AAU INDOOR YOUTH NATIONAL & MASTERS CHAMPIONSHIP
March 13 – March 15, 2020

WHERE: PG Sports & Learning Complex, Landover Maryland
8001 Sheriff Rd.
Landover, MD 20785

SANCTIONED BY: Amateur Athletic Union (AAU)

HOST: AAU Track & Field Executive Committee
Darnell & Karen Hall, Meet Director
E-mail: khall@vistamaria.org

ELIGIBILITY: This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged 13-18 years & Masters may enter in up to a maximum of 4 events including relays. Athletes aged 12 and younger based on year of birth below may only enter in 3 events including relays. If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.

AGE DIVISIONS: Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.

5 & 6 Under Girls/Boys (Born 2014 and later) Maximum 3 Events including relays
7 & 8 Girls/Boys (Born 2013 and 2012 Maximum 3 Events including relays
9 Year Old Girls/Boys (Born 2011) Maximum 3 Events including relays
10 Year Old Girls/Boys (Born 2010) Maximum 3 Events including relays
11 Year Old Girls/Boys (Born 2009) Maximum 3 Events including relays
12 year Old Girls/Boys (Born 2008) Maximum 3 Events including relays
13 Year Old Girls/Boys (Born 2007) Maximum 4 Events including relays
14 Year Old Girls/Boys (Born 2006) Maximum 4 Events including relays
15-16 Year Old Girls/Boys (Born 2005-2004) Maximum 4 Events including relays
17-18 Year Old Girls/Boys (Born 2003-2002) Maximum 4 Events including relays
19 -29 OPEN; 30 – 90+ MASTERS Women/Men (Born 2001 & Below)

*Athletes who are still eighteen (18) years of age through the final day (March 15th) of the AAU Indoor National Track & Field Championship shall be eligible to compete in the 17-18 year old division.

MEET ENTRY FEE: Entry fee is $35.00 for each athlete for Track & Field events. All members of relay teams, including alternates, who have not entered an individual event, must pay a $35.00 entry fee. ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE.
Entry will not be processed unless entry fee is paid by the deadline. All major credit cards accepted online. Bring an original birth certificate, passport or driver’s license as proof of age. A 2020 AAU membership card is needed when entering each athlete. All entry fees must be paid online.

ENTRY PROCESS: All teams and unattached athletes must utilize the online entry process via www.aautrackandfield.org. This will permit a very efficient registration process that is easy to use. Everyone will have until 8:00pm CST, Wednesday, March 11, 2020 to complete registration or once the maximum capacity of 1700 paid athletes is reached. Whichever comes first. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be
used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Landover Maryland, if at all possible. Absolutely no entries will be accepted after March 11, 2020 or once the maximum capacity of 1700 paid athletes is reached.


PACKET PICKUP: FRIDAY, MARCH 13, 2020, 10:00AM – 7:00PM – PACKETS WILL BE AVAILABLE AT THE TRACK (PG Sports & Learning Complex). A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. All teams are urged to pickup packets on Friday as the lines on Saturday can be long.

SATURDAY, MARCH 14TH, 7:00AM-4:00PM and SUNDAY, MARCH 15TH, 7:00AM-1:00PM - PACKETS CAN BE PICKED UP AT THE TRACK FACILITY (PG Sports & Learning Complex).

AWARDS: In individual and relay events, awards will be presented for participants who finish 1st – 8th place.

ADMISSION: There will be a $7.00 gate fee charge per person per day. All coaches will receive one free pass for 4 athletes, two free passes for 5 to 15 athletes and 3 free passes for 16 or more athletes in their packet. Only one coaches pass for an unattached athlete can be purchased for $10.00 at the time of packet pickup. All Children 6 and under will be admitted free. All Registered athletes with a 2020 AAU Card and Competition Number will also be admitted free. Athletes will be issued a wristband. If the athlete band is lost or damaged a replacement wrist band can be purchased for $5.00.

FACILITY: PG Sports & Learning Complex Indoor track facility contains an 8-lane straightaway as well as providing 6 lanes around the oval. Only 1/4” or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done using Finish Lynx Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

REFRESHMENTS: A Full Service Concession Stand will be provided as well as a hospitality area for officials. ABSOLUTELY NO LARGE COOLERS ALLOWED IN THE STADIUM. ONLY SMALL HANDHELD COOLERS.

RESULTS: Results will be posted on line at www.aautrackandfield.org and www.coacho.com.

