



2015 AAU Southern Regional Championship
May 23/24, 2015
Ocean Center
101 N Atlantic Ave
Daytona Beach, Florida 32118
Hosted by Team Florida AAU Gymnastics
Welcomes All Clubs, Athletes, families and coaches



The Legend of the GYMermaids

Deep in the Atlantic Ocean, there exists a unique species of mermaids. While all mermaids can swim through the water with ease, these special mermaids can do SO much more. They can twist, roll, spin and flip with grace and beauty. They even have competitions with each other. Other Merfolk from across the ocean come to watch the daring moves. They are known as “GYMermaids”.



Daytona Beach's Ocean Center

Every one hundred years, the GYMermaids use their powers to transform themselves into human-like creatures and come ashore to hold their competition so those on land can see them perform. That year is NOW, and the place they've chosen is Daytona Beach's Ocean Center. Come be part of this magical event, as the many beautiful “gymnasts” as they are called on land, compete for top honors in GYMermaid Cove at the Ocean Center. Who knows, you may see a GYMermaid or two who look just like someone you know!

This exciting event will include:

- District Regional Team Competition – as determined by each AAU District Chair
- Individual Competition

Individual Competition

- AAU National Routines and Rules will be used – go to www.aausports.org and click gymnastics
- All competitors must have a current 2015 AAU number. Go to www.aausports.org and select JOIN.
- Levels 1,2,3,4,5,6, all Xcel levels, and Open Optional (level 9 rules with possibility of level 10 bonus)
- Age Groups – gymnasts will be divided by dates of birth in each level.
- Awards for Individual Competition – ½ + 1 for individuals on events
- Awards for All-Around – 100%

Regional Team Competition

Regional teams will be determined by each individual district, whether by specific qualifying meet, state/district championship, or other means. Please check with the district chair of your state. Regional team members must be pre-determined and named on entry form.

- A regional team as **determined by each individual district** will consist of a maximum of six (6) gymnasts in each level/age group. The top three scores on each individual event will count for team total for that district. These six named gymnasts will compete as Team #1 for named district. In addition, if number of entries allow, finishers 7-12 will compete as Team #2. Three (3) alternates can be named to Team #2.
- In the event of a Team #1 member being unable to compete, the next gymnast in line will move to her spot and all others below will move up one spot. The first place finisher on Team #2 will move to Team #1 and alternates will move into team spot. Substitutions can occur until the beginning of the first warm up rotation of the meet.
- **Age groups for Regional Team Competition as determined by districts will be as follows:
 - LEVEL 1: 6-8 year olds, 9-10 year olds, 11 and older
 - LEVEL 2 : 6 year olds, 7-8 year olds, 9-10 year olds, 11 and older
 - LEVEL 3: 8 years and younger, 9-10 year olds, 11 and older
 - LEVEL 4: 8 years and younger, 9-10 year olds, 11 and older
 - LEVEL 5: 8 years and younger, 9-10 year olds, 11 and older
 - LEVEL 6: 8 years and younger, 9 and older
 - Xcel Bronze: 6 year olds, 7-8 year olds, 9-10 year olds, 11 and older
 - Xcel Silver: 6 year olds, 7-8 year olds, 9-10 year olds, 11 and older
 - Xcel Gold: 8 years and younger, 9-10 year olds, 11 and older
 - Excel Platinum: 8 years and younger, 9-10 year olds, 11 and older
 - Xcel Diamond: 8 years and younger, 9-10 year olds, 11 and older
 - Levels 7, 8,9,10: 10 years and younger, 11 and older
 - ** Age is determined by the start date of the competition.

Important Notice – The above age divisions are for district regional teams only. For individual competition, gymnasts will be divided by dates of birth. No ability levels will apply (ex. – novice, advanced, etc).

Named district regional team members will compete at the championships at the same time as individuals and will be eligible for individual awards as well as regional team awards.



- Awards For District Regional Teams

EACH member of the regional team in each level will receive an award, as team members may be from different clubs.

ENTRY FEES:

INDIVIDUAL: \$80.00

DISTRICT REGIONAL TEAM ENTRY: FREE! Compliments of Team Florida

DEADLINE TO ENTER MEET: April 13, 2015

HOST HOTEL:

Hilton Daytona Beach Resort/Ocean Walk Village
100 N Atlantic Ave
Daytona Beach, Fl. 32118



Rooms: \$119 per night for sgl, dbl, trpl, quad. The Hilton is directly on the Atlantic Ocean, across from the Ocean Center.

866-536-8477 or 1-800-HILTONS (toll free, 24 hour reservation center)

Or

386-254-8200 (hotel direct, M-F, 9am-5pm)

Or

www.hilton.com

Identify yourself as part of the AAU REGIONAL GYMNASTICS CHAMPIONSHIP at least thirty days prior to your arrival date; provide your guest name, requested type of room, requested bed type (i.e. king, dbl/dbl, queen, twin or suites), check-in and check-out dates and VIP status.

CONTACTS:

Kathy Stuenkel, teamflorida@comcast.net

941-457-6131 ©, 941-429-5777

Patti Gross, brooklyngirl1111@hotmail.com

813-390-6631 leave a message and Patti will return your call

- Note: Although any gymnast may wear any leotard or uniform that is in compliance with AAU rules and regulations we suggest that district encourage all competitors from their district to wear a region leotard which would identify them as from that district. Please check with your district chair regarding your official district uniform.

2015 SEC Regional Championships Entry Form

CLUB NAME						
CLUB CONTACT						
CLUB ADDRESS						
CLUB PHONE						
CLUB EMAIL						
CLUB FAX #						
CLUB AAU #						
COACHES ATTENDING Name and AAU #						
COACH #1						
COACH #2						
COACH #3						
COACH #4						
COACH #5						
Please use separate sheet for each level entering.						
Circle level 1 2 3 4 5 6 7 8 9 10 Excel B, Excel S, Excel G, Excel P, Excel D						
First Name	Last Name	Level	Date of Birth	Age	AAU #	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
makes checks payable to: Team Florida						
Mail payment and entry to" Patti Gross						
17302 Commerce Park Blvd, Tampa, FL 33647						