53.09
7	Roanoke Vall	A 53.59

## Girls 4x400 Meter Relay 14 years old

Team	Relay	Finals
<b>Finals</b>		
1	Ashburn Elit	A 4:04.20
	1) Ashleigh Vizek 06	2) Asia Thomas 05
	3) Emily Stewart 05	4) Indira O'Neil 06
2	Eight o Four Relays	A 4:06.36
	1) Jaelynn Joiner 06	2) Jaida White-Diaz 05
	3) Nirel Blake 05	4) Prynness Jackson 06
3	Dale City Li	A 4:08.01
	1) Iyana Orneval 05	2) Ke'Shae Wright 06
	3) Mahina Hagans 05	4) Ruqayyah Byrd 06

4	East End Track Club	A 4:09.40
	1) Ge'Dasia Walker 06	2) Jada Randolph 06
	3) Kara Ashley 06	4) Maria Ambrozewicz 05
5	Ashburn Elit	B 4:27.97
	1) Amoroa Lucas 06	2) Ella Curling 05
	3) Morgan Giles 05	4) Nina Simpson 06
6	Hampton City	A 4:46.07
	1) Brianne Williston 06	2) Damaya Gilbert 05
	3) Iriana Johnson 05	4) Olivia Warren 05

## Girls 4x800 Meter Relay 14 years old

Team	Relay	Finals
<b>Finals</b>		
1	Dale City Li	A 10:36.27
	1) Emma Johnston 06	2) Mahina Hagans 05
	3) Maya Dabney 05	4) Ruqayyah Byrd 06
2	Eight o Four Relays	A 10:52.06
	1) Ananda Hamlin 06	2) Jaelynn Joiner 06
	3) Jaida White-Diaz 05	4) Trenaye Collier 06

## Girls High Jump 14 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Sydney Loder	05 Salem, VA	5-00.00
2	Amaya Wiggins	05 Chesapeake, VA	4-00.00

## Girls Pole Vault 14 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Alencia Lentz	05 Manassas, VA	10-06.00
2	Coralynn Fisher	05 Stafford, VA	7-06.00

## Girls Long Jump 14 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Deja Ward	05 Suffolk, VA	16-07.50 NWI
2	Sheyenne Nichols	05 Chesapeake, VA	15-06.50 NWI
3	Zaniya Edwards	05 Chesapeake, VA	15-04.25 NWI
4	Laila Simpson	05 Fairfax, VA	14-09.50 NWI
5	Amaya Greatheart	05 Newport News, VA	14-08.50 NWI
6	Aja Thornton	05 Portsmouth, VA	14-07.50 NWI
7	Iriana Johnson	05 Hampton, VA	14-07.00 NWI
8	Damaya Gilbert	05 Hampton, VA	14-05.25 NWI
9	Amaya Wiggins	05 Chesapeake, VA	14-04.50 NWI
10	Paige Woolfolk	05 Manassas, VA	14-02.75 NWI
11	Heaven Roberts	05 Chesapeake, VA	13-11.00 NWI
12	Coralynn Fisher	05 Stafford, VA	13-11.00 NWI
13	De'Ryah Artis	05 Suffolk, VA	13-06.50 NWI
14	Niya Williams	05 Chesapeake, VA	13-06.25 NWI
15	Morgan Giles	05 Ashburn, VA	12-11.00 NWI
16	Ayeshia Watson	05 Roanoke, VA	12-09.75 NWI
17	Jai'Asia Lawrence	05 Suffolk, VA	12-09.00 NWI

## Girls Triple Jump 14 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Kimora Jones	05 Roanoke, VA	31-11.00 NWI



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**Finals ... (Girls Triple Jump 14 years old)**

Name	Yr	Team	Finals
2 Coralynn Fisher	05	Stafford, VA	29-10.00 NWI
3 Janai Coleman	05	Henrico, VA	29-09.75 NWI
4 Amore Jackson	05	Gum Spring, VA	27-10.50 NWI

**Girls Shot Put 6 lbs 14 years old**

Name	Yr	Team	Finals
1 Jamie Young	05	Petersburg, VA	37-03.75
2 Naomi Woolfolk	05	Manassas, VA	36-11.00
3 Kaena Riley	05	Quantico, VA	31-00.50

**Girls Discus Throw 1.0 Kg 14 years old**

Name	Yr	Team	Finals
1 Jamie Young	05	Petersburg, VA	87-05
2 Kaena Riley	05	Quantico, VA	87-00
3 Naomi Woolfolk	05	Manassas, VA	64-06.50

**Girls Javelin Throw 600 g 14 years old**

Name	Yr	Team	Finals
1 Jamie Young	05	Petersburg, VA	89-00
2 Kaena Riley	05	Quantico, VA	69-10
3 Naomi Woolfolk	05	Manassas, VA	53-07

**Outdoor Pentathlon: #5 Girls 800 Meter Run 14 years old Outdoor Pentat**

Name	Yr	Team	Finals
1 Camberly Leary	05	Front Royal, VA	2:37.12 606
2 Tiyjah Mosley	05	Norfolk, VA	2:46.60 500
3 Bridgette Matveeva	05	Flint Hill, VA	2:55.08 412
4 Rishika Sharma	05	Leesburg, VA	2:58.07 383
5 Ariel Jacob	05	Front Royal, VA	2:58.48 379
6 Bailey Fleming	05	Purcellville, VA	3:04.18 327

**Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 14 years old Outdoor Pe**

Name	Yr	Team	Finals
1 Tiyjah Mosley	05	Norfolk, VA	19.03 388
2 Camberly Leary	05	Front Royal, VA	19.53 342
3 Ariel Jacob	05	Front Royal, VA	20.77 241
4 Bridgette Matveeva	05	Flint Hill, VA	21.35 200
5 Rishika Sharma	05	Leesburg, VA	21.44 194
6 Bailey Fleming	05	Purcellville, VA	22.66 119

**Outdoor Pentathlon: #4 Girls High Jump 14 years old Outdoor Pentathlo**

Name	Yr	Team	Finals
1 Ariel Jacob	05	Front Royal, VA	1.29m 399
1 Bailey Fleming	05	Purcellville, VA	1.29m 399
1 Tiyjah Mosley	05	Norfolk, VA	1.29m 399
4 Camberly Leary	05	Front Royal, VA	1.24m 350
5 Rishika Sharma	05	Leesburg, VA	1.21m 321
6 Bridgette Matveeva	05	Flint Hill, VA	1.19m 302

