

2024 AAU Region 05 National Qualifier - 6/26/2024 to 6/29/2024

John B Todd Stadium

Results

Girls 100 Meter Dash 8-under

Name	Yr	Team	Prelims
Preliminaries			
1	#609	Jalayah Hawkins	17 Jdc3 Elite 15.40q NWI
2	#1373	Callie Burden	16 Virginia Pri 15.45q NWI
3	#354	Ariah Stokes-Haynes	16 East End Fly 15.79q NWI
4	#1185	Emani Mingo	16 VA Beach Fla 15.81q NWI
5	#1298	Olivia Quamina	17 Virginia Bla 15.94q NWI
6	#999	Jordyn Waite	16 Technique TC 16.05q NWI
7	#259	Zuri Brooks-Saahir	17 Dale City Li 16.07q NWI
8	#910	Dior Crawford	16 Speed Evolut 16.12q NWI
9	#465	Jade Kearney	16 Global Trans 16.14 NWI
10	#1065	Londyn Neal	16 Track 757 16.37 NWI
11	#302	Madison Nicholas	16 Dale City Li 16.75 NWI
12	#1426	Nora Park	17 Virginia Rap 16.99 NWI
13	#796	Harper Evans	16 Pwc Panthers 17.17 NWI
14	#471	Madison Taborn	16 Global Trans 17.18 NWI
15	#1438	Aaliyah Fox	16 West End Str 17.23 NWI
16	#890	Nia Preston	16 Spartan Chos 17.28 NWI
17	#539	Kamry Johnson	16 Hampton Road 17.39 NWI
18	#868	Leehaila Haywood	17 Spartan Chos 17.49 NWI
19	#1487	Zarah Simpson	17 Track 757 17.55 NWI
20	#352	Aniyah Neverson	16 East End Fly 17.76 NWI
21	#1123	Tapanga Moore	16 Unattached 17.98 NWI
22	#377	Ariya Jenkins	16 Eastend Ligh 18.19 NWI
23	#156	Ryan Ellsworth	19 5 Star Eagle 18.21 NWI
24	#1127	Charlie Parran	18 Unattached 18.28 NWI
25	#1048	Jordyn Chandler	16 Track 757 18.51 NWI
26	#594	Royalty Johnson	17 Hornets Trac 18.59 NWI
27	#246	Macyn Anderson	16 Dale City Li 18.73 NWI
28	#1100	Zari Emerson	19 Unattached 19.01 NWI
29	#1395	Aasma Thweatt	18 Virginia Pri 19.50 NWI
30	#356	Lindsai Strickland	19 East End Fly 19.67 NWI
31	#262	Joi Cornish	16 Dale City Li 19.89 NWI
32	#263	Naomi Cornish	16 Dale City Li 19.91 NWI
33	#581	Harper Jones	18 Heart N Glor 20.10 NWI
34	#437	Teriyah Boston	18 Fort Belvoir 20.36 NWI
35	#103	Kaylani Diamond	18 2nd To None 20.77 NWI
36	#849	Naomi Bethel	17 Spartan Chos 22.70 NWI
---	#904	Demi Allen	17 Speed Evolut DNS NWI
---	#364	Shir'meya Garrett-Pollar	18 Eastend Ligh DNS NWI
---	#166	Kynlee McBeath	18 5 Star Eagle DNS NWI

Girls 100 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	#609	Jalayah Hawkins	17 Jdc3 Elite 14.81 NWI
2	#1185	Emani Mingo	16 VA Beach Fla 15.25 NWI
3	#1373	Callie Burden	16 Virginia Pri 15.62 NWI
4	#354	Ariah Stokes-Haynes	16 East End Fly 15.82 NWI
5	#999	Jordyn Waite	16 Technique TC 15.86 NWI
6	#259	Zuri Brooks-Saahir	17 Dale City Li 15.91 NWI
7	#1298	Olivia Quamina	17 Virginia Bla 16.34 NWI
8	#910	Dior Crawford	16 Speed Evolut 16.50 NWI

Girls 200 Meter Dash 8-under

Name	Yr	Team	Prelims
Preliminaries			
1	#609	Jalayah Hawkins	17 Jdc3 Elite 30.87q NWI
2	#1373	Callie Burden	16 Virginia Pri 32.16q NWI
3	#670	Alonni Menair	17 Legion of Zo 32.55q NWI
4	#999	Jordyn Waite	16 Technique TC 32.99q NWI
5	#465	Jade Kearney	16 Global Trans 33.25q NWI
6	#910	Dior Crawford	16 Speed Evolut 33.43q NWI
7	#259	Zuri Brooks-Saahir	17 Dale City Li 33.74q NWI
8	#1298	Olivia Quamina	17 Virginia Bla 33.75q NWI
9	#471	Madison Taborn	16 Global Trans 34.15 NWI
10	#354	Ariah Stokes-Haynes	16 East End Fly 34.27 NWI
11	#539	Kamry Johnson	16 Hampton Road 34.71 NWI
12	#1049	Leona Cole	16 Track 757 34.88 NWI
13	#1426	Nora Park	17 Virginia Rap 35.79 NWI
14	#302	Madison Nicholas	16 Dale City Li 35.80 NWI
15	#805	Hope Parker	16 Pwc Panthers 35.98 NWI
16	#1487	Zarah Simpson	17 Track 757 35.99 NWI
17	#668	Ariel Knight	16 Legion of Zo 36.57 NWI
18	#796	Harper Evans	16 Pwc Panthers 36.76 NWI
19	#660	Janiyah Gunnell	16 Legion of Zo 36.89 NWI
20	#156	Ryan Ellsworth	19 5 Star Eagle 37.11 NWI
21	#890	Nia Preston	16 Spartan Chos 37.17 NWI
22	#1123	Tapanga Moore	16 Unattached 37.18 NWI
23	#698	Zamara Buries	17 Nva Track 37.26 NWI
24	#246	Macyn Anderson	16 Dale City Li 38.74 NWI
25	#868	Leehaila Haywood	17 Spartan Chos 39.29 NWI
26	#1100	Zari Emerson	19 Unattached 40.12 NWI
27	#1099	Coraline Densham	18 Unattached 41.12 NWI
28	#356	Lindsai Strickland	19 East End Fly 41.78 NWI
29	#1127	Charlie Parran	18 Unattached 42.16 NWI
30	#614	Malia James	19 Jdc3 Elite 44.12 NWI
31	#103	Kaylani Diamond	18 2nd To None 45.81 NWI
---	#364	Shir'meya Garrett-Pollar	18 Eastend Ligh DNS NWI
---	#1395	Aasma Thweatt	18 Virginia Pri DNS NWI
---	#166	Kynlee McBeath	18 5 Star Eagle DNS NWI
---	#1185	Emani Mingo	16 VA Beach Fla DNS NWI
---	#849	Naomi Bethel	17 Spartan Chos DNS NWI
---	#904	Demi Allen	17 Speed Evolut DNS NWI
---	#1438	Aaliyah Fox	16 West End Str DNS NWI
---	#1119	Asaya Mitchell	16 Unattached DNS NWI
---	#263	Naomi Cornish	16 Dale City Li DNS NWI

Girls 200 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	#609	Jalayah Hawkins	17 Jdc3 Elite 30.97 NWI
2	#1373	Callie Burden	16 Virginia Pri 32.30 NWI
3	#465	Jade Kearney	16 Global Trans 32.38 NWI
4	#670	Alonni Menair	17 Legion of Zo 33.05 NWI
5	#999	Jordyn Waite	16 Technique TC 33.47 NWI
6	#259	Zuri Brooks-Saahir	17 Dale City Li 33.81 NWI
7	#910	Dior Crawford	16 Speed Evolut 34.13 NWI

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Results

Finals ... (Girls 200 Meter Dash 8-under)

Name	Yr	Team	Finals
8 #1298 Oliviah Quamina	17	Virginia Bla	34.35 NWI

Girls 400 Meter Dash 8-under

Name	Yr	Team	Finals
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Finals

1 #670 Alonni Mcnair	17	Legion of Zo	1:10.78
2 #1185 Emani Mingo	16	VA Beach Fla	1:11.92
3 #1373 Callie Burden	16	Virginia Pri	1:12.25
4 #1383 Mckenzie Norwood	17	Virginia Pri	1:17.61
5 #1049 Leona Cole	16	Track 757	1:21.03
6 #1052 Madison Fedele	16	Track 757	1:21.84
7 #1426 Nora Park	17	Virginia Rap	1:22.16
8 #999 Jordyn Waite	16	Technique TC	1:22.57
9 #1438 Aaliyah Fox	16	West End Str	1:23.45
10 #805 Hope Parker	16	Pwc Panthers	1:23.62
11 #363 Shir'Leya Garrett-Pollar	17	Eastend Ligh	1:23.76
12 #1119 Asaya Mitchell	16	Unattached	1:23.94
13 #698 Zamara Buries	17	Nva Track	1:24.62
14 #354 Aariah Stokes-Haynes	16	East End Fly	1:24.73
15 #660 Janiyah Gunnell	16	Legion of Zo	1:26.89
16 #573 Payton Curtis	17	Heart N Glor	1:28.03
17 #409 Brianna Thombs	16	Eastend Ligh	1:29.70
18 #262 Joi Cornish	16	Dale City Li	1:31.43
19 #349 Ashton Burke	16	East End Fly	1:33.19
20 #115 Khloe Foote	16	360 Elite Tr	1:35.03
21 #594 Royalty Johnson	17	Hornets Trac	1:38.79
22 #441 Journi Gilmore	17	Future Flyer	1:40.69
23 #1439 Tylin Freeman	17	West End Str	1:40.73
24 #1100 Zari Emerson	19	Unattached	1:42.10
25 #263 Naomi Cornish	16	Dale City Li	1:44.27
26 #1127 Charlie Parran	18	Unattached	1:44.37
27 #693 Scarlett Bernys	17	Nva Track	1:45.51
28 #614 Malia James	19	Jdc3 Elite	1:45.80
29 #103 Kaylani Diamond	18	2nd To None	1:51.16
30 #581 Harper Jones	18	Heart N Glor	1:52.23
--- #943 Naomi Roe	17	Superior Tra	DNS

Girls 800 Meter Run 8-under

Name	Yr	Team	Finals
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Finals

1 #1052 Madison Fedele	16	Track 757	2:59.06
2 #1043 Zahara Brandon	16	Track 757	3:02.16
3 #1383 Mckenzie Norwood	17	Virginia Pri	3:10.57
4 #573 Payton Curtis	17	Heart N Glor	3:24.94
5 #1200 Jaela Smith	16	VA Beach Fla	3:26.67
6 #559 Syncere Thomas	18	Hampton Road	3:57.62
7 #441 Journi Gilmore	17	Future Flyer	4:04.16

Girls 1500 Meter Run 8-under

Name	Yr	Team	Finals
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Finals

1 #1052 Madison Fedele	16	Track 757	5:57.24
2 #1043 Zahara Brandon	16	Track 757	6:09.37
3 #1200 Jaela Smith	16	VA Beach Fla	7:05.92

Girls 4x100 Meter Relay 8-under

Team	Relay	Finals
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Finals

1 Track 757	A	1:05.59
1) #1049 Leona Cole 16	2) #1059 Maya Harris 17	
3) #1060 Royal Hayes 17	4) #1043 Zahara Brandon 16	
5) #1487 Zarah Simpson 17		
2 Dale City Li	A	1:09.78
1) #262 Joi Cornish 16	2) #246 Macyn Anderson 16	
3) #302 Madison Nicholas 16	4) #259 Zuri Brooks-Saahir 17	
3 Eastend Ligh	A	1:11.33
1) #377 Ariya Jenkins 16	2) #393 Brooklyn Myers 16	
3) #383 Elle Lewis 16	4) #418 Kennedy Wilson 16	
5) #363 Shir'Leya Garrett-Pollard 1	6) #395 Skylar Parker 16	

Girls Long Jump 8-under

Name	Yr	Team	Finals
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Finals

1 #609 Jaliyah Hawkins	17	Jdc3 Elite	13-00.00 NWI
2 #471 Madison Taborn	16	Global Trans	10-10.00 NWI
3 #670 Alonni Menair	17	Legion of Zo	10-04.00 NWI
4 #1298 Oliviah Quamina	17	Virginia Bla	10-01.25 NWI
5 #172 Layla Thompkins	16	5 Star Eagle	10-00.00 NWI
6 #805 Hope Parker	16	Pwc Panthers	9-09.50 NWI
7 #146 Leia Booker	17	5 Star Eagle	9-05.00 NWI
8 #796 Harper Evans	16	Pwc Panthers	9-04.50 NWI
9 #668 Ariel Knight	16	Legion of Zo	9-01.25 NWI
10 #1123 Tapanga Moore	16	Unattached	8-09.00 NWI
11 #559 Syncere Thomas	18	Hampton Road	6-06.50 NWI
12 #693 Scarlett Bernys	17	Nva Track	6-04.50 NWI
13 #539 Kamry Johnson	16	Hampton Road	6-03.25 NWI
14 #614 Malia James	19	Jdc3 Elite	6-00.00 NWI
--- #377 Ariya Jenkins	16	Eastend Ligh	FOUL
--- #465 Jade Kearney	16	Global Trans	FOUL
--- #1312 Chyann Stevens	17	Virginia Bla	DNS NWI
--- #942 Nahla Roe	17	Superior Tra	DNS NWI
--- #943 Naomi Roe	17	Superior Tra	DNS NWI

Girls Shot Put 4 lbs 8-under

Name	Yr	Team	Finals
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Finals

1 #418 Kennedy Wilson	16	Eastend Ligh	17-05.50
2 #383 Elle Lewis	16	Eastend Ligh	16-06.50
3 #409 Brianna Thombs	16	Eastend Ligh	15-09.50
4 #393 Brooklyn Myers	16	Eastend Ligh	11-10.00
5 #680 Elena Hoffman	17	Manchester I	11-06.00
6 #1201 Aleah Stokes	17	VA Beach Fla	10-00.00
7 #693 Scarlett Bernys	17	Nva Track	7-00.50

Girls Javelin Throw Turbo (300 g 8-under)

Name	Yr	Team	Finals
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Finals

1 #1383 Mckenzie Norwood	17	Virginia Pri	41-00
2 #383 Elle Lewis	16	Eastend Ligh	34-08
3 #652 Cassidy Farrar	17	Legion of Zo	33-00

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Finals ... (Girls Javelin Throw Turbo (300 g 8-under))

Name	Yr	Team	Finals
4 #418 Kennedy Wilson	16	Eastend Ligh	31-08
5 #868 Leehaila Haywood	17	Spartan Chos	29-06
6 #890 Nia Preston	16	Spartan Chos	29-04
7 #409 Brianna Thombs	16	Eastend Ligh	29-00
8 #1200 Jaela Smith	16	VA Beach Fla	25-00
9 #437 Teriyah Boston	18	Fort Belvoir	24-09
10 #393 Brooklyn Myers	16	Eastend Ligh	24-00
11 #386 Olivia Lewis	16	Eastend Ligh	22-02
12 #698 Zamara Buries	17	Nva Track	21-09
13 #351 Bella Harris	17	East End Fly	21-00
14 #1162 Zamyia Davis	18	VA Beach Fla	20-02
15 #186 Janiya Henderson	16	804 Dynasty	19-11
16 #441 Journi Gilmore	17	Future Flyer	18-09
17 #633 Riley Garrett	18	Legacy Track	17-01
18 #363 Shir'Leya Garrett-Pollar	17	Eastend Ligh	17-00
19 #518 Teighan Collins	17	Hampton Road	10-06
--- #1424 Mariah Nicholson	17	Virginia Rap	DNS

Girls 100 Meter Dash 9 years old

Name	Yr	Team	Prelims
Preliminaries			
1 #1172 Alex Gatling	15	VA Beach Fla	14.63q NWI
2 #1364 Taylor Thomas	15	Virginia Eli	14.72q NWI
3 #168 Kiana Parham	15	5 Star Eagle	14.73q NWI
4 #582 Riley Jones	15	Heart N Glor	14.93q NWI
5 #1346 Kennedy Jefferson	15	Virginia Eli	15.01q NWI
6 #834 Yemi Oniyide	15	Smithfield P	15.13q NWI
7 #162 Blaire Hill	15	5 Star Eagle	15.24q NWI
8 #605 Ja'Nya Collins	15	Jdc3 Elite	15.27q NWI
9 #1074 Jaielyn Tennessee	15	Track 757	15.35 NWI
10 #330 Kelsey Warren	15	Dale City Li	15.45 NWI
11 #1174 Harper Hall	15	VA Beach Fla	15.55 NWI
12 #449 Elleigh London	15	Garner Heat	15.67 NWI
13 #248 Naima Andrews	15	Dale City Li	15.88 NWI
14 #1202 Alexa Stokes	15	VA Beach Fla	15.92 NWI
15 #1483 Hannah Jenkins	15	Smithfield P	16.12 NWI
16 #894 Grace Simmonds	15	Spartan Chos	16.21 NWI
17 #476 Kylie Weathers	15	Global Trans	16.21 NWI
18 #1415 Akira Henry	15	Virginia Rap	16.33 NWI
19 #644 Ariahe Bethea	15	Legion of Zo	16.49 NWI
20 #549 Erin Redd	15	Hampton Road	16.68 NWI
21 #253 Tessa Beene	15	Dale City Li	16.69 NWI
22 #271 Brielle Gibson	15	Dale City Li	16.95 NWI
23 #299 Ariana Mckoy	15	Dale City Li	17.19 NWI
24 #879 Isabelle Mcghee	15	Spartan Chos	17.23 NWI
25 #867 Alyncia Haywood	15	Spartan Chos	18.83 NWI

Girls 100 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 #1364 Taylor Thomas	15	Virginia Eli	14.26 NWI
2 #168 Kiana Parham	15	5 Star Eagle	14.48 NWI
3 #1172 Alex Gatling	15	VA Beach Fla	14.71 NWI

4 #582 Riley Jones	15	Heart N Glor	14.87 NWI
5 #834 Yemi Oniyide	15	Smithfield P	14.94 NWI
6 #1346 Kennedy Jefferson	15	Virginia Eli	15.08 NWI
7 #162 Blaire Hill	15	5 Star Eagle	15.14 NWI
8 #605 Ja'Nya Collins	15	Jdc3 Elite	15.39 NWI

Girls 200 Meter Dash 9 years old

Name	Yr	Team	Prelims
Preliminaries			
1 #1172 Alex Gatling	15	VA Beach Fla	30.24q NWI
2 #168 Kiana Parham	15	5 Star Eagle	30.37q NWI
3 #1074 Jaielyn Tennessee	15	Track 757	30.48q NWI
4 #697 Ava-Simone Buries	15	Nva Track	30.96q NWI
5 #605 Ja'Nya Collins	15	Jdc3 Elite	31.11q NWI
6 #834 Yemi Oniyide	15	Smithfield P	31.17q NWI
7 #582 Riley Jones	15	Heart N Glor	31.33q NWI
8 #1346 Kennedy Jefferson	15	Virginia Eli	31.36q NWI
9 #449 Elleigh London	15	Garner Heat	31.52 NWI
10 #1210 Julianna Washington	15	VA Beach Fla	31.73 NWI
11 #162 Blaire Hill	15	5 Star Eagle	31.79 NWI
12 #566 Laila Willis	15	Hampton Road	32.69 NWI
13 #330 Kelsey Warren	15	Dale City Li	33.04 NWI
14 #476 Kylie Weathers	15	Global Trans	33.16 NWI
15 #248 Naima Andrews	15	Dale City Li	33.44 NWI
16 #650 Chanel Collins	15	Legion of Zo	33.68 NWI
17 #1470 Genesis Newman	15	Elite Sprint	34.28 NWI
18 #253 Tessa Beene	15	Dale City Li	34.49 NWI
19 #271 Brielle Gibson	15	Dale City Li	34.92 NWI
20 #285 Malani Hudson	15	Dale City Li	34.98 NWI
21 #1202 Alexa Stokes	15	VA Beach Fla	35.01 NWI
22 #333 Alaya Williams	15	Dale City Li	35.11 NWI
23 #1135 Cora Robinson	15	Unattached	37.34 NWI
24 #879 Isabelle Mcghee	15	Spartan Chos	37.88 NWI
--- #1415 Akira Henry	15	Virginia Rap	DNS NWI
--- #1174 Harper Hall	15	VA Beach Fla	DNS NWI
--- #299 Ariana Mckoy	15	Dale City Li	DNS NWI

Girls 200 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 #168 Kiana Parham	15	5 Star Eagle	29.75 NWI
2 #1172 Alex Gatling	15	VA Beach Fla	30.61 NWI
3 #697 Ava-Simone Buries	15	Nva Track	30.62 NWI
4 #1074 Jaielyn Tennessee	15	Track 757	30.67 NWI
5 #582 Riley Jones	15	Heart N Glor	30.77 NWI
6 #834 Yemi Oniyide	15	Smithfield P	31.25 NWI
7 #1346 Kennedy Jefferson	15	Virginia Eli	31.27 NWI
8 #605 Ja'Nya Collins	15	Jdc3 Elite	31.34 NWI

