

AAU Regional Qualifier Program Regions (revised June 2023)

Region 1	(1)	Adirondack / Connecticut / New England / New Jersey / New York Metropolitan
Region 2	(1)	Middle Atlantic (Delaware / New Jersey [Southern] / Pennsylvania [Eastern])
Region 3	(1)	Maryland (Baltimore area) / Potomac Valley (Washington DC)
Region 4	(1)	Lake Erie / Ohio / Niagara / West Virginia / Western Pennsylvania
Region 5	(1)	Virginia
Region 6	(1)	Kentucky / Southeastern (Alabama / Tennessee)
Region 7	(1)	Puerto Rico
Region 8	(1)	Georgia / South Carolina
Region 9	(2)	Florida
Region 10	(1)	Florida Gold Coast
Region 11	(1)	Southern (Louisiana / Mississippi)
Region 12	(1)	Michigan
Region 13	(1)	Central (Illinois) / Indiana
Region 14	(1)	Iowa / Minnesota / Nebraska / North Dakota / South Dakota / Wisconsin
Region 15	(1)	Ozark (Eastern Missouri / St. Louis area)
Region 16	(1)	Arkansas / Missouri Valley (Kansas / Western Missouri) / Oklahoma
Region 17	(1)	Gulf (Houston area)
Region 18	(1)	Southwestern (Dallas area)
Region 19	(1)	South Texas
Region 20	(1)	Arizona / Colorado / New Mexico / Utah (Northeast Nevada / Utah) / Wyoming
Region 21	(1)	Alaska / Inland Empire (Eastern Washington / Idaho) / Montana / Oregon / Pacific Northwest (Western Washington)
Region 22	(1)	Central California / Pacific (Northern California / Northwest Nevada / Southern Nevada)
Region 23	(1)	Pacific Southwest (San Diego area) / Southern Pacific (LA area)
Region 24	(1)	Hawaii
Region 25	(1)	North Carolina
Region 26	(1)	West Texas

****The AAU Track & Field Regional Qualifier Program Liaison can add additional Regional Qualifying opportunities as deemed necessary. Please be advised that requests for permission to compete in a Regional Qualifier outside of your original competition area will not be approved. All decisions shall be binding. Competitors can only compete in one (1) Regional Qualifier.**