

Shirley Noelle Fowke

Shirley Fowke has competed in AAU gymnastics for ten years. She started gymnastics when she was two and moved to team in third grade. Some of her accomplishments, in gymnastics, are that she was crowned beam queen at a local competition and started at level 2, finishing at level 7 by competing at Nationals in Las Vegas . She also placed on every event at two nationals, back to back. Gymnastics has made her the person she is today. She has learned that when you work hard you can accomplish anything. She wants to thank her teammates and coaches for always supporting her and becoming a second family to her. She will use all of the discipline and hard work she put into gymnastics to help her work just as hard towards future goals. Shirley's future plans consist of going to a community college and then transferring to California Baptist University. She also plans on going into a field where she will help others and plans to some day go to the mission field. She wants to thank AAU for helping to shape her into the person she is becoming.