Girls 400 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 #1342 Maya Griffin	15	Virginia Eli	1:10.09
2 #1038 Zoey Alexander	15	Track 757	1:12.47
3 #1037 Lia Abrams	15	Track 757	1:14.26

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Finals ... (Girls 400 Meter Dash 9 years old)

Name	Yr	Team	Finals
4 #1050 Alyssa Edmonds	15	Track 757	1:14.32
5 #582 Riley Jones	15	Heart N Glor	1:15.52
6 #722 Natalia Luna	15	Nva Track	1:15.99
7 #650 Chanel Collins	15	Legion of Zo	1:17.61
8 #1210 Julianna Washington	15	VA Beach Fla	1:17.76
9 #1470 Genesis Newman	15	Elite Sprint	1:19.61
10 #291 Courtney Johnson	15	Dale City Li	1:21.49
11 #1174 Harper Hall	15	VA Beach Fla	1:23.68
12 #333 Alaya Williams	15	Dale City Li	1:24.90
13 #299 Ariana Mckoy	15	Dale City Li	1:24.97
14 #285 Malani Hudson	15	Dale City Li	1:25.11
15 #358 Ryane Bartelle	15	Eastend Ligh	1:28.43
16 #979 Lydia Burgan	15	Technique TC	1:31.48
17 #745 Kylee Talley	15	Nva Track	1:33.33
18 #1135 Cora Robinson	15	Unattached	1:34.54

Girls 800 Meter Run 9 years old

Name	Yr	Team	Finals
1 #1396 Najah Thweatt	15	Virginia Pri	2:46.45
2 #1219 Leila Barikbin	15	VA House of	2:52.73
3 #291 Courtney Johnson	15	Dale City Li	2:53.86
4 #650 Chanel Collins	15	Legion of Zo	2:55.07
5 #722 Natalia Luna	15	Nva Track	3:03.15
6 #544 Sydney Kent	15	Hampton Road	3:03.16
7 #1169 Juliana Ford	15	VA Beach Fla	3:21.30
8 #1180 Ariel Jones	15	VA Beach Fla	3:23.15
9 #1051 Giuliana Fedele	15	Track 757	3:28.30
10 #358 Ryane Bartelle	15	Eastend Ligh	4:07.85

Girls 1500 Meter Run 9 years old

Name	Yr	Team	Finals
1 #1396 Najah Thweatt	15	Virginia Pri	5:52.78
2 #1219 Leila Barikbin	15	VA House of	6:02.46
3 #544 Sydney Kent	15	Hampton Road	6:38.84
4 #1051 Giuliana Fedele	15	Track 757	6:50.65
5 #1169 Juliana Ford	15	VA Beach Fla	7:17.58
6 #1135 Cora Robinson	15	Unattached	7:28.82
7 #1180 Ariel Jones	15	VA Beach Fla	7:45.89

Girls High Jump 9 years old

Name	Yr	Team	Finals
1 #978 Malaya Bowman	15	Technique TC	3-11.00
2 #1210 Julianna Washington	15	VA Beach Fla	3-08.00
3 #697 Ava-Simone Buries	15	Nva Track	3-06.00
3 #168 Kiana Parham	15	5 Star Eagle	3-06.00
5 #366 Harmoni Goring	15	Eastend Ligh	3-04.00
6 #605 Ja'Nya Collins	15	Jdc3 Elite	3-02.00

Girls Long Jump 9 years old

Name	Yr	Team	Finals
1 #162 Blaire Hill	15	5 Star Eagle	11-10.25 NWI
2 #697 Ava-Simone Buries	15	Nva Track	11-07.75 NWI
3 #1050 Alyssa Edmonds	15	Track 757	11-07.50 NWI
4 #449 Elleigh London	15	Garner Heat	11-06.00 NWI
5 #1202 Alexa Stokes	15	VA Beach Fla	11-01.00 NWI
6 #1172 Alex Gatling	15	VA Beach Fla	10-09.50 NWI
7 #894 Grace Simmonds	15	Spartan Chos	10-09.00 NWI
8 #978 Malaya Bowman	15	Technique TC	10-06.50 NWI
9 #566 Laila Willis	15	Hampton Road	10-06.25 NWI
10 #1037 Lia Abrams	15	Track 757	10-03.25 NWI
11 #644 Ariaeh Bethea	15	Legion of Zo	10-03.00 NWI
12 #834 Yemi Oniyide	15	Smithfield P	10-02.50 NWI
13 #1483 Hannah Jenkins	15	Smithfield P	9-05.00 NWI
14 #476 Kylie Weathers	15	Global Trans	9-04.50 NWI
--- #648 Taylor Coleman	15	Legion of Zo	FOUL

Girls Shot Put 6 lbs 9 years old

Name	Yr	Team	Finals
1 #862 Parker Grant	15	Spartan Chos	20-02.00
2 #366 Harmoni Goring	15	Eastend Ligh	19-01.00
3 #867 Alyncia Haywood	15	Spartan Chos	17-01.00
4 #540 Mila Johnson	15	Hampton Road	16-00.00
5 #648 Taylor Coleman	15	Legion of Zo	14-10.50

Girls Javelin Throw Turbo (400 g 9 years old)

Name	Yr	Team	Finals
1 #724 Ava McCall	15	Nva Track	54-02
2 #862 Parker Grant	15	Spartan Chos	37-05
3 #549 Erin Redd	15	Hampton Road	33-10
4 #540 Mila Johnson	15	Hampton Road	32-11
5 #867 Alyncia Haywood	15	Spartan Chos	31-07
6 #1296 Teagan Payette	15	Virginia Bla	30-03
7 #1415 Akira Henry	15	Virginia Rap	29-09
8 #978 Malaya Bowman	15	Technique TC	29-03
9 #879 Isabelle Mcghee	15	Spartan Chos	26-06
10 #358 Ryane Bartelle	15	Eastend Ligh	23-05
11 #1169 Juliana Ford	15	VA Beach Fla	19-10
12 #1197 Eden Slade	15	VA Beach Fla	19-08
13 #1180 Ariel Jones	15	VA Beach Fla	19-06
14 #367 Miracle Goring	15	Eastend Ligh	14-03

Triathlon: #3 Girls 200 Meter Dash 9 years old Triathlon

Name	Yr	Team	Finals
1 #605 Ja'Nya Collins	15	Jdc3 Elite	31.06 411
2 #1074 Jaielyn Tennessee	15	Track 757	31.16 404
3 #1037 Lia Abrams	15	Track 757	32.22 338
4 #366 Harmoni Goring	15	Eastend Ligh	32.39 328
5 #697 Ava-Simone Buries	15	Nva Track	32.43 326

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Triathlon: #1 Girls High Jump 9 years old Triathlon

Name	Yr	Team	Finals		
Finals					
1	#366	Harmoni Goring	15	Eastend Ligh	1.06m 188
1	#697	Ava-Simone Buries	15	Nva Track	1.06m 188
3	#1074	Jailyn Tennessee	15	Track 757	1.01m 149
4	#605	Ja'Nya Collins	15	Jdc3 Elite	0.96m 111
4	#1037	Lia Abrams	15	Track 757	0.96m 111

Triathlon: #2 Girls Shot Put 9 years old Triathlon

Name	Yr	Team	Finals		
Finals					
1	#366	Harmoni Goring	15	Eastend Ligh	5.60m 246
2	#697	Ava-Simone Buries	15	Nva Track	4.73m 191
3	#605	Ja'Nya Collins	15	Jdc3 Elite	4.23m 160
4	#1074	Jailyn Tennessee	15	Track 757	3.44m 112
5	#1037	Lia Abrams	15	Track 757	3.39m 109

Girls Triathlon 9 years old

Name	Yr	Team	Finals		
Finals					
1	#366	Harmoni Goring	15	Eastend Ligh	762
2	#697	Ava-Simone Buries	15	Nva Track	705
3	#605	Ja'Nya Collins	15	Jdc3 Elite	682
4	#1074	Jailyn Tennessee	15	Track 757	665
5	#1037	Lia Abrams	15	Track 757	558

Girls 1500 Meter Race Walk 9 years old

Name	Yr	Team	Finals		
Finals					
1	#520	Taylor Deblanc	15	Hampton Road	11:55.82
2	#1051	Giuliana Fedele	15	Track 757	14:20.35
---	#367	Miracle Goring	15	Eastend Ligh	DQ

Girls 100 Meter Dash 10 years old

Name	Yr	Team	Prelims		
Preliminaries					
1	#1341	Autumn Gregory	14	Virginia Eli	13.54q NWI
2	#1058	Nyla Hamlette	14	Track 757	14.01q NWI
3	#1322	Shanyiah Adkins	14	Virginia Eli	14.32q NWI
4	#695	Mariah Bowens	14	Nva Track	14.41q NWI
5	#576	Demi Franklin	14	Heart N Glor	14.71q NWI
6	#504	Nina Anderson	14	Hampton Road	14.72q NWI
7	#1041	Nevaeh Booker	14	Track 757	14.79q NWI
8	#1309	Baileigh Simms	14	Virginia Bla	14.82q NWI
9	#813	Talya White	14	Pwc Panthers	15.19 NWI
10	#362	Madisen Francis	14	Eastend Ligh	15.37 NWI
11	#727	Mya Mcmillian	14	Nva Track	15.66 NWI
12	#673	Genesis Robinson	14	Legion of Zo	15.98 NWI
13	#1117	Skylar McClain	14	Unattached	16.03 NWI
14	#1076	Serenity Williams	14	Track 757	16.08 NWI
15	#758	Karcyn Eusey	14	On-time Trac	16.21 NWI
16	#489	Ashori Cooper	14	Hampton City	16.27 NWI
17	#666	Zuri King	14	Legion of Zo	16.69 NWI

18	#1275	Claire Haun	14	Virginia Bla	17.35 NWI
---	#1408	Kamari Green	14	Virginia Rap	DNS NWI

Girls 100 Meter Dash 10 years old

Name	Yr	Team	Finals		
Finals					
1	#1341	Autumn Gregory	14	Virginia Eli	13.46 NWI
2	#1058	Nyla Hamlette	14	Track 757	14.20 NWI
3	#1322	Shanyiah Adkins	14	Virginia Eli	14.58 NWI
4	#576	Demi Franklin	14	Heart N Glor	14.62 NWI
5	#504	Nina Anderson	14	Hampton Road	14.80 NWI
6	#695	Mariah Bowens	14	Nva Track	14.86 NWI
7	#1041	Nevaeh Booker	14	Track 757	14.96 NWI
8	#1309	Baileigh Simms	14	Virginia Bla	15.09 NWI

Girls 200 Meter Dash 10 years old

Name	Yr	Team	Prelims		
Preliminaries					
1	#1341	Autumn Gregory	14	Virginia Eli	27.47q NWI
2	#1058	Nyla Hamlette	14	Track 757	28.32q NWI
3	#932	Ahlaila Dasher	14	Storm Stride	29.72q NWI
4	#1330	Azalea Davis	14	Virginia Eli	29.90q NWI
5	#1322	Shanyiah Adkins	14	Virginia Eli	30.23q NWI
6	#813	Talya White	14	Pwc Panthers	30.57q NWI
7	#504	Nina Anderson	14	Hampton Road	30.66q NWI
8	#1102	Paris Fletcher	14	Unattached	30.72q NWI
9	#576	Demi Franklin	14	Heart N Glor	30.84 NWI
10	#695	Mariah Bowens	14	Nva Track	31.04 NWI
11	#1076	Serenity Williams	14	Track 757	31.99 NWI
12	#210	Christina Mckinnon	14	Central Virg	32.37 NWI
13	#727	Mya Mcmillian	14	Nva Track	32.53 NWI
14	#673	Genesis Robinson	14	Legion of Zo	32.57 NWI
15	#125	Nadia Powell-Mason	14	360 Elite Tr	33.32 NWI
16	#557	Brooklyne Talley	14	Hampton Road	33.70 NWI
17	#878	Raina Malloy-Johnson	14	Spartan Chos	33.72 NWI
18	#758	Karcyn Eusey	14	On-time Trac	33.76 NWI
19	#489	Ashori Cooper	14	Hampton City	34.13 NWI
20	#108	Skye Sivells	14	2nd To None	35.17 NWI
21	#1117	Skylar McClain	14	Unattached	35.47 NWI
---	#1350	Kennedy Johnson	14	Virginia Eli	DNS NWI
---	#1339	Ava Gaddy	14	Virginia Eli	DNS NWI
---	#1408	Kamari Green	14	Virginia Rap	DNS NWI

Girls 200 Meter Dash 10 years old

Name	Yr	Team	Finals		
Finals					
1	#1341	Autumn Gregory	14	Virginia Eli	27.12 NWI
2	#1058	Nyla Hamlette	14	Track 757	28.01 NWI
3	#1330	Azalea Davis	14	Virginia Eli	29.68 NWI
4	#932	Ahlaila Dasher	14	Storm Stride	29.81 NWI
5	#1322	Shanyiah Adkins	14	Virginia Eli	30.10 NWI
6	#504	Nina Anderson	14	Hampton Road	30.53 NWI
7	#813	Talya White	14	Pwc Panthers	30.55 NWI
---	#1102	Paris Fletcher	14	Unattached	DNS NWI

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Girls 400 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	#1350 Kennedy Johnson	14 Virginia Eli	1:04.53
2	#1330 Azalea Davis	14 Virginia Eli	1:06.10
3	#1335 Tyasia Dunbar	14 Virginia Eli	1:07.02
4	#932 Ahlaila Dasher	14 Storm Stride	1:10.96
5	#1066 Sophia Parris	14 Track 757	1:11.15
6	#576 Demi Franklin	14 Heart N Glor	1:13.32
7	#813 Talya White	14 Pwc Panthers	1:15.04
8	#1076 Serenity Williams	14 Track 757	1:15.47
9	#431 Victoria Gong	14 Faith In Act	1:16.15
10	#371 Kelsey Harrington	14 Eastend Ligh	1:16.32
11	#673 Genesis Robinson	14 Legion of Zo	1:17.46
12	#715 Savannah Jackson	14 Nva Track	1:17.76
13	#489 Ashori Cooper	14 Hampton City	1:19.89
14	#666 Zuri King	14 Legion of Zo	1:19.93
15	#108 Skye Sivells	14 2nd To None	1:23.96
16	#1275 Claire Haun	14 Virginia Bla	1:24.43
17	#557 Brooklyne Talley	14 Hampton Road	1:24.68
18	#669 Stormm Lyle	14 Legion of Zo	1:25.47
19	#874 Maya King	14 Spartan Chos	1:26.09
---	#1408 Kamari Green	14 Virginia Rap	DNS

Girls 800 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1	#1337 Arianna Finkley	14 Virginia Eli	2:34.07
2	#1066 Sophia Parris	14 Track 757	2:43.03
3	#987 Madison Fontenette	14 Technique TC	2:45.77
4	#1374 Hailey Crawford	14 Virginia Pri	2:49.24
5	#1371 Ami Bassaikhhan	14 Virginia Pri	2:49.72
6	#201 Parker Thomas	14 Aerial Supre	2:51.53
7	#513 Carsyn Campbell	14 Hampton Road	2:53.62
8	#431 Victoria Gong	14 Faith In Act	2:55.50
9	#1204 Taylor Tention	14 VA Beach Fla	2:55.63
10	#874 Maya King	14 Spartan Chos	3:00.71
---	#1441 Eleanor Strange	14 West End Str	DNS
---	#672 Madelyn Price	14 Legion of Zo	DNS

Girls 1500 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1	#1337 Arianna Finkley	14 Virginia Eli	5:28.35
2	#1374 Hailey Crawford	14 Virginia Pri	5:48.18
3	#1371 Ami Bassaikhhan	14 Virginia Pri	5:50.60
4	#1204 Taylor Tention	14 VA Beach Fla	5:53.31
5	#201 Parker Thomas	14 Aerial Supre	5:54.23
6	#987 Madison Fontenette	14 Technique TC	6:12.95
7	#513 Carsyn Campbell	14 Hampton Road	6:21.40
8	#672 Madelyn Price	14 Legion of Zo	6:21.66
9	#1441 Eleanor Strange	14 West End Str	6:29.01

Girls 4x100 Meter Relay 10 years old

Team	Relay	Finals
Finals		
1	Track 757	A 55.43
	1) #1074 Jaily Tennessee 15	2) #1041 Nevaeh Booker 14
	3) #1058 Nyla Hamlette 14	4) #1038 Zoey Alexander 15
2	Virginia Eli	A 56.81
	1) #1346 Kennedy Jefferson 15	2) #1342 Maya Griffin 15
	3) #1322 Shaniyah Adkins 14	4) #1364 Taylor Thomas 15
3	Eastend Ligh	A 1:00.21
	1) #366 Harmoni Goring 15	2) #371 Kelsey Harrington 14
	3) #362 Madisen Francis 14	4) #398 Riley Reynolds 14
4	Nva Track	A 1:02.19
	1) #724 Ava McCall 15	2) #745 Kylee Talley 15
	3) #727 Mya Mcmillian 14	4) #715 Savannah Jackson 14
5	Dale City Li	B 1:05.75
	1) #271 Brielle Gibson 15	2) #329 Kalina Wallace 14
	3) #285 Malani Hudson 15	4) #248 Naima Andrews 15
6	Dale City Li	A 1:06.51
	1) #333 Alaya Williams 15	2) #291 Courtney Johnson 15
	3) #330 Kelsey Warren 15	4) #253 Tessa Beene 15

Girls 4x400 Meter Relay 10 years old

Team	Relay	Finals
Finals		
1	Virginia Eli	A 4:30.35
	1) #1341 Autumn Gregory 14	2) #1330 Azalea Davis 14
	3) #1337 Arianna Finkley 14	4) #1350 Kennedy Johnson 14
2	Virginia Eli	B 4:46.92
	1) #1335 Tyasia Dunbar 14	2) #1339 Ava Gaddy 14
	3) #1342 Maya Griffin 15	4) #1364 Taylor Thomas 15
3	Track 757	A 5:06.43
	1) #1037 Lia Abrams 15	2) #1038 Zoey Alexander 15
	3) #1050 Alyssa Edmonds 15	4) #1066 Sophia Parris 14
4	Hampton Road	A 5:13.06
	1) #513 Carsyn Campbell 14	2) #566 Laila Willis 15
	3) #504 Nina Anderson 14	4) #544 Sydney Kent 15
5	Nva Track	A 5:32.04
	1) #724 Ava McCall 15	2) #745 Kylee Talley 15
	3) #715 Savannah Jackson 14	4) #722 Natalia Luna 15

Girls High Jump 10 years old

Name	Yr	Team	Finals
Finals			
1	#1339 Ava Gaddy	14 Virginia Eli	3-06.00
2	#371 Kelsey Harrington	14 Eastend Ligh	3-02.00
3	#932 Ahlaila Dasher	14 Storm Stride	3-00.00
---	#1275 Claire Haun	14 Virginia Bla	NH

Girls Long Jump 10 years old

Name	Yr	Team	Finals
Finals			
1	#1335 Tyasia Dunbar	14 Virginia Eli	12-10.00 NWI
2	#1280 Emery Johnson	14 Virginia Bla	12-01.50 NWI
3	#695 Mariah Bowens	14 Nva Track	12-00.75 NWI

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Finals ... (Girls Long Jump 10 years old)

Name	Yr	Team	Finals
4 #1041 Nevaeh Booker	14	Track 757	11-10.25 NWI
5 #201 Parker Thomas	14	Aerial Supre	11-04.25 NWI
6 #987 Madison Fontenette	14	Technique TC	11-01.50 NWI
7 #1117 Skylar McClain	14	Unattached	10-10.00 NWI
8 #1276 Olivia Hawkins	14	Virginia Bla	9-05.50 NWI
9 #758 Karcyn Eusey	14	On-time Trac	9-03.25 NWI
10 #1181 Tahjae Jones	14	VA Beach Fla	8-11.25 NWI

Girls Shot Put 6 lbs 10 years old

Name	Yr	Team	Finals
1 #329 Kalina Wallace	14	Dale City Li	21-11.50
2 #1309 Baileigh Simms	14	Virginia Bla	21-01.00
3 #362 Madisen Francis	14	Eastend Ligh	20-09.50
4 #825 Amirah Harris	14	Smithfield P	18-05.50
5 #554 Aria Starks	14	Hampton Road	13-02.50

Girls Javelin Throw Turbo (400 g 10 years old)

Name	Yr	Team	Finals
1 #1280 Emery Johnson	14	Virginia Bla	64-07
2 #329 Kalina Wallace	14	Dale City Li	46-00
3 #878 Raina Malloy-Johnson	14	Spartan Chos	44-11
4 #1309 Baileigh Simms	14	Virginia Bla	43-11
5 #557 Brooklyne Talley	14	Hampton Road	34-10
6 #1441 Eleanor Strange	14	West End Str	34-09
7 #1204 Taylor Tenton	14	VA Beach Fla	27-04
8 #874 Maya King	14	Spartan Chos	16-08
--- #554 Aria Starks	14	Hampton Road	DNS

