

Jasmine Joanis

Jasmine Joanis began gymnastics at 3 years old and starting competing in AAU gymnastics nine years ago. She began her competitions as a level 2 gymnast and finished her season at the 2011 AAU Junior Olympics in New Orleans as a Modified Optional. As a



youngster, Jasmine was extremely quiet and shy and she credits gymnastics with helping her build her confidence that has helped her in all parts of her life. She also values the team support she had during her years competing. Even though it is not a team sport, parents cheer her on as she competed. Jasmine looks at gymnastics as a form of art where one can express themselves, especially once you make it to the optional level. Her plans in college center around this love for art in the form of movement and written expression. One day she hopes to paint, draw or dance for a living.