**Outdoor Pentathlon: #2 Girls Long Jump 14 years old Outdoor Pentathlo**

Name	Yr	Team	Finals
1 Bridgette Matveeva	05	Flint Hill, VA	3.81m 265
2 Bailey Fleming	05	Purcellville, VA	3.75m 252
3 Camberly Leary	05	Front Royal, VA	3.68m 237
4 Tiyjah Mosley	05	Norfolk, VA	3.67m 235
5 Rishika Sharma	05	Leesburg, VA	3.46m 192
6 Ariel Jacob	05	Front Royal, VA	3.45m 190

**Outdoor Pentathlon: #3 Girls Shot Put 14 years old Outdoor Pentathlon**

Name	Yr	Team	Finals
1 Tiyjah Mosley	05	Norfolk, VA	6.95m 332
2 Rishika Sharma	05	Leesburg, VA	6.90m 329
3 Ariel Jacob	05	Front Royal, VA	6.43m 299
4 Bailey Fleming	05	Purcellville, VA	5.82m 260
5 Camberly Leary	05	Front Royal, VA	5.58m 245
6 Bridgette Matveeva	05	Flint Hill, VA	5.28m 226

**Girls Outdoor Pentathlon 14 years old**

Name	Yr	Team	Finals
1 Tiyjah Mosley	05	Norfolk, VA	1854
2 Camberly Leary	05	Front Royal, VA	1780
3 Ariel Jacob	05	Front Royal, VA	1508
4 Rishika Sharma	05	Leesburg, VA	1419
5 Bridgette Matveeva	05	Flint Hill, VA	1405
6 Bailey Fleming	05	Purcellville, VA	1357

**Girls 3000 Meter Race Walk 14 years old**

Name	Yr	Team	Finals
1 Aaliyah Bowers	05	Chesapeake, VA	23:02.48

**Girls 100 Meter Dash 15-16 years old**

Name	Yr	Team	Prelims
1 Micayah Holland	04	Portsmouth, VA	12.15q -0.4
2 Ariel Fletcher	04	Virginia Beach, VA	12.32q -1.2
3 Lee'Nesa Whittaker	04	Stafford, VA	12.56q -1.2
4 Taylor Small	03	Lorton, VA	12.74q -0.9
5 Chelsea Chisolm	03	Gainesville, VA	12.84q -1.2
6 Ciara Plata	04	Chesapeake, VA	12.84q -0.4
7 Raichelle Cornelius	04	Stafford, VA	12.84q -1.2
8 Cameron Pender	03	Chesapeake, VA	12.95q -0.4
9 Jasmine Coe	04	Bristow, VA	12.99 -1.2
10 Makayla Lasker	04	Chesapeake, VA	13.00 -0.9
11 Mariama Kargbo	03	Woodbridge, VA	13.04 -1.2
12 Semore Green	04	Richmond, VA	13.18 -0.9
13 Alyssa Pierce	03	Virginia Eli	13.19 -1.2
14 Helena Sandler	04	Ashburn, VA	13.21 -1.2
15 Kristen Mancinelli	04	Haymarket, VA	13.31 -1.2
16 Jada Starks	04	Chesapeake, VA	13.34 -0.4
17 Ameree Hall	03	Herndon, VA	13.35 -0.9
18 Raven Foreman	04	Virginia Beach, VA	13.42 -1.2

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## Preliminaries ... (Girls 100 Meter Dash 15-16 years old)

Name	Yr	Team	Prelims
19 Yukorah Bass	03	Leesburg, VA	13.48 -1.2
20 Brinley Bryan	04	Fairfax, VA	13.72 -0.9
21 Kayla Baker	04	Suffolk, VA	14.18 -1.2

## Girls 100 Meter Dash 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Micayah Holland	04	Portsmouth, VA	12.15 -1.7
2 Ariel Fletcher	04	Virginia Beach, VA	12.30 -1.7
3 Ciara Plata	04	Chesapeake, VA	12.68 -1.7
4 Lee'Nesa Whittaker	04	Stafford, VA	12.84 -1.7
5 Taylor Small	03	Lorton, VA	12.86 -1.7
6 Chelsea Chisolm	03	Gainesville, VA	12.91 -1.7
7 Raichelle Cornelius	04	Stafford, VA	12.98 -1.7
8 Cameron Pender	03	Chesapeake, VA	13.22 -1.7

## Girls 200 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1 Zamia Stelly	03	Virginia Beach, VA	25.00q -0.6
2 Micayah Holland	04	Portsmouth, VA	25.13q -0.6
3 Ariel Fletcher	04	Virginia Beach, VA	25.17q -1.3
4 Madison Whyte	04	Newport News, VA	25.29q -0.7
5 Andraeh Armstrong	04	Virginia Beach, VA	26.18q 0.4
6 Erin Irlan	04	Oakton, VA	26.25q -1.5
7 Lee'Nesa Whittaker	04	Stafford, VA	26.26q 0.4
8 Dasya Tolbert	03	Chesapeake, VA	26.29q -0.7
9 Chris Ann Nelson	03	North Chesterfield, V	26.43 -1.3
10 Taylor Small	03	Lorton, VA	26.47 -1.3
11 Nataja Bryant	04	Norfolk, VA	26.51 -1.5
12 Makayla Lasker	04	Chesapeake, VA	26.67 0.4
13 Markhiah Coleman	03	Fredericksburg, VA	26.90 -1.3
14 Chelsea Chisolm	03	Gainesville, VA	26.91 -1.3
15 Ciara Plata	04	Chesapeake, VA	27.10 -0.6
16 Lyric Hoggard	04	Virginia Beach, VA	27.21 -0.7
17 Raichelle Cornelius	04	Stafford, VA	27.27 -1.3
18 Shakira Conway	04	Chester, VA	27.35 -1.3
19 Brianna London	03	Fredericksburg, VA	27.43 -0.7
20 Mariama Kargbo	03	Woodbridge, VA	27.43 0.4
21 Semore Green	04	Richmond, VA	27.47 -1.3
22 Kristen Mancinelli	04	Haymarket, VA	27.53 -1.3
23 Alexis Baumgartner	03	Alexandria, VA	27.80 -0.7
24 Yukorah Bass	03	Leesburg, VA	27.83 -1.3
25 Dami Ayandipo	04	Ashburn, VA	27.86 -0.6
26 Brinley Bryan	04	Fairfax, VA	27.90 -1.5
27 Emma Dalton	04	Roanoke, VA	27.91 -1.3
28 Helena Sandler	04	Ashburn, VA	27.99 0.4
29 Gabrielle Bishop	04	Woodbridge, VA	28.05 0.4
30 Lauren Davis	04	Fredericksburg, VA	28.24 -1.5
31 Sidnee Addo	03	Jeffersonton, VA	28.57 -0.7
32 Emma Macik	04	Sterling, VA	28.68 -0.6
33 Alyson Smith	04	Stafford, VA	29.44 -0.7
34 Jayla Pringle	04	Stafford, VA	30.02 -0.6
35 Lyana Zarnock	04	Woodbridge, VA	30.75 -1.5