Triathlon: #3 Girls 200 Meter Dash 10 years old Triathlon

Name	Yr	Team	Finals
1 #1041 Nevaeh Booker	14	Track 757	30.55 444
2 #1322 Shaniyah Adkins	14	Virginia Eli	30.83 426
3 #1339 Ava Gaddy	14	Virginia Eli	31.62 375
4 #987 Madison Fontenette	14	Technique TC	32.49 322
5 #1280 Emery Johnson	14	Virginia Bla	32.51 321
6 #1275 Claire Haun	14	Virginia Bla	34.70 205
--- #1441 Eleanor Strange	14	West End Str	DNS NWI
--- #1276 Olivia Hawkins	14	Virginia Bla	DNS NWI
--- #398 Riley Reynolds	14	Eastend Ligh	DNS NWI

Triathlon: #1 Girls High Jump 10 years old Triathlon

Name	Yr	Team	Finals
1 #1322 Shaniyah Adkins	14	Virginia Eli	1.01m 149
1 #987 Madison Fontenette	14	Technique TC	1.01m 149
1 #1339 Ava Gaddy	14	Virginia Eli	1.01m 149
1 #1280 Emery Johnson	14	Virginia Bla	1.01m 149
5 #1041 Nevaeh Booker	14	Track 757	0.96m 111
5 #329 Kalina Wallace	14	Dale City Li	0.96m 111
--- #1275 Claire Haun	14	Virginia Bla	NH

--- #398 Riley Reynolds	14	Eastend Ligh	DNS
--- #1441 Eleanor Strange	14	West End Str	DNS
--- #1276 Olivia Hawkins	14	Virginia Bla	DNS

Triathlon: #2 Girls Shot Put 10 years old Triathlon

Name	Yr	Team	Finals
1 #1280 Emery Johnson	14	Virginia Bla	6.05m 274
2 #329 Kalina Wallace	14	Dale City Li	6.00m 271
3 #1322 Shaniyah Adkins	14	Virginia Eli	5.11m 215
4 #1339 Ava Gaddy	14	Virginia Eli	4.18m 157
5 #1041 Nevaeh Booker	14	Track 757	3.74m 130
6 #1275 Claire Haun	14	Virginia Bla	3.72m 129
7 #987 Madison Fontenette	14	Technique TC	3.67m 126
--- #1276 Olivia Hawkins	14	Virginia Bla	DNS
--- #1441 Eleanor Strange	14	West End Str	DNS
--- #398 Riley Reynolds	14	Eastend Ligh	DNS

Girls Triathlon 10 years old

Name	Yr	Team	Finals
1 #1322 Shaniyah Adkins	14	Virginia Eli	790
2 #1280 Emery Johnson	14	Virginia Bla	744
3 #1041 Nevaeh Booker	14	Track 757	685
4 #1339 Ava Gaddy	14	Virginia Eli	681
5 #987 Madison Fontenette	14	Technique TC	597
6 #329 Kalina Wallace	14	Dale City Li	537
7 #1275 Claire Haun	14	Virginia Bla	334

Girls 1500 Meter Race Walk 10 years old

Name	Yr	Team	Finals
1 #528 Sofia Gilliam	14	Hampton Road	11:30.20

Girls 100 Meter Dash 11 years old

Name	Yr	Team	Prelims
1 #365 Shir'Niya Garrett-Pollara	13	Eastend Ligh	12.94q NWI
2 #1297 Navyiah Quamina	13	Virginia Bla	13.26q NWI
3 #538 Kailyn Johnson	13	Hampton Road	13.59q NWI
4 #1055 Armani Gatling	13	Track 757	13.74q NWI
5 #485 Khalia Butler	13	Hampton City	13.80q NWI
6 #895 Hope Simmonds	13	Spartan Chos	14.10q NWI
7 #324 Sasha Staples	13	Dale City Li	14.16q NWI
8 #585 Madison Moore	13	Heart N Glor	14.41q NWI
9 #667 Lashae Kingston	13	Legion of Zo	14.43 NWI
10 #624 Amiah Brock	13	Lazers Track	14.48 NWI
11 #331 Ashley Weiss	13	Dale City Li	14.67 NWI
12 #900 Malinda Wolfe	13	Spartan Chos	15.01 NWI
13 #1170 Laylah Fowler	13	VA Beach Fla	15.06 NWI
14 #1273 London Hackett	13	Virginia Bla	15.24 NWI
15 #541 Skyla'Jae Johnson	13	Hampton Road	15.32 NWI
16 #206 Mia Brown	13	Central Virg	15.34 NWI
17 #350 Alanna Davis	13	East End Fly	15.36 NWI
18 #575 Emory Dickens	13	Heart N Glor	15.54 NWI

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Preliminaries ... (Girls 100 Meter Dash 11 years old)

Name	Yr	Team	Prelims
19 #1485 Aaliyah Ohemeng	13	Virginia Bla	15.67 NWI
20 #550 Kennedi Redd	13	Hampton Road	15.98 NWI
21 #983 Jordyn Coles	13	Technique TC	16.30 NWI
22 #1165 Precious Ezieme	13	VA Beach Fla	17.52 NWI
--- #250 Amirah Barfield	13	Dale City Li	DNS NWI

Girls 100 Meter Dash 11 years old

Name	Yr	Team	Finals
1 #365 Shir'Niya Garrett-Pollar	13	Eastend Ligh	13.15 NWI
2 #538 Kailyn Johnson	13	Hampton Road	13.73 NWI
3 #1055 Armani Gatling	13	Track 757	13.90 NWI
4 #324 Sasha Staples	13	Dale City Li	13.94 NWI
5 #895 Hope Simmonds	13	Spartan Chos	14.15 NWI
6 #485 Khalia Butler	13	Hampton City	14.17 NWI
7 #585 Madison Moore	13	Heart N Glor	14.53 NWI
8 #1297 Navyiah Quamina	13	Virginia Bla	19.94 NWI

Girls 200 Meter Dash 11 years old

Name	Yr	Team	Prelims
1 #1297 Navyiah Quamina	13	Virginia Bla	27.70q NWI
2 #538 Kailyn Johnson	13	Hampton Road	28.07q NWI
3 #372 Kenya Herring	13	Eastend Ligh	28.16q NWI
4 #667 Lashae Kingston	13	Legion of Zo	28.84q NWI
5 #1055 Armani Gatling	13	Track 757	29.16q NWI
6 #485 Khalia Butler	13	Hampton City	29.45q NWI
7 #1471 Sabrina Massaquoi	13	Virginia Pri	30.25q NWI
8 #895 Hope Simmonds	13	Spartan Chos	30.28q NWI
9 #252 Farrah Beene	13	Dale City Li	30.71 NWI
10 #303 Makenzie Nicholas	13	Dale City Li	30.92 NWI
11 #331 Ashley Weiss	13	Dale City Li	31.00 NWI
12 #1303 Karmen Reynolds	13	Virginia Bla	31.76 NWI
13 #575 Emory Dickens	13	Heart N Glor	31.78 NWI
14 #350 Alanna Davis	13	East End Fly	31.94 NWI
15 #1273 London Hackett	13	Virginia Bla	31.97 NWI
16 #1047 Payton Chambers	13	Track 757	32.28 NWI
17 #710 Makayla Gethers	13	Nva Track	32.44 NWI
18 #1170 Laylah Fowler	13	VA Beach Fla	32.57 NWI
19 #206 Mia Brown	13	Central Virg	33.37 NWI
20 #550 Kennedi Redd	13	Hampton Road	33.62 NWI
21 #1485 Aaliyah Ohemeng	13	Virginia Bla	33.84 NWI
22 #983 Jordyn Coles	13	Technique TC	34.01 NWI
23 #598 Stella Stewart	13	Hornets Trac	40.59 NWI
--- #250 Amirah Barfield	13	Dale City Li	DNS NWI
--- #1205 Janel Thomas	13	VA Beach Fla	DNS NWI

Girls 200 Meter Dash 11 years old

Name	Yr	Team	Finals
1 #372 Kenya Herring	13	Eastend Ligh	27.56 NWI
2 #538 Kailyn Johnson	13	Hampton Road	27.96 NWI
3 #1055 Armani Gatling	13	Track 757	28.58 NWI

4 #485 Khalia Butler	13	Hampton City	28.74 NWI
5 #667 Lashae Kingston	13	Legion of Zo	29.24 NWI
6 #895 Hope Simmonds	13	Spartan Chos	29.32 NWI
7 #1297 Navyiah Quamina	13	Virginia Bla	29.77 NWI
8 #1471 Sabrina Massaquoi	13	Virginia Pri	30.44 NWI

Girls 400 Meter Dash 11 years old

Name	Yr	Team	Finals
1 #1297 Navyiah Quamina	13	Virginia Bla	1:02.27
2 #401 Nejae Sabbakhan	13	Eastend Ligh	1:03.22
3 #735 Kayla Rakowitz	13	Nva Track	1:06.80
4 #1055 Armani Gatling	13	Track 757	1:07.62
5 #485 Khalia Butler	13	Hampton City	1:07.78
6 #1471 Sabrina Massaquoi	13	Virginia Pri	1:09.08
7 #275 Aniyah Gladney	13	Dale City Li	1:09.59
8 #667 Lashae Kingston	13	Legion of Zo	1:11.70
9 #624 Amiah Brock	13	Lazers Track	1:12.07
10 #555 Robyn Strother	13	Hampton Road	1:15.00
11 #710 Makayla Gethers	13	Nva Track	1:17.22
12 #348 Nalonie Bowles	13	East End Fly	1:17.55
13 #649 Tionna Coleman	13	Legion of Zo	1:18.62
14 #206 Mia Brown	13	Central Virg	1:20.96
15 #350 Alanna Davis	13	East End Fly	1:21.68
16 #598 Stella Stewart	13	Hornets Trac	1:38.62
--- #250 Amirah Barfield	13	Dale City Li	DNS
--- #983 Jordyn Coles	13	Technique TC	DNS

Girls 800 Meter Run 11 years old

Name	Yr	Team	Finals
1 #694 Zoey Bernys	13	Nva Track	2:39.22
2 #735 Kayla Rakowitz	13	Nva Track	2:40.36
3 #432 Olivia Jackson	13	Faith In Act	2:49.10
4 #555 Robyn Strother	13	Hampton Road	2:54.00
5 #348 Nalonie Bowles	13	East End Fly	2:59.64
6 #989 Olivia Hendricks	13	Technique TC	2:59.67
7 #649 Tionna Coleman	13	Legion of Zo	3:05.94
8 #1430 Anyah Phanelson	13	Virginia Rap	3:19.14
--- #439 Hannah Przydzial	13	FPYC	DNS

Girls 1500 Meter Run 11 years old

Name	Yr	Team	Finals
1 #1140 Isabella Strumke	13	Unattached	5:18.11
2 #694 Zoey Bernys	13	Nva Track	5:21.43
3 #439 Hannah Przydzial	13	FPYC	5:30.33
4 #432 Olivia Jackson	13	Faith In Act	5:58.13
5 #989 Olivia Hendricks	13	Technique TC	6:06.18
6 #823 Lexi Campbell	13	Smithfield P	6:06.50
7 #1430 Anyah Phanelson	13	Virginia Rap	7:23.78

Girls 3000 Meter Run 11 years old

Name	Yr	Team	Finals
1 #1140 Isabella Strumke	13	Unattached	11:45.05

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Finals ... (Girls 3000 Meter Run 11 years old)

Name	Yr	Team	Finals
2 #694 Zoey Bernys	13	Nva Track	11:51.23

Girls 80 Meter Hurdles 11 years old

Name	Yr	Team	Finals
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1 #458 Jourdan Kearney	13	Global Elite	17.62 NWI
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Girls High Jump 11 years old

Name	Yr	Team	Finals
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1 #375 Charli Jackson	13	Eastend Ligh	4-02.00
2 #1205 Janel Thomas	13	VA Beach Fla	4-00.00
2 #747 Georgia Thompson	13	Nva Track	4-00.00
2 #1465 Autumn Lewis	13	Eastend Ligh	4-00.00
5 #458 Jourdan Kearney	13	Global Elite	3-10.00
6 #1047 Payton Chambers	13	Track 757	3-06.00

Girls Long Jump 11 years old

Name	Yr	Team	Finals
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1 #538 Kailyn Johnson	13	Hampton Road	13-11.75 NWI
2 #747 Georgia Thompson	13	Nva Track	13-07.25 NWI
3 #458 Jourdan Kearney	13	Global Elite	13-02.25 NWI
4 #1273 London Hackett	13	Virginia Bla	13-02.00 NWI
5 #900 Malinda Wolfe	13	Spartan Chos	12-04.75 NWI
6 #585 Madison Moore	13	Heart N Glor	12-04.00 NWI
7 #624 Amiah Brock	13	Lazers Track	12-02.75 NWI
8 #1303 Karmen Reynolds	13	Virginia Bla	11-09.25 NWI
9 #1047 Payton Chambers	13	Track 757	11-05.00 NWI
10 #575 Emory Dickens	13	Heart N Glor	10-05.50 NWI
11 #823 Lexi Campbell	13	Smithfield P	10-02.75 NWI
12 #149 Jordyn Collier	13	5 Star Eagle	9-05.00 NWI

Girls Shot Put 6 lbs 11 years old

Name	Yr	Team	Finals
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1 #541 Skyla'Jae Johnson	13	Hampton Road	24-00.00
2 #149 Jordyn Collier	13	5 Star Eagle	21-07.50
3 #247 Reagan Anderson	13	Dale City Li	21-07.00
4 #628 Jocelyn Blevins	13	Legacy Track	21-01.00
5 #1475 Sophia Woldemichael	13	Virginia Bla	17-09.00
--- #379 Amirah Jones	13	Eastend Ligh	DNS

Girls Discus Throw 1.0 Kg 11 years old

Name	Yr	Team	Finals
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1 #628 Jocelyn Blevins	13	Legacy Track	45-04
2 #247 Reagan Anderson	13	Dale City Li	43-02
3 #541 Skyla'Jae Johnson	13	Hampton Road	39-08
--- #379 Amirah Jones	13	Eastend Ligh	DNS

Girls Javelin Throw Turbo (400 g 11 years old)

Name	Yr	Team	Finals
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1 #747 Georgia Thompson	13	Nva Track	59-04
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2 #900 Malinda Wolfe	13	Spartan Chos	51-01
3 #1303 Karmen Reynolds	13	Virginia Bla	48-09
4 #895 Hope Simmonds	13	Spartan Chos	47-11
5 #1475 Sophia Woldemichael	13	Virginia Bla	45-01
6 #1171 Leah Fowler	13	VA Beach Fla	42-07
7 #247 Reagan Anderson	13	Dale City Li	42-05
8 #598 Stella Stewart	13	Hornets Trac	35-07
9 #550 Kennedi Redd	13	Hampton Road	33-07
10 #555 Robyn Strother	13	Hampton Road	33-05
11 #1170 Laylah Fowler	13	VA Beach Fla	30-07
12 #628 Jocelyn Blevins	13	Legacy Track	29-11
13 #1165 Precious Ezieme	13	VA Beach Fla	18-02

Outdoor Pentathlon: #5 Girls 800 Meter Run 11 years old Outdoor Pentat

Name	Yr	Team	Finals
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Finals

1 #401 Nejae Sabbakhan	13	Eastend Ligh	2:46.56 500
2 #372 Kenya Herring	13	Eastend Ligh	2:56.77 396
3 #1465 Autumn Lewis	13	Eastend Ligh	3:11.11 269

Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 11 years old Outdoor Pen

Name	Yr	Team	Finals
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Finals

1 #372 Kenya Herring	13	Eastend Ligh	15.46 649
2 #401 Nejae Sabbakhan	13	Eastend Ligh	16.26 553
3 #1465 Autumn Lewis	13	Eastend Ligh	17.74 392

Outdoor Pentathlon: #4 Girls High Jump 11 years old Outdoor Pentathlo

Name	Yr	Team	Finals
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Finals

1 #401 Nejae Sabbakhan	13	Eastend Ligh	1.21m 321
1 #1465 Autumn Lewis	13	Eastend Ligh	1.21m 321
3 #372 Kenya Herring	13	Eastend Ligh	1.16m 275

Outdoor Pentathlon: #2 Girls Long Jump 11 years old Outdoor Pentathlo

Name	Yr	Team	Finals
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Finals

1 #401 Nejae Sabbakhan	13	Eastend Ligh	4.11m 333
2 #372 Kenya Herring	13	Eastend Ligh	3.90m 285
3 #1465 Autumn Lewis	13	Eastend Ligh	3.58m 216

Outdoor Pentathlon: #3 Girls Shot Put 11 years old Outdoor Pentathlon

Name	Yr	Team	Finals
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Finals

1 #401 Nejae Sabbakhan	13	Eastend Ligh	5.79m 258
2 #372 Kenya Herring	13	Eastend Ligh	5.36m 231
3 #1465 Autumn Lewis	13	Eastend Ligh	5.01m 209

Girls Outdoor Pentathlon 11 years old

Name	Yr	Team	Finals
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Finals

1 #401 Nejae Sabbakhan	13	Eastend Ligh	1965
2 #372 Kenya Herring	13	Eastend Ligh	1836
3 #1465 Autumn Lewis	13	Eastend Ligh	1407

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Girls 100 Meter Dash 12 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#1112	Jiya Lewis	12 Unattached 13.05q NWI
2	#1064	Jenell Mcknight	12 Track 757 13.07q NWI
3	#305	Averie Noble	12 Dale City Li 13.09q NWI
4	#543	Morgan Kent	12 Hampton Road 13.18q NWI
5	#180	Taniah Alexander	12 804 Dynasty 13.32q NWI
6	#413	Yahkira Warren	12 Eastend Ligh 13.37q NWI
7	#752	Sydney Williams	12 Nva Track 13.72q NWI
8	#961	Skylar Hunter	12 T4p Academy 13.72q NWI
9	#193	Zionna Walker	12 804 Dynasty 13.91 NWI
10	#306	Jadore Okoye	12 Dale City Li 13.95 NWI
11	#545	Charley Meads	12 Hampton Road 13.98 NWI
12	#692	Alexa Barry	12 Nva Track 13.98 NWI
13	#1489	Kennedy Cannon	12 Future Flyer 14.07 NWI
14	#221	Kin'Tahra Gatling	12 Chesapeake D 14.36 NWI
15	#780	Ariyana Presley	12 Pathfinders 14.40 NWI
16	#755	Jael Eusey	12 On-time Trac 14.53 NWI
17	#102	Ciara Diamond	12 2nd To None 14.53 NWI
18	#778	Chloe Larkin	12 Pathfinders 14.63 NWI
19	#192	James Nash	12 804 Dynasty 14.75 NWI
20	#499	Valisa Rhines	12 Hampton City 15.06 NWI
21	#963	Zoey Legrande	12 T4p Academy 15.41 NWI
22	#334	Bayleigh Williams	12 Dale City Li 16.55 NWI
---	#153	Morgan Curry	12 5 Star Eagle DNS NWI
---	#1420	Egypt Martino	12 Virginia Rap DNS NWI
---	#114	Chloe Clark	12 360 Elite Tr DNS NWI
---	#1293	Mary Neal	12 Virginia Bla DNS NWI
---	#982	Charlotte Cole	12 Technique TC DNS NWI
---	#1419	Arabia Martino	12 Virginia Rap DNS NWI

Girls 100 Meter Dash 12 years old

Name	Yr	Team	Finals
Finals			
1	#1064	Jenell Mcknight	12 Track 757 13.12 NWI
2	#1112	Jiya Lewis	12 Unattached 13.16 NWI
3	#543	Morgan Kent	12 Hampton Road 13.21 NWI
4	#413	Yahkira Warren	12 Eastend Ligh 13.22 NWI
5	#305	Averie Noble	12 Dale City Li 13.35 NWI
6	#180	Taniah Alexander	12 804 Dynasty 13.48 NWI
7	#752	Sydney Williams	12 Nva Track 13.71 NWI
8	#961	Skylar Hunter	12 T4p Academy 14.01 NWI

Girls 200 Meter Dash 12 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#180	Taniah Alexander	12 804 Dynasty 27.41q NWI
2	#413	Yahkira Warren	12 Eastend Ligh 27.49q NWI
3	#1195	Kennedy Sample	12 VA Beach Fla 27.63q NWI
4	#498	Khamya Rhines	12 Hampton City 27.65q NWI
5	#468	Triniti Pollard	12 Global Trans 27.67q NWI
6	#752	Sydney Williams	12 Nva Track 28.09q NWI

