

TOURNAMENT RULES AND STRUCTURE

SEEDING INFORMATION: The **Seeding Information Form is REQUIRED and must be submitted by the entry deadline.** The written information you provide about your team as well as your competitive opponents, will allow the Championships Committee to make a more accurate seeding structure. Failure to provide complete and thorough information will jeopardize your team's chance of being seeded correctly. Additional results or forms can be submitted along with the AAU Seeding Information Form.

RULES OF THE CHAMPIONSHIPS: The Championships will be conducted under the AAU Code and the current playing rules of NIRSA Flag Football rulebook for 7-on-7 Screen, as modified by the AAU National Flag Football Tournament Committee.

- **No age waivers will be allowed. It is the responsibility of the coach to enter the team in the correct age category. Failure to do so could result in disqualification from the event.**
- Footballs are the responsibility of each team and will not be provide at Nationals.
- Coaches and athletes are responsible for proper warm-ups prior to competition.
- Identical uniforms are required. For all uniforms, the color and brightness of the numbers must contrast with the color and brightness of the jerseys. The uniforms must have an 8" number on the back. It is recommended that uniforms have a 6" number on the chest and 8" on the back. The stripe forming the numbers shall have a minimum width of 3/4". Numbers must be between 1 and 99 and duplicate numbers are not allowed.
- During pool play if the teams are tied after regulation a single extra point tiebreaker will be used to attempt to break the tie. The team last in possession of the ball will have choice to be on offense or defense for overtime. Teams may choose to go for 1 point from the 3 yard line: 2 from the 10 yard line: or 3 points from the 20 yard line. If the first offensive team scores the second team must go for the win. Ex: If team "A" is successful in a 1-point attempt, team "B" must go for at least 2 points. During Single elimination play NIRSA Rules will be used to break a tie.
- Protest of rules may be made to the official immediately after the play. The protesting team must call a timeout to protest the call. Only protest of rule misapplication will be heard. No protests of judgment calls are allowed. The decision of the officials is final in all protest.
- No noisemakers allowed.
- Additional information may be made available or revised at the mandatory Coaches' Meeting.

COMPETITION FORMAT: The Championships will be conducted in a format that will determine a Champion, as well as providing the maximum amount of playing time at quality facilities for each team. Pool play preliminary rounds will determine placement and seeding of each team in the bracket rounds.

Women's & High School Tournament Play

March 2 nd , 2012	Team Check-in & Practice
March 3 rd , 2012	Pool Play
March 4 th , 2012	Single Elimination Bracket Play and Finals

AWARDS: Each of the participants of the top four (4) teams in the Championship bracket will be awarded AAU National Championship medals and the tournament champion will be presented a Trophy.

TEAM DUTIES DURING GAMES: Home teams must provide a person to hold the down marker during pool play on Saturday and during all but the championship games on Sunday.

HOTEL/MOTEL POLICY

The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. The AAU and Disney have carefully selected host hotels for your teams, athletes, family and friends to stay in. These properties are ready to work with you providing the best accommodations at a great price. In order to complete your registration process, **you will be required to use www.espnwwosrooms.com when making hotel reservations. Please avoid making reservations using other online travel engines.**

If your team will not be staying at one of the recommended properties, please complete a housing exemption form. Email travel@aausports.org to request the Housing Exemption Form.