

INTERESTED IN SPORTS?

Then the AAU is the place to start! The philosophy of "*Sports for All, Forever*" is shared by over 500,000 participants and over 50,000 volunteers The Districts annually sanction more than 34 sports programs, 250 national championships, over 30,000 age division events, and over 15,000 local, regional and national competitions.

The AAU sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

Established in 1888, the AAU is one of the largest, non-profit, volunteer, sports organizations in the United States and is dedicated exclusively to the promotion and development of amateur sports.

Today the AAU continues to operate on the basic principles by maintaining the mutual interests of its members while achieving and improving amateur sports.

POSITIVE COACHING ALLIANCE (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit <u>www.aausports.org</u> in order to get more information on how you can become a PCA Double-Goal Coach.

www.aauchinesemartialarts.org

AAU CHINESE MARTIAL ARTS CONTACTS

Senior Sport Manager Jennifer Miles - Lake Buena Vista, FL jennifer@aausports.org 407-828-3704



AAU Chinese Martial Arts National Championship

Saturday, July 9th

Fern Valley Hotel and Convention Center

Louisville, KY

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BENEFITS OF THE AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Julianne Hough, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

GETTING STARTED

1. AAU Individual Membership

To participate in the AAU, all athletes and coaches must be individual members of the AAU. As a member, you can participate in any sport in the AAU. Yearly youth athlete membership is \$14 per athlete. Yearly non-athlete (coach, volunteer, official) membership is \$16. AAU members are covered with sports liability and accident insurance. For an additional \$2, participants can become an Added Benefit member which extends coverage when participating in non-AAU sanctioned events. For complete information on insurance, visit <u>www.aausports.org</u> and refer to the Insurance Brochure.

To become a member, you can register online at <u>www.aausports.org</u>. Individual membership is valid September 1 to August 31.

2. AAU Club Membership

Each club/team must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at <u>www.aausports.org</u>. Yearly club membership fees are either \$30 (Level 1), \$60 (Level 2), or \$300 (Level 3). Please visit <u>www.aausports.org</u> for a list of benefits for each club level. Club membership is valid September 1 to August 31. Click on "Find a Local Club" and follow the instructions. This program allows you to contact clubs by email in your geographical area.

Program Objectives

The purpose of the AAU Chinese Martial Arts Program is to create, stimulate and improve competitive opportunities for our athletes while promoting and developing leadership sportsmanship and educational experiences. Using the theme, "*Sports For All, Forever*" as the foundation, our national executive committee is continually striving to expand our programming offerings.

The CMA program offers an atmosphere with no prejudices or politics. All systems from Tai Chi to Praying Mantis, from Shuai Chaio to Pushing Hands, are encouraged to join. The program is supported by well-known Masters and Grand Masters throughout the country with voices heard from small schools as well.

Program's network of participating Sifus and Masters will help further the knowledge of the Chinese Martial Arts by providing seminars at your school or tournament and adhering to the "old-school" philosophy of furthering training as opposed to commercializing the arts.

Consider the advantages the AAU National Chinese Martial Arts Program can offer you, **Join AAU Today!**



The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website <u>www.aausports.org</u> for the most up to date information.

NATIONAL SPONSORS OF THE AAU









MTM RECOGNITION

