7	#1207	Addison Turner	12 VA Beach Fla 28.17q NWI
8	#1112	Jiya Lewis	12 Unattached 28.27q NWI
9	#305	Averie Noble	12 Dale City Li 28.45 NWI
10	#373	Peyton Hicks	12 Eastend Ligh 28.91 NWI
11	#545	Charley Meads	12 Hampton Road 28.95 NWI
12	#272	Brooklyn Gibson	12 Dale City Li 29.01 NWI
13	#193	Zionna Walker	12 804 Dynasty 29.47 NWI
14	#757	Kai Eusey	12 On-time Trac 29.76 NWI
15	#1489	Kennedy Cannon	12 Future Flyer 29.80 NWI
16	#221	Kin'Tahra Gatling	12 Chesapeake D 30.38 NWI
17	#293	Shanira King	12 Dale City Li 30.56 NWI
18	#755	Jael Eusey	12 On-time Trac 30.90 NWI
19	#1293	Mary Neal	12 Virginia Bla 30.91 NWI
20	#102	Ciara Diamond	12 2nd To None 31.52 NWI
21	#499	Valisa Rhines	12 Hampton City 32.26 NWI
22	#334	Bayleigh Williams	12 Dale City Li 34.65 NWI
---	#570	Brilee Brown	12 Heart N Glor DQ NWI
---	#153	Morgan Curry	12 5 Star Eagle DNS NWI
---	#306	Jadore Okoye	12 Dale City Li DNS NWI
---	#117	Sydney Hampton	12 360 Elite Tr DNS NWI
---	#1405	Jada Byrd	12 Virginia Rap DNS NWI
---	#982	Charlotte Cole	12 Technique TC DNS NWI
---	#1420	Egypt Martino	12 Virginia Rap DNS NWI

Girls 200 Meter Dash 12 years old

Name	Yr	Team	Finals
Finals			
1	#498	Khamya Rhines	12 Hampton City 27.38 NWI
2	#180	Taniah Alexander	12 804 Dynasty 27.48 NWI
3	#1195	Kennedy Sample	12 VA Beach Fla 27.59 NWI
4	#468	Triniti Pollard	12 Global Trans 27.60 NWI
5	#413	Yahkira Warren	12 Eastend Ligh 27.63 NWI
6	#1112	Jiya Lewis	12 Unattached 27.67 NWI
7	#752	Sydney Williams	12 Nva Track 28.33 NWI
8	#1207	Addison Turner	12 VA Beach Fla 28.77 NWI

Girls 400 Meter Dash 12 years old

Name	Yr	Team	Finals
Finals			
1	#543	Morgan Kent	12 Hampton Road 1:00.03
2	#971	Alyssa Plowden	12 T4p Academy 1:01.27
3	#402	Olivia Sedgwick	12 Eastend Ligh 1:02.63
4	#392	Aubri Myers	12 Eastend Ligh 1:02.90
5	#661	Alexis Harris	12 Legion of Zo 1:03.10
6	#498	Khamya Rhines	12 Hampton City 1:03.37
7	#1195	Kennedy Sample	12 VA Beach Fla 1:03.51
8	#1109	Syreniti Jenkins	12 Unattached 1:03.98
9	#570	Brilee Brown	12 Heart N Glor 1:04.43
9	#272	Brooklyn Gibson	12 Dale City Li 1:04.43
11	#410	Gabrielle Thombs	12 Eastend Ligh 1:04.50
12	#414	Shamari Warren-Toliver	12 Eastend Ligh 1:06.02
13	#871	Sabrina James	12 Spartan Chos 1:07.75
14	#757	Kai Eusey	12 On-time Trac 1:08.37
15	#373	Peyton Hicks	12 Eastend Ligh 1:09.25
16	#545	Charley Meads	12 Hampton Road 1:12.14
17	#963	Zoey Legrande	12 T4p Academy 1:13.06

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Finals ... (Girls 400 Meter Dash 12 years old)

Name	Yr	Team	Finals
18 #391 Amani Myers	12	Eastend Ligh	1:13.24
19 #117 Sydney Hampton	12	360 Elite Tr	1:13.48
20 #973 Blake Smith	12	T4p Academy	1:18.58
21 #334 Bayleigh Williams	12	Dale City Li	1:21.39
--- #114 Chloe Clark	12	360 Elite Tr	DNS
--- #1405 Jada Byrd	12	Virginia Rap	DNS
--- #1420 Egypt Martino	12	Virginia Rap	DNS

Girls 800 Meter Run 12 years old

Name	Yr	Team	Finals
1 #971 Alyssa Plowden	12	T4p Academy	2:24.51
2 #661 Alexis Harris	12	Legion of Zo	2:26.52
3 #659 Sa'Liyah Grantham	12	Legion of Zo	2:34.36
4 #1109 Syreniti Jenkins	12	Unattached	2:38.23
5 #1126 Alyssa Parran	12	Unattached	2:40.70
6 #273 Layla Gill	12	Dale City Li	2:42.32
7 #265 Chanelle Davis	12	Dale City Li	2:45.74
8 #639 Isabella Martinez	12	Legacy Track	2:49.91
9 #396 Charlee Peoples	12	Eastend Ligh	2:59.80
10 #117 Sydney Hampton	12	360 Elite Tr	3:08.71
--- #871 Sabrina James	12	Spartan Chos	DNS
--- #438 Anne Przydzial	12	FPYC	DNS
--- #1405 Jada Byrd	12	Virginia Rap	DNS

Girls 1500 Meter Run 12 years old

Name	Yr	Team	Finals
1 #659 Sa'Liyah Grantham	12	Legion of Zo	5:25.06
2 #438 Anne Przydzial	12	FPYC	5:25.92
3 #1126 Alyssa Parran	12	Unattached	5:53.09
4 #1092 Camryn Coleman	12	Unattached	6:18.88

Girls 3000 Meter Run 12 years old

Name	Yr	Team	Finals
1 #659 Sa'Liyah Grantham	12	Legion of Zo	11:33.49
2 #1092 Camryn Coleman	12	Unattached	14:06.68

Girls 80 Meter Hurdles 12 years old

Name	Yr	Team	Finals
1 #498 Khamya Rhines	12	Hampton City	13.60 NWI
2 #1126 Alyssa Parran	12	Unattached	14.55 NWI
3 #1064 Jenell Mcknight	12	Track 757	14.83 NWI
4 #221 Kin'Tahra Gatling	12	Chesapeake D	15.03 NWI
5 #468 Triniti Pollard	12	Global Trans	15.32 NWI
6 #661 Alexis Harris	12	Legion of Zo	15.41 NWI
7 #639 Isabella Martinez	12	Legacy Track	15.49 NWI
8 #961 Skylar Hunter	12	T4p Academy	17.33 NWI
9 #1109 Syreniti Jenkins	12	Unattached	19.31 NWI

Girls 4x100 Meter Relay 12 years old

Team	Relay	Finals
Finals		
1 Eastend Ligh	A	51.61
1) #392 Aubri Myers 12	2) #372 Kenya Herring 13	
3) #365 Shir'Niya Garrett-Pollard 1	4) #413 Yahkira Warren 12	
2 Dale City Li	A	54.11
1) #275 Aniyah Gladney 13	2) #305 Averie Noble 12	
3) #306 Jadore Okoye 12	4) #324 Sasha Staples 13	
3 Eastend Ligh	B	54.90
1) #391 Amani Myers 12	2) #1465 Autumn Lewis 13	
3) #375 Charli Jackson 13	4) #373 Peyton Hicks 12	
4 Nva Track	A	55.95
1) #692 Alexa Barry 12	2) #735 Kayla Rakowitz 13	
3) #710 Makayla Gethers 13	4) #752 Sydney Williams 12	
5 T4p Academy	A	57.10
1) #971 Alyssa Plowden 12	2) #973 Blake Smith 12	
3) #961 Skylar Hunter 12	4) #963 Zoey Legrande 12	
6 Dale City Li	B	59.06
1) #331 Ashley Weiss 13	2) #252 Farrah Beene 13	
3) #303 Makenzie Nicholas 13	4) #293 Shanira King 12	

Girls 4x400 Meter Relay 12 years old

Team	Relay	Finals
Finals		
1 Eastend Ligh	A	4:20.95
1) #402 Olivia Sedgwick 12	2) #392 Aubri Myers 12	
3) #401 Nejae Sabbakhan 13	4) #410 Gabrielle Thombs 12	
2 Eastend Ligh	B	4:34.44
1) #1465 Autumn Lewis 13	2) #372 Kenya Herring 13	
3) #365 Shir'Niya Garrett-Pollard 1	4) #396 Charlee Peoples 12	
3 Dale City Li	A	4:39.10
1) #275 Aniyah Gladney 13	2) #272 Brooklyn Gibson 12	
3) #273 Layla Gill 12	4) #324 Sasha Staples 13	
4 Dale City Li	B	5:02.77
1) #265 Chanelle Davis 12	2) #252 Farrah Beene 13	
3) #293 Shanira King 12	4) #303 Makenzie Nicholas 13	

Girls 4x800 Meter Relay 12 years old

Team	Relay	Finals
Finals		
1 Eastend Ligh	A	11:17.70
1) #396 Charlee Peoples 12	2) #401 Nejae Sabbakhan 13	
3) #402 Olivia Sedgwick 12	4) #410 Gabrielle Thombs 12	

Girls High Jump 12 years old

Name	Yr	Team	Finals
Finals			
1 #1207 Addison Turner	12	VA Beach Fla	4-10.00
2 #396 Charlee Peoples	12	Eastend Ligh	4-04.00
3 #570 Brilee Brown	12	Heart N Glor	4-02.00
4 #871 Sabrina James	12	Spartan Chos	3-04.00

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Girls Long Jump 12 years old

Name	Yr	Team	Finals
Finals			
1	#543	Morgan Kent	12 Hampton Road 15-11.00 NWI
2	#1207	Addison Turner	12 VA Beach Fla 14-08.00 NWI
3	#780	Ariyana Presley	12 Pathfinders 14-07.25 NWI
4	#1489	Kennedy Cannon	12 Future Flyer 13-04.00 NWI
5	#1293	Mary Neal	12 Virginia Bla 13-03.50 NWI
6	#410	Gabrielle Thombs	12 Eastend Ligh 13-01.75 NWI
7	#265	Chanelle Davis	12 Dale City Li 12-11.00 NWI
8	#102	Ciara Diamond	12 2nd To None 12-10.00 NWI
9	#273	Layla Gill	12 Dale City Li 12-07.75 NWI
10	#180	Taniah Alexander	12 804 Dynasty 10-11.00 NWI
11	#182	Aaliyah Brown	12 804 Dynasty 10-10.00 NWI
---	#1195	Kennedy Sample	12 VA Beach Fla DNS NWI
---	#153	Morgan Curry	12 5 Star Eagle DNS NWI

Girls Shot Put 6 lbs 12 years old

Name	Yr	Team	Finals
Finals			
1	#316	Anysia Reeves	12 Dale City Li 28-02.00
2	#192	James Nash	12 804 Dynasty 27-06.00
3	#1064	Jenell Mcknight	12 Track 757 26-00.50
4	#1284	Kyndle Keitt	12 Virginia Bla 26-00.00
5	#639	Isabella Martinez	12 Legacy Track 23-07.00
6	#1161	Journie Davis	12 VA Beach Fla 19-00.00

Girls Discus Throw 1.0 Kg 12 years old

Name	Yr	Team	Finals
Finals			
1	#316	Anysia Reeves	12 Dale City Li 80-01

Girls Javelin Throw Turbo (400 g 12 years old

Name	Yr	Team	Finals
Finals			
1	#316	Anysia Reeves	12 Dale City Li 54-04
2	#1161	Journie Davis	12 VA Beach Fla J26-05
---	#982	Charlotte Cole	12 Technique TC DNS

Outdoor Pentathlon: #5 Girls 800 Meter Run 12 years old Outdoor Pentat

Name	Yr	Team	Finals
Finals			
1	#661	Alexis Harris	12 Legion of Zo 2:32.30 664
2	#639	Isabella Martinez	12 Legacy Track 2:47.98 485
3	#396	Charlee Peoples	12 Eastend Ligh 2:57.60 388
4	#1207	Addison Turner	12 VA Beach Fla 3:28.71 145

Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 12 years old Outdoor Pen

Name	Yr	Team	Finals
Finals			
1	#1207	Addison Turner	12 VA Beach Fla 14.70 749
2	#661	Alexis Harris	12 Legion of Zo 14.83 732
3	#639	Isabella Martinez	12 Legacy Track 15.48 647
4	#396	Charlee Peoples	12 Eastend Ligh 18.70 302

Outdoor Pentathlon: #4 Girls High Jump 12 years old Outdoor Pentathlo

Name	Yr	Team	Finals
Finals			
1	#1207	Addison Turner	12 VA Beach Fla 1.47m 588
2	#396	Charlee Peoples	12 Eastend Ligh 1.32m 429
3	#639	Isabella Martinez	12 Legacy Track 1.06m 188
3	#661	Alexis Harris	12 Legion of Zo 1.06m 188

Outdoor Pentathlon: #2 Girls Long Jump 12 years old Outdoor Pentathlo

Name	Yr	Team	Finals
Finals			
1	#1207	Addison Turner	12 VA Beach Fla 4.75m 492
2	#639	Isabella Martinez	12 Legacy Track 4.15m 343
3	#661	Alexis Harris	12 Legion of Zo 3.84m 272
4	#396	Charlee Peoples	12 Eastend Ligh 3.66m 233

Outdoor Pentathlon: #3 Girls Shot Put 12 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1	#639	Isabella Martinez	12 Legacy Track 7.79m 386
2	#1207	Addison Turner	12 VA Beach Fla 6.51m 304
3	#661	Alexis Harris	12 Legion of Zo 6.29m 290
4	#396	Charlee Peoples	12 Eastend Ligh 5.53m 242

Girls Outdoor Pentathlon 12 years old

Name	Yr	Team	Finals
Finals			
1	#1207	Addison Turner	12 VA Beach Fla 2278
2	#661	Alexis Harris	12 Legion of Zo 2146
3	#639	Isabella Martinez	12 Legacy Track 2049
4	#396	Charlee Peoples	12 Eastend Ligh 1594

Girls 100 Meter Dash 13 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#631	Olivia Friends	11 Legacy Track 13.13q NWI
2	#519	Ryleigh Daniels	11 Hampton Road 13.17q NWI
3	#553	Adrianna Southerland	11 Hampton Road 13.27q NWI
4	#1045	Mariah Calliste	11 Track 757 13.31q NWI
5	#1459	Hannah Mason	11 Eastend Ligh 13.42q NWI
6	#583	Dillan Keene	11 Heart N Glor 13.46q NWI
7	#709	Isabel Germosen	11 Nva Track 13.68q NWI
8	#552	Amiyah Smith	11 Hampton Road 13.84q NWI
9	#483	Khloe Best	11 Hampton City 13.85 NWI
10	#435	Janiyah Ferrer	11 Firestorm TC 13.99 NWI
11	#496	Aubrey Mckinnon	11 Hampton City 14.04 NWI
12	#217	Emerie Davis	11 Chesapeake D 14.10 NWI
13	#860	Kendall Essien	11 Spartan Chos 14.16 NWI
14	#783	Khaleah Spruill	11 Pathfinders 14.27 NWI
15	#1473	London Richburg	11 Heart N Glor 14.37 NWI
16	#1404	Nizyah Belcher	11 Virginia Rap 14.48 NWI
17	#985	London Douglas	11 Technique TC 14.68 NWI
18	#830	Zoe Moore	11 Smithfield P 14.77 NWI
---	#1106	Nyema Harvey	11 Unattached DNS NWI

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Preliminaries ... (Girls 100 Meter Dash 13 years old)

Name	Yr	Team	Prelims
--- #764 Samantha Beasley	11	OverDrive Tr	DNS NWI
--- #1305 Jayda Roderick	11	Virginia Bla	DNS NWI

Girls 100 Meter Dash 13 years old

Name	Yr	Team	Finals
1 #553 Adrionna Southerland	11	Hampton Road	12.82 NWI
2 #631 Olivia Friends	11	Legacy Track	12.97 NWI
3 #1045 Mariah Calliste	11	Track 757	13.12 NWI
4 #519 Ryleigh Daniels	11	Hampton Road	13.19 NWI
5 #552 Amiyah Smith	11	Hampton Road	13.34 NWI
6 #1459 Hannah Mason	11	Eastend Ligh	13.38 NWI
7 #583 Dillan Keene	11	Heart N Glor	13.50 NWI
--- #709 Isabel Germosen	11	Nva Track	DNS NWI

Girls 200 Meter Dash 13 years old

Name	Yr	Team	Prelims
1 #631 Olivia Friends	11	Legacy Track	26.69q NWI
2 #493 Micah Hardie	11	Hampton City	26.87q NWI
3 #553 Adrionna Southerland	11	Hampton Road	26.91q NWI
4 #1459 Hannah Mason	11	Eastend Ligh	27.38q NWI
5 #1331 Zanari Davis	11	Virginia Eli	27.43q NWI
6 #709 Isabel Germosen	11	Nva Track	27.44q NWI
7 #552 Amiyah Smith	11	Hampton Road	27.54q NWI
8 #519 Ryleigh Daniels	11	Hampton Road	27.54q NWI
9 #1045 Mariah Calliste	11	Track 757	27.56 NWI
10 #1319 Alaya Williams	11	Virginia Bla	27.63 NWI
11 #647 Alaiyah Choice	11	Legion of Zo	27.77 NWI
12 #860 Kendall Essien	11	Spartan Chos	27.94 NWI
13 #583 Dillan Keene	11	Heart N Glor	28.24 NWI
14 #435 Janiyah Ferrer	11	Firestorm TC	28.25 NWI
15 #483 Khloe Best	11	Hampton City	28.60 NWI
16 #496 Aubrey Mckinnon	11	Hampton City	28.79 NWI
17 #217 Emerie Davis	11	Chesapeake D	28.89 NWI
18 #332 Autumn White	11	Dale City Li	29.17 NWI
19 #783 Khaleah Spruill	11	Pathfinders	29.22 NWI
20 #1230 Abigail Hogsett	11	VA House of	29.92 NWI
21 #1473 London Richburg	11	Heart N Glor	30.69 NWI
--- #1106 Nyema Harvey	11	Unattached	DNS NWI
--- #1305 Jayda Roderick	11	Virginia Bla	DNS NWI
--- #764 Samantha Beasley	11	OverDrive Tr	DNS NWI

Girls 200 Meter Dash 13 years old

Name	Yr	Team	Finals
1 #553 Adrionna Southerland	11	Hampton Road	26.48 NWI
2 #493 Micah Hardie	11	Hampton City	26.64 NWI
3 #631 Olivia Friends	11	Legacy Track	26.69 NWI
4 #709 Isabel Germosen	11	Nva Track	27.23 NWI
5 #1331 Zanari Davis	11	Virginia Eli	27.25 NWI
6 #519 Ryleigh Daniels	11	Hampton Road	27.35 NWI
7 #1459 Hannah Mason	11	Eastend Ligh	27.45 NWI

8 #552 Amiyah Smith 11 Hampton Road 27.48 NWI

Girls 400 Meter Dash 13 years old

Name	Yr	Team	Prelims
1 #1367 Demiyah Wilson	11	Virginia Eli	1:01.11q
2 #340 Olivia Dozier	11	Dulles Youth	1:01.44q
3 #493 Micah Hardie	11	Hampton City	1:02.37q
4 #1331 Zanari Davis	11	Virginia Eli	1:02.89q
5 #631 Olivia Friends	11	Legacy Track	1:04.25q
6 #1319 Alaya Williams	11	Virginia Bla	1:04.86q
7 #332 Autumn White	11	Dale City Li	1:04.91q
8 #1159 Aaliyah Cobia	11	VA Beach Fla	1:05.38q
9 #1224 Paulina Darmenova	11	VA House of	1:05.61
10 #519 Ryleigh Daniels	11	Hampton Road	1:05.63
11 #1039 Maliyah Atkins	11	Track 757	1:05.93
12 #217 Emerie Davis	11	Chesapeake D	1:06.67
13 #656 Tiana Fleming	11	Legion of Zo	1:06.81
14 #480 Samira Atkins	11	Hampton City	1:07.55
15 #1230 Abigail Hogsett	11	VA House of	1:08.47
16 #1271 Amari Epps	11	Virginia Bla	1:08.65
17 #1013 Kylee Harrington	11	The Speed Te	1:09.36
18 #712 Isabella Hernandez-Sard	11	Nva Track	1:15.68
--- #764 Samantha Beasley	11	OverDrive Tr	DNS
--- #647 Alaiyah Choice	11	Legion of Zo	DNS
--- #1053 Courtney Frasier	11	Track 757	DNS

Girls 400 Meter Dash 13 years old

Name	Yr	Team	Finals
1 #1367 Demiyah Wilson	11	Virginia Eli	1:00.15
2 #340 Olivia Dozier	11	Dulles Youth	1:02.18
3 #493 Micah Hardie	11	Hampton City	1:02.67
4 #1331 Zanari Davis	11	Virginia Eli	1:04.25
5 #332 Autumn White	11	Dale City Li	1:04.93
6 #1319 Alaya Williams	11	Virginia Bla	1:05.35
7 #1159 Aaliyah Cobia	11	VA Beach Fla	1:06.84
--- #631 Olivia Friends	11	Legacy Track	DNS