36 Nahazha Young	04	Pwc Panthers	31.59 -1.3
37 Nadiyah Jordan	03	Roanoke, VA	31.65 -1.3
38 Sofia Sadler	03	Ashburn, VA	31.73 -0.6
39 Cassandra Opoku-Mensah	04	Fredericksburg, VA	33.18 -1.3

## Girls 200 Meter Dash 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Madison Whyte	04	Newport News, VA	23.90 2.8
2 Micayah Holland	04	Portsmouth, VA	24.36 2.8
3 Zamia Stelly	03	Virginia Beach, VA	24.53 2.8
4 Ariel Fletcher	04	Virginia Beach, VA	24.70 2.8
5 Erin Irlan	04	Oakton, VA	25.60 2.8
6 Andraeh Armstrong	04	Virginia Beach, VA	25.64 2.8
7 Dasya Tolbert	03	Chesapeake, VA	25.72 2.8

## Girls 400 Meter Dash 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Madison Whyte	04	Newport News, VA	56.31
2 Kadence Wilson	04	Chesapeake, VA	57.21
3 Virginia Beringer	03	Fredericksburg, VA	59.34
4 Dasya Tolbert	03	Chesapeake, VA	59.51
5 Andraeh Armstrong	04	Virginia Beach, VA	59.59
6 Desairey Gray	04	Virginia Beach, VA	59.61
7 Erin Irlan	04	Oakton, VA	1:00.13
8 Amia Barnes	03	Virginia Beach, VA	1:00.44
9 Shayla Brown	03	Virginia Beach, VA	1:01.37
10 Chris Ann Nelson	03	North Chesterfield, V	1:01.47
11 Makayla Lasker	04	Chesapeake, VA	1:02.23
12 Jada Starks	04	Chesapeake, VA	1:02.66
13 Deziree Conklin	03	Virginia Beach, VA	1:02.86
14 Gabrielle Bishop	04	Woodbridge, VA	1:03.11
15 Geneva Bellows	04	Manassas, VA	1:05.14
16 Chelsea Chisolm	03	Gainesville, VA	1:05.32
17 Emma Macik	04	Sterling, VA	1:05.35
18 Alyssa Pierce	03	Virginia Eli	1:05.62
19 Lyric Hoggard	04	Virginia Beach, VA	1:06.17
20 Lauren Davis	04	Fredericksburg, VA	1:06.18
21 Jayla Pringle	04	Stafford, VA	1:07.95
22 Jailyann Keyes	04	Spotsylvania, VA	1:09.64
23 Nadia Leonce	04	Woodbridge, VA	1:10.22
24 Lydia Spicer	03	Fredericksburg, VA	1:12.40

## Girls 800 Meter Run 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1 Michaela Rose	03	Suffolk, VA	2:07.61
2 Virginia Beringer	03	Fredericksburg, VA	2:25.78
3 Geneva Bellows	04	Manassas, VA	2:31.06
4 Amia Barnes	03	Virginia Beach, VA	2:36.86
5 Anijah Rivera	03	Chesapeake, VA	2:38.18
6 Qiana Boyd	04	Va Beach, VA	2:38.50
7 Jamaya Battle	03	Hampton, VA	2:38.75
8 Tianna Bell	04	Chesapeake, VA	2:42.80
9 Sadie Dillard	04	Leesburg, VA	2:44.68

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**Finals ... (Girls 800 Meter Run 15-16 years old)**

Name	Yr	Team	Finals
10 Jayla Pringle	04	Stafford, VA	2:47.89
11 Nadia Leonce	04	Woodbridge, VA	2:51.74
12 Keziah Buford	03	Fredericksburg, VA	2:52.70
13 Gabrielle Roach	03	Newport News, VA	2:57.41
14 Belinda Johnson	04	Fredericksburg, VA	3:05.60
15 Callie Scholz	04	Ashburn, VA	3:06.19
16 Anna Fleischauer	03	Nokesville, VA	3:07.51
17 Ikai Booth	03	Portsmouth, VA	3:08.36
18 Molly Porch	04	Woodbridge, VA	3:22.55
19 Talise Leslie	04	Woodbridge, VA	3:51.62

**Girls 1500 Meter Run 15-16 years old**

Name	Yr	Team	Finals
1 Lola Garvie	04	Fredericksburg, VA	5:20.18
2 Farah Mcdaniel	03	Haymarket, VA	5:20.96
3 Tianna Bell	04	Chesapeake, VA	5:25.90
4 Sadie Dillard	04	Leesburg, VA	5:35.94
5 Madison Garcia	03	Virginia Pri	5:39.84
6 Katelyn Taylor	04	Richmond, VA	5:54.28
7 Callie Scholz	04	Ashburn, VA	6:18.32
8 Keziah Buford	03	Fredericksburg, VA	6:31.96
9 Anna Fleischauer	03	Nokesville, VA	6:32.41
10 Molly Porch	04	Woodbridge, VA	6:57.90

**Girls 3000 Meter Run 15-16 years old**

Name	Yr	Team	Finals
1 Farah Mcdaniel	03	Haymarket, VA	11:44.21
2 Madison Garcia	03	Virginia Pri	12:08.55
3 Sadie Dillard	04	Leesburg, VA	12:25.49
4 Katelyn Taylor	04	Richmond, VA	12:45.92
5 Sarah Halstead	03	Norfolk, VA	13:17.25
6 Callie Scholz	04	Ashburn, VA	13:24.78
7 Qiana Boyd	04	Va Beach, VA	13:33.81
8 Molly Porch	04	Woodbridge, VA	14:45.84

**Girls 100 Meter Hurdles 15-16 years old**

Name	Yr	Team	Prelims
1 Nataja Ballard	03	Chesapeake, VA	14.24q 0.5
2 Jahnelle Saunders	03	Hampton, VA	14.66q -0.4
3 Zamia Stelly	03	Virginia Beach, VA	15.14q -2.1
4 Jasmine Coe	04	Bristow, VA	15.51q -0.4
5 Joy Taiwo	04	Aldie, VA	15.55q 0.5
6 Triniyah Howard	04	Virginia Beach, VA	15.66q 1.4
7 Shayla Brown	03	Virginia Beach, VA	15.67q 0.5
8 Jaslyne Robinson	04	Midlothian, VA	15.87q -2.1
9 Devyn Collier	04	Petersburg, VA	16.04 1.4
10 Zahria Shaw	03	Portsmouth, VA	16.07 1.4
11 Brianna London	03	Fredericksburg, VA	16.32 0.5
12 Dekaila Dillard	03	Lynchburg, VA	16.45 -2.1
13 Viana Coles	04	Aldie, VA	16.46 -2.1
14 Jada Starks	04	Chesapeake, VA	16.65 0.5

