



INTERESTED IN SPORTS?

Then the AAU is the place to start! The philosophy of "**Sports for All, Forever**" is shared by over 500,000 participants and over 50,000 volunteers. The Districts annually sanction more than 34 sports programs, 250 national championships, over 30,000 age division events, and over 15,000 local, regional and national competitions.

The AAU sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

Established in 1888, the AAU is one of the largest, non-profit, volunteer, sports organizations in the United States and is dedicated exclusively to the promotion and development of amateur sports.

Today the AAU continues to operate on the basic principles by maintaining the mutual interests of its members while achieving and improving amateur sports.

Positive Coaching Alliance (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit www.ausports.org in order to get more information on how you can become a PCA Double-Goal Coach.

The goal of AAU Judo is to create a venue for competition that is fun and enjoyable for all athletes and non-athletes alike. Enhancing the complete athletic experience through organized competitions, rather than politics, will always be the primary objective.

Highlights of AAU Judo guidelines are as follows:

- No belt rank promotions.
- No weight disparities of greater than 10% between all contestants in a division.
- Weights in pounds not kilograms.
- Chokes ages 11 and older.
- Arm bars ages 15 and over.

Get involved and see for yourself the excitement that is AAU Judo!

AAU Judo National Championships

2013 AAU Freestyle Judo Nationals
March 23rd
Kearney, MO

Contact: Ken Brink - 916-969-9019

2013 AAU Judo Grand Nationals
October 20th, 2012
Kansas City, MO

Contact: Ken Brink - 916-969-9019

2013 AAU Judo National Championship
August 11th, 2013
Milwaukee, WI

Contact: Norman Miller - 414-354-1898



THE REAL AAU



BENEFITS OF THE AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Julianne Hough, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

GETTING STARTED

1. AAU Individual Membership

To participate in the AAU, all athletes and coaches must be individual members of the AAU. As a member, you can participate in any sport in the AAU. Yearly youth athlete membership is \$14 per athlete. Yearly non-athlete (coach, volunteer, official) membership is \$16. AAU members are covered with sports liability and accident insurance. For an additional \$2, participants can become an Added Benefit member which extends coverage when participating in non-AAU sanctioned events. For complete information on insurance, visit www.aausports.org and refer to the Insurance Brochure.

To become a member, you can register online at www.aausports.org. Individual membership is valid September 1 to August 31.

2. AAU Club Membership

Each club/team must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at www.aausports.org. Yearly club membership fees are either \$30 (Level 1), \$60 (Level 2), or \$300 (Level 3). Please visit www.aausports.org for a list of benefits for each club level. Club membership is valid September 1 to August 31. **Click on "Find a Local Club" and follow the instructions. This program allows you to contact clubs by email in your geographical area.**

AAU JUDO CONTACTS

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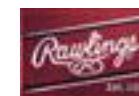
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