Girls 800 Meter Run 13 years old

Name	Yr	Team	Finals
1 #340 Olivia Dozier	11	Dulles Youth	2:32.59
2 #319 Mallory Roussos	11	Dale City Li	2:32.65
3 #1368 Madison Adams	11	Virginia Pri	2:36.35
4 #1224 Paulina Darmenova	11	VA House of	2:38.57
5 #656 Tiana Fleming	11	Legion of Zo	2:39.87
6 #218 Ariana Dilaura	11	Chesapeake D	2:45.42
7 #1390 Riley Snyder	11	Virginia Pri	2:52.92
8 #224 Molly Pugel	11	Chesapeake D	2:55.05
9 #712 Isabella Hernandez-Sard	11	Nva Track	3:09.82
--- #1389 Eleanor Slowe	11	Virginia Pri	DNS
--- #688 Aaliyah Abdo	11	Northern Vir	DNS
--- #1254 Audrey Yiengst	11	VA House of	DNS

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Girls 1500 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1	#319 Mallory Roussos	11 Dale City Li	5:15.84
2	#1368 Madison Adams	11 Virginia Pri	5:25.99
3	#1254 Audrey Yiengst	11 VA House of	5:37.21
4	#1390 Riley Snyder	11 Virginia Pri	5:50.30
5	#224 Molly Pugel	11 Chesapeake D	5:52.12
6	#218 Ariana Dilaura	11 Chesapeake D	5:54.45
7	#1389 Eleanor Slowe	11 Virginia Pri	6:10.63
---	#1146 Jahmira Webb	11 Unattached	DNS

Girls 3000 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1	#319 Mallory Roussos	11 Dale City Li	11:23.94
2	#224 Molly Pugel	11 Chesapeake D	13:53.84
3	#1146 Jahmira Webb	11 Unattached	15:15.10
---	#688 Aaliyah Abdo	11 Northern Vir	DNS

Girls 100 Meter Hurdles 13 years old

Name	Yr	Team	Finals
Finals			
1	#340 Olivia Dozier	11 Dulles Youth	15.84 NWI
2	#473 Aaliyah Thornton	11 Global Trans	16.24 NWI
3	#1053 Courtney Frasier	11 Track 757	18.17 NWI
4	#1039 Maliyah Atkins	11 Track 757	18.79 NWI
5	#1088 Farrah Bramlett	11 Unattached	19.31 NWI
6	#1271 Amari Epps	11 Virginia Bla	19.35 NWI
7	#456 Jayla Joyner	11 Global Elite	19.51 NWI
8	#1447 Berkeley Zellner	11 Zellner Trac	19.63 NWI
9	#1157 Brellyn Coates	11 VA Beach Fla	19.87 NWI
10	#1067 Kendall Pittman	11 Track 757	20.32 NWI
11	#1042 Maximiliana Brandon	11 Track 757	20.50 NWI
12	#470 Ashleigh Taborn	11 Global Trans	21.12 NWI

Girls 200 Meter Hurdles 13 years old

Name	Yr	Team	Finals
Finals			
1	#473 Aaliyah Thornton	11 Global Trans	28.64 NWI
2	#340 Olivia Dozier	11 Dulles Youth	28.84 NWI
3	#1039 Maliyah Atkins	11 Track 757	31.35 NWI
4	#1053 Courtney Frasier	11 Track 757	32.93 NWI
5	#480 Samira Atkins	11 Hampton City	33.23 NWI
6	#128 Ameerah Simpson	11 360 Elite Tr	33.59 NWI
7	#1042 Maximiliana Brandon	11 Track 757	33.60 NWI
8	#1045 Mariah Calliste	11 Track 757	33.75 NWI
9	#1447 Berkeley Zellner	11 Zellner Trac	34.04 NWI
10	#830 Zoe Moore	11 Smithfield P	34.43 NWI
11	#1067 Kendall Pittman	11 Track 757	34.57 NWI
12	#470 Ashleigh Taborn	11 Global Trans	34.71 NWI

Girls High Jump 13 years old

Name	Yr	Team	Finals
Finals			
1	#403 Kayden Short	11 Eastend Ligh	J4-04.00

1	#1088 Farrah Bramlett	11 Unattached	J4-04.00
3	#456 Jayla Joyner	11 Global Elite	J4-02.00
4	#995 Taylor Russell	11 Technique TC	J4-02.00
5	#1053 Courtney Frasier	11 Track 757	J4-02.00
6	#1042 Maximiliana Brandon	11 Track 757	4-00.00
7	#1039 Maliyah Atkins	11 Track 757	J4-00.00
8	#1459 Hannah Mason	11 Eastend Ligh	3-10.00
---	#1106 Nyema Harvey	11 Unattached	DNS

Girls Pole Vault 13 years old

Name	Yr	Team	Finals
Finals			
1	#1157 Brellyn Coates	11 VA Beach Fla	7-00.00

Girls Long Jump 13 years old

Name	Yr	Team	Finals
Finals			
1	#473 Aaliyah Thornton	11 Global Trans	16-03.00 NWI
2	#519 Ryleigh Daniels	11 Hampton Road	15-10.00 NWI
3	#552 Amiyah Smith	11 Hampton Road	14-05.25 NWI
4	#860 Kendall Essien	11 Spartan Chos	14-03.75 NWI
5	#583 Dillan Keene	11 Heart N Glor	14-02.75 NWI
6	#1088 Farrah Bramlett	11 Unattached	14-02.00 NWI
7	#493 Micah Hardie	11 Hampton City	13-11.00 NWI
7	#496 Aubrey Mckinnon	11 Hampton City	13-11.00 NWI
9	#456 Jayla Joyner	11 Global Elite	13-10.50 NWI
10	#1157 Brellyn Coates	11 VA Beach Fla	13-06.00 NWI
11	#403 Kayden Short	11 Eastend Ligh	13-05.25 NWI
12	#483 Khloe Best	11 Hampton City	13-04.50 NWI
13	#1404 Nizyah Belcher	11 Virginia Rap	13-04.00 NWI
14	#1447 Berkeley Zellner	11 Zellner Trac	12-10.00 NWI
15	#1097 Tempest Curry	11 Unattached	12-07.75 NWI
16	#470 Ashleigh Taborn	11 Global Trans	12-07.25 NWI
17	#1473 London Richburg	11 Heart N Glor	12-04.75 NWI
18	#1188 Mazyn Murphy	11 VA Beach Fla	11-08.00 NWI
---	#1106 Nyema Harvey	11 Unattached	DNS NWI

Girls Triple Jump 13 years old

Name	Yr	Team	Finals
Finals			
1	#473 Aaliyah Thornton	11 Global Trans	35-08.00 NWI
2	#860 Kendall Essien	11 Spartan Chos	33-03.00 NWI
3	#764 Samantha Beasley	11 OverDrive Tr	32-06.00 NWI
4	#470 Ashleigh Taborn	11 Global Trans	32-04.00 NWI
5	#456 Jayla Joyner	11 Global Elite	31-10.00 NWI
6	#1331 Zanari Davis	11 Virginia Eli	31-09.00 NWI

Girls Shot Put 6 lbs 13 years old

Name	Yr	Team	Finals
Finals			
1	#289 Silease James	11 Dale City Li	36-09.75
2	#886 Ariella Okonta	11 Spartan Chos	31-08.00
3	#891 Nyiemah Preston	11 Spartan Chos	28-10.50
4	#816 Chloe Robinson	11 River City C	28-05.00
5	#522 Laila Dunn	11 Hampton Road	28-01.50
6	#986 Anaiah Dove	11 Technique TC	27-02.00

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Finals ... (Girls Shot Put 6 lbs 13 years old)

Name	Yr	Team	Finals
7 #1153 Liadan Zawacki	11	Unattached	27-00.00
8 #1073 Jaelle Strother	11	Track 757	26-02.75
9 #510 Amilya Boyd	11	Hampton Road	26-00.50
10 #657 Mckinley Freeman	11	Legion of Zo	25-02.00
11 #1230 Abigail Hogsett	11	VA House of	22-01.50
12 #562 Lauren White	11	Hampton Road	20-04.00
13 #1188 Mazyn Murphy	11	VA Beach Fla	19-00.00
14 #676 Danielle Waters	11	Legion of Zo	18-07.50
--- #361 Amirah Dobson	11	Eastend Ligh	DNS
--- #1044 Skye Brooks	11	Track 757	DNS

Girls Discus Throw 1.0 Kg 13 years old

Name	Yr	Team	Finals
1 #289 Silease James	11	Dale City Li	111-11
2 #1153 Liadan Zawacki	11	Unattached	76-05
3 #522 Laila Dunn	11	Hampton Road	72-04
4 #1073 Jaelle Strother	11	Track 757	71-09
5 #986 Anaiah Dove	11	Technique TC	66-01
6 #891 Nyiemah Preston	11	Spartan Chos	60-07
7 #510 Amilya Boyd	11	Hampton Road	60-04
8 #657 Mckinley Freeman	11	Legion of Zo	49-08
9 #886 Ariella Okonta	11	Spartan Chos	49-01
10 #527 Laila Gilliam	11	Hampton Road	48-00
11 #562 Lauren White	11	Hampton Road	47-00
--- #361 Amirah Dobson	11	Eastend Ligh	DNS

Girls Javelin Throw 600 g 13 years old

Name	Yr	Team	Finals
1 #891 Nyiemah Preston	11	Spartan Chos	74-00
2 #1224 Paulina Darnenova	11	VA House of	72-07
3 #1157 Brelyn Coates	11	VA Beach Fla	72-06
4 #443 Olivia Mason	11	Future Flyer	66-00
5 #510 Amilya Boyd	11	Hampton Road	63-04
6 #289 Silease James	11	Dale City Li	61-00
7 #886 Ariella Okonta	11	Spartan Chos	56-04
8 #522 Laila Dunn	11	Hampton Road	47-09
9 #657 Mckinley Freeman	11	Legion of Zo	43-06
10 #1188 Mazyn Murphy	11	VA Beach Fla	31-02
--- #1073 Jaelle Strother	11	Track 757	DNS
--- #1182 Bayah Manley	11	VA Beach Fla	DNS
--- #1459 Hannah Mason	11	Eastend Ligh	DNS
--- #403 Kayden Short	11	Eastend Ligh	DNS
--- #361 Amirah Dobson	11	Eastend Ligh	DNS
--- #1044 Skye Brooks	11	Track 757	DNS
--- #676 Danielle Waters	11	Legion of Zo	DNS

Outdoor Pentathlon: #5 Girls 800 Meter Run 13 years old Outdoor Pentat

Name	Yr	Team	Finals
1 #1053 Courtney Frasier	11	Track 757	2:41.48 556
2 #1088 Farrah Bramlett	11	Unattached	3:01.48 352
3 #1459 Hannah Mason	11	Eastend Ligh	3:06.59 306

4 #470 Ashleigh Taborn	11	Global Trans	3:08.19 293
5 #1157 Brelyn Coates	11	VA Beach Fla	3:27.67 151

Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 13 years old Outdoor Pe

Name	Yr	Team	Finals
1 #1088 Farrah Bramlett	11	Unattached	18.77 412
2 #1459 Hannah Mason	11	Eastend Ligh	19.12 379
3 #1053 Courtney Frasier	11	Track 757	19.21 371
4 #1157 Brelyn Coates	11	VA Beach Fla	20.37 272
5 #470 Ashleigh Taborn	11	Global Trans	21.39 197

Outdoor Pentathlon: #4 Girls High Jump 13 years old Outdoor Pentathlo

Name	Yr	Team	Finals
1 #470 Ashleigh Taborn	11	Global Trans	1.32m 429
1 #1088 Farrah Bramlett	11	Unattached	1.32m 429
3 #1053 Courtney Frasier	11	Track 757	1.27m 379
4 #1157 Brelyn Coates	11	VA Beach Fla	1.17m 284
4 #1459 Hannah Mason	11	Eastend Ligh	1.17m 284

Outdoor Pentathlon: #2 Girls Long Jump 13 years old Outdoor Pentathlo

Name	Yr	Team	Finals
1 #1053 Courtney Frasier	11	Track 757	4.52m 433
2 #470 Ashleigh Taborn	11	Global Trans	4.41m 406
3 #1088 Farrah Bramlett	11	Unattached	4.38m 398
4 #1157 Brelyn Coates	11	VA Beach Fla	4.01m 310
5 #1459 Hannah Mason	11	Eastend Ligh	3.52m 204

Outdoor Pentathlon: #3 Girls Shot Put 13 years old Outdoor Pentathlon

Name	Yr	Team	Finals
1 #1157 Brelyn Coates	11	VA Beach Fla	7.38m 359
2 #1053 Courtney Frasier	11	Track 757	6.96m 332
3 #470 Ashleigh Taborn	11	Global Trans	6.30m 290
4 #1088 Farrah Bramlett	11	Unattached	6.05m 274
5 #1459 Hannah Mason	11	Eastend Ligh	5.76m 256

Girls Outdoor Pentathlon 13 years old

Name	Yr	Team	Finals
1 #1053 Courtney Frasier	11	Track 757	2071
2 #1088 Farrah Bramlett	11	Unattached	1865
3 #470 Ashleigh Taborn	11	Global Trans	1615
4 #1459 Hannah Mason	11	Eastend Ligh	1429
5 #1157 Brelyn Coates	11	VA Beach Fla	1376

Girls 100 Meter Dash 14 years old

Name	Yr	Team	Prelims
1 #1359 Taryn Patrick	10	Virginia Eli	12.45q NWI
2 #455 Taylor Jenkins	10	Global Elite	12.91q NWI
3 #1334 Zamyia Doran	10	Virginia Eli	12.93q NWI
4 #565 Kaelyn Willis	10	Hampton Road	12.99q NWI
5 #880 Naomi Mcghee	10	Spartan Chos	13.10q NWI

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Preliminaries ... (Girls 100 Meter Dash 14 years old)

Name	Yr	Team	Prelims
6 #571 Alexis Burch	10	Heart N Glor	13.11q NWI
7 #308 Cheryl Owusu	10	Dale City Li	13.15q NWI
8 #1315 Jayla Talley	10	Virginia Bla	13.19q NWI
9 #281 Baylea Hamilton	10	Dale City Li	13.23 NWI
10 #1348 Carmen Johnson	10	Virginia Eli	13.36 NWI
11 #893 Faith Simmonds	10	Spartan Chos	13.36 NWI
12 #1351 Rayanah Johnson	10	Virginia Eli	13.41 NWI
13 #256 Mekenzi Blakeney	10	Dale City Li	13.42 NWI
14 #388 Janai Luck	10	Eastend Ligh	13.48 NWI
15 #959 Rh'Yan Hall	10	T4p Academy	13.52 NWI
16 #896 Karsyn Sterns	10	Spartan Chos	13.63 NWI
17 #284 Kourtney Howard-Perez	10	Dale City Li	13.70 NWI
18 #1332 Asah Delaney	10	Virginia Eli	13.70 NWI
19 #294 Jade Lee	10	Dale City Li	13.78 NWI
20 #572 Taylor Burrell	10	Heart N Glor	13.84 NWI
21 #718 Morgan Johnson	10	Nva Track	13.89 NWI
22 #884 Madison Myers	10	Spartan Chos	14.04 NWI
23 #1033 Charly Williams	10	The Speed Te	14.05 NWI
24 #287 Jessie Jalivay	10	Dale City Li	14.09 NWI
25 #219 Bria Durham	10	Chesapeake D	14.36 NWI
--- #840 Nevaeh Wells	10	Smithfield P	DNS NWI
--- #558 Pharra Taylor	10	Hampton Road	DNS NWI

Girls 100 Meter Dash 14 years old

Name	Yr	Team	Finals
Finals			
1 #1359 Taryn Patrick	10	Virginia Eli	12.41 NWI
2 #455 Taylor Jenkins	10	Global Elite	12.62 NWI
3 #565 Kaelyn Willis	10	Hampton Road	12.69 NWI
4 #1315 Jayla Talley	10	Virginia Bla	12.81 NWI
5 #308 Cheryl Owusu	10	Dale City Li	12.89 NWI
6 #1334 Zanya Doran	10	Virginia Eli	12.94 NWI
7 #571 Alexis Burch	10	Heart N Glor	13.10 NWI
8 #880 Naomi Mcghee	10	Spartan Chos	13.11 NWI

Girls 200 Meter Dash 14 years old

Name	Yr	Team	Prelims
Preliminaries			
1 #1359 Taryn Patrick	10	Virginia Eli	25.53q NWI
2 #455 Taylor Jenkins	10	Global Elite	25.58q NWI
3 #1354 Cheyanne Mayo	10	Virginia Eli	25.78q NWI
4 #258 Nyla Boyd	10	Dale City Li	26.08q NWI
5 #880 Naomi Mcghee	10	Spartan Chos	26.20q NWI
6 #565 Kaelyn Willis	10	Hampton Road	26.64q NWI
7 #1315 Jayla Talley	10	Virginia Bla	26.65q NWI
8 #308 Cheryl Owusu	10	Dale City Li	26.72q NWI
9 #1348 Carmen Johnson	10	Virginia Eli	26.75 NWI
10 #571 Alexis Burch	10	Heart N Glor	26.92 NWI
11 #243 Giovanna Acheampong	10	Dale City Li	27.00 NWI
12 #1332 Asah Delaney	10	Virginia Eli	27.44 NWI
13 #1334 Zanya Doran	10	Virginia Eli	27.48 NWI
14 #896 Karsyn Sterns	10	Spartan Chos	27.59 NWI
15 #718 Morgan Johnson	10	Nva Track	27.64 NWI

16 #965 Zi'Aire Martin	10	T4p Academy	27.89 NWI
17 #283 Erika Horrocks	10	Dale City Li	27.93 NWI
18 #959 Rh'Yan Hall	10	T4p Academy	28.28 NWI
19 #284 Kourtney Howard-Perez	10	Dale City Li	28.38 NWI
20 #798 Alyssa Johnson	10	Pwc Panthers	29.85 NWI
--- #1355 Brooklyn Minter	10	Virginia Eli	DNS NWI
--- #1436 Isley Shepard	10	Virginia Rap	DNS NWI
--- #840 Nevaeh Wells	10	Smithfield P	DNS NWI
--- #1033 Charly Williams	10	The Speed Te	DNS NWI
--- #1351 Rayanah Johnson	10	Virginia Eli	DNS NWI
--- #732 Isabelle Otoo	10	Nva Track	DNS NWI

Girls 200 Meter Dash 14 years old

Name	Yr	Team	Finals
Finals			
1 #1359 Taryn Patrick	10	Virginia Eli	25.33 NWI
2 #1354 Cheyanne Mayo	10	Virginia Eli	25.46 NWI
3 #455 Taylor Jenkins	10	Global Elite	25.69 NWI
4 #565 Kaelyn Willis	10	Hampton Road	25.78 NWI
5 #880 Naomi Mcghee	10	Spartan Chos	26.03 NWI
6 #258 Nyla Boyd	10	Dale City Li	26.15 NWI
7 #1315 Jayla Talley	10	Virginia Bla	26.47 NWI
8 #308 Cheryl Owusu	10	Dale City Li	27.07 NWI

Girls 400 Meter Dash 14 years old

Name	Yr	Team	Prelims
Preliminaries			
1 #1348 Carmen Johnson	10	Virginia Eli	59.40q
2 #281 Baylea Hamilton	10	Dale City Li	59.81q
3 #243 Giovanna Acheampong	10	Dale City Li	1:00.24q
4 #1356 Aris Moore	10	Virginia Eli	1:00.56q
5 #880 Naomi Mcghee	10	Spartan Chos	1:00.83q
6 #283 Erika Horrocks	10	Dale City Li	1:01.23q
7 #626 Christabel Agyeman-Du	10	Legacy Track	1:02.33q
8 #309 Lauryn Pete	10	Dale City Li	1:03.30q
9 #965 Zi'Aire Martin	10	T4p Academy	1:03.68
10 #287 Jessie Jalivay	10	Dale City Li	1:03.91
11 #1103 Jamya Frazier	10	Unattached	1:04.18
12 #260 Madison Chavis	10	Dale City Li	1:04.29
13 #429 Kerra Belton	10	Virginia Eli	1:04.31
14 #896 Karsyn Sterns	10	Spartan Chos	1:05.22
15 #294 Jade Lee	10	Dale City Li	1:05.33
16 #1355 Brooklyn Minter	10	Virginia Eli	1:05.67
17 #274 Giada Gilliam	10	Dale City Li	1:06.35
18 #1143 Alexandria Toro	10	Unattached	1:07.45
19 #286 Madison Inge	10	Dale City Li	1:08.48
20 #1198 Londynn Slade	10	VA Beach Fla	1:08.83
21 #436 Tachay Walston	10	Firestorm TC	1:08.95
22 #1009 Makayla Eppes	10	The Speed Te	1:09.00
23 #1418 Clairece Lilly	10	Virginia Rap	1:10.95
24 #798 Alyssa Johnson	10	Pwc Panthers	1:14.75
--- #113 Marley Campbell	10	360 Elite Tr	DNS
--- #1260 Brielle Bell	10	Virginia Bla	DNS
--- #1311 Chanye Stevens	10	Virginia Bla	DNS
--- #732 Isabelle Otoo	10	Nva Track	DNS