15 Dauntaiza Green	04	Portsmouth, VA	16.66 0.5
16 Madyson Kannon	04	Haymarket, VA	18.50 1.4
17 Alyson Smith	04	Stafford, VA	18.53 1.4
18 Scarlett Eversley	04	Dumfries, VA	18.57 -0.4
19 Imani Worsley	04	Virginia Beach, VA	18.60 -0.4
20 Lauren Davis	04	Fredericksburg, VA	19.63 -2.1
21 Yadeja Britton	04	Virginia Beach, VA	19.99 1.4
22 Jada Yeboah	04	Dumfries, VA	20.28 0.5
23 Ariana Birdsong	04	Chester, VA	20.74 -0.4
24 Kyani Tyson	03	Virginia Beach, VA	31.18 1.4

**Girls 100 Meter Hurdles 15-16 years old**

Name	Yr	Team	Finals
1 Nataja Ballard	03	Chesapeake, VA	14.06 0.6
2 Zamia Stelly	03	Virginia Beach, VA	14.53 0.6
3 Jahnelle Saunders	03	Hampton, VA	14.83 0.6
4 Joy Taiwo	04	Aldie, VA	15.07 0.6
5 Jaslyne Robinson	04	Midlothian, VA	15.27 0.6
6 Jasmine Coe	04	Bristow, VA	15.74 0.6
7 Shayla Brown	03	Virginia Beach, VA	15.84 0.6
8 Triniyah Howard	04	Virginia Beach, VA	16.81 0.6

**Girls 400 Meter Hurdles 15-16 years old**

Name	Yr	Team	Finals
1 Michaela Rose	03	Suffolk, VA	59.52
2 Zamia Stelly	03	Virginia Beach, VA	1:04.07
3 Jaslyne Robinson	04	Midlothian, VA	1:05.60
4 Deziree Conklin	03	Virginia Beach, VA	1:05.91
5 Shayla Brown	03	Virginia Beach, VA	1:06.10
6 Nylah Wiggins	03	Chesapeake, VA	1:06.44
7 Kadence Wilson	04	Chesapeake, VA	1:06.84
8 Sydney Ellis	04	Chesapeake, VA	1:08.44
9 Allison Clark	03	Chesapeake, VA	1:11.51
10 Viana Coles	04	Aldie, VA	1:11.73
11 Jada Starks	04	Chesapeake, VA	1:12.11
12 Triniyah Howard	04	Virginia Beach, VA	1:12.69
13 Joy Taiwo	04	Aldie, VA	1:14.33
14 Scarlett Eversley	04	Dumfries, VA	1:14.69
15 Devyn Collier	04	Petersburg, VA	1:14.73
16 Jada Yeboah	04	Dumfries, VA	1:22.36
17 Shaniah Pope	04	Richmond, VA	1:22.73
18 Talise Leslie	04	Woodbridge, VA	1:24.51

**Girls 2000 Meter Steeplechase 15-16 years old**

Name	Yr	Team	Finals
1 Lola Garvie	04	Fredericksburg, VA	8:25.45
2 Molly Robinson	03	Stephens City, VA	8:36.14
3 Tianna Bell	04	Chesapeake, VA	9:28.80

**Girls 4x100 Meter Relay 15-16 years old**

Team	Relay	Finals
1 Dale City Li	A	50.27

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**Finals ... (Girls 4x100 Meter Relay 15-16 years old)**

Team	Relay	Finals
2 Ashburn Elit	A	51.66
3 Mvp League	A	52.37
4 Virginia Eli	C	52.62

**Girls 4x400 Meter Relay 15-16 years old**

Team	Relay	Finals
<b>Finals</b>		
1 Virginia Eli	A	3:53.43
1) Kadence Wilson 04	2) Logan Gaskins 03	
3) Madison Whyte 04	4) Michaela Rose 03	
2 Virginia Eli	B	3:53.44
1) Cameron Pender 03	2) Dasya Tolbert 03	
3) Imani Worsley 04	4) Jamaya Battle 03	
3 Mvp League	A	4:10.92
1) Emily Catlett 03	2) Erin Irlan 04	
3) Joy Taiwo 04	4) Lola Garvie 04	
4 Virginia Eli	C	4:14.39
1) Amia Barnes 03	2) Deziree Conklin 03	
3) Raven Foreman 04	4) Suraya John 03	

**Girls High Jump 15-16 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jahnelle Saunders	03	Hampton, VA	5-05.00
2 Dekaila Dillard	03	Lynchburg, VA	5-02.00
3 Tya Blake	03	Goode, VA	5-00.00
3 Alyson Smith	04	Stafford, VA	5-00.00
5 Deziree Conklin	03	Virginia Beach, VA	4-08.00
6 Destinee Freeman	04	Chesapeake, VA	4-06.00
7 Imani Worsley	04	Virginia Beach, VA	J4-06.00

**Girls Pole Vault 15-16 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Lora Chandler	04	Mechanicsville, VA	9-00.00
2 Kelly Mollenauer	04	Richmond, VA	8-06.00
3 Ariana Grant	04	Bristow, VA	J8-06.00
4 Alexis Baumgartner	03	Alexandria, VA	J8-06.00
5 Emma Blackman	03	Crozet, VA	8-00.00

**Girls Long Jump 15-16 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Jahnelle Saunders	03	Hampton, VA	18-05.00 NWI
2 Kadence Wilson	04	Chesapeake, VA	17-07.00 NWI
3 Taylor Small	03	Lorton, VA	17-06.00 NWI
3 Jaelynn Wynder-Hill	04	Norfolk, VA	17-06.00 NWI
5 Desairey Gray	04	Virginia Beach, VA	17-04.00 NWI
6 Cameron Pender	03	Chesapeake, VA	17-02.00 NWI
7 Nataja Bryant	04	Norfolk, VA	16-05.00 NWI
8 Yvonnia Perrelo	03	Richmond, VA	16-03.00 NWI
9 Tya Blake	03	Goode, VA	16-01.50 NWI
10 Kristen Mancinelli	04	Haymarket, VA	16-00.00 NWI
11 Suraya John	03	Virginia Beach, VA	15-10.00 NWI

