



# How to Qualify for the AAU Junior Olympic Games Track & Field



## Step 1: District Qualifier

The top sixteen (16) finishers in each individual, relay, and multi-event shall advance from the District Qualifier to the Regional Qualifier. Competitors shall only advance from the District Qualifier into the Regional Qualifier in the events that they actually competed and qualified at the District level. Districts may be granted a waiver from conducting a District qualifying meet by the AAU Track & Field Executive Committee if petitioned by the District Sport Director.

**[CLICK HERE TO FIND A DISTRICT QUALIFIER](#)**

## Step 2: Regional Qualifier

Advancement from Regional Qualifiers to the AAU Junior Olympic Games:

- a. Running Events - The top six (6) athletes advance
- b. Field Events - The top five (5) athletes advance
- c. Relays - The top six (6) teams /athletes advance
- d. Multi Events - The top four (4) teams /athletes advance

**[CLICK HERE TO FIND A REGIONAL QUALIFIER](#)**

## Additional Qualification Opportunities

The top eight (8) finishers in each event and each age division qualify from the Primary National Championship (combined results), Club Championship, and West Coast National Championship to the AAU Junior Olympic Games.

**AAU PRIMARY NATIONAL CHAMPIONSHIP**

**AAU CLUB CHAMPIONSHIP**

**AAU WEST COAST NATIONAL CHAMPIONSHIP**

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