



AAU CHINESE MARTIAL ARTS

Video Demonstration Competition

NEW: The AAU CMA Program is launching a new program that will give schools a great way to compete without all the travel expenses!

Submit your style of Kung Fu, Tai Chi and Lion Dance in a group format by video and you could possibly win a 4 star National Title and the winners will be posted on the **OFFICIAL AAU CMA** website and The Real AAU YouTube! Categories for competition are as follows:

Registration Fee: \$50 For All Events

Ages Divisions

Kids: 5-17 yrs old

Adult Division: 18+

Senior Division 35+ (**Tai Chi only**)

External Groups Musical or Non-Musical Tao Lu- *

Groups: Up to 15 people performing empty hand or weapons

Time frame: Minimum of 3½ minutes to a maximum of 5 minutes

Internal Groups*:

Groups: Up to 15 people performing empty hand or weapons

Time frame: Minimum of 3½ minutes to a maximum of 5 minutes

***All divisions may consist of any combination of empty-hand, weapons and fighting sets. All divisions must contain a minimum of three (3) participants.**

Lion Dance: Free style , Northern, Southern and Traditional

Time frame: Minimum of 3½ minutes to a maximum of 7 minutes for both

All participants must be members of the AAU in order to participate. If you do not have a current AAU Membership, please visit www.aausports.org and click on the Join AAU button.

Deadline: Friday, January 20th, 2012

Video Demonstration Competition

Video Submission: Submit your videos online on YouTube via your account and make sure to include AAU CMA in your video name, then you will need to send an email including the link to your video to aaucmavideodemos@ausports.org.

Submit Payment:

AAU National Headquarters - c/o Chinese Martial Arts, P.O. Box 22409, Lake Buena Vista, FL 32830

For any questions, please contact:

Greg Neil Butler – via email shifugregb1@gmail.com or via phone (573) 489-9150

REGISTRATION INFORMATION

Group Name: _____ **Date:** _____

Individual Performers: (up to 15 people for External & Internal)

Name: _____ **AAU Membership #:** _____

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Name: _____ **AAU Membership #:** _____

Name: _____ **AAU Membership #:** _____

Name: _____ **AAU Membership #:** _____

School Name: _____ **Instructor:** _____

Time Frame of Video: _____ **CHECK ONE:** (Musical Non-Musical)

Divisions – CHECK ONE:

Kids 5-17 Adult 18 + Senior 35+ (Tai Chi only, any age may enter Internal)

Only Check One: External Internal Lion Dance