12 Kyani Tyson	03	Virginia Beach, VA	15-09.00 NWI
13 Chris Ann Nelson	03	North Chesterfield, VA	15-08.50 NWI
13 Micayah Holland	04	Portsmouth, VA	15-08.50 NWI
15 Devyn Collier	04	Petersburg, VA	15-07.00 NWI
16 Zahria Shaw	03	Portsmouth, VA	15-06.00 NWI
17 Tiana Bey	04	Richmond, VA	15-03.50 NWI
18 Anijah Rivera	03	Chesapeake, VA	15-00.50 NWI
19 Semore Green	04	Richmond, VA	14-08.25 NWI
20 Alexis Baumgartner	03	Alexandria, VA	14-07.00 NWI
21 Dekaila Dillard	03	Lynchburg, VA	14-06.00 NWI
22 Emma Macik	04	Sterling, VA	14-05.50 NWI
23 Destinee Freeman	04	Chesapeake, VA	14-05.25 NWI
24 Damaris Gilbert	04	Hampton, VA	14-04.00 NWI
25 Sara Kiflai	04	Woodbridge, VA	14-02.00 NWI
26 Kayla Baker	04	Suffolk, VA	13-10.00 NWI
27 Ikai Booth	03	Portsmouth, VA	13-06.00 NWI
28 Lashani Carlton	03	Richmond, VA	13-03.00 NWI
29 Nadiyah Jordan	03	Roanoke, VA	12-11.00 NWI
30 Lyana Zarnock	04	Woodbridge, VA	12-01.00 NWI
31 Talise Leslie	04	Woodbridge, VA	11-03.00 NWI
31 Sanaiah Johnson-Fuller	03	Virginia Beach, VA	11-03.00 NWI

**Girls Triple Jump 15-16 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Tya Blake	03	Goode, VA	37-10.75 NWI
2 Zahria Shaw	03	Portsmouth, VA	35-10.75 NWI
3 Devyn Collier	04	Petersburg, VA	35-09.25 NWI
4 Suraya John	03	Virginia Beach, VA	34-00.00 NWI
5 Helena Sandler	04	Ashburn, VA	33-07.25 NWI
6 Sara Kiflai	04	Woodbridge, VA	33-06.75 NWI
7 Jasmine Coe	04	Bristow, VA	33-01.25 NWI
8 Tiana Bey	04	Richmond, VA	32-02.00 NWI
9 Shakira Conway	04	Chester, VA	30-09.00 NWI

**Girls Shot Put 4 kg 15-16 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1 Logan Gaskins	03	Chesapeake, VA	36-06.00
2 Leslie Young	03	Petersburg, VA	35-00.50
3 Kalei Memmer	03	Salem, VA	33-06.50
4 Daria Parham	04	Chester, VA	33-05.00
5 Nia Brown	03	Hampton, VA	33-00.50
6 Halie Wynter	03	Midlothian, VA	30-11.00
7 Kyla Gee	04	Culpeper, VA	30-01.50
8 Jakiaya Turner	03	Norfolk, VA	29-09.50
8 Rachael Turner	03	Mechanicsville, VA	29-09.50
10 Katie Jones	03	Fredericksburg, VA	29-08.00
11 Elizabeth Mensah	03	Fredericksburg, VA	25-06.00
12 Tayla Belony	03	Centreville, VA	25-04.00
13 Lashani Carlton	03	Richmond, VA	23-00.00
14 Belinda Johnson	04	Fredericksburg, VA	22-10.00
15 Aniyah Stoute	03	Aldie, VA	20-05.25
16 Lanyia Francois	04	Virginia Beach, VA	18-05.00

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## Girls Discus Throw 1.0 Kg 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Leslie Young	03 Petersburg, VA	124-05
2	Kalei Memmer	03 Salem, VA	112-04
3	Nia Brown	03 Hampton, VA	101-09
4	Logan Gaskins	03 Chesapeake, VA	86-07
5	Daria Parham	04 Chester, VA	85-01
6	Rachael Turner	03 Mechanicsville, VA	84-01
7	Kyla Gee	04 Culpeper, VA	78-02
8	Halie Wynter	03 Midlothian, VA	76-03
9	Jakiaya Turner	03 Norfolk, VA	68-11
10	Elizabeth Mensah	03 Fredericksburg, VA	60-04
11	Katie Jones	03 Fredericksburg, VA	48-04

## Girls Javelin Throw 600 g 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Logan Gaskins	03 Chesapeake, VA	102-03
2	Leslie Young	03 Petersburg, VA	96-05
3	Kalei Memmer	03 Salem, VA	76-10
4	Katie Jones	03 Fredericksburg, VA	76-03
5	Sydney Ellis	04 Chesapeake, VA	70-05
6	Elizabeth Mensah	03 Fredericksburg, VA	42-08
---	Layla Phillips	04 Suffolk, VA	FOUL

## Heptathlon: #4 Girls 200 Meter Dash 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jahnelle Saunders	03 Hampton, VA	27.43 676
2	Yvonnia Perrelo	03 Richmond, VA	29.15 543
3	Sophia Barthlow	03 Aldie, VA	32.12 344

## Heptathlon: #7 Girls 800 Meter Run 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Sophia Barthlow	03 Aldie, VA	2:55.44 409
2	Yvonnia Perrelo	03 Richmond, VA	3:17.37 221
3	Jahnelle Saunders	03 Hampton, VA	3:38.26 93

## Heptathlon: #1 Girls 100 Meter Hurdles 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jahnelle Saunders	03 Hampton, VA	14.77 872
2	Sophia Barthlow	03 Aldie, VA	18.86 403
3	Yvonnia Perrelo	03 Richmond, VA	22.07 153

## Heptathlon: #2 Girls High Jump 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jahnelle Saunders	03 Hampton, VA	1.62m 759
2	Yvonnia Perrelo	03 Richmond, VA	1.47m 588
3	Sophia Barthlow	03 Aldie, VA	1.27m 379

## Heptathlon: #5 Girls Long Jump 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jahnelle Saunders	03 Hampton, VA	5.38m 665
2	Yvonnia Perrelo	03 Richmond, VA	4.71m 482
3	Sophia Barthlow	03 Aldie, VA	4.01m 310

## Heptathlon: #3 Girls Shot Put 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jahnelle Saunders	03 Hampton, VA	9.05m 467
2	Yvonnia Perrelo	03 Richmond, VA	7.07m 340
3	Sophia Barthlow	03 Aldie, VA	6.16m 281