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Preliminaries ... (Girls 400 Meter Dash 14 years old)

Name	Yr	Team	Prelims
--- #1349 Jalia Johnson	10	Virginia Eli	DNS
--- #1351 Rayanah Johnson	10	Virginia Eli	DNS
--- #1314 Mariston Stoute	10	Virginia Bla	DNS

Girls 400 Meter Dash 14 years old

Name	Yr	Team	Finals
1 #1348 Carmen Johnson	10	Virginia Eli	58.51
2 #281 Baylea Hamilton	10	Dale City Li	59.35
3 #1356 Aaris Moore	10	Virginia Eli	59.60
4 #626 Christabel Agyeman-Du	10	Legacy Track	1:00.02
5 #243 Giovanna Acheampong	10	Dale City Li	1:00.72
6 #283 Erika Horrocks	10	Dale City Li	1:00.78
7 #880 Naomi Mcghee	10	Spartan Chos	1:03.15
8 #309 Lauryn Pete	10	Dale City Li	1:04.38

Girls 800 Meter Run 14 years old

Name	Yr	Team	Finals
1 #626 Christabel Agyeman-Du	10	Legacy Track	2:21.36
2 #1340 Elizabeth Gong	10	Virginia Eli	2:25.44
3 #1336 Alyssa Fedele	10	Virginia Eli	2:29.64
4 #1152 Karleigh Young	10	Unattached	2:34.64
5 #274 Giada Gilliam	10	Dale City Li	2:34.68
6 #1143 Alexandria Toro	10	Unattached	2:41.77
7 #311 Kaleigh Podkowka	10	Dale City Li	2:41.89
8 #309 Lauryn Pete	10	Dale City Li	2:42.11
9 #1358 Sydney Parris	10	Virginia Eli	2:44.99
10 #203 Brylie Fischer	10	All Out Runn	2:51.01
11 #260 Madison Chavis	10	Dale City Li	2:51.82
--- #1147 Quishana Whitaker	10	Unattached	DNS
--- #1314 Mariston Stoute	10	Virginia Bla	DNS
--- #1260 Brielle Bell	10	Virginia Bla	DNS
--- #1356 Aaris Moore	10	Virginia Eli	DNS

Girls 1500 Meter Run 14 years old

Name	Yr	Team	Finals
1 #1336 Alyssa Fedele	10	Virginia Eli	5:08.11
2 #1340 Elizabeth Gong	10	Virginia Eli	5:21.55
3 #311 Kaleigh Podkowka	10	Dale City Li	5:25.90
4 #1358 Sydney Parris	10	Virginia Eli	5:31.15
5 #1250 Olivia Thompson	10	VA House of	5:42.84
6 #203 Brylie Fischer	10	All Out Runn	5:58.13
7 #812 Sofia White	10	Pwc Panthers	6:10.97
8 #784 Ashlee Trexler	10	Pathfinders	6:46.99

Girls 3000 Meter Run 14 years old

Name	Yr	Team	Finals
1 #1336 Alyssa Fedele	10	Virginia Eli	11:04.78
2 #311 Kaleigh Podkowka	10	Dale City Li	11:28.40
3 #1152 Karleigh Young	10	Unattached	12:16.43
4 #1250 Olivia Thompson	10	VA House of	12:24.17

5 #1358 Sydney Parris	10	Virginia Eli	12:44.73
6 #812 Sofia White	10	Pwc Panthers	13:14.80

Girls 100 Meter Hurdles 14 years old

Name	Yr	Team	Finals
1 #258 Nyla Boyd	10	Dale City Li	14.50 NWI
2 #1436 Isley Shepard	10	Virginia Rap	16.12 NWI
3 #1315 Jayla Talley	10	Virginia Bla	16.19 NWI
4 #147 Lundyn Carr	10	5 Star Eagle	16.52 NWI
5 #1027 Gabrielle Tarpley	10	The Speed Te	16.65 NWI
6 #532 Marlinda Harris	10	Hampton Road	17.46 NWI
7 #1283 London Josephs	10	Virginia Bla	17.66 NWI
8 #928 Taylor Morris	10	Sports Acade	17.76 NWI
9 #505 Aniya Arthur	10	Hampton Road	18.71 NWI
10 #1448 Phoenix Zellner	10	Zellner Trac	19.38 NWI
11 #429 Kerra Belton	10	Virginia Eli	19.41 NWI
--- #1033 Charly Williams	10	The Speed Te	DNS NWI
--- #1349 Jalia Johnson	10	Virginia Eli	DNS NWI

Girls 200 Meter Hurdles 14 years old

Name	Yr	Team	Finals
1 #1354 Cheyanne Mayo	10	Virginia Eli	28.55 NWI
2 #1436 Isley Shepard	10	Virginia Rap	29.47 NWI
3 #147 Lundyn Carr	10	5 Star Eagle	30.09 NWI
4 #455 Taylor Jenkins	10	Global Elite	30.09 NWI
5 #429 Kerra Belton	10	Virginia Eli	30.50 NWI
6 #532 Marlinda Harris	10	Hampton Road	30.95 NWI
7 #1027 Gabrielle Tarpley	10	The Speed Te	31.57 NWI
8 #1033 Charly Williams	10	The Speed Te	31.71 NWI
9 #388 Janai Luck	10	Eastend Ligh	32.28 NWI
10 #965 Zi'Aire Martin	10	T4p Academy	32.55 NWI
11 #505 Aniya Arthur	10	Hampton Road	32.82 NWI
12 #133 Makayla White	10	360 Elite Tr	33.58 NWI
13 #1349 Jalia Johnson	10	Virginia Eli	36.26 NWI
--- #840 Nevaeh Wells	10	Smithfield P	DNS NWI
--- #113 Marley Campbell	10	360 Elite Tr	DNS NWI

Girls 4x100 Meter Relay 14 years old

Team	Relay	Finals
1 Virginia Eli	A	49.25
1) #1354 Cheyanne Mayo 10	2) #1367 Demiyah Wilson 11	
3) #1351 Rayanah Johnson 10	4) #1359 Taryn Patrick 10	
5) #1334 Zamyia Doran 10	6) #1332 Asah Delaney 10	
2 Hampton Road	A	50.18
1) #553 Adrionna Southerland 11	2) #552 Amiyah Smith 11	
3) #565 Kaelyn Willis 10	4) #532 Marlinda Harris 10	
5) #558 Pharrah Taylor 10		
3 Dale City Li	A	50.88
1) #281 Baylea Hamilton 10	2) #308 Cheryl Owusu 10	
3) #284 Kourtney Howard-Perez 10	4) #258 Nyla Boyd 10	

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Finals ... (Girls 4x100 Meter Relay 14 years old)

Team	Relay	Finals
4 Spartan Chosen VA	A	50.93
1) #893 Faith Simmonds 10	2) #896 Karsyn Sterns 10	
3) #884 Madison Myers 10	4) #880 Naomi Meghee 10	
5) #842 Zaara Ali 10		
5 Heart N Glor	A	52.37
1) #571 Alexis Burch 10	2) #583 Dillan Keene 11	
3) #1473 London Richburg 11	4) #572 Taylor Burrell 10	
6 Dale City Li	B	52.71
1) #283 Erika Horrocks 10	2) #243 Giovanna Acheampong 10	
3) #287 Jessie Jalivay 10	4) #256 Mekenzi Blakeney 10	
7 Nva Track	A	53.90
1) #709 Isabel Germosen 11	2) #712 Isabella Hernandez-Sardina	
3) #732 Isabelle Otoo 10	4) #718 Morgan Johnson 10	
5) #728 Natasha Merritt 10		
8 Dale City Li	C	54.15
1) #332 Autumn White 11	2) #294 Jade Lee 10	
3) #260 Madison Chavis 10	4) #286 Madison Inge 10	
9 T4p Academy	A	54.39
1) #959 Rh'Yan Hall 10	2) #972 Summer Simms 10	
3) #958 Trinity Hagans 10	4) #965 Zi'Aire Martin 10	

Girls 4x400 Meter Relay 14 years old

Team	Relay	Finals
1 Virginia Eli	A	4:05.40
1) #1367 Demiyah Wilson 11	2) #1348 Carmen Johnson 10	
3) #1356 Aaris Moore 10	4) #1359 Taryn Patrick 10	
2 Dale City Li	A	4:19.70
1) #281 Baylea Hamilton 10	2) #243 Giovanna Acheampong 10	
3) #309 Lauryn Pete 10	4) #283 Erika Horrocks 10	
3 Dale City Li	B	4:24.34
1) #287 Jessie Jalivay 10	2) #260 Madison Chavis 10	
3) #308 Cheryl Owusu 10	4) #274 Giada Gilliam 10	
4 Hampton City	A	4:28.06
1) #480 Samira Atkins 11	2) #496 Aubrey Mckinnon 11	
3) #483 Khloe Best 11	4) #501 Makenzie Washington 10	
5) #493 Micah Hardie 11		
5 Virginia Eli	B	4:28.62
1) #1331 Zanari Davis 11	2) #1349 Jalia Johnson 10	
3) #1351 Rayannah Johnson 10	4) #1355 Brooklyn Minter 10	
5) #1332 Asah Delaney 10		
6 Nva Track	A	4:30.03
1) #712 Isabella Hernandez-Sardina	2) #709 Isabel Germosen 11	
3) #728 Natasha Merritt 10	4) #732 Isabelle Otoo 10	
5) #718 Morgan Johnson 10		
7 VA House of Speed	A	4:36.70
1) #1230 Abigail Hogsett 11	2) #1254 Audrey Yiengst 11	
3) #1247 Harper Smith 10	4) #1250 Olivia Thompson 10	
5) #1224 Paulina Darmenova 11		
8 Track 757	A	4:44.01
1) #1045 Mariah Calliste 11	2) #1039 Maliyah Atkins 11	
3) #1067 Kendall Pittman 11	4) #1042 Maximiliana Brandon 11	

9 Pathfinders	A	4:53.63
1) #779 Dasia Ponder 11	2) #777 Justice Coleman 11	
3) #776 Emma Ceja 11	4) #783 Khaleah Spruill 11	

Girls 4x800 Meter Relay 14 years old

Team	Relay	Finals
1 Virginia Eli	A	10:25.47
1) #1340 Elizabeth Gong 10	2) #1336 Alyssa Fedele 10	
3) #1356 Aaris Moore 10	4) #1358 Sydney Parris 10	
2 Dale City Li	A	10:44.53
1) #274 Giada Gilliam 10	2) #311 Kaleigh Podkowka 10	
3) #309 Lauryn Pete 10	4) #319 Mallory Roussos 11	

Girls High Jump 14 years old

Name	Yr	Team	Finals
1 #928 Taylor Morris	10	Sports Acade	J4-08.00
2 #505 Aniya Arthur	10	Hampton Road	J4-06.00
2 #933 Mycah Bingham	10	Superior Tra	J4-06.00
2 #893 Faith Simmonds	10	Spartan Chos	J4-06.00
5 #1266 Amiyah Daniels	10	Virginia Bla	J4-02.00
6 #1250 Olivia Thompson	10	VA House of	3-00.00
--- #798 Alyssa Johnson	10	Pwc Panthers	NH

Girls Long Jump 14 years old

Name	Yr	Team	Finals
1 #258 Nyla Boyd	10	Dale City Li	17-03.50 NWI
2 #1354 Cheyanne Mayo	10	Virginia Eli	17-02.25 NWI
3 #1315 Jayla Talley	10	Virginia Bla	15-10.00 NWI
4 #532 Marlinda Harris	10	Hampton Road	15-09.25 NWI
5 #147 Lundyn Carr	10	5 Star Eagle	15-04.25 NWI
6 #455 Taylor Jenkins	10	Global Elite	15-01.00 NWI
7 #572 Taylor Burrell	10	Heart N Glor	14-03.50 NWI
8 #133 Makayla White	10	360 Elite Tr	14-00.25 NWI
8 #152 Maddison Curry	10	5 Star Eagle	14-00.25 NWI
10 #1283 London Josephs	10	Virginia Bla	13-10.75 NWI
11 #284 Kourtney Howard-Perez	10	Dale City Li	13-03.00 NWI
12 #959 Rh'Yan Hall	10	T4p Academy	13-00.00 NWI
13 #1006 Paityn Dacosta-Bobb	10	The Speed Te	12-10.00 NWI
14 #1448 Phoenix Zellner	10	Zellner Trac	12-04.25 NWI
15 #501 Makenzie Washington	10	Hampton City	8-02.00 NWI
--- #1467 Loryn Montague	10	Central Virg	FOUL
--- #113 Marley Campbell	10	360 Elite Tr	DNS NWI
--- #842 Zaara Ali	10	Spartan Chos	DNS NWI
--- #840 Nevaeh Wells	10	Smithfield P	DNS NWI
--- #933 Mycah Bingham	10	Superior Tra	DNS NWI

Girls Triple Jump 14 years old

Name	Yr	Team	Finals
1 #933 Mycah Bingham	10	Superior Tra	34-04.00 NWI
2 #884 Madison Myers	10	Spartan Chos	28-06.00 NWI
--- #1152 Karleigh Young	10	Unattached	FOUL
--- #1436 Isley Shepard	10	Virginia Rap	DNS NWI

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Finals ... (Girls Triple Jump 14 years old)

Name	Yr	Team	Finals
---	#842	Zaara Ali	10 Spartan Chos DNS NWI
---	#388	Janai Luck	10 Eastend Ligh DNS NWI

Girls Shot Put 6 lbs 14 years old

Name	Yr	Team	Finals
Finals			
1	#536	Destyne Hunter	10 Hampton Road 31-00.00
2	#191	Mai'layah Murphy	10 804 Dynasty 30-01.00
3	#219	Bria Durham	10 Chesapeake D 28-00.50
4	#537	Dion James	10 Hampton Road 28-00.00
5	#505	Aniya Arthur	10 Hampton Road 27-02.50
6	#313	Ava Rahman	10 Dale City Li 24-06.00
7	#495	Jalen Jones	10 Hampton City 23-01.50
8	#958	Trinity Hagans	10 T4p Academy 23-01.00
9	#972	Summer Simms	10 T4p Academy 21-08.50
10	#812	Sofia White	10 Pwc Panthers 17-07.00
---	#152	Maddison Curry	10 5 Star Eagle DNS

Girls Discus Throw 1.0 Kg 14 years old

Name	Yr	Team	Finals
Finals			
1	#537	Dion James	10 Hampton Road 72-06
2	#191	Mai'layah Murphy	10 804 Dynasty 63-08
3	#495	Jalen Jones	10 Hampton City 56-07
4	#219	Bria Durham	10 Chesapeake D 52-08

Girls Javelin Throw 600 g 14 years old

Name	Yr	Team	Finals
Finals			
1	#1448	Phoenix Zellner	10 Zellner Trac 81-05
2	#1009	Makayla Eppes	10 The Speed Te 53-00
3	#972	Summer Simms	10 T4p Academy 32-00
4	#388	Janai Luck	10 Eastend Ligh 26-11

Outdoor Pentathlon: #5 Girls 800 Meter Run 14 years old Outdoor Pentat

Name	Yr	Team	Finals
Finals			
1	#933	Mycah Bingham	10 Superior Tra 2:47.02 495
2	#1144	Mauren Verity	10 Unattached 3:00.33 362
3	#505	Aniya Arthur	10 Hampton Road 3:18.76 211

Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 14 years old Outdoor Pe

Name	Yr	Team	Finals
Finals			
1	#1144	Mauren Verity	10 Unattached 17.73 517
2	#933	Mycah Bingham	10 Superior Tra 17.79 510
3	#505	Aniya Arthur	10 Hampton Road 19.03 388

Outdoor Pentathlon: #4 Girls High Jump 14 years old Outdoor Pentathlo

Name	Yr	Team	Finals
Finals			
1	#1144	Mauren Verity	10 Unattached 1.42m 534
1	#933	Mycah Bingham	10 Superior Tra 1.42m 534
3	#505	Aniya Arthur	10 Hampton Road 1.32m 429

Outdoor Pentathlon: #2 Girls Long Jump 14 years old Outdoor Pentathlo

Name	Yr	Team	Finals
Finals			
1	#933	Mycah Bingham	10 Superior Tra 4.67m 472
2	#1144	Mauren Verity	10 Unattached 4.40m 403
3	#505	Aniya Arthur	10 Hampton Road 4.10m 331

Outdoor Pentathlon: #3 Girls Shot Put 14 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1	#933	Mycah Bingham	10 Superior Tra 9.29m 483
2	#1144	Mauren Verity	10 Unattached 8.79m 451
3	#505	Aniya Arthur	10 Hampton Road 8.08m 405

Girls Outdoor Pentathlon 14 years old

Name	Yr	Team	Finals
Finals			
1	#933	Mycah Bingham	10 Superior Tra 2494
2	#1144	Mauren Verity	10 Unattached 2267
3	#505	Aniya Arthur	10 Hampton Road 1764

Girls 3000 Meter Race Walk 14 years old

Name	Yr	Team	Finals
Finals			
1	#203	Brylie Fischer	10 All Out Runn 20:26.74

Girls 100 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#454	Destini Gatling	09 Global Elite 12.31q NWI
2	#144	Kaelen Tucker	08 434 Track & 12.34q NWI
3	#664	Karmyn Hills	08 Legion of Zo 12.47q NWI
4	#453	Trinita Desince	09 Global Elite 12.59q NWI
5	#580	Makayla Hunt	08 Heart N Glor 12.66q NWI
6	#1361	I'Yahni Rheubottom	08 Virginia Eli 12.71q NWI
7	#744	Aiyanna Snow	09 Nva Track 13.03q NWI
8	#138	Courtnee Holland	09 434 Track & 13.22q NWI
9	#1326	Jayla Carothers	08 Virginia Eli 13.23 NWI
10	#189	Kyria Martinez	08 804 Dynasty 13.24 NWI
11	#1156	Madison Chaney	08 VA Beach Fla 13.25 NWI
12	#139	Aiyanna Johnson	08 434 Track & 13.28 NWI
13	#643	Grace Stanford	08 Legacy Track 13.32 NWI
14	#1417	Aliyana Kuilan	09 Virginia Rap 13.42 NWI
15	#792	Taleshia Blount	09 Pwc Panthers 13.46 NWI
16	#800	Jochebed Konadu	09 Pwc Panthers 13.53 NWI
17	#190	J'Naiah Mayo	09 804 Dynasty 13.57 NWI
18	#810	Jordan Thomas	09 Pwc Panthers 13.59 NWI
19	#136	Austin Crawford	09 434 Track & 13.60 NWI
20	#638	Donea Lancaster	08 Legacy Track 13.66 NWI
21	#801	Taliyah Leonidas	09 Pwc Panthers 13.82 NWI
22	#750	Leeona Walker	09 Nva Track 13.86 NWI
23	#1035	Miranda Reid	09 Titan Elite 13.88 NWI
24	#793	Kennedy Bundy	08 Pwc Panthers 13.89 NWI
---	#1220	Maeva-Lyonna Bock	09 VA House of FS NWI

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Preliminaries ... (Girls 100 Meter Dash 15-16 years old)

Name	Yr	Team	Prelims
--- #216 Chloe Webb	08	Central Virg	DNS NWI
--- #328 Julia Wallace	09	Dale City Li	DNS NWI
--- #888 Joy Okonta	09	Spartan Chos	DNS NWI
--- #968 Leila Newman	08	T4p Academy	DNS NWI
--- #751 Genevieve Williams	08	Nva Track	DNS NWI
--- #941 Zylaia Ramsey	08	Superior Tra	DNS NWI

Girls 100 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #1361 I'Yahni Rheubottom	08	Virginia Eli	12.36 NWI
2 #454 Destini Gatling	09	Global Elite	12.37 NWI
3 #580 Makayla Hunt	08	Heart N Glor	12.53 NWI
4 #664 Karmyn Hills	08	Legion of Zo	12.60 NWI
5 #144 Kaelen Tucker	08	434 Track &	12.64 NWI
6 #453 Trinitie Desince	09	Global Elite	12.71 NWI
7 #744 Aiyanna Snow	09	Nva Track	13.20 NWI
8 #138 Courtnee Holland	09	434 Track &	13.30 NWI