COMPETITOR BIB NUMBERS: Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar ($10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the pack pickup area.

IMPLEMENT: Athletes may bring their own implements to use during competition.

PROTESTS: Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. PROTESTS MUST BE FILED IN WRITING AND PRESENTED TO THE MEET DIRECTOR ACCOMPANIED BY A CASH DEPOSIT OF $100.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury’s decision is final. If the protest is denied, the cash deposit will be forfeited. PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.

AIR TRAVEL: Baltimore-Washington International Airport (BWI) is approximately 30 mins away from PG Sports & Learning Complex.

HOST HOTEL: Comfort Inn will serve as the host hotel for the meet. Hotel information is listed below

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<thead>
<tr>
<th>HOTEL</th>
<th>LOCATION</th>
<th>PHONE</th>
<th>AMENITIES</th>
<th>RATE</th>
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</thead>
<tbody>
<tr>
<td>Comfort Inn</td>
<td>9421 Largo Drive West</td>
<td>+1 (301) 499-4600</td>
<td>INDOOR POOL</td>
<td>$99</td>
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<td></td>
<td>Upper Marlboro, MD 20774</td>
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<td>Group Code: WU38L7</td>
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Please be sure to indicate that you are participating in the AAU Indoor National Championship. Rooms must be reserved by February 12, 2020.
FINAL SCHEDULE

AAU INDOOR YOUTH NATIONAL & MASTERS CHAMPIONSHIP
March 13 – March 15, 2020

All Running events will start at the designated time listed each day. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event. Girls/Women will run first followed by Boys/Men.

Friday – March 13, 2020

1:00 PM  
1500 Meter Race walk - TF- All Age Groups Combined - 9 Year Old – 12 Year Old
3000 Meter Race-walk – TF - All Age Groups Combined – 13 Year Old – 17/18 Year Old

2:00 PM
200 Meter Dash – SF - Starting with 5-6 Year Old -17/18 Year Old – Open/Masters (top 8 times advance to finals)
1500 Meter Run – TF - Starting with 13 Year Old –17/18 Year Old - Open/Masters (Age Groups may be combined by gender)
400 Meter Dash – SF – Starting with – 13 Year Old – 17/18 Year Old - Open/Masters (top 8 times advance to finals)

Saturday – March 14, 2020

9:00AM
3000 Meter Run - TF – Starting with 11 Year Old – 17/18 Year Old - Open/Masters (Age Groups may be combined by gender)
200 Meter Dash – FINAL - Starting with 5-6 Year Old - 17/18 Year - Old - Open/Masters
800 Meter Run – TF - Starting with 7-8 year old - 17/18 Year Old - Open/Masters
60 Meter Hurdles – SF - Starting with 11 Year Old -17/18 Year Old - Open & Masters (top 8 times advance to finals)
60 Meter Dash – SF – Starting with 5-6 Year Old -17/18 Year Old – Open & Masters (top 8 times advance to finals)
4 x 400 Meter Relay – TF - Starting with 7-8 year old – 17/18 years old

Sunday – March 15, 2020

9:00AM
4X800 Meter Relay - TF- Starting with 7-8 year old – 17/18 year old
60 Meter Hurdles – FINAL - Starting with 11 Year Old - 17/18 Year Old - Open/Masters
60 Meter Dash – FINAL - Starting with 5-6 year old -17/18 Year Old - Open/Masters
400 Meter Dash – FINAL - Starting with 5-6 year old – 17/18 Year Old - Open/Masters
1500 Meter Run – TIMED FINAL - Starting with 7-8 Year Old – 12 Year Old - Age Groups may be combined by gender
4 x 200 Meter Relay – TIMED FINAL - Starting with 5-6 year old – 17/18 years old

• NOTE: If there are not enough runners in Semi-Final, event will be run as a Final at that time.
• NOTE: Some distance races may be combined due to the number of participants.
All Field Events will follow schedule below. **This is a rolling schedule**. **FRIDAY: 13 – 18 YEARS, OPEN/MASTERS START @ 1:00PM**. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

Long Jump, Shot Put will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

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<th>Time</th>
<th>March 13th</th>
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<td><strong>Friday</strong></td>
<td><strong>March 13th</strong></td>
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<td><strong>Long Jump</strong></td>
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<td><strong>5-6B/5-6G</strong></td>
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<td><strong>High Jump</strong></td>
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