## Heptathlon: #6 Girls Javelin Throw 15-16 years old Heptathlon

Name	Yr	Team	Finals
<b>Finals</b>			
1	Yvonnia Perrelo	03 Richmond, VA	16.94m 232
2	Jahnelle Saunders	03 Hampton, VA	16.12m 217
3	Sophia Barthlow	03 Aldie, VA	15.52m 206

## Girls Heptathlon 15-16 years old

Name	Yr	Team	Finals
<b>Finals</b>			
1	Jahnelle Saunders	03 Hampton, VA	3749
2	Yvonnia Perrelo	03 Richmond, VA	2559
3	Sophia Barthlow	03 Aldie, VA	2332

## Women 4x100 Meter Relay 8-under

Team	Relay	Finals
<b>Finals</b>		
1	Virginia Eli	A 1:03.97
2	Virginia Eli	B 1:11.65

## Women 100 Meter Dash 17-18 years old

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1	Makhia Jarrett	02 Virginia Beach, VA	11.99q -1.2
2	Alicia Thomas	01 Triangle, VA	12.23q -0.4
3	Mia Oneil	02 Virginia Beach, VA	12.51q -1.2
4	Dahja Price	01 Louisa, VA	12.58q -0.9
5	Zaria Hall	02 Chesapeake, VA	12.61q -0.9
6	Kailyn Alexander	02 Chesapeake, VA	12.63q -1.2
7	Anesia Boyd	02 Manassas, VA	12.73q -0.9
8	Lauren Jones	02 Fairfax Station, VA	12.80q -0.5
9	Samaya Batson-Caurthers	02 Virginia Beach, VA	12.80 -0.9
10	Elissa Pryer	01 Virginia Beach, VA	12.80 -0.4
11	Shakayla Venable	02 Newport News, VA	12.89 -0.4
12	Destini Evans	02 Norfolk, VA	13.00 -0.4
13	Makaila Keyes	02 Spotsylvania, VA	13.01 -0.5
14	Jalicia Miranda	02 Culpeper, VA	13.04 -0.5
15	Maya Gary	02 Richmond, VA	13.17 -0.4
16	Kaloni Jackson	02 Woodbridge, VA	13.21 -0.9
17	Lucy Brookover	01 Arlington, VA	13.21 -1.2
18	Arcieri Lowe	02 Lorton, VA	13.28 -0.5
19	Gabrielle Brohard	02 Purcellville, VA	13.31 -0.5

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**Preliminaries ... (Women 100 Meter Dash 17-18 years old)**

Name	Yr	Team	Prelims
20 Morgan Crocker	01	Richmond, VA	13.34 -1.2
21 Caliyah Bennett	02	Richmond, VA	13.43 -0.4
22 Jordan Giles	02	Ashburn, VA	13.56 -0.4
23 Jordan Dabney	00	Sterling, VA	13.58 -1.2

**Women 100 Meter Dash 17-18 years old**

Name	Yr	Team	Finals
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**Finals**

1 Makhia Jarrett	02	Virginia Beach, VA	11.85 0.3
2 Alicia Thomas	01	Triangle, VA	12.36 0.3
3 Mia Oneil	02	Virginia Beach, VA	12.48 0.3
4 Kailyn Alexander	02	Chesapeake, VA	12.53 0.3
5 Dahja Price	01	Louisa, VA	12.59 0.3
6 Lauren Jones	02	Fairfax Station, VA	12.62 0.3
7 Zaria Hall	02	Chesapeake, VA	12.62 0.3
8 Anesia Boyd	02	Manassas, VA	12.75 0.3

**Women 200 Meter Dash 17-18 years old**

Name	Yr	Team	Prelims
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**Preliminaries**

1 Makhia Jarrett	02	Virginia Beach, VA	23.96q -1.6
2 Mia Oneil	02	Virginia Beach, VA	24.96q -0.4
3 Morgan Snow	02	Stafford, VA	25.12q 0.3
4 Pearl Nagbe	01	Glen Allen, VA	25.59q -0.4
5 Kailyn Alexander	02	Chesapeake, VA	25.89q -0.4
6 Ashley Wallace	02	Woodbridge, VA	25.95q -1.6
7 Lauren Jones	02	Fairfax Station, VA	26.12q 0.3
8 Alicia Thomas	01	Triangle, VA	26.15q -1.6
9 Dahja Price	01	Louisa, VA	26.21 -1.6
10 Zaria Hall	02	Chesapeake, VA	26.41 -0.4
11 Anesia Boyd	02	Manassas, VA	26.48 -1.1
12 Elissa Pryer	01	Virginia Beach, VA	26.52 0.3
13 Lucy Brookover	01	Arlington, VA	26.57 -0.9
14 Trinity McCall	02	Fairfax, VA	26.64 -0.4
15 Destini Evans	02	Norfolk, VA	26.70 -0.9
16 Nia Mcmillan	02	Virginia Beach, VA	26.73 -1.1
17 Samaya Batson-Caurthers	02	Virginia Beach, VA	26.76 -1.6
18 Makaila Keyes	02	Spotsylvania, VA	26.83 -0.9
19 Makenzie Joiner	01	Mechanicsville, VA	27.02 -1.1
20 Arcieri Lowe	02	Lorton, VA	27.14 0.3
21 Kaloni Jackson	02	Woodbridge, VA	27.42 0.3
22 Kamryn Glenn	02	Gainesville, VA	27.48 -0.9
23 Caliyah Bennett	02	Richmond, VA	27.54 -1.1
24 Gabrielle Brohard	02	Purcellville, VA	27.57 -0.9
25 Amaya Hall	02	Virginia Beach, VA	27.74 -0.9
26 Catherine Bradsher	02	Lorton, VA	27.77 -1.6
27 Nyave' Willis-Rodriguez	01	Roanoke, VA	27.83 -0.4
28 Deborah Taylor	02	Fredericksburg, VA	28.08 -1.1
29 Jordan Harvey	02	Mechanicsville, VA	28.13 0.3
30 Zahra Ghuzlan	01	Lovettsville, VA	28.14 0.3
31 Michelle Diaz	01	Woodbridge, VA	28.21 -1.1
32 Jordan Dabney	00	Sterling, VA	28.23 -1.6
33 Jordan Giles	02	Ashburn, VA	28.29 -0.9
34 Zayin Roe	01	Richmond, VA	28.34 -0.4

35 Morgan Proctor	02	Richmond, VA	28.59 -0.4
36 Yasmine El	02	Woodbridge, VA	28.73 -1.1
37 Kaleigh Dalton	01	Roanoke, VA	29.33 0.3

