



AAU DIVING

PROGRAM OVERVIEW

www.diveaau.org



#WeAreAAU

The AAU Aquatics Program offers opportunities for boys and girls of all ages, in all skill levels to participate in diving. Events are held throughout the country, including local competitions, invitationals, District Championships, and National Championships. The National Championship qualification scores are posted at www.diveaau.org. Events are conducted under the current AAU Code, AAU Aquatics Handbook and the competition rules of FINA (Federation Internationale De Natation) as modified by AAU.

BENEFITS OF COMPETING IN AAU EVENTS

- 1. Insurance.** AAU members receive coverage from a multi-million dollar insurance program.
- 2. National Championships.** AAU members have an opportunity to compete in national championship events at world-class facilities across the country.
- 3. Safety.** All non-athletes (coaches) must pass a background screening before competing in AAU events.
- 4. Membership.** Nationally recognized non-profit Multi-Sport organization that anyone can join and compete.
- 5. Events.** Freedom and flexibility in conducting programs and hosting events.

AGE DIVISIONS

Age Divisions are determined by the diver's age on December 31st, year of competition.

9 & Under

11 & Under

12 - 13 years old

14 - 15 years old

16 - 18 years old

19+ years old (Open, Masters, Masters B)

2017-18 EVENTS



AAU Diving Red-White-Blue National Championship

May 2018 | Coral Springs, FL

Age Divisions: 9 & Under, 11 & Under, 12 - 13 years old, 14 - 15 years old, 16 - 18 years old and 19+ years old (Open, Masters, Masters B)



AAU Diving National Championship

July 2018 | San Antonio, TX

Age Divisions: 9 & Under, 11 & Under, 12 - 13 years old, 14 - 15 years old, 16 - 18 years old and 19+ years old (Open, Masters, Masters B)

SPORT CONTACTS

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