Girls 200 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
Preliminaries			
1 #328 Julia Wallace	09	Dale City Li	25.49q NWI
2 #144 Kaelen Tucker	08	434 Track &	25.82q NWI
3 #664 Karmyn Hills	08	Legion of Zo	25.84q NWI
4 #751 Genevieve Williams	08	Nva Track	25.89q NWI
5 #453 Trinitie Desince	09	Global Elite	26.00q NWI
6 #845 Kendall Anderson	08	Spartan Chos	26.10q NWI
7 #684 Courtney Ferdinand	08	Next Level S	26.15q NWI
8 #1361 I'Yahni Rheubottom	08	Virginia Eli	26.17q NWI
9 #1173 Marley Green	08	VA Beach Fla	26.18 NWI
10 #882 Annette Mcgrath	09	Spartan Chos	26.27 NWI
11 #941 Zylaia Ramsey	08	Superior Tra	26.41 NWI
12 #1156 Madison Chaney	08	VA Beach Fla	26.51 NWI
13 #1220 Maeva-Lyonna Bock	09	VA House of	26.52 NWI
14 #1326 Jayla Carothers	08	Virginia Eli	26.82 NWI
15 #909 Jayla Canady	08	Speed Evolut	26.97 NWI
16 #744 Aiyanna Snow	09	Nva Track	27.00 NWI
17 #1028 Ayanna Thomas	09	The Speed Te	27.06 NWI
18 #800 Jochebed Konadu	09	Pwc Panthers	27.06 NWI
19 #643 Grace Stanford	08	Legacy Track	27.12 NWI
20 #1353 Makae Lee Kuhre	09	Virginia Eli	27.15 NWI
21 #1199 Imani Smith	09	VA Beach Fla	27.16 NWI
22 #750 Leeona Walker	09	Nva Track	27.20 NWI
23 #1209 Sahreana Warren	09	VA Beach Fla	27.23 NWI
24 #714 Emilia Hummell	09	Nva Track	27.40 NWI
25 #781 Mariah Saunders	08	Pathfinders	27.54 NWI
26 #1380 Larissa Massaquoi	09	Virginia Pri	27.84 NWI
27 #635 Jada Jones	09	Legacy Track	27.96 NWI
28 #921 Raiya Brown	09	Sports Acade	28.06 NWI
29 #717 Leah Jean	08	Nva Track	28.09 NWI
30 #792 Teshia Blount	09	Pwc Panthers	28.12 NWI
31 #1479 Dakota Jones	09	Superior Tra	28.28 NWI

32 #1214 Tyona White	09	VA Beach Fla	28.70 NWI
33 #801 Taliyah Leonidas	09	Pwc Panthers	28.92 NWI
--- #216 Chloe Webb	08	Central Virg	DNS NWI
--- #580 Makayla Hunt	08	Heart N Glor	DNS NWI
--- #691 Naomi Anderson	08	Nva Track	DNS NWI
--- #793 Kennedy Bundy	08	Pwc Panthers	DNS NWI

Girls 200 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #328 Julia Wallace	09	Dale City Li	25.56 NWI
2 #664 Karmyn Hills	08	Legion of Zo	25.87 NWI
3 #751 Genevieve Williams	08	Nva Track	25.97 NWI
4 #845 Kendall Anderson	08	Spartan Chos	26.11 NWI
5 #453 Trinitie Desince	09	Global Elite	26.20 NWI
6 #1361 I'Yahni Rheubottom	08	Virginia Eli	26.23 NWI
7 #684 Courtney Ferdinand	08	Next Level S	26.40 NWI
8 #144 Kaelen Tucker	08	434 Track &	26.61 NWI

Girls 400 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
Preliminaries			
1 #328 Julia Wallace	09	Dale City Li	57.23q
2 #935 Princess Comara	09	Superior Tra	57.47q
3 #941 Zylaia Ramsey	08	Superior Tra	58.97q
4 #845 Kendall Anderson	08	Spartan Chos	59.75q
5 #909 Jayla Canady	08	Speed Evolut	59.83q
6 #453 Trinitie Desince	09	Global Elite	1:00.07q
7 #1353 Makae Lee Kuhre	09	Virginia Eli	1:00.70q
8 #882 Annette Mcgrath	09	Spartan Chos	1:00.98q
9 #937 Skyler Hope	09	Superior Tra	1:01.03
10 #714 Emilia Hummell	09	Nva Track	1:01.37
11 #580 Makayla Hunt	08	Heart N Glor	1:01.60
12 #1209 Sahreana Warren	09	VA Beach Fla	1:01.74
13 #684 Courtney Ferdinand	08	Next Level S	1:01.83
14 #181 Zariah Ayers	09	804 Dynasty	1:02.50
15 #686 Janiyah Marshall	09	Next Level S	1:02.51
16 #944 Camille Williams	09	Superior Tra	1:02.74
17 #136 Austin Crawford	09	434 Track &	1:02.84
18 #717 Leah Jean	08	Nva Track	1:03.07
19 #1173 Marley Green	08	VA Beach Fla	1:03.24
20 #1014 Akirah Harris	08	The Speed Te	1:04.66
21 #1028 Ayanna Thomas	09	The Speed Te	1:05.88
22 #750 Leeona Walker	09	Nva Track	1:06.26
23 #1486 Mecolla Curtis	09	Empire Athle	1:06.29
24 #792 Teshia Blount	09	Pwc Panthers	1:06.34
25 #1380 Larissa Massaquoi	09	Virginia Pri	1:06.79
26 #801 Taliyah Leonidas	09	Pwc Panthers	1:08.47
--- #877 Delaney Malloy	09	Spartan Chos	DNS
--- #1479 Dakota Jones	09	Superior Tra	DNS
--- #781 Mariah Saunders	08	Pathfinders	DNS
--- #1338 Jordan Frasier	08	Virginia Eli	DNS
--- #1362 Michailyn Rose	08	Virginia Eli	DNS
--- #691 Naomi Anderson	08	Nva Track	DNS

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Girls 400 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1	#328	Julia Wallace	09 Dale City Li 56.13
2	#935	Princess Comara	09 Superior Tra 56.88
3	#845	Kendall Anderson	08 Spartan Chos 58.16
4	#941	Zylaia Ramsey	08 Superior Tra 59.25
5	#453	Trinity Desince	09 Global Elite 59.99
6	#1353	Makae Lee Kuhre	09 Virginia Eli 1:00.53
7	#882	Annette Mcgrath	09 Spartan Chos 1:00.75
8	#909	Jayla Canady	08 Speed Evolut 1:01.02

Girls 800 Meter Run 15-16 years old

Name	Yr	Team	Finals
Finals			
1	#1084	Iyndia Bey	08 Virginia Eli 2:22.33
2	#935	Princess Comara	09 Superior Tra 2:24.14
3	#686	Janiyah Marshall	09 Next Level S 2:29.97
4	#944	Camille Williams	09 Superior Tra 2:32.38
5	#205	Jaala Brown	08 Capital City 2:43.57
6	#1386	Padma Reilly	09 Virginia Pri 2:46.70
7	#1318	Kaia Wilkins	09 Virginia Bla 3:05.95
---	#223	Madison Nance	09 Chesapeake D DNS
---	#216	Chloe Webb	08 Central Virg DNS

Girls 1500 Meter Run 15-16 years old

Name	Yr	Team	Finals
Finals			
1	#1098	Isabella Curtis	09 Unattached 5:14.76
2	#223	Madison Nance	09 Chesapeake D 6:41.56

Girls 3000 Meter Run 15-16 years old

Name	Yr	Team	Finals
Finals			
1	#1098	Isabella Curtis	09 Unattached 11:01.11
2	#1386	Padma Reilly	09 Virginia Pri 11:57.66

Girls 100 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
Finals			
1	#687	Arianna Thomas	08 Next Level S 14.36 NWI
2	#1158	Rylee Coates	08 VA Beach Fla 14.77 NWI
3	#1394	Sydney Taylor	09 Virginia Pri 15.50 NWI
4	#1261	Aliyah Binette	08 Virginia Bla 16.30 NWI
5	#1214	Tyona White	09 VA Beach Fla 16.52 NWI
6	#135	Eliana Bradner	09 434 Track & 16.89 NWI
7	#1427	Lily Perez	08 Virginia Rap 17.55 NWI
8	#134	Jayla Benjamin	08 434 Track & 17.66 NWI
9	#635	Jada Jones	09 Legacy Track 17.75 NWI
10	#968	Leila Newman	08 T4p Academy 17.99 NWI
11	#1289	Khloe Lucas	09 Virginia Bla 18.40 NWI
12	#1290	Brynn Mabry	08 Virginia Bla 18.58 NWI
13	#220	Janyla Gatling	09 Chesapeake D 18.73 NWI
14	#1412	Kylin Harrelson	09 Virginia Rap 18.84 NWI
15	#1288	Nhandi Logan	09 Virginia Bla 20.72 NWI
---	#921	Raiya Brown	09 Sports Acade DNS NWI

---	#1019	Jayda Lee	08 The Speed Te	DNS	NWI
---	#852	Tranise Bullock	09 Spartan Chos	DNS	NWI

Girls 400 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
Finals			
1	#1362	Michailyn Rose	08 Virginia Eli 1:04.92
2	#934	Dyvine Brooks	08 Superior Tra 1:07.40
3	#1214	Tyona White	09 VA Beach Fla 1:07.83
4	#139	Aiyanna Johnson	08 434 Track & 1:08.37
5	#1261	Aliyah Binette	08 Virginia Bla 1:08.57
6	#135	Eliana Bradner	09 434 Track & 1:11.19
7	#134	Jayla Benjamin	08 434 Track & 1:13.24
8	#1019	Jayda Lee	08 The Speed Te 1:15.56
9	#421	Amiya Beach	08 Empire Athle 1:21.86
---	#1338	Jordan Frasier	08 Virginia Eli DNS

Girls 4x100 Meter Relay 15-16 years old

Team	Relay	Finals
Finals		
1	VA Beach Flames Llc	A 48.98
	1) #1199 Imani Smith 09	2) #1156 Madison Chaney 08
	3) #1173 Marley Green 08	4) #1158 Rylee Coates 08
	5) #1209 Sahreana Warren 09	6) #1214 Tyona White 09
2	434 Track &	A 49.72
	1) #139 Aiyanna Johnson 08	2) #138 Courtney Holland 09
	3) #134 Jayla Benjamin 08	4) #144 Kaelen Tucker 08
3	Pwc Panthers	A 50.67
	1) #800 Jochebed Konadu 09	2) #793 Kennedy Bundy 08
	3) #792 Taleshia Blount 09	4) #801 Taliyah Leonidas 09
4	Nva Track	A 50.90
	1) #744 Aiyanna Snow 09	2) #714 Emilia Hummell 09
	3) #751 Genevieve Williams 08	4) #717 Leah Jean 08
	5) #750 Leona Walker 09	6) #691 Naomi Anderson 08
5	804 Dynasty	A 51.39
	1) #188 Cenai Lawrence 09	2) #190 J'Naiah Mayo 09
	3) #189 Kyria Martinez 08	4) #181 Zariah Ayers 09
---	Spartan Chosen VA	A DNS
	1) #882 Annette Mcgrath 09	2) #888 Joy Okonta 09
	3) #845 Kendall Anderson 08	4) #852 Tranise Bullock 09
	5) #875 Zoe Lateef 08	
---	T4p Academy	A DNS
	1) #974 Dalyce Wallace-Graham 08	2) #968 Leila Newman 08
	3) #952 Makayla Beverly 08	4) #956 Mi'Jae Ford 09

Girls 4x400 Meter Relay 15-16 years old

Team	Relay	Finals
Finals		
1	Superior Tra	A 3:58.42
	1) #944 Camille Williams 09	2) #935 Princess Comara 09
	3) #937 Skyler Hope 09	4) #941 Zylaia Ramsey 08
2	Virginia Eli	A 4:04.70
	1) #1333 Brianna Delbridge 08	2) #1361 I'Yahni Rheubottom 08
	3) #1326 Jayla Carothers 08	4) #1338 Jordan Frasier 08
	5) #1353 Makae Lee Kuhre 09	6) #1324 Merselle Brown 09
	7) #1362 Michailyn Rose 08	

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Finals ... (Girls 4x400 Meter Relay 15-16 years old)

Team	Relay	Finals
3 Nva Track	A	4:19.00
1) #744 Aiyanna Snow 09	2) #714 Emilia Hummell 09	
3) #717 Leah Jean 08	4) #691 Naomi Anderson 08	
5) #751 Genevieve Williams 08		

Girls High Jump 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #454 Destini Gatling	09	Global Elite	5-06.00
2 #1324 Merselle Brown	09	Virginia Eli	5-00.00
3 #374 London Irving	09	Eastend Ligh	4-10.00
4 #1277 Makia Herndon	09	Virginia Bla	4-08.00
4 #1261 Aliyah Binette	08	Virginia Bla	4-08.00
6 #800 Jochebed Konadu	09	Pwc Panthers	4-06.00
6 #810 Jordan Thomas	09	Pwc Panthers	4-06.00
--- #1338 Jordan Frasier	08	Virginia Eli	DNS

Girls Pole Vault 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #1158 Rylee Coates	08	VA Beach Fla	10-00.00

Girls Long Jump 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #454 Destini Gatling	09	Global Elite	18-03.50 NWI
2 #687 Arianna Thomas	08	Next Level S	18-01.75 NWI
3 #937 Skyler Hope	09	Superior Tra	17-00.25 NWI
4 #664 Karmyn Hills	08	Legion of Zo	16-11.00 NWI
5 #1158 Rylee Coates	08	VA Beach Fla	16-09.00 NWI
6 #1394 Sydney Taylor	09	Virginia Pri	16-05.25 NWI
7 #781 Mariah Saunders	08	Pathfinders	16-05.00 NWI
8 #684 Courtney Ferdinand	08	Next Level S	16-02.25 NWI
9 #1277 Makia Herndon	09	Virginia Bla	15-11.75 NWI
10 #1288 Nhandi Logan	09	Virginia Bla	15-11.00 NWI
11 #1353 Makae Lee Kuhre	09	Virginia Eli	15-09.50 NWI
12 #135 Eliana Bradner	09	434 Track &	15-08.50 NWI
13 #1270 Miracle Edwards	09	Virginia Bla	15-05.00 NWI
14 #1427 Lily Perez	08	Virginia Rap	15-04.25 NWI
15 #136 Austin Crawford	09	434 Track &	15-02.00 NWI
16 #1281 Brianna Josephs	09	Virginia Bla	15-01.00 NWI
17 #139 Aiyanna Johnson	08	434 Track &	14-11.00 NWI
18 #1289 Khloe Lucas	09	Virginia Bla	14-10.25 NWI
19 #1479 Dakota Jones	09	Superior Tra	14-10.00 NWI
20 #326 Kahlen Tenorio	09	Dale City Li	14-09.50 NWI
21 #793 Kennedy Bundy	08	Pwc Panthers	14-09.00 NWI
22 #875 Zoe Lateef	08	Spartan Chos	14-02.00 NWI
23 #155 Siana Dukes-Wheeler	09	5 Star Eagle	13-08.75 NWI
24 #1249 Ajabinta Suwaneh	09	VA House of	13-07.50 NWI
25 #1138 Hollynn Stevens	08	Unattached	12-11.00 NWI
26 #956 Mi'Jae Ford	09	T4p Academy	11-09.00 NWI
--- #968 Leila Newman	08	T4p Academy	DNS NWI
--- #196 Serron Degruy	08	Aerial Supre	DNS NWI
--- #852 Tranise Bullock	09	Spartan Chos	DNS NWI

---	#1078 Aubrey Andrade	08	Unattached	DNS NWI
---	#1261 Aliyah Binette	08	Virginia Bla	DNS NWI
---	#1068 Ta'Nylah Pope	09	Track 757	DNS NWI

Girls Triple Jump 15-16 years old

Name	Yr	Team	Finals	
Finals				
1 #1362 Michailyn Rose	08	Virginia Eli	39-04.00 NWI	
2 #1288 Nhandi Logan	09	Virginia Bla	37-04.50 NWI	
3 #664 Karmyn Hills	08	Legion of Zo	36-05.00 NWI	
4 #937 Skyler Hope	09	Superior Tra	35-10.00 NWI	
5 #1277 Makia Herndon	09	Virginia Bla	35-03.50 NWI	
6 #1427 Lily Perez	08	Virginia Rap	35-01.00 NWI	
7 #136 Austin Crawford	09	434 Track &	34-10.00 NWI	
8 #1270 Miracle Edwards	09	Virginia Bla	34-09.00 NWI	
9 #1019 Jayda Lee	08	The Speed Te	33-06.00 NWI	
10 #1289 Khloe Lucas	09	Virginia Bla	32-10.00 NWI	
11 #135 Eliana Bradner	09	434 Track &	32-09.00 NWI	
12 #1014 Akirah Harris	08	The Speed Te	32-07.00 NWI	
13 #138 Courtnee Holland	09	434 Track &	32-04.00 NWI	
14 #134 Jayla Benjamin	08	434 Track &	32-03.00 NWI	
15 #1479 Dakota Jones	09	Superior Tra	32-02.50 NWI	
16 #1412 Kylin Harrelson	09	Virginia Rap	30-07.00 NWI	
17 #326 Kahlen Tenorio	09	Dale City Li	30-05.00 NWI	
18 #155 Siana Dukes-Wheeler	09	5 Star Eagle	29-05.50 NWI	
19 #956 Mi'Jae Ford	09	T4p Academy	25-04.00 NWI	
---	#952 Makayla Beverly	08	T4p Academy	FOUL
---	#852 Tranise Bullock	09	Spartan Chos	DNS NWI
---	#781 Mariah Saunders	08	Pathfinders	DNS NWI
---	#877 Delaney Malloy	09	Spartan Chos	DNS NWI
---	#1138 Hollynn Stevens	08	Unattached	DNS NWI
---	#684 Courtney Ferdinand	08	Next Level S	DNS NWI

Girls Shot Put 4 kg 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #1457 Leah Williams	09	Atlantic Coast C	34-01.00
2 #641 Elizabeth Robinson	08	Legacy Track	32-09.50
3 #1122 Takota Moore	09	Unattached	31-06.50
4 #1096 Lauren Curry	08	Unattached	30-08.00
5 #235 Aarica Marcus	08	Commonwealth	27-00.00
6 #1264 Kamari Cooper	08	Virginia Bla	26-02.00
7 #1026 Abigail Tarpley	08	The Speed Te	26-00.00
8 #872 Ruby Johnston	08	Spartan Chos	25-03.25
9 #808 Layla Pearson	09	Pwc Panthers	23-10.00
10 #1270 Miracle Edwards	09	Virginia Bla	23-09.00
11 #314 Isabel Rahman	08	Dale City Li	22-04.00
12 #1105 Alliysn Harris	08	Unattached	21-08.00
13 #1031 Braelynn Wilkinson	09	The Speed Te	21-05.50

Girls Discus Throw 1.0 Kg 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #1457 Leah Williams	09	Atlantic Coast C	117-09
2 #641 Elizabeth Robinson	08	Legacy Track	94-11
3 #1105 Alliysn Harris	08	Unattached	79-02

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Finals ... (Girls Discus Throw 1.0 Kg 15-16 years old)

Name	Yr	Team	Finals
4 #1026 Abigail Tarpley	08	The Speed Te	78-02
5 #1122 Takota Moore	09	Unattached	72-02
6 #1264 Kamari Cooper	08	Virginia Bla	61-03
7 #808 Layla Pearson	09	Pwc Panthers	49-02
--- #1031 Braelynn Wilkinson	09	The Speed Te	DNS

Girls Javelin Throw 600 g 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #1122 Takota Moore	09	Unattached	97-06
2 #1148 Julia White	08	Unattached	81-04
3 #1264 Kamari Cooper	08	Virginia Bla	47-06
4 #808 Layla Pearson	09	Pwc Panthers	46-05
5 #1318 Kaia Wilkins	09	Virginia Bla	43-00
6 #952 Makayla Beverly	08	T4p Academy	37-02
7 #1105 Alliysn Harris	08	Unattached	29-01
8 #956 Mi'Jae Ford	09	T4p Academy	26-02
--- #374 London Irving	09	Eastend Ligh	DNS
--- #314 Isabel Rahman	08	Dale City Li	DNS
--- #1288 Nhandi Logan	09	Virginia Bla	DNS
--- #872 Ruby Johnston	08	Spartan Chos	DNS

Heptathlon: #4 Girls 200 Meter Dash 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1394 Sydney Taylor	09	Virginia Pri	25.95 802
2 #1362 Michailyn Rose	08	Virginia Eli	26.32 769
3 #1158 Rylee Coates	08	VA Beach Fla	26.35 767
4 #1324 Merselle Brown	09	Virginia Eli	26.83 726
5 #1338 Jordan Frasier	08	Virginia Eli	28.40 600
6 #1310 Brielle Smith	08	Virginia Bla	30.07 477
7 #1289 Khloe Lucas	09	Virginia Bla	30.29 462

Heptathlon: #7 Girls 800 Meter Run 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1362 Michailyn Rose	08	Virginia Eli	2:22.54 789
2 #1338 Jordan Frasier	08	Virginia Eli	2:30.87 682
3 #1394 Sydney Taylor	09	Virginia Pri	2:39.14 583
4 #1324 Merselle Brown	09	Virginia Eli	2:46.12 505
5 #1158 Rylee Coates	08	VA Beach Fla	2:49.48 469
6 #1310 Brielle Smith	08	Virginia Bla	2:52.59 437
7 #1289 Khloe Lucas	09	Virginia Bla	3:04.38 326