**Women 200 Meter Dash 17-18 years old**

Name	Yr	Team	Finals
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**Finals**

1 Makhia Jarrett	02	Virginia Beach, VA	24.03 1.6
2 Mia Oneil	02	Virginia Beach, VA	25.03 1.6
3 Ashley Wallace	02	Woodbridge, VA	25.79 1.6
4 Kailyn Alexander	02	Chesapeake, VA	25.83 1.6
5 Alicia Thomas	01	Triangle, VA	27.02 1.6

**Women 400 Meter Dash 17-18 years old**

Name	Yr	Team	Finals
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**Finals**

1 Mia Oneil	02	Virginia Beach, VA	55.21
2 Pearl Nagbe	01	Glen Allen, VA	55.88
3 Makenzie Joiner	01	Mechanicsville, VA	58.28
4 Jazlyn Jefferson	01	Jarratt, VA	59.16
5 Nia Mcmillan	02	Virginia Beach, VA	59.69
6 Shakayla Venable	02	Newport News, VA	59.75
7 Jana Riley	02	Stafford, VA	59.83
8 Vanasia Coles	01	Aldie, VA	1:01.27
9 Lucy Brookover	01	Arlington, VA	1:01.99
10 Catherine Bradsher	02	Lorton, VA	1:02.02
11 Arcieri Lowe	02	Lorton, VA	1:02.27
12 Yasmine El	02	Woodbridge, VA	1:03.47
13 Zahra Ghuzlan	01	Lovettsville, VA	1:03.48
14 Destini Evans	02	Norfolk, VA	1:03.77
15 Jordan Dabney	00	Sterling, VA	1:04.12
16 Sydney Judd	02	Aldie, VA	1:04.57
17 Kaleigh Dalton	01	Roanoke, VA	1:04.64
18 Zoi Betties	02	Fredericksburg, VA	1:05.18
19 Michelle Diaz	01	Woodbridge, VA	1:05.63
20 Amaya Hall	02	Virginia Beach, VA	1:05.77

**Women 800 Meter Run 17-18 years old**

Name	Yr	Team	Finals
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**Finals**

1 Makenzie Joiner	01	Mechanicsville, VA	2:22.55
2 Shashauna Valentine	02	Newport News, VA	2:24.94
3 Sydney Judd	02	Aldie, VA	2:33.89
4 Zoi Betties	02	Fredericksburg, VA	2:34.30
5 Katlyn Tuttle	02	Hampton, VA	2:37.56
6 Sydney Metcalfe	01	Dumfries, VA	2:41.99
7 Michelle Diaz	01	Woodbridge, VA	2:46.22
8 Amani Alvarez	02	Virginia Eli	2:53.33
9 Brianna Bryson	02	Woodbridge, VA	2:58.54

**Women 1500 Meter Run 17-18 years old**

Name	Yr	Team	Finals
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**Finals**

1 Shashauna Valentine	02	Newport News, VA	5:11.39
2 Tatayiana Young	02	Portsmouth, VA	5:40.24
3 Amani Alvarez	02	Virginia Eli	6:02.85

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**Women 3000 Meter Run 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1		Shashauna Valentine	02 Newport News, VA 11:41.75
2		Tatayiana Young	02 Portsmouth, VA 13:12.62

**Women 100 Meter Hurdles 17-18 years old**

Name	Yr	Team	Prelims
<b>Preliminaries</b>			
1		Ashley Wallace	02 Woodbridge, VA 14.57q 0.7
2		Tania Dunbar	01 Virginia Beach, VA 14.59q +0.0
3		Ltamra Weeks	01 Chesapeake, VA 14.99q 0.7
4		Isha Sesay	02 Stafford, VA 15.15q +0.0
5		Karena Glass	02 Williamsburg, VA 15.49q +0.0
6		Treasure Jones	02 Montclair, VA 15.84q 0.7
7		Nyave' Willis-Rodriguez	01 Roanoke, VA 16.08q +0.0
8		Jordan Harvey	02 Mechanicsville, VA 16.11q 0.7
9		Tiana Lewis	01 Stafford, VA 16.29 0.7
10		Kamryn Glenn	02 Gainesville, VA 16.44 +0.0
11		Alisha Yarbrough	01 Woodbridge, VA 16.64 0.7
12		Caliyah Bennett	02 Richmond, VA 16.68 0.7
13		Te'Asia Thomas	01 Salem, VA 19.48 +0.0
14		Morgan Proctor	02 Richmond, VA 19.68 +0.0

**Women 100 Meter Hurdles 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1		Ashley Wallace	02 Woodbridge, VA 14.36 0.3
2		Tania Dunbar	01 Virginia Beach, VA 14.48 0.3
3		Isha Sesay	02 Stafford, VA 15.09 0.3
4		Ltamra Weeks	01 Chesapeake, VA 15.31 0.3
5		Karena Glass	02 Williamsburg, VA 15.74 0.3
6		Nyave' Willis-Rodriguez	01 Roanoke, VA 15.78 0.3
7		Treasure Jones	02 Montclair, VA 15.82 0.3
8		Jordan Harvey	02 Mechanicsville, VA 15.97 0.3

**Women 400 Meter Hurdles 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1		Gartasia Crawley	00 Henrico, VA 1:03.06
2		Tania Dunbar	01 Virginia Beach, VA 1:06.64
3		Tiana Lewis	01 Stafford, VA 1:07.65
4		Alisha Yarbrough	01 Woodbridge, VA 1:08.51
5		Treasure Jones	02 Montclair, VA 1:10.75
6		Amaya Hall	02 Virginia Beach, VA 1:11.34
7		Isha Sesay	02 Stafford, VA 1:12.47
8		Te'Asia Thomas	01 Salem, VA 1:16.91
9		Te'Arah Thomas	01 Salem, VA 1:22.19

**Women 2000 Meter Steeplechase 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1		Amani Alvarez	02 Virginia Eli 9:51.03

**Women 4x100 Meter Relay 17-18 years old**

Team	Relay	Finals
<b>Finals</b>		
1	Mvp League	A 47.42
2	Pwc Panthers	A 48.04
3	Mvp League	B 49.80
4	Roanoke Vall	A 53.81

**Women 4x400 Meter Relay 17-18 years old**

Team	Relay	Finals
<b>Finals</b>		
1	Mvp League	A 3:52.20
	1) Alicia Thorpe 02	2) Gartasia Crawley 00
	3) Morgan Snow 02	4) Pearl Nagbe 01
2	Mvp League	B 4:07.86
	1) Catherine Bradsher 02	2) Dahja Price 01
	3) Jana Riley 02	4) Lauren Jones 02
3	Pwc Panthers	A 4:09.06
	1) Alisha Yarbrough 01	2) Chestina Coulter 01
	3) Kaloni Jackson 02	4) Tiana Lewis 01
4	Virginia Eli	A 4:11.16
	1) Erin Weigel 02	2) Shakayla Venable 02
	3) Tania Dunbar 01	4) Zaria Hall 02

**Women 4x800 Meter Relay 17-18 years old**

Team	Relay	Finals
<b>Finals</b>		
1	Virginia Eli	A 11:36.78
	1) Erin Weigel 02	2) Katlyn Tuttle 02
	3) Shakayla Venable 02	4) Shashauna Valentine 02

**Women High Jump 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Dasia Mayo	01 Roanoke, VA	5-04.00

**Women Pole Vault 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Emma Somers	00 Chesapeake, VA	10-00.00
---	Te'Arah Thomas	01 Salem, VA	NH

**Women Long Jump 17-18 years old**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Skyler Reynolds	01 Manassas, VA	18-00.00 NWI
2	Morgan Crocker	01 Richmond, VA	17-05.00 NWI
3	Jazlyn Jefferson	01 Jarratt, VA	17-02.50 NWI
4	Tania Dunbar	01 Virginia Beach, VA	17-01.00 NWI
5	Kamryn Glenn	02 Gainesville, VA	16-08.50 NWI
6	Jalicia Miranda	02 Culpeper, VA	16-05.75 NWI
7	Alisha Stoute	02 Aldie, VA	16-00.00 NWI
8	Kailyn Alexander	02 Chesapeake, VA	15-10.00 NWI
9	Alicia Thomas	01 Triangle, VA	15-07.00 NWI
9	Brianna Kamdoum	02 Pwc Panthers	15-07.00 NWI
11	Jordan Giles	02 Ashburn, VA	15-02.50 NWI

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**Finals ... (Women Long Jump 17-18 years old)**

Name	Yr	Team	Finals
11 Jordan Harvey	02	Mechanicsville, VA	15-02.50 NWI
13 Sydney Judd	02	Aldie, VA	14-11.00 NWI
14 Zahra Ghuzlan	01	Lovettsville, VA	14-00.00 NWI
15 Gabrielle Brohard	02	Purcellville, VA	13-04.00 NWI
--- Te'Arah Thomas	01	Salem, VA	FOUL
--- Maya Gary	02	Richmond, VA	FOUL

**Women Triple Jump 17-18 years old**

Name	Yr	Team	Finals
1 Morgan Crocker	01	Richmond, VA	37-02.50 NWI
2 Jazlyn Jefferson	01	Jarratt, VA	37-01.00 NWI
3 Zayin Roe	01	Richmond, VA	36-11.25 NWI
4 Ashley Wallace	02	Woodbridge, VA	35-03.25 NWI
5 Jordan Harvey	02	Mechanicsville, VA	34-07.00 NWI
6 Te'Asia Thomas	01	Salem, VA	33-05.50 NWI
7 Jalicia Miranda	02	Culpeper, VA	33-04.00 NWI
8 Kailyn Alexander	02	Chesapeake, VA	33-00.75 NWI
9 Kamryn Glenn	02	Gainesville, VA	32-06.50 NWI
10 Alyssa Taylor	00	Virginia Beach, VA	29-00.25 NWI
--- Alisha Stoute	02	Aldie, VA	FOUL

**Women Shot Put 4 kg 17-18 years old**

Name	Yr	Team	Finals
1 Kiah Riley	01	Quantico, VA	34-05.00
2 Kendra Williams	01	Fredericksburg, VA	31-05.00
3 Larissa Freeman	01	Triangle, VA	30-05.25
4 Lola Taiwo	01	Aldie, VA	27-01.50
5 Brianna Bryson	02	Woodbridge, VA	23-07.50
6 Tkaia Moraldo	02	Stafford, VA	20-09.00

**Women Discus Throw 1.0 kg 17-18 years old**

Name	Yr	Team	Finals
1 Kiah Riley	01	Quantico, VA	112-04
2 Kendra Williams	01	Fredericksburg, VA	108-10
3 Larissa Freeman	01	Triangle, VA	77-05
4 Lola Taiwo	01	Aldie, VA	75-04
5 Kaya Boyd	02	Va Beach, VA	69-10
6 Amanda Hatch	02	Front Royal, VA	69-09
7 Denecia Valentine	02	Lawrenceville, VA	65-02
8 Tkaia Moraldo	02	Stafford, VA	53-07

**Women Javelin Throw 600 g 17-18 years old**

Name	Yr	Team	Finals
1 Kiah Riley	01	Quantico, VA	96-06
2 Olivia Lippincott	02	Leesburg, VA	76-01
3 Kendra Williams	01	Fredericksburg, VA	62-11
4 Dasia Mayo	01	Roanoke, VA	56-03
5 Kaya Boyd	02	Va Beach, VA	51-02
6 Larissa Freeman	01	Triangle, VA	46-07

**Heptathlon: #4 Women 200 Meter Dash 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	27.14 700
2 Alyssa Taylor	00	Virginia Beach, VA	32.55 319

**Heptathlon: #7 Women 800 Meter Run 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	2:44.67 520
2 Alyssa Taylor	00	Virginia Beach, VA	3:22.44 185

**Heptathlon: #1 Women 100 Meter Hurdles 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Alyssa Taylor	00	Virginia Beach, VA	20.03 300
2 Kelsi Lenart	01	Midlothian, VA	20.19 287

**Heptathlon: #2 Women High Jump 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	1.39m 502
--- Alyssa Taylor	00	Virginia Beach, VA	NH

**Heptathlon: #5 Women Long Jump 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	4.76m 495
2 Alyssa Taylor	00	Virginia Beach, VA	3.95m 296

**Heptathlon: #3 Women Shot Put 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	7.75m 383
2 Alyssa Taylor	00	Virginia Beach, VA	4.77m 194

**Heptathlon: #6 Women Javelin Throw 17-18 years old Heptathlon**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	20.38m 296
2 Alyssa Taylor	00	Virginia Beach, VA	10.68m 118

**Women Heptathlon 17-18 years old**

Name	Yr	Team	Finals
1 Kelsi Lenart	01	Midlothian, VA	3183
2 Alyssa Taylor	00	Virginia Beach, VA	1412

**Women 3000 Meter Race Walk 17-18 years old**

Name	Yr	Team	Finals
1 Amanda Hatch	02	Front Royal, VA	23:37.48
2 Tkaia Moraldo	02	Stafford, VA	27:18.16