Heptathlon: #1 Girls 100 Meter Hurdles 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1158 Rylee Coates	08	VA Beach Fla	14.74 876
2 #1394 Sydney Taylor	09	Virginia Pri	15.37 793
3 #1362 Michailyn Rose	08	Virginia Eli	15.37 793
4 #1324 Merselle Brown	09	Virginia Eli	17.56 535
5 #1338 Jordan Frasier	08	Virginia Eli	17.81 508
6 #1289 Khloe Lucas	09	Virginia Bla	18.70 419
7 #1310 Brielle Smith	08	Virginia Bla	20.57 257

Heptathlon: #2 Girls High Jump 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1324 Merselle Brown	09	Virginia Eli	1.57m 701
1 #1394 Sydney Taylor	09	Virginia Pri	1.57m 701
3 #1362 Michailyn Rose	08	Virginia Eli	1.47m 588
3 #1158 Rylee Coates	08	VA Beach Fla	1.47m 588
5 #1310 Brielle Smith	08	Virginia Bla	1.42m 534
6 #1338 Jordan Frasier	08	Virginia Eli	1.37m 481
--- #1289 Khloe Lucas	09	Virginia Bla	NH

Heptathlon: #5 Girls Long Jump 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1394 Sydney Taylor	09	Virginia Pri	5.55m 715
2 #1362 Michailyn Rose	08	Virginia Eli	5.46m 688
3 #1158 Rylee Coates	08	VA Beach Fla	5.42m 677
4 #1324 Merselle Brown	09	Virginia Eli	4.91m 535
5 #1338 Jordan Frasier	08	Virginia Eli	4.72m 485
6 #1310 Brielle Smith	08	Virginia Bla	4.22m 359
--- #1289 Khloe Lucas	09	Virginia Bla	FOUL

Heptathlon: #3 Girls Shot Put 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1338 Jordan Frasier	08	Virginia Eli	8.67m 443
2 #1158 Rylee Coates	08	VA Beach Fla	8.16m 410
3 #1362 Michailyn Rose	08	Virginia Eli	7.70m 380
4 #1394 Sydney Taylor	09	Virginia Pri	7.21m 348
5 #1289 Khloe Lucas	09	Virginia Bla	6.53m 305
6 #1324 Merselle Brown	09	Virginia Eli	5.93m 267
7 #1310 Brielle Smith	08	Virginia Bla	5.58m 245

Heptathlon: #6 Girls Javelin Throw 15-16 years old Heptathlon

Name	Yr	Team	Finals
Finals			
1 #1158 Rylee Coates	08	VA Beach Fla	22.50m 335
2 #1338 Jordan Frasier	08	Virginia Eli	20.54m 299
3 #1310 Brielle Smith	08	Virginia Bla	18.66m 264
4 #1362 Michailyn Rose	08	Virginia Eli	17.10m 235
5 #1394 Sydney Taylor	09	Virginia Pri	16.34m 221
6 #1289 Khloe Lucas	09	Virginia Bla	14.60m 189
7 #1324 Merselle Brown	09	Virginia Eli	14.40m 186

Girls Heptathlon 15-16 years old

Name	Yr	Team	Finals
Finals			
1 #1362 Michailyn Rose	08	Virginia Eli	4242
2 #1394 Sydney Taylor	09	Virginia Pri	4163
3 #1158 Rylee Coates	08	VA Beach Fla	4122
4 #1338 Jordan Frasier	08	Virginia Eli	3498
5 #1324 Merselle Brown	09	Virginia Eli	3455
6 #1310 Brielle Smith	08	Virginia Bla	2573
7 #1289 Khloe Lucas	09	Virginia Bla	1701

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Women 100 Meter Dash 17-18 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#1104	Tori Goodson	07 Unattached 12.15q NWI
2	#586	Kennedy Myrie	07 Heart N Glor 12.67q NWI
3	#1212	Ciarra West	06 VA Beach Fla 12.83q NWI
4	#569	Kayla Aydlett	07 Heart N Glor 12.96q NWI
5	#753	Bryelle Wilson	07 Nva Track 13.17q NWI
6	#889	Sydney Phillips	07 Spartan Chos 13.53q NWI
7	#561	Aaliyah Tillmon	06 Hampton Road 13.68q NWI
8	#814	Lamihya Davis	07 River City C 13.77q NWI
9	#1229	Meghan Hilton	06 VA House of 13.90 NWI
10	#321	Jayden Sitton	07 Dale City Li 14.11 NWI
11	#534	Samira Holimon	07 Hampton Road 14.37 NWI
12	#881	Ruth Mcghee	07 Spartan Chos 14.92 NWI
---	#1345	Savannah Hunter	07 Virginia Eli DNS NWI
---	#1308	Alexandria Scott	07 Virginia Bla DNS NWI
---	#451	Armani Chance	07 Global Elite DNS NWI
---	#1365	Andrea Watkins	07 Virginia Eli DNS NWI
---	#787	Olivia Larkins	07 Peninsula El DNS NWI
---	#898	Sanaya Teklemariam	06 Spartan Chos DNS NWI
---	#1278	Keeniyah Jackson	07 Virginia Bla DNS NWI

Women 100 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1104	Tori Goodson	07 Unattached 12.27 NWI
2	#586	Kennedy Myrie	07 Heart N Glor 12.64 NWI
3	#1212	Ciarra West	06 VA Beach Fla 12.67 NWI
4	#569	Kayla Aydlett	07 Heart N Glor 12.96 NWI
5	#753	Bryelle Wilson	07 Nva Track 13.23 NWI
6	#814	Lamihya Davis	07 River City C 13.51 NWI
7	#561	Aaliyah Tillmon	06 Hampton Road 13.56 NWI
8	#889	Sydney Phillips	07 Spartan Chos 13.66 NWI

Women 200 Meter Dash 17-18 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#586	Kennedy Myrie	07 Heart N Glor 25.73q NWI
2	#1010	Aaleyah Foster	07 The Speed Te 25.94q NWI
3	#1212	Ciarra West	06 VA Beach Fla 26.28q NWI
4	#870	Alisha Jackson	06 Spartan Chos 26.56q NWI
5	#569	Kayla Aydlett	07 Heart N Glor 26.82q NWI
6	#1343	Ane'Ysh Hall	07 Virginia Eli 26.90q NWI
7	#535	Danielle Hollington	06 Hampton Road 26.96q NWI
8	#881	Ruth Mcghee	07 Spartan Chos 27.31q NWI
9	#288	Sydney Jalivay	07 Dale City Li 27.32 NWI
10	#787	Olivia Larkins	07 Peninsula El 27.56 NWI
11	#1107	Addisyn Haskins	07 Unattached 27.64 NWI
12	#1229	Meghan Hilton	06 VA House of 28.04 NWI
13	#753	Bryelle Wilson	07 Nva Track 28.14 NWI
14	#321	Jayden Sitton	07 Dale City Li 28.44 NWI
15	#889	Sydney Phillips	07 Spartan Chos 28.71 NWI

16	#561	Aaliyah Tillmon	06 Hampton Road 28.94 NWI
17	#1379	Nile Lewis	07 Virginia Pri 29.08 NWI
18	#1258	Sol-Marie Bailey	07 Virginia Bla 30.64 NWI
19	#936	Nenah Davis	07 Superior Tra 30.67 NWI
---	#947	Annaja Daniel	06 T Woods DNS NWI
---	#907	Bria Byrd	07 Speed Evolut DNS NWI
---	#227	Julieanna Schaefer	07 Chesapeake D DNS NWI
---	#898	Sanaya Teklemariam	06 Spartan Chos DNS NWI
---	#814	Lamihya Davis	07 River City C DNS NWI
---	#1308	Alexandria Scott	07 Virginia Bla DNS NWI

Women 200 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#586	Kennedy Myrie	07 Heart N Glor 25.69 NWI
2	#1010	Aaleyah Foster	07 The Speed Te 25.71 NWI
3	#1212	Ciarra West	06 VA Beach Fla 26.09 NWI
4	#870	Alisha Jackson	06 Spartan Chos 26.56 NWI
5	#569	Kayla Aydlett	07 Heart N Glor 26.76 NWI
6	#1343	Ane'Ysh Hall	07 Virginia Eli 27.07 NWI
7	#535	Danielle Hollington	06 Hampton Road 27.07 NWI
8	#881	Ruth Mcghee	07 Spartan Chos 32.46 NWI

Women 400 Meter Dash 17-18 years old

Name	Yr	Team	Prelims
Preliminaries			
1	#1010	Aaleyah Foster	07 The Speed Te 57.44q
2	#586	Kennedy Myrie	07 Heart N Glor 58.42q
3	#535	Danielle Hollington	06 Hampton Road 59.85q
4	#1212	Ciarra West	06 VA Beach Fla 1:01.27q
5	#288	Sydney Jalivay	07 Dale City Li 1:01.45q
6	#1343	Ane'Ysh Hall	07 Virginia Eli 1:01.52q
7	#1107	Addisyn Haskins	07 Unattached 1:01.61q
8	#730	Thea Motes	07 Nva Track 1:01.63q
9	#148	Destiny Carter	07 5 Star Eagle 1:02.28
10	#227	Julieanna Schaefer	07 Chesapeake D 1:05.22
11	#807	Lauryn Pearson	06 Pwc Panthers 1:06.58
12	#321	Jayden Sitton	07 Dale City Li 1:07.24
13	#1379	Nile Lewis	07 Virginia Pri 1:07.75
14	#1020	Cadaija Madden	07 The Speed Te 1:14.39
15	#1258	Sol-Marie Bailey	07 Virginia Bla 1:15.73
---	#881	Ruth Mcghee	07 Spartan Chos DNS
---	#1004	Monae Cain	07 The Speed Te DNS

Women 400 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1010	Aaleyah Foster	07 The Speed Te 55.73
2	#586	Kennedy Myrie	07 Heart N Glor 57.04
3	#535	Danielle Hollington	06 Hampton Road 58.49
4	#1107	Addisyn Haskins	07 Unattached 59.76
5	#1212	Ciarra West	06 VA Beach Fla 1:00.16
6	#1343	Ane'Ysh Hall	07 Virginia Eli 1:00.21
7	#730	Thea Motes	07 Nva Track 1:00.39
8	#288	Sydney Jalivay	07 Dale City Li 1:01.05

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Women 800 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1010	Aaleyah Foster	07 The Speed Te 2:22.62
2	#1128	Alyssa Pongracz	07 Unattached 2:23.69
3	#730	Thea Motes	07 Nva Track 2:25.66
4	#1110	Madison Johnson	07 Unattached 2:26.49
5	#1003	Gabrielle Butler	07 The Speed Te 2:28.95
6	#288	Sydney Jalivay	07 Dale City Li 2:33.22
7	#734	Chloe Rakowitz	07 Nva Track 2:34.57
8	#227	Julieanna Schaefer	07 Chesapeake D 2:35.11
9	#148	Destiny Carter	07 5 Star Eagle 2:35.61
10	#101	Angelisa Boyd	06 2nd To None 2:44.57

Women 1500 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1128	Alyssa Pongracz	07 Unattached 5:04.35
2	#734	Chloe Rakowitz	07 Nva Track 5:29.47
3	#101	Angelisa Boyd	06 2nd To None 5:48.34

Women 3000 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1128	Alyssa Pongracz	07 Unattached 11:23.39
2	#101	Angelisa Boyd	06 2nd To None 12:38.57

Women 100 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1104	Tori Goodson	07 Unattached 14.90 NWI
2	#870	Alisha Jackson	06 Spartan Chos 15.38 NWI
3	#787	Olivia Larkins	07 Peninsula El 17.04 NWI
4	#1020	Cadaija Madden	07 The Speed Te 18.66 NWI
---	#1325	Tatiana Burns	07 Virginia Eli DNS NWI
---	#1365	Andrea Watkins	07 Virginia Eli DNS NWI
---	#1345	Savannah Hunter	07 Virginia Eli DNS NWI
---	#856	Aiyana DaSilva	06 Spartan Chos DNS NWI
---	#451	Armani Chance	07 Global Elite DNS NWI
---	#947	Annaja Daniel	06 T Woods DNS NWI

Women 400 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#907	Bria Byrd	07 Speed Evolut 1:07.27
2	#1325	Tatiana Burns	07 Virginia Eli 1:09.20
3	#856	Aiyana DaSilva	06 Spartan Chos 1:12.95
4	#936	Neenah Davis	07 Superior Tra 1:29.97
---	#1365	Andrea Watkins	07 Virginia Eli DNS
---	#807	Lauryn Pearson	06 Pwc Panthers DNS
---	#1345	Savannah Hunter	07 Virginia Eli DNS

Women 4x400 Meter Relay 17-18 years old

Team	Relay	Finals
Finals		
1	Virginia Eli	A 4:47.35
1)	#1365 Andrea Watkins 07	2) #1343 Ane'Ysh Hall 07
3)	#1345 Savannah Hunter 07	4) #1325 Tatiana Burns 07

Women High Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1021	Blair Martin Williams	06 The Speed Te 4-10.00
2	#1258	Sol-Marie Bailey	07 Virginia Bla 4-06.00
2	#148	Destiny Carter	07 5 Star Eagle 4-06.00
2	#807	Lauryn Pearson	06 Pwc Panthers 4-06.00
---	#947	Annaja Daniel	06 T Woods DNS

Women Pole Vault 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#1442	Anna Bero	07 Xtreme Heigh 11-00.00

Women Long Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#870	Alisha Jackson	06 Spartan Chos 17-00.00 NWI
2	#451	Armani Chance	07 Global Elite 16-03.25 NWI
3	#807	Lauryn Pearson	06 Pwc Panthers 14-09.50 NWI
4	#561	Aaliyah Tillmon	06 Hampton Road 14-07.00 NWI
---	#1003	Gabrielle Butler	07 The Speed Te DNS NWI
---	#1012	Madison Greene	06 The Speed Te DNS NWI
---	#856	Aiyana DaSilva	06 Spartan Chos DNS NWI

Women Triple Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#870	Alisha Jackson	06 Spartan Chos 36-11.50 NWI
2	#889	Sydney Phillips	07 Spartan Chos 35-09.00 NWI
3	#945	Anijah Corbin	06 T Woods 31-11.00 NWI
4	#561	Aaliyah Tillmon	06 Hampton Road 28-02.00 NWI
---	#1012	Madison Greene	06 The Speed Te DNS NWI
---	#451	Armani Chance	07 Global Elite DNS NWI
---	#898	Sanaya Teklemariam	06 Spartan Chos DNS NWI

Women Shot Put 4 kg 17-18 years old

Name	Yr	Team	Finals
Finals			
1	#231	Mackenzie Blanchet	07 Commonwealth 38-11.00
2	#889	Sydney Phillips	07 Spartan Chos 33-07.00
3	#1269	Shantey Dyer	07 Virginia Bla 33-04.50
4	#681	Eliza Hoffman	07 Manchester I 33-03.50
5	#237	Jamia Minor	07 Commonwealth 31-10.00
6	#1458	Kadance Sawyer	06 Atlantic Coast C 28-02.00
7	#434	Arianna King	07 Faith In Act 27-11.00
8	#981	Destiny Burrell	06 Technique TC 27-03.50
9	#854	Joy Carpenter	07 Spartan Chos 27-02.00
10	#315	Moriah Reed-Edwards	07 Dale City Li 26-09.25

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Results

Finals ... (Women Shot Put 4 kg 17-18 years old)

Name	Yr	Team	Finals
11 #579 Chloe Hines	07	Heart N Glor	26-08.25
12 #534 Samira Holimon	07	Hampton Road	25-03.50
13 #853 Jordyn Carpenter	07	Spartan Chos	24-09.00
--- #233 Oshawwna Ellis	07	Commonwealth	DNS
--- #1463 Ashley Fuller	06	Unattached	DNS
--- #239 Jazmin Saunchez	07	Commonwealth	DNS

Women Discus Throw 1.0 kg 17-18 years old

Name	Yr	Team	Finals
1 #1463 Ashley Fuller	06	Unattached	149-02
2 #231 Mackenzie Blanchet	07	Commonwealth	127-06
3 #1458 Kadance Sawyer	06	Atlantic Coast C	110-09
4 #981 Destiny Burrell	06	Technique TC	106-02
5 #233 Oshawwna Ellis	07	Commonwealth	103-09
5 #239 Jazmin Saunchez	07	Commonwealth	103-09
7 #681 Eliza Hoffman	07	Manchester I	87-11
8 #853 Jordyn Carpenter	07	Spartan Chos	67-01
9 #434 Arianna King	07	Faith In Act	65-08
10 #854 Joy Carpenter	07	Spartan Chos	64-05
11 #315 Moriah Reed-Edwards	07	Dale City Li	61-00
12 #534 Samira Holimon	07	Hampton Road	59-05

Women Javelin Throw 600 g 17-18 years old

Name	Yr	Team	Finals
1 #981 Destiny Burrell	06	Technique TC	67-07
2 #233 Oshawwna Ellis	07	Commonwealth	58-00
3 #853 Jordyn Carpenter	07	Spartan Chos	52-02
4 #434 Arianna King	07	Faith In Act	44-09
5 #315 Moriah Reed-Edwards	07	Dale City Li	39-04
6 #854 Joy Carpenter	07	Spartan Chos	37-02
--- #1269 Shantey Dyer	07	Virginia Bla	DNS
--- #239 Jazmin Saunchez	07	Commonwealth	DNS

Heptathlon: #4 Women 200 Meter Dash 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #1134 Josephine Rempe	05	Unattached	25.44 847
2 #907 Bria Byrd	07	Speed Evolut	25.59 833
3 #1003 Gabrielle Butler	07	The Speed Te	27.88 640
4 #807 Lauryn Pearson	06	Pwc Panthers	28.02 629
5 #981 Destiny Burrell	06	Technique TC	29.86 492

Heptathlon: #7 Women 800 Meter Run 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #1003 Gabrielle Butler	07	The Speed Te	2:32.08 667
2 #807 Lauryn Pearson	06	Pwc Panthers	2:36.29 616
3 #907 Bria Byrd	07	Speed Evolut	2:43.03 539
4 #1134 Josephine Rempe	05	Unattached	2:43.90 529
5 #981 Destiny Burrell	06	Technique TC	3:07.07 302

Heptathlon: #1 Women 100 Meter Hurdles 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #1134 Josephine Rempe	05	Unattached	15.69 753
2 #807 Lauryn Pearson	06	Pwc Panthers	18.28 460
3 #907 Bria Byrd	07	Speed Evolut	18.35 453
4 #1003 Gabrielle Butler	07	The Speed Te	19.23 369
5 #981 Destiny Burrell	06	Technique TC	19.28 365

Heptathlon: #2 Women High Jump 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #807 Lauryn Pearson	06	Pwc Panthers	1.52m 644
2 #907 Bria Byrd	07	Speed Evolut	1.47m 588
3 #1003 Gabrielle Butler	07	The Speed Te	1.42m 534
4 #1134 Josephine Rempe	05	Unattached	1.37m 481
4 #981 Destiny Burrell	06	Technique TC	1.37m 481

Heptathlon: #5 Women Long Jump 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #907 Bria Byrd	07	Speed Evolut	5.36m 660
2 #1134 Josephine Rempe	05	Unattached	5.31m 645
3 #807 Lauryn Pearson	06	Pwc Panthers	4.62m 459
4 #1003 Gabrielle Butler	07	The Speed Te	4.42m 408
5 #981 Destiny Burrell	06	Technique TC	3.89m 283

Heptathlon: #3 Women Shot Put 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #981 Destiny Burrell	06	Technique TC	8.66m 442
2 #1134 Josephine Rempe	05	Unattached	7.96m 397
3 #907 Bria Byrd	07	Speed Evolut	7.35m 357
4 #1003 Gabrielle Butler	07	The Speed Te	7.17m 346
5 #807 Lauryn Pearson	06	Pwc Panthers	6.36m 294

Heptathlon: #6 Women Javelin Throw 17-18 years old Heptathlon

Name	Yr	Team	Finals
1 #981 Destiny Burrell	06	Technique TC	20.00m 289
2 #1134 Josephine Rempe	05	Unattached	18.68m 264
3 #1003 Gabrielle Butler	07	The Speed Te	17.64m 245
4 #907 Bria Byrd	07	Speed Evolut	17.06m 234
5 #807 Lauryn Pearson	06	Pwc Panthers	14.60m 189

Women Heptathlon 17-18 years old

Name	Yr	Team	Finals
1 #1134 Josephine Rempe	05	Unattached	3916
2 #907 Bria Byrd	07	Speed Evolut	3664
3 #807 Lauryn Pearson	06	Pwc Panthers	3291
4 #1003 Gabrielle Butler	07	The Speed Te	3209
5 #981 Destiny Burrell	06	Technique TC	2654

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Results

Women 100 Meter Dash Masters

	Name	Yr	Team	Finals
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Finals

1	#1114 Carmella Marshall	72	Unattached	14.32 NWI
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Women 200 Meter Dash Masters

	Name	Yr	Team	Finals
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Finals

1	#1114 Carmella Marshall	72	Unattached	30.29 NWI
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Women 400 Meter Dash Masters

	Name	Yr	Team	Finals
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Finals

1	#1114 Carmella Marshall	72	Unattached	1:14.99
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